



Maximillien de Lafayette

YOUR LUCKY HOURS AND UNLUCKY HOURS IN YOUR LIFE FROM MONDAY TO SUNDAY

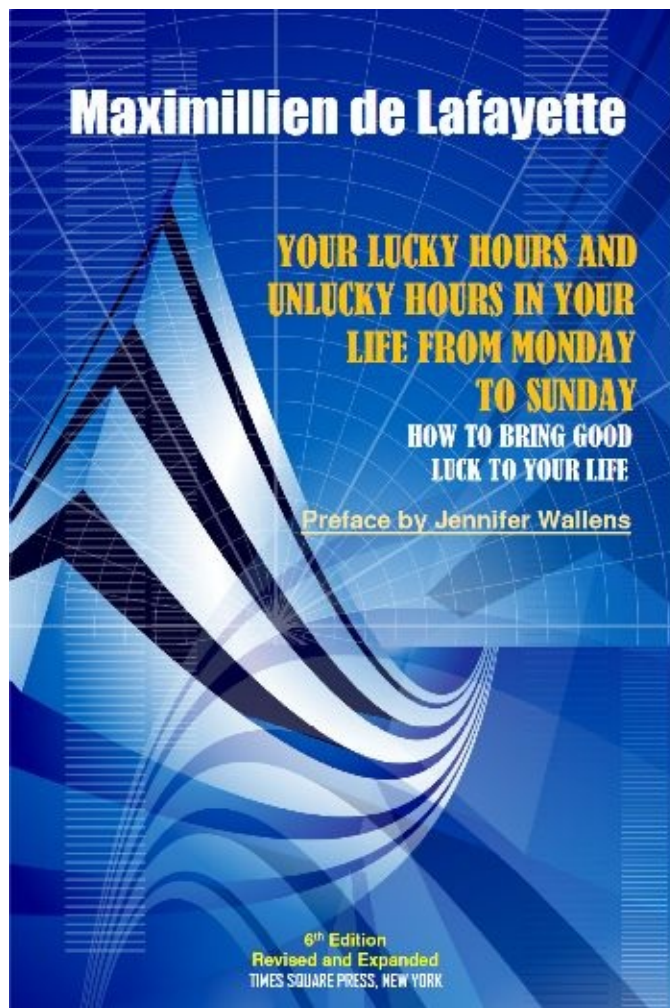
**HOW TO BRING GOOD
LUCK TO YOUR LIFE**

Preface by Jennifer Wallens

**6th Edition
Revised and Expanded
TIMES SQUARE PRESS, NEW YORK**

Your Lucky Hours and Unlucky Hours in Your Life From Monday To Sunday
HOW TO BRING GOOD LUCK TO YOUR LIFE

6th Edition. Revised and Expanded



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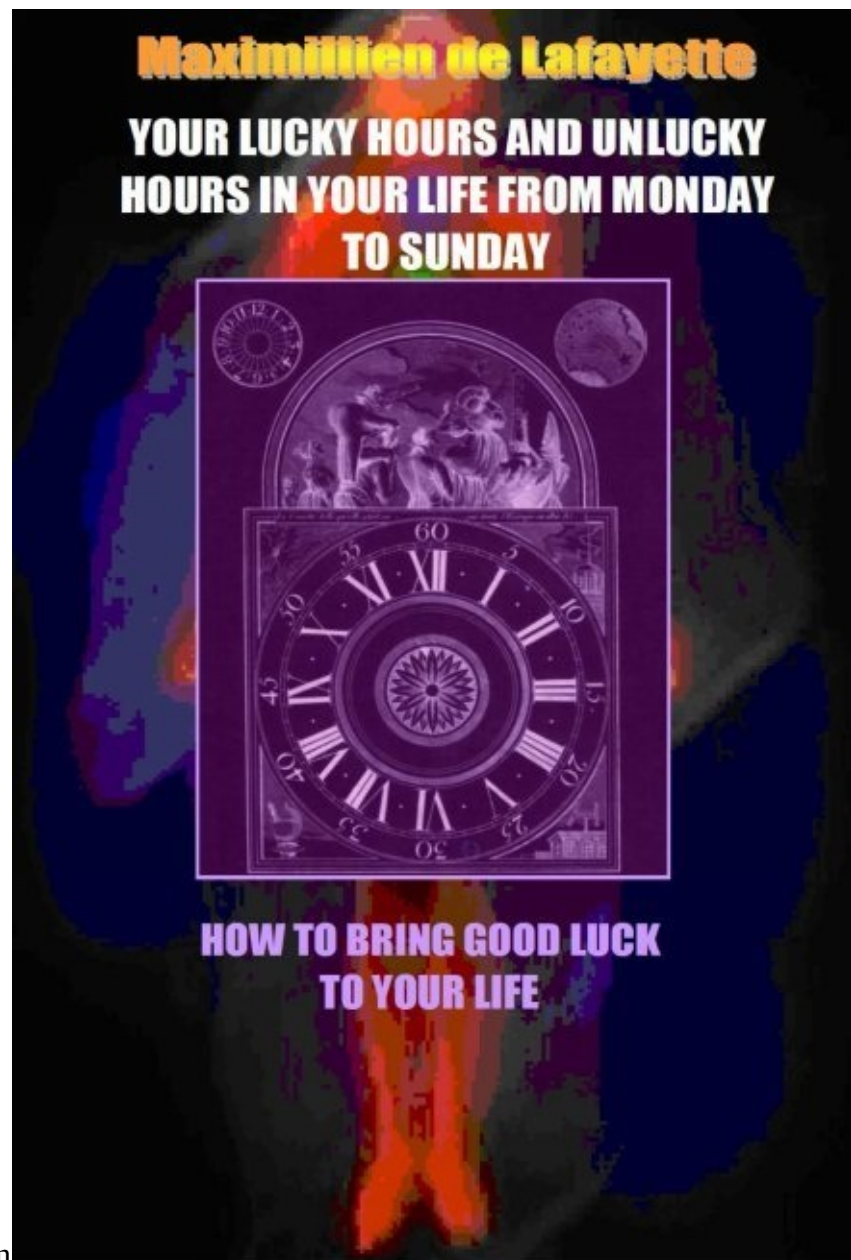
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Cover of the 5th Edition

NOTA BENE

- To avoid all sorts of troubles and psychological confusion (s), all topics discussed in this book were approached from a philosophical-metaphysical-esoteric angle.
- Bear in mind that the Ulema's teachings and/or opinions should not be considered as a professional advice at any level and for any purpose; therapeutic, medical, psychological, mental health, etc., thus avoiding any conflict with professional licensing bodies and legal practitioners in these fields. They are of a purely philosophical-esoteric nature.
- The Kira'ats (Readings) were given by the Ulema in Asia, and the Near/Middle East within a confined milieu of students and seekers of metaphysical and esoteric knowledge.
- Many of the texts as published in this book are excerpts from their Kira'ats and Rou'ya (Visions) that first appeared centuries ago, and continue to enlighten many of us.
- You enter their world at your own risk.

*** *** ***

Acknowledgment and Gratitude

I am deeply grateful to the Honorable Ulema, Anunnaki-Ulema, Cheiks, Allamah, and Asaatiza, who have guided me in this work:

The Right Honorable Cheik Al Baydani
Rabbi Mordachai ben Zvi
Ulema Ayira Kermaat
Allamah Subhi Al Barazani
Grand Master, Ulema Dr. Farid Tayarah
Shaman Shabalah Erirou Ataneh
Allamah Kader Al Tabrizi
Allamah Shaker El Diin
Allamah Suleiman Sharaf El Diin
Allamah Cheik Talal Salem Al Badri
Allamah Cheik Khalid Al Faqueeh
Cheik Suleiman Al Habashi
Cheik Waleed Subhi Al Yamani
Allamah Cheik Ala' Alaweh Ayeelou

For without their help and guidance, this book would have remained the shadow of an idea in my drawers.

*** **

IMPORTANT NOTE FROM THE PUBLISHERS:

Maximilien de Lafayette had an open-heart surgery (4 Bypasses) at Presbyterian Hospital, which shattered his life, but his message of love, compassion, wisdom and enlightenment remains stronger than life itself. This book was originally written in 1964, but it is now revised completed and expanded by an editorial board from Times Square Press.

*** **

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Jennifer Wallens

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Preface

By Jennifer Wallens

Vice President for Psychic Research and Paranormal Studies of the American Federation of Certified Psychics and Mediums

I'm sure you have heard or even spoken the phrases "You make your own Luck", or " Luck be a Lady tonight" or even "I'm never Lucky!"

Well, there is some truth in all of these, as words spoken and thoughts you emanate out into the universe do have power, but there are many ways to increase your luck or success in anything you do or want to create in your life.

I found in my own life that utilizing all the methods and esoteric knowledge I have gained throughout the years, drastically increases success in my endeavors.

I use the knowledge I have gained from Maximillien de Lafayette regarding lucky hours and days, as well as practices he advises in this book, combined with my own knowledge and practices to create my own "Good Luck!"

Additionally, I always strive to be ever grateful for the many wonderful people and successes I have had, gratitude is so very important, as well as always having an expectation of success.

I also aspire to be always kind, loving and compassionate in my daily life. I'm not always successful, but I keep trying!

I am so grateful to all my teachers, especially Maximillien and his many books that have taught me so much useful esoteric knowledge. You have been drawn to this book for a reasonto

learn.

I follow my intuition, and my inner guidance, I study whatever I am drawn to. Your subconscious, your soul will guide you to the knowledge that will benefit you if you only will listen.

In my case, I am drawn to and continually add to my understanding of the Universe, esoterica, the mind, the "Afterlife", mediumship, history and afterlife communication, energy healing, herbology and natural medicine, basic numerology, metaphysics, astrology, Feng shui, Flora and Fauna, geology and natural law.

I also work at controlling my thoughts by setting only positive intentions, combined with great emotion and positive affirmations.

I remind myself to delete any fearful and negative thoughts when they pop up. Fear is the killer of manifestation of any sort!

I personally also like to light white candles, and then placing them over little notes of what it is I want to create.

Shield yourself from Negativity!

I also know that people who are negative, carry around their negativity like a shield and also a weapon, the negative energy is dispersed everywhere and you or I can be easily drawn into taking on that negative energy unwittingly. I avoid negative or low energy people as much as possible.

If I have to be around them, I limit the time to as short as possible, and in my mind I put myself in a safe cocoon of white light filled with love and protection.

I also have visualized myself inside a big disco ball which will only reflect all of their energy back to them.

Crossing your arms over your solar plexus area, your abdomen, also helps create a barrier.

I also avoid negative feeling places, and sometimes even a big store with lots of people, can feel overwhelmingly negative and energy draining, so in that case, I get out asap while still using the techniques above.

I place only items in my home that make me happy, and I take Epsom salt baths (2 cups in a bath) with lavender oil to cleanse my body and my auric field, to remove any lingering negative energy.

Burning sage, Palo santo wood, or Nag Champa incense, using a diffuser with Palo santo, lavender, frankincense or your favorite oil and playing relaxing music, (I love classical or New Age music by Dean Evenson), in your clean, and organized home also helps create positive energy and sets the vibration to bring in good luck and abundance.

I have found by living my life with the knowing that I have the power to create good, and good luck as well as create bad or unlucky results, helps keep me focused on my thoughts. I know without a doubt that in order to bring more good "Luck" into my life, I must use my whole arsenal!

Are you ready for good luck now?

By using all this knowledge Maximillien de Lafayette has gathered here, including that of lucky and unlucky times, protecting yourself, keeping yourself away from negative people and places, and combining your own knowledge, power and intuition with conviction and a sense of gratitude, you will be able to create good luck, good health, good relationships, abundance in all areas of your life and have even better success than you even thought possible!

Good luck to you always!

Jennifer Wallens

Certified Psychic Medium, Paranormal Investigator, Animal Communicator & Psychic Artist

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*** **

Introduction

Did you know that success and failure depend to a certain degree upon your Life's Calendar (Rizmanah) which contains the lucky and unlucky hours and days of your life?

Cosmos energy and people's energy circulating during certain hours of the day have a major impact on everything you do. In this book, you will find out which, how, and why certain hours from your present and your future reveal whether you are going to be successful in your endeavors, or fail miserably. You have to read this book with an open mind, even if you are a skeptic. And just ask yourself, what if, part of this scenario could be true?

You have nothing to lose at all. On the contrary, you will gain entrance to an incomprehensible and fabulous dimension which is currently storing everything that could happen to you, today, tomorrow, and in years to come.

Thus, you will gain access to a depot of knowledge and information about the hidden developments and results of present and future projects you are working on and so many other subjects and activities that shape your life and dictate your success or failure in life.

*** *** ***

Generalities

1. Each day of the week has lucky hours and unlucky hours.
2. Each hour of the day corresponds to a particular or a specific activity of yours.
3. If you start and/or complete any project or a business plan during the lucky hour, you will succeed at ease.
4. If you do it during the opening of the unlucky hour, you will fail.
5. If you are exposed to others' bad vibes during an unlucky hour, your unprotected "Zone" would be invaded, and the bad vibes would invade your zone, and hurt you. The bad vibes will bring you back luck, in the form of a failure in what you are working on.
6. You have to protect your zone, feel your surrounding (Environment), and establish a barrier against others' bad vibes.
7. There are general rules to establish those barriers against others' bad vibes. However, each day of the week has its own rhythm and vulnerability hours.

In addition to creating barriers to stop the negative vibes, you should also comply with the following rules:

- a-Do not leave dirty dishes and utensils in your sink.
- b-Clean all ashtrays.
- c-Make you bed.
- d-Do not leave dirty laundry inside the home.
- e-From time to time, open the window (s) if you can.
- f-Open one or two faucets, and let water drip for 10 seconds, at least once a week.
- 8-Everything in the universe happens for a reason. And don't try to philosophize about it, because Mother Nature and the rules and reason(s) of our existence in this dimension can't be fully understood by the human mind. Just flow with the flow, but it wouldn't hurt to do some esoteric work, such as establishing your Calendar, and exploring what there is behind the screen of the future.

*** *** ***

The Cosmic Law

Our life and destiny are governed by “Ousoul” which is the cosmic law of the general rules of the universe, representing the universe’s rules and rhythms of the Micro Wheel and Macro Wheel.

Your life is governed by the rhythm of the Micro Wheel and Macro Wheel; simply put, the world you live in, and this includes others (People) who are part of your life, business, relationships and/or would be in the future.

Everything is connected.

The most amazing part of this scenario is found in the Rizmanah, which is your life’s calendar that contains the days and hours of your good luck and bad luck in your life.

There are Ousoul (General Rules) that apply to all of us.

In other words, there are sets of directions, destinations, development and rules all human beings follow, simply because they constitute the normal order of life and the universe.

Shashat; the screen of the unknown.

Complying with Ousoul creates synchronization and harmony in everything we do; but, there is a catch. If we do so, without further exploring the hidden, we remain programmed robots. To comply with the general rules of the universe and our life is one thing and to be in synchronization with the universe and events occurring in our life is something else.

To succeed, we must know what is going on behind “Shashat” (Screen) of the unknown that awaits us.

Because the Shashat hides our future, and this future begins today, we must find out when is the best time to do things and not to do things.

This is extremely important, because in everything we do, part of luck and fortune plays a major role in our success and/or failure.

Rizmanah; the calendar of your bad luck and good luck.

On the landscape of our present and future resides our luck, the bad luck and the good luck. We can change our luck, but we can’t alter future events.

To do so, we must learn what the Rizmanah (Calendar of our Days) has for us, meaning, which hour of the day is a good hour or a bad hour, and which day of the week is a good day or a bad day, and which week of the month is a good

week or a bad week, and which month of the year is a good month or a bad month.

Good hour means a lucky hour.

A bad hour means an unlucky hour, and so on, for the day, the week and the month.

All hours and days are unconditionally governed by the Ousoul (General Rules of the Universe).

Our good luck and bad luck are influenced by timing.

And timing means:

a-Things we do: The things we do at a particular time of the day, the week and the month.

b-Events: Events out of our control that happen to us during a particular hour and day of the week or the month. For example, there are certain hours of the days that are suitable for signing contracts, and some other hours are bad for signing contracts.

There are particular days of the week which are excellent for taking important decisions, and there are some days of the week we should not take such decisions.

The Rizmanah shows us, to a certain degree, what should and should not be done during particular hours, and what to be done or avoided on very specific days.

Removing our bad luck.

The major concern is getting rid of our bad luck.

And the 46 million Dollar question is: Can we?

And if yes, how?

The answer is: Yes, we can change our bad luck into a good luck, but we can't change events predestined to occur in the future for zillions of reasons.

The good news is the fact that consulting the calendar of our life will reveal to us the right timing for doing or not doing things. The truth is, we are not changing our luck, but rather learning about vibrations and energy that directly affect what we are doing.

For example, some hours of the days produce a negative current, and circulate a bad energy that prevents us from succeeding.

And here, we have two choices:

First choice: Blocking this bad energy, if we can.

Second choice: Using the Imtinah, meaning not to perform or do certain activity/decision during this very particular hour.

The Calendar of your life will show you exactly those good hours and bad hours.

Creating good luck

Can we create a good luck, and use some Anunnaki Ulema techniques to bring success to our endeavors?

The answer is yes, we can, and there are some techniques that are extremely useful to accomplish this. But first of all, we must see what there is for us in the Rizmanah.

So, let's have a look at the Rizmanah Calendar.

Revelations of the Rizmanah

It is extremely important to understand and to remember that the Rizmanah is the calendar of the Ousoul (General Rules of the Universe), and the Rizmanah acts independently of what you think and what you do.

The Rizmanah rules apply to all of us in this physical dimension. It is not personalized.

It is not hand-made or tailored made to meet your needs and fulfill your desires.

Thus, you should simultaneously and constantly work with your personal calendar, which specifically and directly links you to your personal good luck or bad luck.

So, you have to consult both, the calendar of the Ousoul and your personal calendar.

*** *** ***

Symbols for the good hours and bad hours
in your life

Symbols:

B+: Positive, good hour.

N-: Negative, bad hour.

Nx: Neutral hour.

D: Delicate hour.

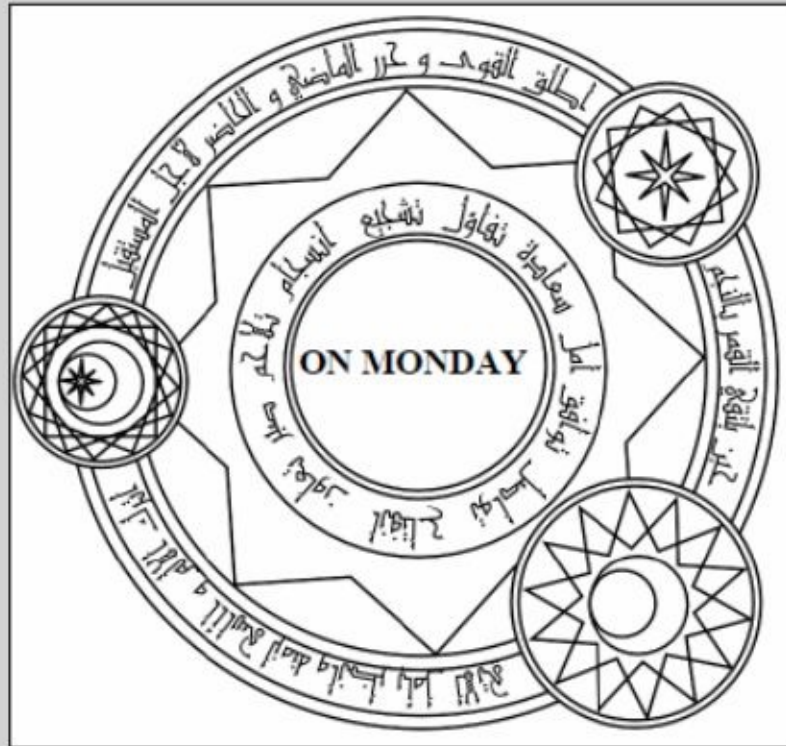
These symbols shall be used in the Charts and Days' Calendars. Please try to
memorize them.

*** *** ***

CHAPTER I

CHARTS OF THE LUCKY AND UNLUCKY HOURS IN YOUR LIFE





ON MONDAY

Cosmic energy: Intense.

Energy quality/category: Negative.

Energy highest level/intensity: 10 AM - 4PM.

Negatively affects employees (9 to 5).

Source of this energy: 90% people and 10% cosmos.

1:01 AM - 2:00 AM: Neutral to negative.

According to the Rouhaniyiin (Spiritists), this is a time where and when cosmic energy intensified outside big cities.

Source of this energy: Cosmos.

2:01 AM - 3:00 AM: Ibid.

3:01 AM - 4:00 AM: Neutral.

Source of this energy: Cosmos.

According to the Rouhaniyiin, this is a time where and when cosmic energy is quasi-dormant.

Its neutrality is neither positive nor negative, meaning that it requires an extra unnecessary effort to accomplish a task or complete something that usually can be done with less effort and in a shorter period of time.

Don't work hard if you don't have to.

But work intelligently. Intelligence saves you time and eliminates frustration.

4:01 AM – 6:00 AM: Neutral.

Source of this energy: Cosmos.

6:01 AM – 9:00 AM: Delicate.

Source of this energy: People and cosmos.

Around 6:40 AM, people start to emit vibes caused by what they are doing during that time.

9:01 AM - 4:00: Bad energy.

Source of this energy: People.

4:01 PM – 8:00 PM: Delicate.

Source of this energy: Our own energy.

8:01 PM – 12:00 PM: Neutral.

Source of this energy: Our own energy.

11:01 PM - 12:00 PM: Negative.

Source of this energy: Cosmos.

12.01 Midnight-1:00 AM: Good hour.

*** **

V. Daily Chart of the Ousoul Rizmanah General Effects

Chart of the good hours and bad hours on Monday

| HOURS | Good hour | Bad hour | Neutral | Delicate |
|--------------------------------|-----------|----------|---------|----------|
| 12:01 Midnight-1:00 AM | G+ | | | |
| 1:01 AM - 2:00 AM | | B- | | |
| 2:01 AM - 3:00 AM | | B- | | |
| 3:01 AM - 4:00 AM | | | Nx | |
| 4:01 AM - 5:00 AM | | | Nx | |
| 5:01 AM - 6:00 AM | | | Nx | |
| 6:01 AM - 7:00 AM | | | | D/ |
| 7:01 AM - 8:00 AM | | | | D/ |
| 8:01 AM - 9:00 AM | | | | D/ |
| 9:01 AM - 10:00 AM | | B- | | |
| 10:01 AM - 11:00 AM | | B- | | |
| 11:01 AM - 12:00 AM | | B- | | |
| 12:01 AM - 1:00 PM | | B- | | |
| 1:01 PM - 2:00 PM | | B- | | |
| 2:01 PM - 3:00 PM | | B- | | |
| 3:01 PM - 4:00 PM | | B- | | |
| 4:01 PM - 5:00 PM | | | | D/ |
| 5:01 PM - 6:00 PM Neutral | | | | D/ |
| 6:01 PM - 7:00 PM Neutral | | | | D/ |
| 7:01 PM - 8:00 PM | | | | D/ |
| 8:01 PM - 9:00 PM | | | Nx | |
| 9:01 PM - 10:00 PM | | | Nx | |
| 10:01 PM - 11:00 PM | | | Nx | |
| 11:01 PM - 12:00 PM (Midnight) | | B- | | |

Particularities of the chart of Monday:

- Monday is not a good day for middle to low level employees; their bosses' attitude could be very frustrating. It is an intense business day around the globe.
- On Monday, bosses and employers diffuse strong vibes that vary from unpleasant to disturbing; it goes with the territory. It is most noticeable in these businesses:

a-Casino,

b-Gambling,

c-Catering,

d-Food,

e-Beverage,

f-Restaurants,

g-Entertainment,

h-Insurance,

i-Art,

j-Galleries, and so on.

- Ironically, Monday is a good day for booksellers, and for writers.
- The state of mind of employees on Monday is not very serene. And it is expected to hear from employees, unpleasant remarks on what has happened at their workplace.
- For some reasons incomprehensible to our mind, Monday has a negative effect on the psyche of many people.
- Do not submit proposals on Monday.
- Do not invest on Monday. Take your time; compare the charts of the days of the week.
- On this day, pets seem to be calmer.
- Monday is a good day for real estate business, and for looking for a new apartment, if done between 4:00 PM and 5:00 PM.
- Do not buy gold and hard currency on Monday.
- Do not trade, sale or buy stocks and shares on Monday.
- Do not buy meat, fish and produce for your restaurant on Monday.

Summary:

The Sahiriin (Eastern Sorcerers), Rouhaniyiin and Anunnaki Ulema, all agree that Monday is charged with an intense cosmic energy, created by Mother

Nature and people. This cosmic energy reaches its peak between 10 AM and 4 PM.

Unfortunately, it is not a positive energy.

It could be either neutral or negative. The variation of its nature, quite often, negatively or at least unpleasantly affects the 9 to 5 employees.

Thus, creating barriers against this energy on Sunday, between 7 PM and 8 PM is a must.

*** *** ***

Chart of Daily Effects of Cosmic Energy
Monday
Illustration CE #1

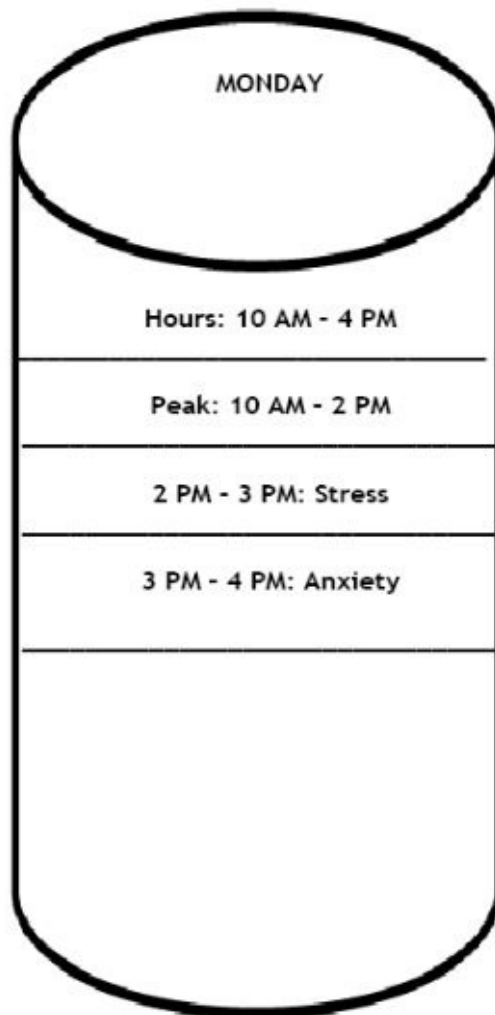
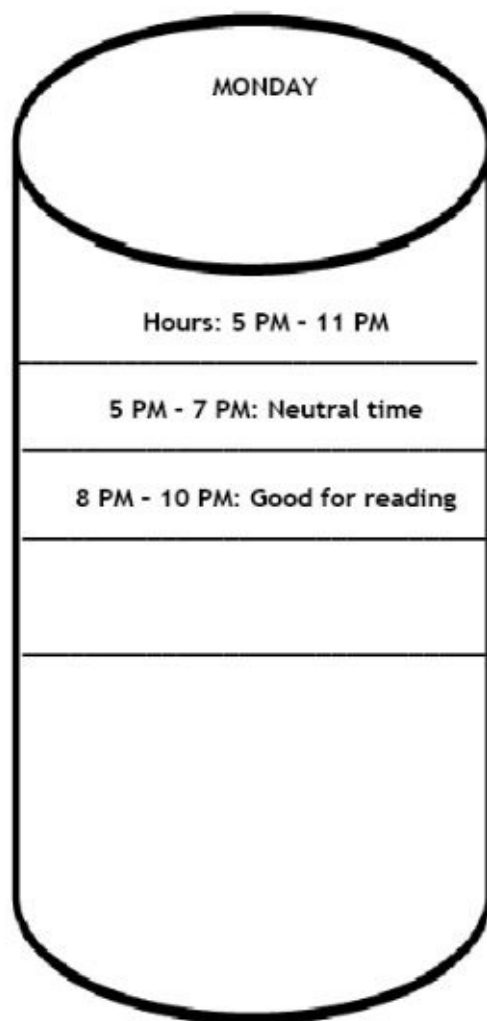
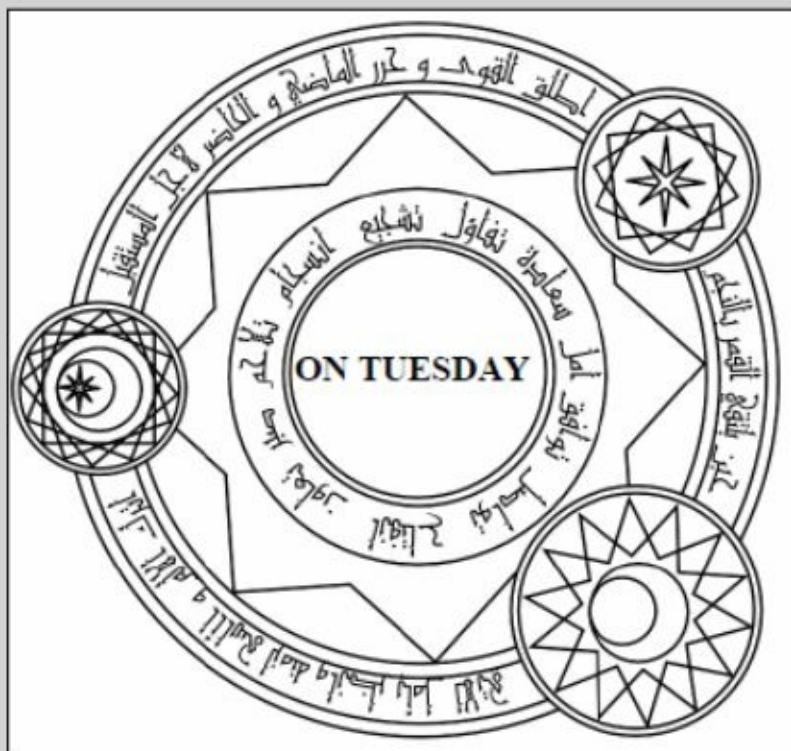


Chart of Daily Effects of Cosmic Energy
Monday
Illustration CE #2





ON TUESDAY

Explanation of the chart of Tuesday:

Generalities:

The cosmic negative energy is weak on Tuesday.

However, it gets intensified between 1:01 PM - 4:00 PM.

Nevertheless, there are some few hours that are excellent for planning and looking for a new job.

Particularities:

1:01 AM - 6:00 AM: Unproductive hours.

6:01 AM – 7:00 AM: Neutral hours. This is when luck is in the balance.

9:01 AM - 10:00 AM: Good timing for planning the activities of the week, if you have not done it yet.

11:00 AM and 1:00 PM: Excellent hours for writing proposals and grants.

11:01 AM - 12:00 AM: Positive/favorable hours for sending job applications and resumes.

12:01 AM – 1:00 PM: Perfect for meeting new people, exploring new ideas, working on drafts, charts, illustrations, and artistic projects.

1:01 PM - 4:00 PM: Strong bad energy intensified during these hours.

Not good for new businesses, starting new contacts, calling investors, and setting up meetings.

10:01 PM – Midnight: Negative hours. Stay put.

Summary:

Tuesday is an excellent day for writing proposals and grants. The most favorable hours are between 11 AM and 1 PM.

According to the Rouhaniyiin, the cosmic negative energy is weak on Tuesday. This, does not mean that people would not emit bad vibes.

People do all the time, regardless of the effects of Mother Nature on us, and our lucky days and lucky hours.

This is why, we should always keep our Khateyn Tarika fortified, healthy and in equilibrium.

Between 8 PM and 10 PM, we have neutral time, meaning a few hours to hang around, do ordinary things, as usual, but not to start a major project.

A few moments after 10 PM, the good energy of Mother Nature will start to weaken.

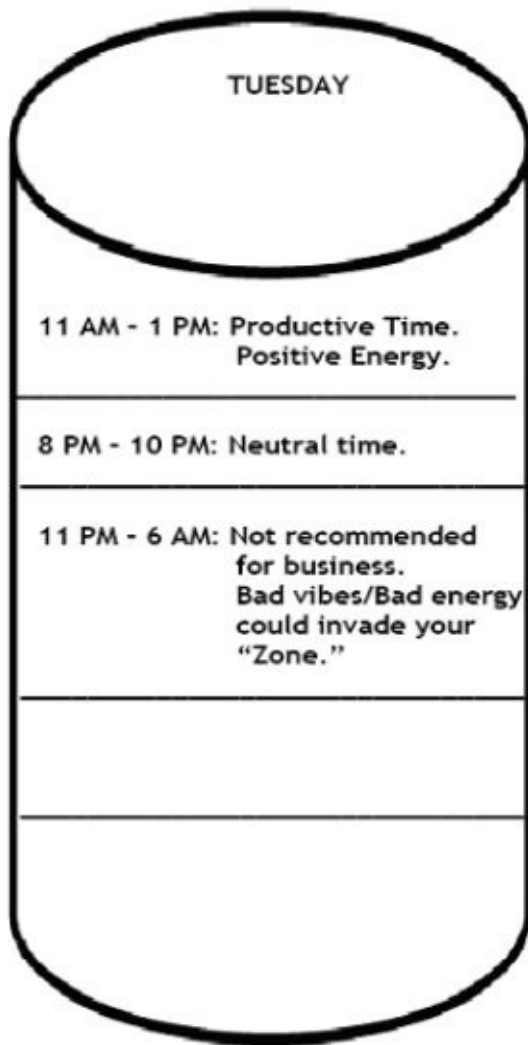
Consequently, we should not undertake major projects, and make final decisions on important matters.

Others' negative vibes get intensified between 11 PM and 6 AM.

*** *** ***

Chart of Daily Effects of Cosmic Energy

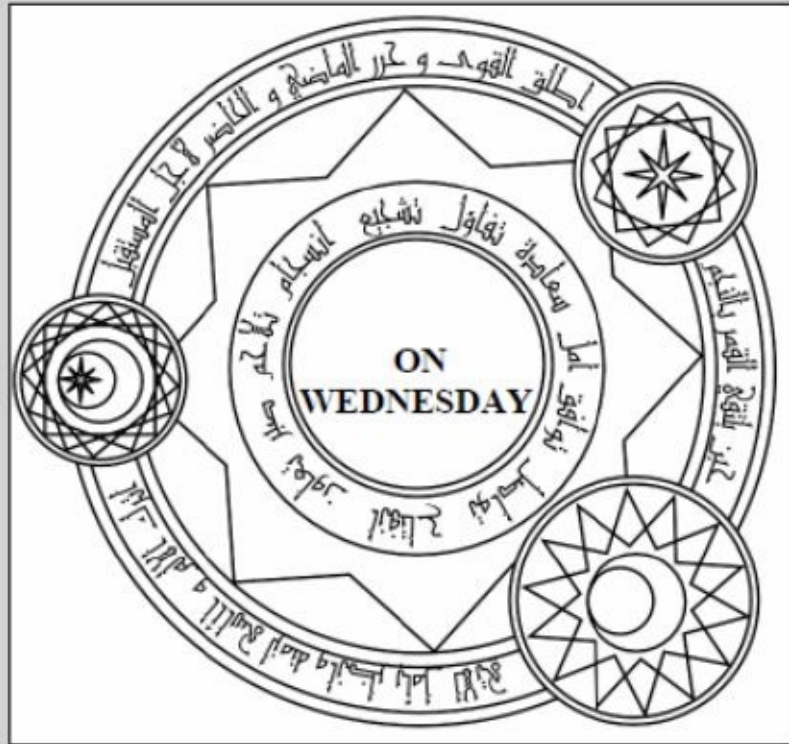
Illustration CE #3



Daily Chart of the Ousoul Rizmanah General Effects

Chart of the good hours and bad hours on Tuesday

| HOURS | Good hour | Bad hour | Neutral | Delicate |
|--------------------------------|-----------|----------|---------|----------|
| 12:01 Midnight-1:00 AM | | B- | | |
| 1:01 AM - 2:00 AM | | B- | | |
| 2:01 AM - 3:00 AM | | B- | | |
| 3:01 AM - 4:00 AM | | B- | | |
| 4:01 AM - 5:00 AM | | B- | | |
| 5:01 AM - 6:00 AM | | B- | | |
| 6:01 AM - 7:00 AM | | | Nx | |
| 7:01 AM - 8:00 AM | | | Nx | |
| 8:01 AM - 9:00 AM | | | Nx | |
| 9:01 AM - 10:00 AM | G+ | | | |
| 10:01 AM - 11:00 AM | G+ | | | |
| 11:01 AM - 12:00 AM | G+ | | | |
| 12:01 AM - 1:00 PM | G+ | | | |
| 1:01 PM - 2:00 PM | | B- | | |
| 2:01 PM - 3:00 PM | | B- | | |
| 3:01 PM - 4:00 PM | | B- | | |
| 4:01 PM - 5:00 PM | | | | D/ |
| 5:01 PM - 6:00 PM Neutral | | | | D/ |
| 6:01 PM - 7:00 PM Neutral | | | | D/ |
| 7:01 PM - 8:00 PM | | | | D/ |
| 8:01 PM - 9:00 PM | | | Nx | |
| 9:01 PM - 10:00 PM | | | Nx | |
| 10:01 PM - 11:00 PM | | B- | | |
| 11:01 PM - 12:00 PM (Midnight) | | B- | | |



ON WEDNESDAY

The hours between 10 AM and 3 PM are positive hours. There is a strong positive current, and the abundance of good vibes make these hours very productive.

It is the perfect timing to:

- 1-Connclude deals,
- 2-Give conferences,
- 3-Meet new people,
- 4-Make important decision,
- 5-Get busy in your yard,
- 6-Do shopping,
- 7-Even, to flirt.

However, between 11 PM and 3 AM, negative energy will resurface.

*** *** ***

Chart of Daily Effects of Cosmic Energy

Illustration CE #4

WEDNESDAY

10 AM - 3 PM: Productive Time.
Positive Energy.
A solid day.

5 PM - 7 PM: Neutral time.

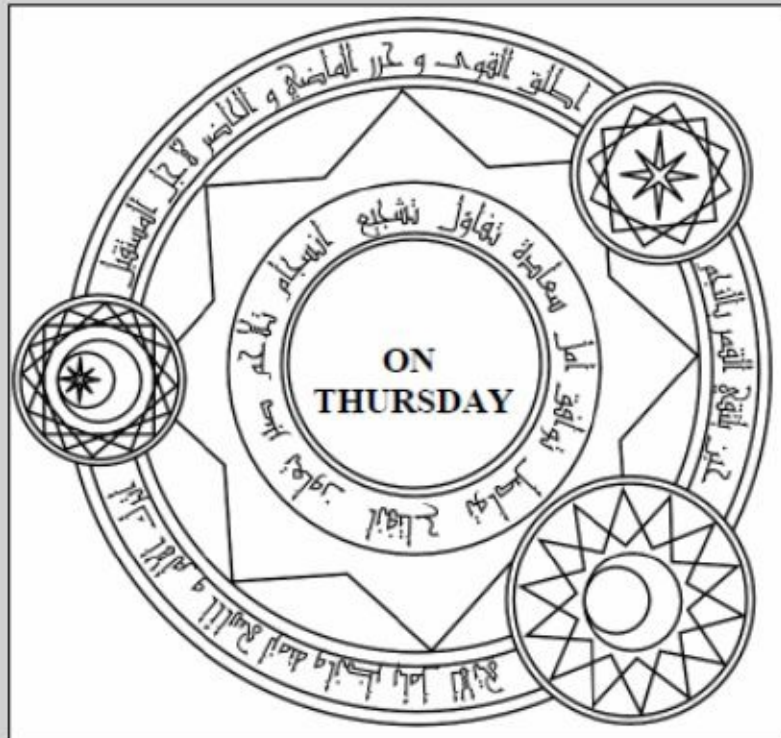
8 PM - 10 AM: Good hours to take
care of family
business.

11 PM -3 AM: Negative hours.

Daily Chart of the Ousoul Rizmanah General Effects

Chart of the good hours and bad hours on Wednesday

| HOURS | Good hour | Bad hour | Neutral | Delicate |
|--------------------------------|-----------|----------|---------|----------|
| 12:01 Midnight-1:00 AM | | B- | | |
| 1:01 AM - 2:00 AM | | B- | | |
| 2:01 AM - 3:00 AM | | B- | | |
| 3:01 AM - 4:00 AM | | B- | | |
| 4:01 AM - 5:00 AM | | | Nx | |
| 5:01 AM - 6:00 AM | | | Nx | |
| 6:01 AM - 7:00 AM | | | Nx | |
| 7:01 AM - 8:00 AM | | | Nx | |
| 8:01 AM - 9:00 AM | | | Nx | |
| 9:01 AM - 10:00 AM | | | Nx | |
| 10:01 AM - 11:00 AM | G+ | | | |
| 11:01 AM - 12:00 AM | G+ | | | |
| 12:01 AM - 1:00 PM | G+ | | | |
| 1:01 PM - 2:00 PM | G+ | | | |
| 2:01 PM - 3:00 PM | G+ | | | |
| 3:01 PM - 4:00 PM | | B- | | |
| 4:01 PM - 5:00 PM | | | | D/ |
| 5:01 PM - 6:00 PM Neutral | | | Nx | |
| 6:01 PM - 7:00 PM Neutral | | | Nx | |
| 7:01 PM - 8:00 PM | | | | |
| 8:01 PM - 9:00 PM | G+ | | | |
| 9:01 PM - 10:00 PM | G+ | | | |
| 10:01 PM - 11:00 PM | | B- | | |
| 11:01 PM - 12:00 PM (Midnight) | | B- | | |



ON THURSDAY

Generalities:

Good energy flows on Thursday.

A perfect day for personal development.

Particularities:

2:01 AM – 5:00 AM: Bad hours. Travels could be risky.

8:00 AM - 1:00 PM: Good hours for starting a new enterprise, investing in a new business, remodeling, selling, and real estate.

11:00 AM - 1:00 PM: Suitable hours for conducting interviews, hiring, applying for loans, looking for new schools for your children, and asking for donations.

3:00 PM – 10:00 PM: Excellent timing to evaluate the results of your projects and decisions, to make new decisions, to explore other possibilities, to renegotiate deals, to submit offers, to write new proposals and for planning.

8:00 PM – 10:00 PM: Excellent timing for selling and/or displaying your art, paintings and books. Galleries displaying artwork will do great business between these hours. Receptions will get good results. These hours are also highly recommended for spiritual work, esoteric exercises and exploring the world of the occult.

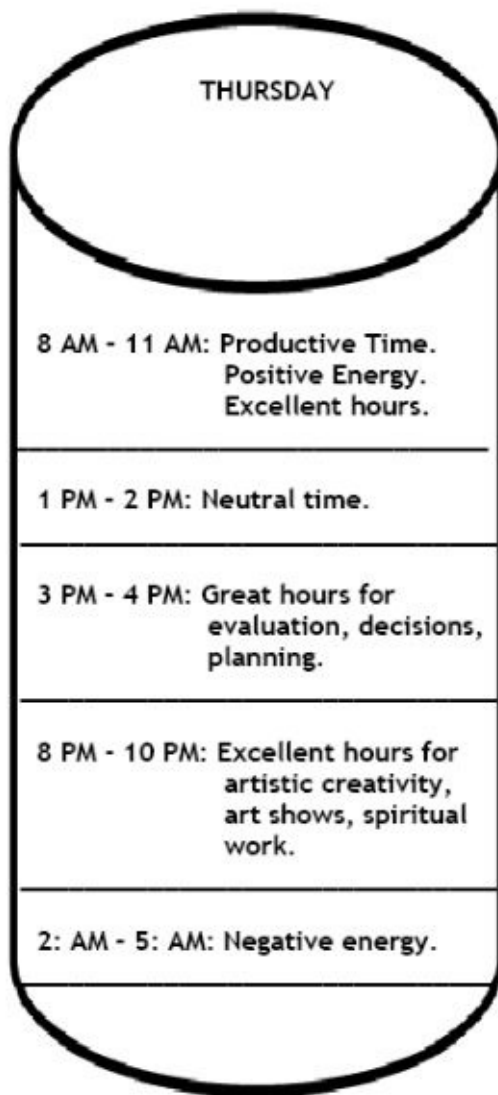
2:00 AM – 5:00 AM:

Negative hours; serious confrontations and very unpleasant encounters could happen during these hours.

*** *** ***

Chart of Daily Effects of Cosmic Energy

Illustration CE #5



Daily Chart of the Ousoul Rizmanah General Effects

Chart of the good hours and bad hours on Thursday

| HOURS | Good hour | Bad hour | Neutral | Delicate |
|--------------------------------|-----------|----------|---------|----------|
| 12:01 Midnight-1:00 AM | | | Nx | |
| 1:01 AM - 2:00 AM | | | Nx | |
| 2:01 AM - 3:00 AM | | B- | | |
| 3:01 AM - 4:00 AM | | B- | | |
| 4:01 AM - 5:00 AM | | B- | | |
| 5:01 AM - 6:00 AM | | | Nx | |
| 6:01 AM - 7:00 AM | | | Nx | |
| 7:01 AM - 8:00 AM | | | Nx | |
| 8:01 AM - 9:00 AM | G+ | | | |
| 9:01 AM - 10:00 AM | G+ | | | |
| 10:01 AM - 11:00 AM | G+ | | | |
| 11:01 AM - 12:00 AM | G+ | | | |
| 12:01 AM - 1:00 PM | G+ | | | |
| 1:01 PM - 2:00 PM | | | | D/ |
| 2:01 PM - 3:00 PM | | | | D/ |
| 3:01 PM - 4:00 PM | G+ | | | |
| 4:01 PM - 5:00 PM | G+ | | | |
| 5:01 PM - 6:00 PM | G+ | | | |
| 6:01 PM - 7:00 PM | G+ | | | |
| 7:01 PM - 8:00 PM | G+ | | | |
| 8:01 PM - 9:00 PM | G+ | | | |
| 9:01 PM - 10:00 PM | G+ | | | |
| 10:01 PM - 11:00 PM | | | Nx | |
| 11:01 PM - 12:00 PM (Midnight) | | | Nx | |

Summary:

The hours between 8 AM and 11 AM are good hours.

They are open to any of your projects and endeavors, particularly to finances, investment, starting a new enterprise, a new business, remodeling, selling, real estate, visits, and so on.

The hours between Day: Thursday 3 PM and 2 PM are perfect for evaluating the results of your projects and decisions, to make new decisions, to explore other possibilities, to renegotiate deals, to submit offers, to write new proposals, and for planning.

The hours between 8 PM and 10 PM are excellent for selling and/or displaying your art, paintings and books.

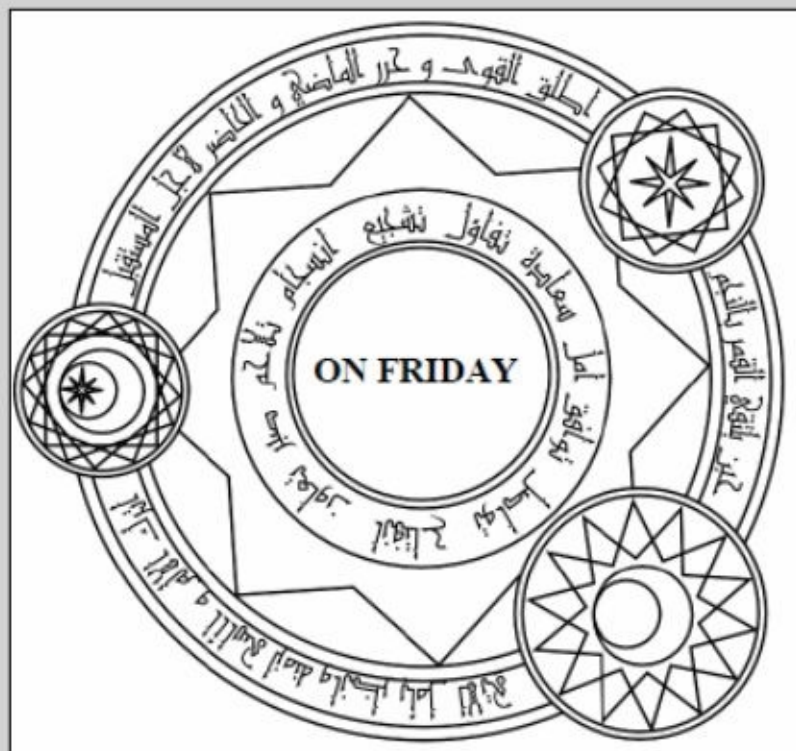
Galleries displaying artwork will do great business between these hours. Receptions will get good results.

These hours are highly recommended for spiritual work, esoteric exercises, and exploring the world of the occult.

However, between 2 AM and 5 AM, the negative energy will resurface again. Be careful. Be alert.

By now, you know what you should not do during the negative hours.

*** *** ***



ON FRIDAY

Generalities:

On Friday, mixed positive and negative underground currents merge and create unpredictable vibrations that circulate during delicate hours throughout the day.

Particularities:

8:00 AM – 11:00 AM: Good hours to submit reports, proposals, and to decide on plan of action. It is a good timing to reconsider projects and ideas submitted to partners and associates overseas.

10:00 AM – 11:00 AM: Favorable to discuss matters with your boss, associates and potential investors.

1:01 - 3:00 PM: Intense and delicate hours to bad and critical hours; meaning that heated debates, unpleasant arguments and the emergence of mild negative vibes will develop during these hours.

3:01 PM - 4:00 PM: Bad hours for criticism and argumentations. Avoid lengthy discussions with your superiors, even if you are a senior executive.

7:01 PM - 8:00 PM: Suitable time for short social activities at home.

8:01 PM - 11:00 PM: Excellent hours for socializing, meeting new people, making contacts, going out, and so on.

However, you must re-energize your Khateyn Tarika before you go out.

11:01 PM - 12:00 AM (Midnight): Delicate hours, caused by new acquaintances you could make, and for being in places (public and private) where you would not feel very comfortable; this would be caused by others' negative vibes. Do not stay long at that place.

1:01 AM – 5:00 AM:

Negative energy will re-emerge during these hours. Watch your diet. Control your spontaneity.

Summary:

Friday is a very important day in the calendar of the Rouhaniyiin. I am not here referring to their esoteric and supernatural work, and communications with entities and spirits. Friday is important because it is a bridge between strong physical-cosmic energies and others' energies.

On Friday, mixed currents underground merge, and create unpredictable

vibrations. If you have started a discussion, and/or submitted a report/proposal/plan of action to your boss, associates and potential investors, you must do it between 8 AM and 11 AM, because these three hours will be automatically followed by 2 intense hours; meaning that heated debates, unpleasant arguments, and the emergence of mild negative vibes will develop between 1 PM and 3 PM.

Avoid criticism and arguments between 3 PM and 4 PM.

The hours between 8 PM and 10 PM are excellent for socializing, meeting new people, making contacts, going out, and so on.

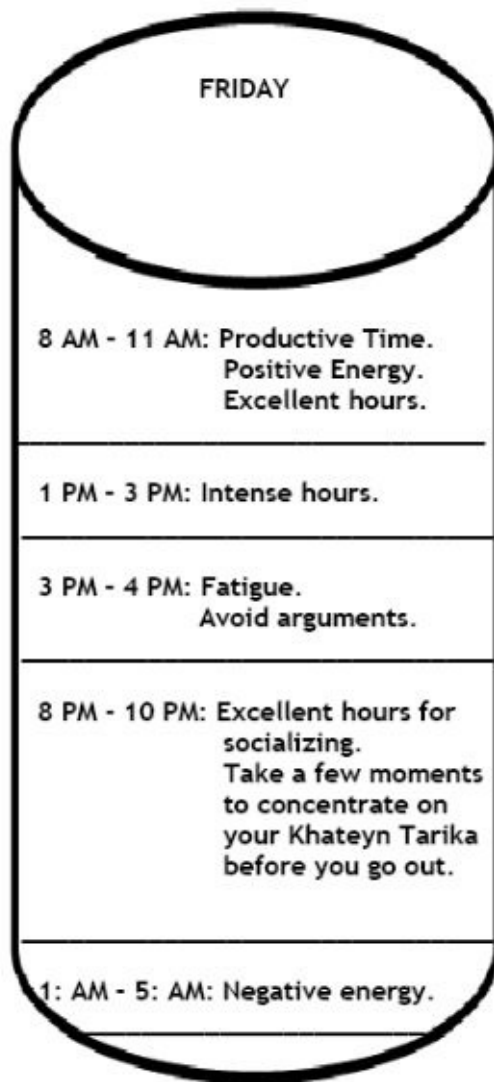
However, you must re-energize your Khatayn Tarika before you go out.

Negative energy will re-emerge between 1 AM and 5 AM.

Note: The Friday's very strong negative current could last until the end of the week.

Chart of Daily Effects of Cosmic Energy

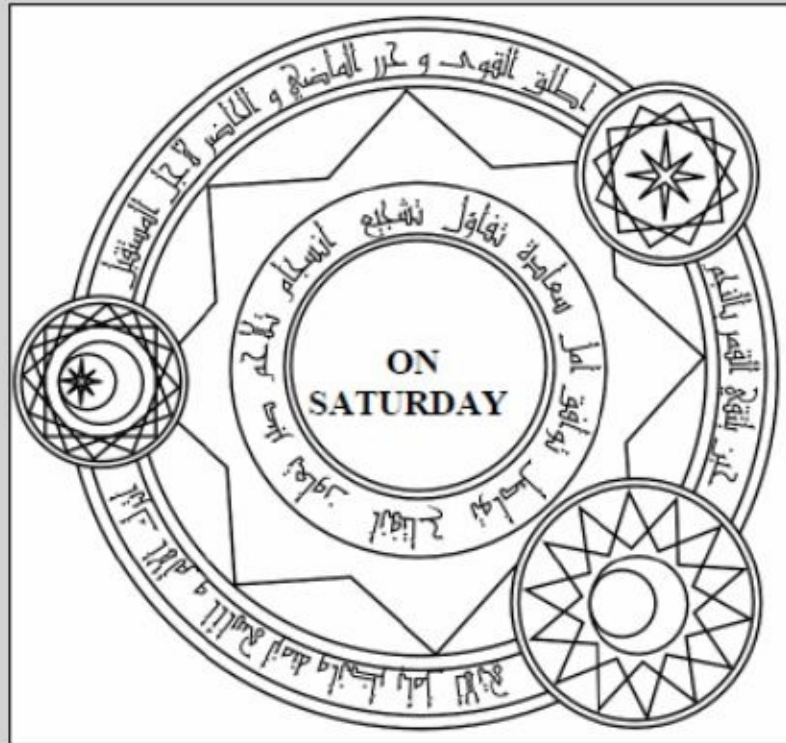
Illustration CE #6



Daily Chart of the Ousoul Rizmanah General Effects

Chart of the good hours and bad hours on Friday

| HOURS | Good hour | Bad hour | Neutral | Delicate |
|--------------------------------|-----------|----------|---------|----------|
| 12:01 Midnight-1:00 AM | | | | D/ |
| 1:01 AM - 2:00 AM | | B- | | |
| 2:01 AM - 3:00 AM | | B- | | |
| 3:01 AM - 4:00 AM | | B- | | |
| 4:01 AM - 5:00 AM | | B- | | |
| 5:01 AM - 6:00 AM | | | Nx | |
| 6:01 AM - 7:00 AM | | | Nx | |
| 7:01 AM - 8:00 AM | | | Nx | |
| 8:01 AM - 9:00 AM | G+ | | | |
| 9:01 AM - 10:00 AM | G+ | | | |
| 10:01 AM - 11:00 AM | G+ | | | |
| 11:01 AM - 12:00 AM | | | | D/ |
| 12:01 AM - 1:00 PM | | | | D/ |
| 1:01 PM - 2:00 PM | | B- | | D/ |
| 2:01 PM - 3:00 PM | | B- | | D/ |
| 3:01 PM - 4:00 PM | | B- | | D/ |
| 4:01 PM - 5:00 PM | | | Nx | |
| 5:01 PM - 6:00 PM | | | Nx | |
| 6:01 PM - 7:00 PM | | | Nx | |
| 7:01 PM - 8:00 PM | G+ | | | |
| 8:01 PM - 9:00 PM | G+ | | | |
| 9:01 PM - 10:00 PM | G+ | | | |
| 10:01 PM - 11:00 PM | G+ | | | D/ |
| 11:01 PM - 12:00 PM (Midnight) | | | | D/ |



ON SATURDAY

Generalities:

8:00 AM – 11:00 AM: Strong mixed cosmic energy circulates on Saturday. It is a good day to spend with your loved ones.

Particularities:

11:01 AM – 1:00 PM: Positive hours to spend with your family.

2:01 PM – 4:00 PM: Positive energy dominates these two hours.

Suitable for gardening, shopping, sightseeing, outdoor activities, taking the children to parks, visits to galleries, having good time with your pets.

8:01 PM - 11:00 PM: Excellent hours for socializing, meeting new people, making contacts, going out, and so on. However, you must re-energize your Khateyn Tarika before you go out.

11:01 PM - 12:00 AM (Midnight): Delicate hours because of new acquaintances you could make, and for being in places where you would not feel very comfortable; this would be caused by others' negative vibes.

Do not stay long at that place.

1:01 AM – 5:00 AM: Negative energy will re-emerge during these hours. Watch your diet. Control your spontaneity.

2:00 PM – 4:00 PM: Tricky-Delicate hours. Stubborn people must avoid taking decisions and making delicate decisions during these two hours, especially in matters they are not very familiar with.

Mix Ignorance and stubbornness, and you get the perfect formula for catastrophic results.

Summary:

Cosmic energy circulates very strongly on Saturday between 8 AM and 11 AM, therefore, your home must be absolutely clean. No mess anywhere.

Messy stuff and dirty things inside your home will disrupt the positive flow of energy.

Open a window or two, turn on a kitchen faucet for 10 seconds or so. Saturday is a good day to spend with your loved ones. From 2 PM to 4 PM, good energy

rides with you. Read Friday's chart, for the following hours.

*** *** ***

Chart of Daily Effects of Cosmic Energy

Illustration CE #7

SATURDAY

8 AM - 11 AM: Your home must be spotless, because good energy needs to circulate freely. Turn on a kitchen faucet for 10 seconds

11 AM - 1 PM: Positive hours. Spend these hours with your family.

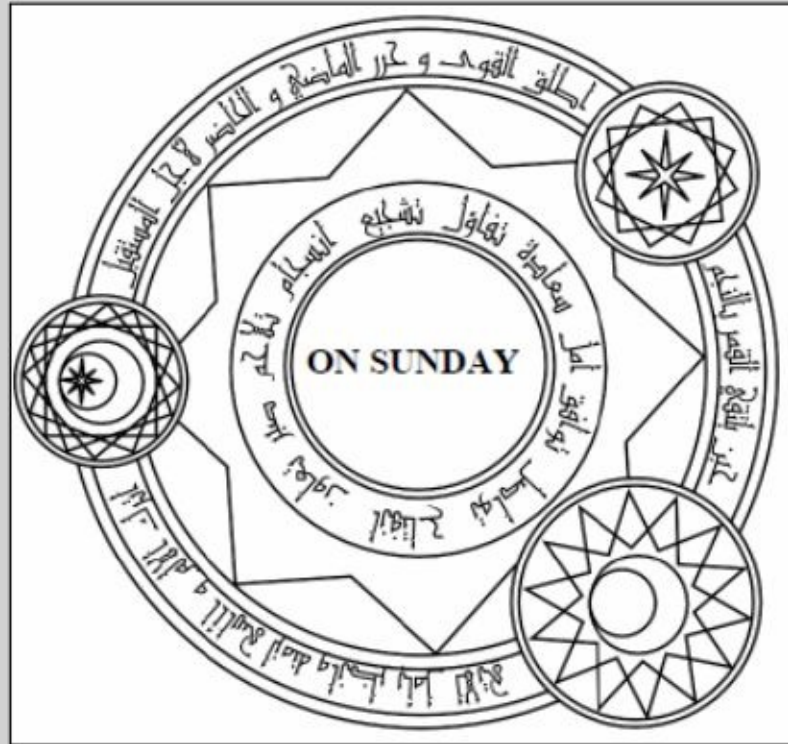
2 PM - 4 PM: Positive hours. Great for shopping sightseeing, gardening and outdoor activities

8 PM - 5 AM: Same as Friday.

Daily Chart of the Ousoul Rizmanah General Effects

Chart of the good hours and bad hours on Saturday

| HOURS | Good hour | Bad hour | Neutral | Delicate |
|--------------------------------|-----------|----------|---------|----------|
| 12:01 Midnight-1:00 AM | | | | D/ |
| 1:01 AM - 2:00 AM | | B- | | |
| 2:01 AM - 3:00 AM | | B- | | |
| 3:01 AM - 4:00 AM | | B- | | |
| 4:01 AM - 5:00 AM | | B- | | |
| 5:01 AM - 6:00 AM | | | Nx | |
| 6:01 AM - 7:00 AM | | | Nx | |
| 7:01 AM - 8:00 AM | | | Nx | |
| 8:01 AM - 9:00 AM | G+ | | | |
| 9:01 AM - 10:00 AM | G+ | | | |
| 10:01 AM - 11:00 AM | G+ | | | |
| 11:01 AM - 12:00 AM | G+ | | | |
| 12:01 AM - 1:00 PM | G+ | | | |
| 1:01 PM - 2:00 PM | G+ | | | |
| 2:01 PM - 3:00 PM | G+ | | | |
| 3:01 PM - 4:00 PM | G+ | | | |
| 4:01 PM - 5:00 PM | | | Nx | |
| 5:01 PM - 6:00 PM | | | Nx | |
| 6:01 PM - 7:00 PM | | | Nx | |
| 7:01 PM - 8:00 PM | | | | |
| 8:01 PM - 9:00 PM | G+ | | | |
| 9:01 PM - 10:00 PM | G+ | | | |
| 10:01 PM - 11:00 PM | G+ | | | |
| 11:01 PM - 12:00 PM (Midnight) | | | | D/ |



ON SUNDAY

Generalities:

Strong mixed cosmic energy circulates on Sunday.
It is a good day to spend with your loved ones, and pets.

Particularities:

1 AM - 5 AM: These are bad hours for almost everything, except, perhaps, for casinos' business, and some shady activities.

Whether you are a small or big-time entrepreneur, do not make final decision (s) during these hours. A very strong cosmic negative energy circulates during these treacherous hours. Avoid travel (Long distances).

8:01 AM – 11:00 AM: Strong mixed cosmic energy circulates during these hours.

11:01 AM – 4:00 PM: Positive hours.

Positively open to any of your activities.

Most suitable for family's affairs.

8:01 PM – 9:00 PM: Good to delicate.

9:01 PM – 11:00 PM: Excellent hours for staying at home, relaxing, and having chats with your spouse or companion.

*** *** ***

Summary:

Pay attention to the hours between 1 AM and 5 AM!

Those are bad hours for almost everything, except, perhaps, for casinos'

business, and some shady activities.

Whether you are a small or big-time entrepreneur, do not make final decision (s) during these hours.

A very strong cosmic negative energy circulates during these treacherous hours.

Avoid travel (Long distances).

Do not argue with people in a position of power.

*** *** ***

Chart of Daily Effects of Cosmic Energy

Illustration CE #8

SUNDAY

8 AM - 11 AM: Same like Saturday;
your home must be
spotless, because
good energy needs
to circulate freely.
Turn on a kitchen
faucet for 10 seconds

11 AM - 4 PM: Positive hours.
Spend these hours
with your family.

5 PM - 8 PM: Neutral hours.

9 PM - 10 PM: Excellent time for
relaxation.
Good energy and good
vibes circulate.

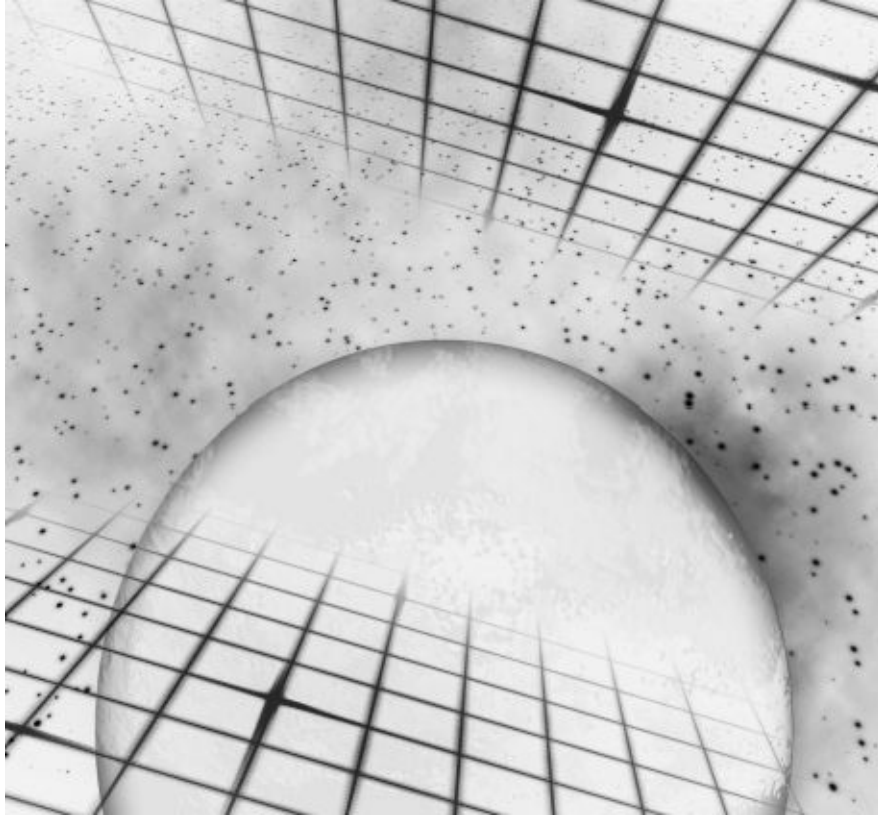
1 AM- 5 AM: Negative energy.

Daily Chart of the Ousoul Rizmanah General Effects

Chart of the good hours and bad hours on Sunday

| HOURS | Good hour | Bad hour | Neutral | Delicate |
|--------------------------------|-----------|----------|---------|----------|
| 12:01 Midnight-1:00 AM | | | | D/ |
| 1:01 AM - 2:00 AM | | B- | | |
| 2:01 AM - 3:00 AM | | B- | | |
| 3:01 AM - 4:00 AM | | B- | | |
| 4:01 AM - 5:00 AM | | B- | | |
| 5:01 AM - 6:00 AM | | | Nx | |
| 6:01 AM - 7:00 AM | | | Nx | |
| 7:01 AM - 8:00 AM | | | Nx | |
| 8:01 AM - 9:00 AM | G+ | | | |
| 9:01 AM - 10:00 AM | G+ | | | |
| 10:01 AM - 11:00 AM | G+ | | | |
| 11:01 AM - 12:00 AM | G+ | | | |
| 12:01 AM - 1:00 PM | G+ | | | |
| 1:01 PM - 2:00 PM | G+ | | | |
| 2:01 PM - 3:00 PM | G+ | | | |
| 3:01 PM - 4:00 PM | G+ | | | |
| 4:01 PM - 5:00 PM | | | Nx | |
| 5:01 PM - 6:00 PM | | | Nx | |
| 6:01 PM - 7:00 PM | | | Nx | |
| 7:01 PM - 8:00 PM | | | | |
| 8:01 PM - 9:00 PM | G+ | | | D/ |
| 9:01 PM - 10:00 PM | G+ | | | |
| 10:01 PM - 11:00 PM | G+ | | | |
| 11:01 PM - 12:00 PM (Midnight) | | | | D/ |

CHAPTER II



SUMMARY OF YOUR BEST DAYS
AND BEST HOURS ACCORDING
TO OUSOUL RIZMANAH
(THE CALENDAR OF YOUR LIFE)

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SUMMARY OF YOUR BEST DAYS AND BEST HOURS ACCORDING TO
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Employees (9 to 5):

Bad hours and bad days: Monday: 10 AM – 4PM.

Booksellers:

Good days/good hours: Monday in general is a good day for sales, placing order, displaying books, etc.

Writers:

Good days/good hours:

Monday is a good day in general.

Suitable for writing, researching, indexing, but not very favorable for contacting literary agents, and especially publishers.

Investment:

Good days/good hours: Monday in general.

Real estate business (Selling):

Good days/good hours: Monday is a good day in general.

Suitable for contacting customers, finding and posting new listings, but not extremely good for open house business.

Good days/good hours: Thursday, 8:00 AM - 1:00 PM.

Looking for a New Apartment:

Good days/good hours: Monday, 4:00 PM
- 5:00 PM.

Buying Gold:

Bad days/bad hours:

Monday in general.

Buying Hard Currency:

Bad days/bad hours: Monday in general.

Stocks and Shares (trading, selling or buying):

Bad days/bad hours: Monday in general.

Restaurants:

Bad days/bad hours: Monday in general. Bad for buying meat, fish and produce.

Planning:

Good days/good hours: Tuesday, 9:01 AM - 10:00 AM. Good timing for planning the activities of the week.

Good days/good hours: Thursday, 3 PM - 10 PM: Perfect hours for general planning.

Good days/good hours: Friday, 8:00 AM – 11:00 AM: Good hours to decide on a plan of action.

Bad-Delicate days/bad-delicate hours: Saturday, 2:00 PM – 4:00 PM: Tricky hours.

Stubborn people must avoid taking decisions and making delicate decisions during these two hours, especially in matters they are not very familiar with. Mix Ignorance and stubbornness, and you get the perfect formula for catastrophic results.

Writing and Submitting Proposals and Grants:

Good days/good hours: Tuesday, 11:00 AM and 1:00 PM: Excellent hours for writing proposals and grants.

Good days/good hours: Friday, 8:00 AM – 11:00 AM: Good hours to submit reports, proposals.

Good days/good hours: Thursday, 3 PM - 10 PM: Perfect hours to write new proposals.

Bad days/bad hours: Monday in general, is a bad day to write and submit proposals.

Job Applications:

Good days/good hours: Tuesday, 11:01 AM - 12:00 AM: Positive/favorable hours for sending job applications and resumes.

Meeting New People:

Good days/good hours: Tuesday, 12:01 AM – 1:00 PM: Perfect for meeting new

people.

Note: See Socializing.

Working on or Selling New Ideas:

Good days/good hours: Tuesday, 12:01 AM – 1:00 PM. Very favorable for exploring new ideas.

Good days/good hours: Friday, 8:00 AM – 11:00 AM: It is a good timing to reconsider projects and ideas submitted to partners and associates overseas.

Artistic Projects:

Good days/good hours: Tuesday, 12:01 AM – 1:00 PM. Excellent timing for working on drafts, charts, illustrations, and artistic projects.

Thinking about New Business:

Bad days/bad hours: Tuesday, 1:01 PM - 4:00 PM: Not good for new businesses. This also includes investment.

Signing Contracts:

Bad days/bad hours: Tuesday, 1:01 PM - 4:00 PM: Not good for starting new contacts. Good days/good hours: Wednesday, 10:01 AM – 3:00 PM: Most suitable for signing contracts.

Investors/Investment:

Bad days/bad hours: Tuesday, 1:01 PM - 4:00 PM: Not good for calling investors. Friday, 10:00 AM – 11:00 AM: Favorable to discuss matters with your boss, associates and potential investors.

Meetings:

Bad days/bad hours:

Tuesday, 1:01 PM - 4:00 PM: Not good for setting up meetings.

Family's Business:

Good days/good hours: Wednesday, 8:01 PM – 10:00 PM: Great hours to take care of family business.

Domestic Finances:

Good days/good hours: Wednesday, 8:01 PM – 10:00 PM: Great hours to discuss domestic finances.

Guests:

Bad days/bad hours:

Wednesday, 8:01 PM – 10:00 PM: Not recommended to receive guests at home.

Telemarketing:

Good days/good hours: Wednesday, 10:01 AM – 3:00 PM: Most suitable for telemarketing.

Conferences:

Good days/good hours: Wednesday, 10:01 AM – 3:00 PM: Most suitable for conferences.

Presentations:

Good days/good hours: Wednesday, 10:01 AM – 3:00 PM: Most suitable for presentations.

Meeting with Agents and Distributors:

Good days/good hours: Wednesday, 10:01 AM – 3:00 PM: Most suitable for meeting with agents and distributors.

Sales:

Good days/good hours:

Wednesday, 10:01 AM – 3:00 PM: Most suitable for sales. Thursday, 8 PM - 10 PM: Excellent timing for selling.

Public Relations:

Good days/good hours: Wednesday, 10:01 AM – 3:00 PM: Most suitable for public relations.

Travel:

Bad days/bad hours:

Thursday, 2:01 AM – 5:00 AM: Travels could be risky. Bad days/bad hours: Sunday, 1 AM - 5 AM: Avoid travel (Long distances).

Starting a New Business:

Good days/good hours: Thursday, 8:00 AM - 1:00 PM.

Investing in a New Business:

Good days/good hours: Thursday, 8:00 AM - 1:00 PM.

Remodeling:

Good days/good hours: Thursday, 8:00 AM - 1:00 PM.

Selling on your Own:

Good days/good hours: Thursday, 8:00 AM - 1:00 PM.

Interviews:

Good days/good hours:

Thursday, 11:00 AM - 1:00 PM: Perfect for conducting interviews.

Hiring Employees:

Good days/good hours: Thursday, 11:00 AM - 1:00 PM: Suitable hours for hiring.

Applying for a Loan:

Good days/good hours: Thursday, 11:00 AM - 1:00 PM.

Looking for Schools for Children:

Good days/good hours: Thursday, 11:00 AM - 1:00 PM: Looking for new schools for your children.

Asking for Donations:

Good days/good hours: Thursday, 11:00 AM - 1:00 PM.

Evaluation and Decisions:

Good days/good hours: Thursday, 3:00 PM – 10:00 PM: Excellent timing to evaluate the results of your projects and decisions, to make new decisions.

Possibilities:

Good days/good hours: Thursday, 3:00 PM – 10:00 PM: Great hours to explore other possibilities.

Making Deals:

Good days/good hours: Thursday, 3:00 PM – 10:00 PM: Great hours to renegotiate deals.

Proposing Offers:

Good days/good hours: Thursday, 3:00 PM – 10:00 PM: Perfect timing to submit offers.

Art:

Good days/good hours: Thursday, 8:00 PM – 10:00 PM: Perfect hours for displaying and selling your art, paintings and books.

Books:

Good days/good hours:

Thursday, 8:00 PM – 10:00 PM: Perfect hours for displaying and selling your books.

Galleries' business:

Good days/good hours: Thursday, 8:00 PM – 10:00 PM: Galleries displaying artwork will do great business between these hours.

Receptions:

Good days/good hours:

Thursday, 8:00 PM – 10:00 PM: Receptions will get good results.

Doing Spiritual Work:

Good days/good hours: Thursday, 8:00 PM – 10:00 PM: Highly recommended for spiritual work.

This also includes séances.

Practicing Occult:

Good days/good hours: Thursday, 8:00 PM – 10:00 PM: Good timing for exploring the occult world.

Esoteric Work:

Good days/good hours: Thursday, 8:00 PM – 10:00 PM: Good timing for esoteric exercises.

Encounters:

Bad days/bad hours: Thursday, 2:00 AM – 5:00 AM: Serious confrontations and very unpleasant encounters could happen during these hours. Good days/good hours: Saturday, 8:01 PM - 11:00 PM: Excellent hours for socializing. Good days/good hours: Saturday, 8:01 PM - 11:00 PM: Good timing for meeting new people. Good days/good hours: Saturday, 8:01 PM - 11:00 PM: Good hours for making contacts.

Partners, Associates:

Good days/good hours: Friday, 8:00 AM – 11:00 AM: It is a good timing to reconsider projects and ideas submitted to partners and associates overseas.
Friday, 10:00 AM – 11:00 AM: Favorable to discuss matters with your boss, associates and potential investors.

Overseas:

Good days/good hours:

Friday, 8:00 AM – 11:00 AM: It is a good timing to reconsider projects and ideas submitted to partners and associates overseas.

Boss: Dealing with or taking to your Boss:

Good days/good hours: Friday, 10:01 AM – 11:00 AM: Favorable to discuss matters with your boss, associates and potential investors.

Arguments, Debates:

Bad days/bad hours: Friday, 1:01 - 3:00 PM: Intense and delicate hours to bad and critical hours; mean that heated debates, unpleasant arguments and the emergence of mild negative vibes will develop during these hours.

Bad days/bad hours: Friday, 3:01 PM -4:00 PM: Bad hours for criticism and argumentations. Avoid lengthy discussions with your superiors, even if you are a senior executive.

Criticism:

Bad days/bad hours: Friday, 3:01 PM - 4:00 PM: Bad hours for criticism and argumentations. Avoid lengthy discussions with your superiors, even if you are a senior executive.

Social Activities:

Good days/good hours: Friday, 7:01 PM - 8:00 PM: Suitable time for short social activities at home. Good days/good hours: Friday, 8:01 PM - 11:00 PM: Excellent hours for socializing, meeting new people, making contacts, going out, and so on.

However, you must re-energize your Khateyn Tarika before you go out. Bad days/bad hours: Friday, 11:01 PM - 12:00 PM (Midnight): Delicate hours because of new acquaintances you could make, and for being in places where you would not feel very comfortable; this would be caused by others' negative vibes. Do not stay long at that place.

Bad days/bad hours: Friday, 1:01 AM – 5:00 AM: Negative energy will re-emerge during these hours. Control your spontaneity. Good days/good hours:

Saturday, 8:01 PM - 11:00 PM: Excellent hours for socializing. Good days/good hours: Saturday, 8:01 PM - 11:00 PM: Good timing for meeting new people. Good days/good hours: Saturday, 8:01 PM - 11:00 PM: Good hours for making contacts.

Bad-Delicate days/bad-delicate hours: Saturday, 11:01 PM - 12:00 PM (Midnight):

Delicate hours/days because of new acquaintances you could make, and for being in places where you would not feel very comfortable; this would be caused by others' negative vibes. Do not stay long at that place. Bad-Delicate days/bad-delicate hours: Saturday, 1:01 AM – 5:00 AM: Negative energy will re-emerge during these hours. Watch your spontaneity while socializing.

Home, at:

Good days/good hours: Friday, 7:01 PM - 8:00 PM: Suitable time for short social activities at home. Good days/good hours: Sunday, 9:01 PM – 11:00 PM: Excellent hours for staying at home, and having chats with your spouse or companion.

Socializing:

Good days/good hours: Friday, 8:01 PM - 11:00 PM: Excellent hours for socializing, meeting new people, making contacts, going out, and so on.

However, you must re-energize your Khateyn Tarika before you go out. Bad days/bad hours: Friday, 11:01 PM - 12:00 PM (Midnight): Delicate hours because of new acquaintances you could make, and for being in places where you would not feel very comfortable; this would be caused by others' negative vibes. Do not stay long at that place. Bad days/bad hours: Friday, 1:01 AM – 5:00 AM: Negative energy will re-emerge during these hours. Control your spontaneity.

Good days/good hours: Saturday, 8:01 PM - 11:00 PM: Excellent hours for socializing. Good days/good hours: Saturday, 8:01 PM - 11:00 PM: Good timing for meeting new people.

Good days/good hours: Saturday, 8:01 PM - 11:00 PM: Good hours for making contacts.

Bad-Delicate days/bad-delicate hours: Saturday, 11:01 PM - 12:00 PM (Midnight): Delicate hours/days because of new acquaintances you could make, and for being in places where you would not feel very comfortable; this would be caused by others' negative vibes. Do not stay long at that place. Bad-Delicate days/bad-delicate hours: Saturday, 1:01 AM – 5:00 AM: Negative energy will re-emerge during these hours. Watch your spontaneity while socializing.

Children, Schools for:

Good days/good hours: Thursday, 11:00 AM - 1:00 PM: Looking for new schools for your children.

Family:

Good days/good hours:

Saturday, 11:01 AM – 1:00 PM: Positive hours to spend with your family.

Good days/good hours: Saturday, 2:01 PM – 4:00 PM. Taking the children to parks. Saturday is a good day to spend with your loved ones. Good days/good hours: Sunday, 11:01 AM – 4:00 PM: Most suitable for family's affairs. Good days/good hours: Sunday, 9:01 PM – 11:00 PM: Excellent hours for staying at home, and having chats with your spouse or companion.

Gardening:

Good days/good hours:

Saturday, 2:01 PM – 4:00 PM.

Shopping:

Good days/good hours:

Saturday, 2:01 PM – 4:00 PM.

Sightseeing:

Good days/good hours: Saturday, 2:01 PM – 4:00 PM.

Outdoor activities:

Good days/good hours: Saturday, 2:01 PM – 4:00 PM.

Visits to galleries:

Good days/good hours: Saturday, 2:01 PM – 4:00 PM.

Pets:

Good days/good hours:

Saturday, 2:01 PM – 4:00 PM. Having good time with your pets.

Contacts:

Good days/good hours: Saturday, 8:01 PM - 11:00 PM: Good hours for making contacts. Bad-Delicate days/bad-delicate hours: Saturday, 11:01 PM - 12:00 PM (Midnight):

Delicate hours/days because of new acquaintances you could make, and for being in places where you would not feel very comfortable; this would be caused by others' negative vibes. Do not stay long at that place.

Bad-Delicate days/bad-delicate hours: Saturday, 1:01 AM – 5:00 AM: Negative energy will re-emerge during these hours. Watch your spontaneity while socializing.

Going out:

Good days/good hours: Saturday, 8:01 PM - 11:00 PM: going out, However, you must re-energize your Khateyn Tarika before you go out.

Decisions, Making:

Bad-Delicate days/bad-delicate hours: Saturday, 2:00 PM – 4:00 PM: Tricky hours. Stubborn people must avoid taking decisions and making delicate decisions during these two hours, especially in matters they are not very familiar with.

Mix Ignorance and stubbornness, and you get the perfect formula for catastrophic results.

Bad days/bad hours: Sunday, 1 AM - 5 AM.

Everything, for Almost:

Bad days/bad hours: Sunday, 1 AM - 5 AM: These are bad hours for almost everything, except, perhaps, for casinos' business, and some shady activities.

Whether you are a small or big-time entrepreneur, do not make final decision (s) during these hours.

A very strong cosmic negative energy circulates during these treacherous hours.

Good days/good hours: Sunday, 11:01 AM – 4:00 PM:

Positive hours. Positively open to any of your activities.

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CHAPTER III
RIZMANAH/HAMNIKA-MEKHAKHEH
CALENDAR OF YOUR LUCKY DAYS AND UNLUCKY DAYS



CHAPTER III

Rizmanah/Hamnika-mekhakeh

Calendar of your Lucky Days and Unlucky Days

- Hamnika-mekhakeh: Grids used by Anunnaki-Ulema as calendar to find the lucky days and the lucky hours in a person's life
- Hamnika-mekhakeh- ilmu: The technique of using the Hamnika-mekhakeh
- Synopsis of the concept
- The Ulema-Anunnaki days are
- The calendars' grids
- The use of a language
- The preparation and use of the grids
-
- Grid 1: Calendar of the week
- Grid 2: Calendar of your name
- Grid 3: Calendar of your lucky hour
- Grid 4
- Grid 5
- Zaradu
- The 17 lucky years in your life

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Hamnika-mekhakeh:

Ana'kh/Ulemite. Noun.

Grids used by Anunnaki-Ulema as calendar to find the lucky days and the lucky hours in a person's life.

Hamnika-mekhakeh- ilmu:

Ana'kh/Ulemite. Noun. term

The technique of using the Hamnika-mekhakeh.

I. Synopsis of the concept:

Humans follow certain calendars.

The most common one is the Gregorian Calendar, which is a reflection of the Christian faith.

It is younger than the Muslim calendar, which in turn, is younger than the Jewish calendar. All of these are considerably younger than the Anunnaki calendar, which is the only one used by the Anunnaki-Ulema.

The Anunnaki-Ulema reject the idea that the week consists of seven days. Their week consists of four days, corresponding to certain days of our week. These are the only days to use in this technique, and the other three days in our week should not be calculated upon.

The Ulema-Anunnaki days are:

- Day 1: Thilta (Tuesday)
- Day 2: Araba (Wednesday)
- Day 3: Jema (Friday)
- Day 4: Saba (Saturday).

The importance of these days is the relationship between the person and the hours in each day. Using the calendar of the Anunnaki-Ulema, each person can find the luckiest hour of his or her week, according to the Book of Ramadosh (Rama-Dosh).

Ulema Rabbi Mordachai said: “You might feel that one hour a week is not sufficient for anyone’s needs. It might also not improve your luck at work if it occurs, say, at two o’clock in the morning each Saturday.

This predicament can be easily resolved by performing another technique, Time Manipulation, on that exact hour. The time that will be added to your life under such circumstances will be as lucky as the original hour, and your chances of success will be vastly improved.”

The Anunnaki-Ulema teachers highly recommend performing a combination of techniques, since each enhances the other considerably.

The calendars’ grids:

A couple of questions might arise as you work with this technique. First, are all people with the same number of letters in their name share a lucky hour?

Yes, indeed they would. There are only sixteen grid lines to represent millions of people each. And this leads to an interesting discovery. The numbers of letters in people’s names represent a certain harmony that exists between them. For example, if you wish to approach someone in high places for a favor, finding that he or she shares the number of letters and the lucky hour will enhance your chances.

Always send your request to him or her during the lucky hour, either by calling on the phone, using your e-mail, or placing a written letter in the mailbox.

The use of a language:

Another question is the issue of languages. What if your name is written with four letters in America, where you live, but with five letters in your native language?

The answer is simple. Always use your native language, the language that you were first aware of your name in, in your grid. It will be much more accurate and certainly more powerful. An important fact to add is that this technique is simple, but it can be enhanced in many ways by subtle variations.

Adding those variations extends the knowledge of how time and space is related to luck and success, and how to fine tune the process. But even in this straightforward version, the technique is incredibly powerful, so much so that it may change your life completely, always for the better.

Tip: If any added numbers are higher than one digit, always add the numbers and use the result. For example, if instead of $3+1+1+1=6$ you will find yourself with, say, $4+7+7+7=25$, add $2+5$ and use the result, namely 7. If you have $40+41+42+43=126$, add $1+2+6=9$.

The preparation and use of the grids:

The first step is to prepare a grid of sixteen squares, like the one below.



In the next step, you will establish the calendar of the week, by writing them in this specific order.

*** **

Grid 1: Calendar of the Week

| | | | |
|----------|----------|----------|----------|
| Day 1 | Day 2 | Day 3 | Day 4 |
| Day 2 | Day 3 | Day 4 | Day 1 |
| Day 3 | Day 4 | Day 1 | Day 2 |
| Day 4 | Day 1 | Day 2 | Day 3 |

- 1-In the next step, you will establish the calendar of your name. Let's say your name is Suzan.
- 2-You will write your name in the squares, but you must write from right to left, the way they did in many ancient languages, including Ana'kh.
- 3-Then, you follow, still from right to left, with the number of the days, 1, 2, 3, 4.

Grid 2: Calendar of Your Name

| | | | |
|---|---|---|---|
| A | Z | U | A |
| 3 | 2 | 1 | N |
| Z | U | S | 4 |
| 2 | 1 | N | A |

*** **

- 1-In the next step, you will establish the calendar of your lucky hour.
- 2-Look at the two squares above.
- 3-Try to find the one square that has the same number in both drawings.
- 4-When you compare each square, you will see that the second square in the last row has the #1 in it.
- 5-Fill in the number of the days in the first row, the way it appeared in the first grid.

Therefore, Suzan's lucky hour will occur during the second day. (If more than one square presents the same number, add the numbers.)

Grid 3: Calendar of your lucky hour

| Day 1 | Day 2 | Day 3 | Day 4 |
|----------|----------|----------|----------|
| | | | |
| | | | |
| | 1 | | |

*** *** ***

In the next step, we shall start our calculations.

- 1-Keep the first row as is.
- 2-fill the rest of the grid with the number 1.
- 3-In each column, you will now subtract the three #1 from the day in the first row. $1-1-1-1 = -2$; $2-1-1-1 = -1$; $3-1-1-1 = 0$; $4-1-1-1 = 1$

Go to Grid 4.

*** *** ***

Grid 4

| Day 1 | Day 2 | Day 3 | Day 4 |
|----------|----------|----------|----------|
| 1 | 1 | 1 | 1 |
| 1 | 1 | 1 | 1 |
| 1 | 1 | 1 | 1 |

-2 -1 0 1

- **4**-We will now add the number we have calculated. $(-2) + (-1) + 0 + 1 = (-2)$
- **5**-We continue our calculations by using the number we have achieved, -2 , as a filler in the grid below, in three rows under the basic days row on top.
- **6**-Then, we will calculate the values of the columns the way we have done in the previous grid.

*** *** ***

Grid 5

| Day 1 | Day 2 | Day 3 | Day 4 |
|----------|----------|----------|----------|
| -2 | -2 | -2 | -2 |
| -2 | -2 | -2 | -2 |
| -2 | -2 | -2 | -2 |

-5 -4 -3 -2

- **7**-We will add these numbers: $(-5) + (-4) + (-3) + (-2) = -14$

8-We will combine the individual numbers comprising the number fourteen by adding them: $1 + 4 = 5$

- 9-We will add these two numbers. $(-14) + 5 = -9$

*** **

In the next step:

- 1-Return to the first grid, displaying the calendar of the week.
- 2-Starting on the second row, count the squares, going from right to left, nine times.
- 3-You will reach Day 3.
- 4-This establishes that your lucky hour will occur on Friday, the third day of the Anunnaki week.
- 5-To establish the hour, go back to Grid 4, and look at the row that expresses Day 3.
- 6-Add the numbers: $3 + 1 + 1 + 1 = 6$
- 7-Calculate: $(-9) - (+6) = -15$
- 8-To establish the hour within the 24 hours in each day subtract, $24 - 3 = 21$.

21 is 9 P.M.

Therefore, Suzan's luckiest hour of the week occurs at nine o'clock in the evening of each Friday.

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CHAPTER IV
Summary of Bad Hours and Good Hours



CHAPTER IV

Summary of Bad Hours and Good Hours

Bad Hours

Monday:

1:01 AM – 2:00 AM: Neutral to negative. Day: Monday

9:01 AM – 4:00: Bad energy. Day: Monday

11:01 PM – 12:00 PM: Negative. Day: Monday

Tuesday:

1:01 PM – 4:00 PM. Day: Tuesday

10:01 PM – Midnight. Day: Tuesday

11 PM – 6 AM. Day: Tuesday

Thursday:

2:01 AM – 5:00 AM. Day: Thursday

2:00 AM – 5:00 AM. Day: Thursday

2 AM – 5 AM. Day: Thursday

Friday:

1:01 – 3:00 PM. Day: Friday

3:01 PM – 4:00 PM. Day: Friday

1:01 AM – 5:00 AM. Day: Friday

1 PM – 3 PM. Day: Friday

3 PM – 4 PM. Day: Friday

1 AM – 5 AM. Day: Friday

Saturday:

1:01 AM – 5:00 AM. Day: Saturday

Sunday:

1 AM – 5 AM. Day: Sunday

Good Hours

Monday:

12:01 AM – 1:00 AM. Day: Monday
4:00 PM – 5:00 PM. Day: Monday

Tuesday:

9:01 AM – 10:00 AM. Day: Tuesday
11:00 AM – 1:00 PM. Day: Tuesday
11:01 AM – 12:00 AM. Day: Tuesday
12:01 AM – 1:00 PM. Day: Tuesday
11 AM – 1 PM. Day: Tuesday

Wednesday:

10 AM – 3 PM. Day: Wednesday
11 PM – 3 AM. Day: Wednesday

Thursday:

8:00 AM – 1:00 PM. Day: Thursday
11:00 AM – 1:00 PM. Day: Thursday
3:00 PM – 10:00 PM. Day: Thursday
8:00 PM – 10:00 PM. Day: Thursday
8 AM – 11 AM. Day: Thursday
3 PM – 2 PM. Day: Thursday
8 PM – 10 PM. Day: Thursday

Friday:

8:00 AM – 11:00 AM. Day: Friday
10:00 AM – 11:00 AM. Day: Friday
7:01 PM – 8:00 PM. Day: Friday
8:01 PM – 11:00 PM. Day: Friday
8 AM – 11 AM. Day: Friday
8 PM – 10 PM. Day: Friday

Saturday:

11:01 AM – 1:00 PM. Day: Saturday
2:01 PM – 4:00 PM. Day: Saturday
8:01 PM – 11:00 PM. Day: Saturday
2 PM – 4 PM. Day: Saturday

Sunday:

11:01 AM – 4:00 PM. Day: Sunday

8:01 PM – 9:00 PM. Day: Sunday
9:01 PM – 11:00 PM. Day: Sunday

*** **

Summary of Neutral and Delicate Hours

Neutral Hours

Monday:

3:01 AM – 4:00 AM: Neutral. Day: Monday

4:01 AM – 6:00 AM: Neutral. Day: Monday

8:01 PM – 12:00 PM: Neutral. Day: Monday

Tuesday:

6:01 AM – 7:00 AM: Neutral hours. Day: Tuesday

8 PM – 10 PM. Day: Tuesday

Delicate Hours

Monday:

6:01 AM – 9:00 AM: Delicate. Day: Monday

4:01 PM – 8:00 PM: Delicate. Day: Monday

Friday:

11:01 PM – 12:00 AM. Day: Friday

Saturday:

11:01 PM – 12:00 AM. Day: Saturday

2:00 PM – 4:00 PM. Day: Saturday

Sunday:

8:01 AM – 11:00 AM. Day: Sunday

8:01 PM – 9:00 PM. Day: Sunday

2:00 PM – 4:00 PM. Day: Saturday

8:01 AM – 11:00 AM. Day: Sunday

8:01 PM – 9:00 PM. Day: Sunday

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Zaradu
The 17 Lucky years in your Life

“Zara-Du”, also called “Macari,” and “Sabata,” is a term for what it is known in the Anunnaki-Ulema literature as the “17 Lucky Years of Your Life.”

Zaradu is a very important metaphysical knowledge, the Anunnaki-Ulema have learned and kept shrouded in secrecy for thousands of years, fearing that this secret knowledge-wisdom might fall into the hands of bad people, and use its techniques to influence others, and selfishly alter the course of history.

It was revealed to the Ulema that every single human being on planet Earth will have during his/her life, a lucky period extending throughout 17 consecutive or interrupted years.

During those years (Called Mah’Zu-Zah”) the doors of luck, fortune and development at many levels will open up, and opportunities for extraordinary success shall be freely given to us.

This is how the phrase “17 Lucky Years of Your Life” came to exist. And for the period of 17 years, there is a calendar, well structured and divided in a sequence of 77 by 7.

This brings us to the Anunnaki-Ulema magical-esoteric number of 777, considered to be the Alpha and Omega of all knowledge and “Tana-Wur” (Enlightenment), similar to the Bodhisattva.

At one point during the lucky years, a person will acquire two extraordinary faculties:

- 1- Rou’h Ya (Prohetic Visions)
- 2- Firasa (Reading People, just by looking at their faces).

These two faculties will positively influence your life and guide you effortlessly toward reaching the highest level of mental and physical strength, as well success in business and varied endeavors.

Some of these endeavors for instance, is an astonishing power or capability of producing, writing or composing in an exceptional prolific and fast manner.

It also encompass the ability of learning many languages in no time, and reading manuscripts written in secret languages, such as the first secret and hidden alphabet (Characters) of the Hindu language.

Applied in modern times, reading the secret symbols and alphabets become forecasting events and predicting the rise and fall of world's markets.

It was also said, that this 17-year period can alter a DNA sequence, thus preventing time from succumbing the blessed one to aging, and the deterioration of their cells.

One of the last Mounawirin (Enlightened) known to have discovered the secret of the 17 lucky years was Alan Cardec "Allan Cardec" (October 3, 1804- March 31, 1869). Cardec's real name was Hippolyte Léon Denizard Rivail.

And his Ulema name was Asha-Kar-Da-Ki. His mentor was the legendary Johann Heinrich Pestalozzi, also known as "Mirdach Kadoshi Sirah" in the Anunnaki-Ulema circle.

His incarnated guiding master (Second high level of Anunnaki-Ulema) was Al Zafiru, called Sefiro or Zefiro in mediumship and spiritism literature.

In fact, the word or term "Spiritism" was coined by Cardec.

He was the first to use it and explain its application during a contact with a higher entity and other rapports with dead people (Trapped deceased persons) who asked for his help. Sometimes, it was the way around; Cardec asked for their guidance on matter related to life after death, and the realm of the next life.

Cardec was the father of the French movement of Spiritism, and communications with entities trapped between the next dimension and Earth's boundaries.

They are called "Les retenus", meaning those who were trapped in the afterlife dimension, or more precisely, those who were detained.

Cardec was buried at the historical French cemetery Cimetiere du Pere Lachaise. The inscription on his tomb stele reads: "Naitre, mourir, renaitre encore et progresser sans cesse, telle est la loi."

Translated verbatim: "To be born, die, to be reborn again and to progress unceasingly, such is the law."

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CHAPTER V
FORESEEING THE FUTURE AND REWINDING TIME



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The future is already around you.

To astrologues, your “future is written in the stars”. To some spiritual channelers, your future depends on karma. To numerous voyants and mediums, the future is already written, yet, we remain free and capable of changing it. And to the Illuminated Masters, your future could be conditioned by people who surround you, as well as the place where you live.

Everything around you affects your life, negatively or positively, and this includes, pets, people, objects, plants, the way your home is designed, absolutely everything. You might not know that some people, including good buddies and friends can bring you bad luck, and prevent you from succeeding in life.

People:

Some people who are filled with negativity and bitterness can even crash your computer if they are around, and their negative vibes can spread and develop conditions that cause your failure in many of your projects, businesses, investment, health, and/or any endeavor you are involved with.

Ruhaniyiin, Sahiriin, and Illuminated Masters taught us that the human body is a depot of everything that constitutes a person. It is not only a physical organism, but a container of all aspects of a person, mentally, physically, spiritually, and metaphysically.

People who hate your guts, those who envy your success, those who love to see you broke and miserable, and individuals who are mentally and spiritually bankrupt can cause you harm, just by thinking about hurting you. Some, know the mechanism, others don't. Their vicious intentions, thoughts, and wishes are stored in “Jabas” inside their brain, and their vibes can create “Mintaka Fasida” (Negative Zone) that could penetrate your “Khatayn Tarika”, and cause lots of damages.

No, they are not masters of the power of mind, or great psychics. They are just bad people with strong negative vibes that you are sensible and sensitive to.

Sometimes, dear friends, siblings, and relatives can do the same thing, without

knowing, because they are not aware of the functioning of their Jabas. Their bitterness, loneliness, financial insecurity, and negativity can disrupt the normal rhythm of your life, if they are around you. This is an absolute fact.

The problem we are facing here, is the fact that neither us nor them are aware of what is going on. Besides, you don't suspect a dear friend to cause you harm!

Unfortunately, it happens to us all the time.

Some people who, just by entering your room, and without touching anything, doing anything, or saying anything, can blow up your oven, freeze your computer, and even damage your health.

Their negative vibes are causing all this.

You should be very careful when you are around people, and vice-versa. You need a protection shield that prevents their vibes from entering your "Own Zone", mentally and physically.

Where you live:

Something else you should be concerned with: The area where you live. There are areas, zones, spots and places charged with underground negative currents that kill any opportunity to succeed in any project of yours, and would/could bring a series of failures to your life. Some areas and neighborhoods are good for you, others awfully bad, for everything you do, including your health, relations with others, work and anything related to your present and future. You should know about these positive and negative zones, places, and neighborhoods.

Do you feel unlucky?

Many feel unlucky, and they don't know why? Does the future depend on luck?

They try hard to come up with something that could change their lives to better, feel secure, but they always fail, despite their hard efforts, good intentions, and perseverance. No matter what they do, there is no light at the end of the tunnel?

How do we explain this?

Is it bad luck?

Bad karma?

Bad planning?

The wrong time?

The wrong place?

Or something else?

I will explore with you all the possibilities and scenarios.

But one thing is sure; there are "Knots" in your life that must be removed right

away from the “Thread of your life.”

Something has already been written in the book of your life. The Illuminated Masters call it “Maktoob”, meaning what is written for your future.

How to deal and cope with Maktoob?

Are there techniques and practices to remove the knots of bad luck?

Yes, there is!

And, I will show you step-by-step how to do it.

Also, what about the “17 lucky years” and “7 unlucky years” in your life?

Are you aware of that?

Well, the Rouhaniyiin and the Illuminated Masters told us that each one of us will go through periods (weeks, months, years) that are either lucky or unlucky, and have an enormous effect on everything we do.

During the bad period, we should not –for instance– invest, create a new business, get involved with something or somebody, or take a major decision concerning a job, relocation and other important matters.

And there are the good years in our lives, where everything blooms, and everything we touch will “turn into gold.” We will discover these years and moments in our lives that have determined our fate and/or will shape our future.

And yes, in this book, I will provide you with several pertinent techniques and exercises.

Good timing and bad timing; the calendar of your life and future:

We learned from the Illuminated Masters that our lives and future are conditioned and regulated by a Rizmanah; a sort of macro-micro-human-cosmic calendar that contains all events, situations, circumstances, positions, locations, (Past, present and future) that will shape our lives, fate, destiny, future and luck. There are good days, and there are bad days.

There are happy hours, and there are sad hours. There is a time to cry and mourn, and there is time to rejoice and celebrate. You already know that.

But what you didn’t know is this: There are days and hours that could bring failure and even catastrophic results, if you conduct your business, travel, invest, start a new project, relocate, and so on, during those days and those hours.

And fortunately, there are good days and good hours to start a new business, meet new friends, partners, soul-mates, and make decisions on serious matters. The bad and good days and hours are clearly written inside the Rizmanah. So, you have to check out the Rizmanah. Each one of us has a personal Rizmanah. No two Rizmanahs are alike, and no two future are alike.

your future is not only what it is going to happen to in the future, but also what it

is happening right now. Thus a voyant who pretends to see the future, simply via “Flash” is not a complete and effective voyant. In many instances, what seems to you to be insignificant and currently happening could be an opening, a window on your future. A wise voyant will always take into consideration the past and the present in order to foresee the future.

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The Sinhar (Honorable Master) said, that, in order to foresee your future, you have to get there, and that is the problem, humans are facing. Psychics and mediums will never be able to predict anything, as long as they are sitting where they are, in time and space, such as Walla Walla, New Jersey, Amsterdam, and in the year 1945, 1995, 2005, and so on, because they will be limited by time and space.

They must escape from the bondage of the time and space that they live in. What he meant by that, is as long as they try to foresee the future from the present time that they live in, they will never be able to jump in time to predict what is going to happen in the near future, and the distant future.

These mediums are really confused, and/or only pretending to be able to see the future.

Here they are sitting in their apartment or stores in New York, Iowa or Wisconsin, and telling you “I am going to tell you what is going to happen to you in the future. That is their biggest mistake.

So, when they tell you here is what is going to happen in 2007, 2009...the market is going to crash, this or that president is going to be assassinated, this might happen or not, and if part of their so-called predictions happen, it is pure coincidence.

This is similar to answering a multiple choice paper in your driving test, or your college exam.

The correct answer is already there, as one of the three.

Three answers are given in the test, two are wrong, and one is right. Your chances are one out of three that you picked the right one. In fact, you did not know the right answer, you just picked it, because that is the only way you could answer a question.

This is not predicting the future. Now, if the test did not give you three answers to choose from, and you had to come up with the right answer on your own, then your answer might be an indication that you know what in fact is going to happen. And even if your answer is the correct one, this does not mean that you

are a psychic or a medium. Because guessing or coincidence are not a sign of a psychic ability.

You must be transported, or transposed into the future, sit in the realm of the future, and then come back to the present. Well, this seems to be a possibility, if we know how to do it.

But how can we do it?

How can we reach a destination in the future and begin to see what is going on, and afterward, return to Earth, to the present, and talk about it? An enlightened Master explained in a few words. He said verbatim, “Stay where you are, physically, you can’t do a thing.

Your brain will transport you to the realm of the future. And there is a pertinent technique explained in the Book of Ramadosh. Without visiting the future, you can’t understand it, you can’t see it, and you can’t witness events that will occur in the future. The future which is part of your past and present contains everything that has happened, is currently happening, and is going to happen any time.”

And he concluded his explanation by saying, “If you stay in the present, you will not be able to see the future, simply because you are not yet in the zone of the future; a zone free of time and space.

Things that are happening in the future do exist in the future without being defined and measured by distance, space, time, and speed.

When these events are explained to us, or told about in our Earth languages, these future events become physical occurrences defined by duration, distance, space and time.

On Earth, everything is measured by time, space, distance, speed, size and weight. In parallel dimensions, and in the sphere of the future, the future escapes any physical measurement, because it is not defined by time and space.”

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HOW DO THE ANUNNAKI ULEMA TRANSPORT YOU IN THE FUTURE AND REWIND TIME?

How the Masters, the Mounawiriin, and the Anunnaki Ulema transpose you from the present to the future?

Our brain cannot understand the concept of time-space-future. It is a very difficult concept to grasp. One of the Masters said verbatim, “Let me make it easy on you, I will give you an example.

You are boarding a train with friends, and the train will make many stops. Some of your friends will get out of the train at station a, others at station b, and others at station c, so on. You stay on the train.

You do not exit at station a, b, or c. You stay inside the train, until the train reaches the last destination. That’s the last stop of the station. By staying inside the train and not getting out of the train at any stop until the last one, you have seen much more than all of your friends did.

Note: The Master is interrupted by a question from a novice.

Question: Basically you stopped along the way at each train station, but you did not get off the train until the last stop, or final destination of the train. So all you saw on your journey, because you did not get off and explore is various train stations for a few minutes.

Answer of the Master: That’s correct, but it does not matter whether you have stayed inside the train, or got off and saw what was going on at each station. You have assumed that the person who stayed inside the train, and did not get off the train, and did not explore what was going on at each station, has a limited knowledge or no knowledge at all of what happened at each station.

This is how human beings reason and rationalize things. But this is the wrong way to explain things, because you are thinking geographically, and in linear time.

Don’t tell yourself that because you didn’t get off the train, therefore, you have missed lots of things and did not see what was going on at each stop.

On a linear chronology of time-distance-space, it is true. Now think like this: You have reached the last stop, the final destination of the train. At this last station, you can rewind your journey on the train backward. And there is a

technique to rewind yourself and the time you have spent on the train, a technique you can learn from the Anunnaki Ulema.

It is neither the right time, nor the right place to talk about this technique. Instead, focus on what I am about to tell you.

In your mind, try to remember all the stations, and all the stops the train made.

It is a very simple exercise. What you are doing now is rewinding your trip backward. And you are going to be amazed, that this simple exercise will make your mind remember everything or at least many things you have seen briefly at each station.

But in fact, your brain is going to reveal much more than that. Your brain or more precisely your symmetric mind has a much bigger memory.

A symmetric mind is the original copy of your physical brain. And it is part of your double or astral body. This symmetric mind records and stores everything you saw. And if your Conduit is active or open, it will remind you of everything you have seen, felt or learned.

Do not get confused with the concept of the symmetric mind. Forget it for now. But remember, or try to accept the idea, that while you are not aware of the existence of a symmetric mind that you have had since you were born, your symmetric mind is a magnificent recording device, and a very powerful camera.

Your symmetric mind has gathered information from every stop, almost everything you have not seen or heard.

Who is rewinding back your journey on the train?

Is it your memory?

You mind?

Yourself?

Or something else?

None of the above.

It is your symmetric mind.

Once again, don't worry about your symmetric mind. Let's go back to the last stop of the train. You are there now.

Good. Let's now equate this last station with a date, a time frame, a year, a certain time, any time you want. For example, let's choose the year 2021. This year represents the 7th station – the final stop of the train. If you go back in time, (in fact we are going back into the future), we will return to the 1st station. And let's call this first station, the year 2015...

Note: Once again, the Master was interrupted by a novice who asked this question: Why did you choose 7 stops?
Why not 5 stops?

The Master answered the question and continued his explanation. He said that it is just an example; it does not matter whether we choose 7 stops or 5 stops. It does not make any difference at all. You can also assign any year to any station, as long as you do it chronologically. He continued by saying: Let's go back now to the 7th station, and continue to regress to the 6th station, the 5th station, and so on.

Note: Once again, the Master was interrupted by a novice who asked this question: As we regress, do we record down what we are doing?
Do we write down the number of the station and corresponding year?

The Master answered the question and continued his explanation. He said, no, you do not. Your mind is going to take care of this. But before he had finished his answer, a student asked the Master this question: Are we seeing the stations as a film?

How are we seeing this regression and station by station?

Is it like a movie?

Are we zooming ourselves into the future like a time machine?

The Honorable Master answered the question and continued his explanation. He said, no, it is not like that.

If the Conduit is active, a huge reading screen will be displayed within the mind. And the brain will instantly read what it is displayed and written on the screen.

The screen is not to be understood as a physical screen like the one we see in movie theaters. It is a mental projection of everything the Conduit has stored inside our brain.

The screen can be seen through introspection.

To understand this, think about your memory; how you remember things, and how you see them in your mind. You don't have to tell yourself, I have to project everything I saw or knew before my eyes, on a huge screen, and look at the screen to see if I can find what I want to remember, and that particular event that happened a long time ago, but I can't remember everything about it.

Your brain does it for you, and you don't need to know how your brain does it, to remember things, and that event you were interested in.

The same thing applies here with your Conduit and the screen it projects before you eyes.

In fact, it does not project events on a screen before your eyes, but right inside

your brain.

Do we zoom ourselves into the future like a time machine?

No.

Then, a student asked: If he didn't need a spaceship, a Merkaba, or something, nothing then is required to zoom into the future?

The Master answered: A spaceship is needed if you want to physically enter another dimension, or visit a parallel world, where time-space memory remains intact, and all information is preserved.

Nothing is lost in the future, not even in the Black Holes. Spatial memory and time memory are not lost, because they constitute cosmic information.

And information and data are never lost in the universe. Yes, a spaceship is needed to explore the universe. But it is not required if you want to see the future and/or zoom in a zone where all events from the past, present and future are recorded and preserved. In our case, your Conduit or symmetric brain is your spaceship.

Do you want to go to Jupiter or to Mars?

Well then you need a spaceship.

This becomes a physical means.

When you zoom into the future using your Conduit, this zooming or travel is mental.

And the area you reach is also mental.

But if your brain remains attached to where you are (Sitting in a physical place), you can't go to the future. Humans see the future through distance, time, and space. We call this the "Wheel of the universe." And we must be outside the wheel of time to see the future.

A student asked: "So, we are seeing time as a wheel? And by doing so, could we see the future?"

The Master replied: There are two wheels. The wheel of the universe, which is called the Macro wheel, and a smaller wheel called the Micro wheel, which represents us, human beings, here on earth, and our time cycle here on earth. It is a wheel within the universe. Humans can't see the Macro wheel, but it does exist on a large scale. As long as, we are on the inside of the Micro wheel, we will never be able to see the future.

The future belongs to the Macro wheel. In the Macro wheel, everything is stored, the past, the present and the future.

You can physically reach the Macro wheel, either by using a spaceship that can bend or alter time-space, or by using your Conduit.

The Anunnaki Ulema and the enlightened masters can easily reach the Macro wheel physically and mentally by getting outside the Micro wheel, while others (the rest of us), only mentally.

Another student asked this question: And how do we get outside the wheel?

The Master replied: There is a technique only known to the enlightened ones (Tahiriin, Rouhaniyiin, and the Anunnaki Ulema).

This technique is part of the secret teachings of the Anunnaki Ulema. It is never revealed to outsiders. They teach it only to their students in the Ma'had. It is one of their most powerful faculties.

The Ulema would say, we don't predict the future, we don't see the future, we read the future. A student asked: Is it because the future is already there?

The Master replied: Yes, the future is already there. The future is already Maktoub (what is written). And the Anunnaki Ulema can read anything that is Maktoub. In the Maktoub, you will find everything and anything that is closely related to your fate and future. And there is nothing you can do to change it or alter it.

Your future has been decided upon, the day, the hour, you were born.

However, you can modify the results, outcomes and consequences of events to occur in your future. We shall talk about this in another Kira'at.

Let's go back now to what we were talking about: How to see a projected future that is occurring in the present.

Let me give you an example. There are two movie theaters in town. People went to a movie theater at 6:00 PM. Let's call this theater "Theater A."

The film ends for example at 8:00 PM at theater A. The projectionist is projecting the film on the big screen from the end, meaning backward.

At "Theater B", people are watching the same movie. But at theater B, the projectionist is projecting the film from the beginning, like projectionists do all the time.

Also at theater B, the film ends at 8:00 PM. Both viewers will spend two hours at either theater, but here we have something very special and irregular, because the people who are watching the film at two different theaters are not seeing the same frames (Scenes from the film) chronologically.

Those who are seeing the film from the end are already ahead of those who are watching the film from the beginning; yet, both have spent the same amount of

time at the movies theaters.

But at a certain point, they will arrive at the same time where they will be seeing the same frame, whether the film is projected from the beginning or from the end. This is very possible, if the time of projecting the film in theater A, and theater B is synchronized.

Otherwise, it will not happen. And this moment is very crucial, because it determines the time-space that separates the past from the future.

But don't get confused now with this very specific moment, because you are going to understand it as I keep talking to you.

Those who watched the film beginning from the end, already knew the end of the film, which could be compared to the "future" of the film.

Those who watched the film from the very beginning are not there yet, as they have not yet reached the end of the film, which we have called the "future" of the film, because the end of the film is going to happen in the future, even though this future is less than two hours away.

Anunnaki Ulema Mordachai said, let's call the people who are at theater A, Anunnaki or Anunnaki Ulema. And those who went to theater B, let's call them human beings.

These two theaters can be located anywhere, Paris, Boston, Budapest, the location is irrelevant, only time is a major factor here.

Now, the Anunnaki or Anunnaki Ulema at theater A, ask the projectionist to fast-forward the film very very fast, as fast as he can, and if he can do it in seconds, it would be much better.

And then, they ask the projectionist to re-project the film from the beginning to the end equally as fast.

This means, that they have rapidly seen the whole film from the end to the beginning, and from the beginning to the end. They saw the future of the film (the End), and revisited the end of the film (in their future) in the same seating.

Think about it for a few seconds.

There is also a third scenario, more fascinating than the previous one. The Anunnaki and the Anunnaki Ulema do not need to go to theater B and rewind the film (Equated with time-Space) backward to reach the future and revisit the beginning and the end of the film (Equated with time-Distance), because they are already there, at the end of the film, which can be equated with the future, a zone where the past, present and future co-exist concurrently, separately,

continuously, and instantly.

They are already there, because time for them is not a line of distance, space, and speed, and how much it would take to reach the end of the line.

Being outside the line (Outside the Wheel of Time), the Anunnaki can see everything that is happening inside and outside the wheel.

Once you are outside the wheel, time and distance cease to exist separately.

And when this happens, you are immediately within the future.

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La-abrida
Also referred to as “Bzi’ra-irdu”

Projecting and interpreting sequences and passages from an individual’s life in one particular dimension; one space-time sphere at the time.

Is it a tool to go back in time or jump into the future?

1. Definition and introduction
 2. Synopsis of mode of operation
 3. The beginning of everything; multiple existences and “God’s Particle”
 4. La-abrida “Bzi’ra-irdu”; is it a tool to go back in time or jump into the future?
 5. Can I use La-abrida “Bzi’ra-irdu” to ameliorate my life, and change my destiny?
 6. Revisiting your childhood in another dimension, in another time
 7. The invisible and thin quantum line dividing two space-time dimensions
 8. Q&A
-

1. Definition and introduction:

A rectangular glass table, that resonates, when metallic cards are placed on its surface.

- The word “glass” is hereby used for lack of proper terminology. The material is transparent like glass, but the substance is very different, and cannot be described, using our Earth’s vocabularies.
- The “metallic cards” represent thin and encoded boards. The word “metallic” is hereby used, for lack of proper terminology.
- Each card contains sequences of numbers and dots, perforated on one side of each card.
- Misinformed researchers nicknamed the cards “Galactic Tarot”. It is incorrect.
- The cards project and interpret sequences and passages from an individual’s life in one particular dimension; one space-time sphere at the time.
- Duplicate, and/or multiple projections of different lives in different dimensions are also possible.
- However, the projection of any of a person’s multiple lives existing in separate universes has no bearing or any effect on the current existence in the third dimension.

- Alteration of past events in a different dimension does not categorically alter current events in the third dimension.
- However, the results and direct consequences of such alteration could and would change the course of life, and events to occur in the present and the near future of an individual, if the person's "Conduit" (Brain cell Conduit) is activated.
- On Earth, a person could be an illustrious writer, while in a second or a parallel dimension; the very same person is totally illiterate. People live different lives in different dimensions.
- On Earth, a person for instance is a distinguished judge, while in another dimension; the very same person is an outlaw.
- Removing, altering and/or erasing a crime committed by a person in another dimension does not categorically "clean", and/or delete the "Galactic Record" of that person on the "Conscience-Cosmic-Net". That person is still held liable for his/her action, and will be punished for his/her crime.
- For instance, on Earth (Third dimension), you are 40-year-old, while in the same time, you could be 60-year-old, or not even born, in another dimension (Universe).
- In some dimensions, Alexander the Great is still on his way to ancient Persia, and Jesus is not yet crucified.
- The sequences constitute the code.
- The code is the key to a wide variety of information and data about individuals.
- In other words, each card could be interpreted as a microchip.
- The microchip stores every single event (Past, present and future) in the life of a person, including, duplications of similar or different occurrences on other planes.
- "Other planes" mean a separate form of existence in a parallel dimension.
- "Resonate" means responding to the placement of the card upon the surface of the glass table.
- "Responding" means, reading and/or deciphering the code (Key to information) of the data and information stored in each card.

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2. Synopsis of mode of operation:

- La abrida “Bzi’ra-irdu”, functions like “Miraya”, “Minzar”, and “Mnaizar”.
- However, the use of the La-abrida is limited to reading past, present, and future events in the life of one single person.
- When a card is placed on the top of the glass table, the card changes properties, shape and form.
- The “metallic” structural substance of the card becomes translucent, and merges with the glass surface.
- To the naked eye, it appears as if the card was totally absorbed by the glass surface. However, the size of the card remains intact.
- The shape of the card becomes circular, but retains its original size, meaning, each card occupies the same space, before the shape was changed.
- Thus, the form of the card becomes either circular or conical.
- Almost instantly, conic pages open up on the glass surface of the table. Usually, three to four pages, aligned horizontally.
- Each page has a distinct color, ranging from light green to almost transparent blue.
- Words, geometric symbols, dots, and numbers appear on each page. They are the data and information pertaining to the “existence” of one person in multiple spheres (Separate existences in multiple life-form universes.)
- This means, that individuals (Humans and animals alike) do live separately and independently as 4 distinct living persons in 4 distinct dimensions, or more.
- Contemporary quantum physics theorists totally accept this reality. Many books and articles discussed this incomprehensible phenomenon.
- The multiple and separate existences (In our case, 4) are called in quantum physics membranes, or simply branes.
- Each membrane represents a separate world, called dimension in contemporary quantum physics. In other words, that dimension refers to “another universe”.
- So far, quantum physics theorists have accepted the notion that, there are 11 dimensions in our universe.
- On the glass surface of the La abrida “Bzi’ra-irdu”, the adept will be able to see (In miniature) four different dimensions.
- Each one of them, containing a duplicate (Identical or totally different) of himself or herself, his or her total life, habitat, physical appearance,

preoccupations, and environment.

- In other words, the adept is watching simultaneously his/her other four existences/lives in four separate universes.
- And this concept has become a major part of the modern study and research of cosmology, and quantum physics, usually discussed under various theories, such as the “Multiverse”, the “M Theory”, the “String Theory”, the “Membranes Theory,” so on.

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3. The beginning of everything:

Multiple existences and “God’s Particle”.

Ulema Haroon Bakri bin Rached Al Ansari, and Ulema Mordechai ben Zvi provided the following explanation.

Herewith reproduced verbatim, word for word, and unedited. Taken from their Kira’at (Readings), Kiramat Kitab (Book of the good deeds), Hadith (Speech; dialogue) and Rou’ya (Visions; insight):

- Time is not linear. Thus, the landscape of so called time and space is not the same in other worlds.
- In multiple universes, the past, the present, and the future are all contained in one particle.
- This particle is the “Cell of Everything”.
- This means, everything that has existed before, and shall exist afterward. It is the origin of the creation.
- The particle is the beginning of everything that is everlasting. Quantum physics theorists call this cell or particle the “God’s Particle”.
- In this cell, you will find all the “Bubbles” (Term used by modern cosmologists) that collided together to create all the universes, galaxies, and planets in the cosmos.
- Who created the God’s Particle?
- Who created the universe?
- Who created time?
- Who created “God”?
- Is there one single Creator who created everything in the universe, including humans and non-humans?
- The God’s particle was at the beginning of everything. And everything

was not in existence. Thus, before the particle, time did not exist, space did not exist, the past did not exist, the future did not exist, humans did not exist, and religions did not exist; in brief nothing existed.

- The Universe was not created by one single creator. The universe was not created by a “Big Bang.”
- The universe emerged from itself, from within.
- And when, the nothingness of existence of all forms and substances suddenly collided with itself, the whole universe exploded into billions and billions of stars, galaxies, planets, and layers of dimensions.
- In some universes, the coagulation of time with the landscape of space created time.
- When time was created by the collision of universes (Bubbles), galaxies and universes took shape and place in the cosmos.
- On some planets, and in some galaxies, photosynthesis, metabolism, followed by micro-biological evolution created multiple life-forms everywhere.
- Some of these life-forms produced all kinds and shapes of organic and botanic substances, stones, mountains, gases, waters, atmospheres. In some dimensions, different intelligent life forms were created.
- We call this intelligent life-form “Kir-Ra-Ibra”, meaning the faculty of reasoning and creating.
- The primordial intelligent life-form belonged to very advanced galactic races inhabiting billions of stars and planets.
- Billions of years later, the human race was genetically created by some of these very advanced intelligent life-forms, such as the Anunnaki, Igigi, and Lyrans.
- When pre-humans, proto-humans, and quasi-human began to populate the Earth, time did not exist at that point in history.
- Later, much later, when the Lyrans, Igigi, and the Anunnaki commenced to experiment with the archaic human species (They were 47 different categories), they installed in the brain of the human beings, some form of intelligence.
- Some early humans were fortunate to receive the “Conduit”, the invisible cell in the brain that produces all sorts of human activities and thoughts.
- When the early human beings began to reason, the notion of time was conceived.
- Thus, “Time” became the invention of humans.

- Time exists on Earth, not on other dimensions.

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4. La-abrida “Bzi’ra-irdu”:

Is it a tool to go back in time or jump into the future?

Is it physical or ethereal?

The Ulema explain:

- No. Because, if you want to go back in time, and/or visit the future, you have to depart from this dimension (Earth), where you currently live.
- Once, you are outside the perimeter of the third dimension (Earth), time bends on itself.
- Space bends on itself.
- And you are caught in the middle.
- However, you can escape this dilemma, and realign yourself, following the cadence/rhythm of all dimensions beyond the third one.
- How, will you accomplish this? We will elaborate on this, when we study the “Parallel Synchronization.”
- Since time does not exist, the enlightened ones (Many of you are enlightened) will be able to watch themselves living separately in different worlds.
- This is what La abrida “Bzi’ra-irdu” does.
- It allows you to “see” not to revisit the past or jump into the future, unless your “Conduit” is fully activated.
- Once you are outside the physical realm (Earth), you immediately connect with the beginning of everything in the universe.
- You become part of “God’s Particle.”
- However, and as we have explained before, revisiting the so-called past is possible if you use the Gomatirach Minzari.
- But bear in mind, you are not visiting, but transposing yourself, unless your “Conduit” is fully activated.

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5. Can I use the “La-abrida” to ameliorate my life, and change my destiny?

“Yes,” said Ulema Kanazawa.

He added, verbatim: “However, you cannot alter the laws of cause and effect;

something similar to what you call Karma, but in reality, it is quite different from Karma, because there is no place for reincarnation in the world of the Anunnaki.

There are Anunnaki's norms that remain universal wherever you go, although they are norms per se, but not necessary cosmic laws.

- On Earth, you are accountable for all your actions.
 - The same applies in all the dimensions, realms, and spheres of time, and space.
 - However, in a different form of existence, or dimension, the nature and understanding of certain moral and ethical laws might change considerably.
 - Such change has a paramount effect on the level of enlightenment and happiness you wish to reach.
 - On Earth, we have what we call the human law, the natural law, and dogma establishing acceptable behavior in societies and communities.
 - These laws quite often change in virtue of our understanding of what is right, and what is wrong. They also change, as time changes, as our form of government changes, as a majority's power and influence change, regionally and nationally.
 - Nothing is truthfully permanent on Earth.
 - In the galactic perimeter of advanced and "spiritual" communities, values do not change. They are permanent and universal, and they govern the general conduct of life-forms and intelligent entities, in the entire universe.
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- If you enter a particular dimension, far away from Earth, or too close to Earth, you might encounter social rules that are in sharp contrast with laws on Earth.
 - This could confuse your mind, and prevent you from understanding and/or recognizing what is right, and what is wrong.
 - If this should happen to you, you will not be able to ameliorate your life, and change your destiny, when you return to Earth, and/or to the present.
 - Something else you should take into consideration.
 - What kind of destiny, success, happiness, prosperity and advancement are you talking about?
 - Are they those you are aiming at, upon returning to Earth, or those you are seeking after death? Or, possibly those that exist in a

dimension close to Earth?

- The Anunnaki-Ulema can simultaneously live in two or three different dimensions, and coordinate their actions via the “Conduit”.
- We call this, the “Universal Conduit”.
- Humans have not yet reached a level of morality and “spirituality” that allows them to live and relive in separate dimensions at the same time.
- Although, some humans might be invited to visit another dimension and acquire a great deal of knowledge, wisdom, and even supernatural powers, upon their return to Earth, they will instantly forget whatever they have learned, heard and seen, unless they are spiritually developed, and guided by the enlightened ones.
- Thus, in order to ameliorate your destiny, prosper in your endeavors, and preserve a good health, you must be able to differentiate between what is right and what is wrong, at a galactic level.
- You must become acquainted with the universal truth; the galactic harmony of things.
- Truth in the “outer cosmos” is quite different from the truth you find on Earth.
- Only your activated “Conduit” will allow you to do so.
- There are also certain measures and requirements you must consider and comply with, before you leave Earth and enter another dimension, and/or time-space sphere.
- For instance, selecting the correct time to revisit the past, and/or another dimension is paramount.
- What “Ba’ab” (Door or entrance to the other world) shall you enter?
- How shall you adapt, correct or adjust your vision in a new dimension?
- How would you differentiate between an astral travel, imagination, fantasy of your mind, and reality?
- Even in highly developed dimensions, and in many different time/space spheres, you will encounter fantasy, tricks of the mind, hallucinations, and fake apparitions.
- Many of the other dimensions (Plans) and time-space spheres are similar to Earth, even though the structural composition and their properties are enormously different. All these encounters, images and feelings will prevent your mind from understanding what you are seeing. You will be totally confused.
- For example, and let’s assume for now, that you have managed to go back in time, and visit with people and societies from the 18th century.
- First, how would you know, that the people you will see there are

indeed from the 18th century, and not people just like you, visiting the past for the first time?

- Second, how would you guide yourself, direct yourself, and reach your destination, without getting lost?
- Bear in mind, that in a different dimension, you will not have enough time to find your way around, if you don't have the map of the afterlife, and parallel dimensions.
- Third, you will not be able to last long over there, because your mind and your body will run out of energy.
- Besides, do you know how to charge and/or recharge yourself?
- You will be facing incomprehensible situations similar to ectoplasmic apparitions.
- Quite often, these ectoplasmic apparitions/projections (Complete or partial) dissipate because the entity has rapidly consumed its "apparition and manifestation energy."
- Once you have completed your orientation program, and the master has activated your "Conduit", your trip to the past or to another dimension will be successful and very beneficial.

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6. Revisiting your childhood in another dimension, in another time:

Master Kanazawa explained this in one of his Kira'at (Readings).

Here is what he said to his students, verbatim, word for word, and unedited:

- Copy of your childhood is still real and vivid in another dimension.
- This image is still there. It is your image when you were a child.
- It is physical and real.
- Even the toys and candies you loved are still there, and they are real too.
- You can even touch those toys and play with them if you want.
- You can grab your favorite candies from the jar and eat one.
- Everything you see and taste is real.
- You are not hallucinating, and your mind is not playing tricks on you.
- How can you be so sure?
- It is simple, and very convincing, because upon meeting people you knew while you were child, you will be able to tell them how did they live and what they did when they were young like you, in the same town, around the same corner, and even describe to them the kind of games you played with them in the streets, in the school yard, and on

the streets sidewalks.

- You will be able to tell them what they did on that particular Sunday day, after the church service.
- But you will see it and enjoy it only once, because you might not be able to return once again to that dimension.
- Sometime, it is so easy to enter the extra-dimension of your youth, without training.
- Sometime, it happens, just like that, because you have escaped the gravity of time on Earth.
- It is a sudden opening into your past.
- A past you have lived here on Earth, and was duplicated somewhere else.
- Now, you are revising that “somewhere else”, and nobody is going to recognize it, except you.
- You will recognize all the people you will be seeing and meeting in that “somewhere elsewhere” dimension. But, they will not recognize you.
- Even though, you give them very particular and personal details about their lives, their habits, the place where they grew up, the name of that school teacher they like, of that math teacher they hated.
- Still, they will not believe that you are the one you claim or pretend to be; a friend from their youth, a real friend from your past, or their past; a past you really shared with them.
- But remember, there is always one person who will believe you. And he is always around you.
- Perhaps, it is the other copy of yourself, or your guardian angel?
- You will have the chance to meet that “other copy of yourself” in some other time, and somewhere else...in another dimension.
- The name of the store you are revisiting now in that dimension has not changed. Perhaps, only the name of the proprietor did.
- Because the former owner was already too old, and he passed away some twenty years ago.
- You used to come to that store, sit on the stool, and talk to Mr. Ted, the old owner of the store.
- “Mr. Ted passed away long time ago,” will tell you the man standing behind the counter in the store.
- But the truth is, Mr. Ted is somewhere else now, exactly as you are somewhere else, in other dimension.
- Something very strange will happen to you in that dimension. You

could see yourself as a child riding that beautiful old carousel. Or perhaps chasing an old car.

- Those images are real. Because you will recognize them in their most intimate details.
- Some other people will agree with you when you describe to them the carousel you loved, the kind of cars people drove in that small town, and the name of those teachers you have mentioned.
- Yet, they will never believe you when you tell them, that you grew up here, how you used to chase that old Impala Chevrolet of Mr. Evans, and those treasured comics books you bought from Mrs. Adams, who used to own the little bookstore around the corner.
- It is up to you to believe what you are seeing or to totally reject it.
- But if you reject it, you will never be able to revisit your youth, and other worlds, small towns, and cities you lived in before.
- You begin to ask yourself, how did you get there? How did you get here in the other dimension?
- You start to question your sanity.
- But you know deep down, you are not dreaming, and you are not hallucinating, because the people you see are real, and they walk and they talk like real people.
- Only their hairdo has changed, the fashion of their clothes is old, old enough to send you back in time.
- The cars you see are old too, they are 1930's model.
- And the calligraphy style of the names of the shops on windows and doors is old too.
- So what are you going to do in that strange place?
- You put your hands in your pockets, and you will find dimes and nickels. Because that was all what you needed to buy an ice cream or a candy.
- Then you begin to wonder why people do not believe you.
- You have told them true stories about people they knew, stories about you and your parents, and about everything you saw and you did when you were a child in that town.
- It is very likely, you will meet your parents before they were married.
- You will recognize your mother, or at least your mother to be.
- You call her by her name, her maiden name and her married name. You will scare her, and she will think you are insane.
- How would you or could you convince her you are her child?
- How would you convince her that she was the mother who fed you,

who clothed you and took you to the movie house “Rex” with your sisters, and kept on telling you to keep quiet while watching the movie, because you talked too much.

- You tell her all this, yet, she will not believe you.
- But just before you leave her, she feels something she can’t explain.
- These encounters and deja vu experiences happened to many people before.
- If you anchor them in your mind, in your “Conduit”, you will be able to return and visit with them once again, but it will happen in a different dimension.
- A dimension, where your mother is no longer your mother, but possibly your date, or just another woman?
- Confusing? You bet.
- But this is what constitutes the fabric of time and space in other dimensions. A time and a space that cease to exist in that dimension.
- A dimension not very far from where you currently live.

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7. The invisible quantum line dividing two space-time dimensions:

The Honorable Anunnaki-Ulema Master said:

- The invisible thin quantum line dividing two times capsules, both located on the same plane, is usually the outer limit of two dimensions.
- These two time-space dimensions are usually found in isolated areas, such as distant valleys, fields, and spots on Earth, rarely visited by the public.
- The two time-capsules represent two different time intervals and all past events that occurred separately in each one of them.
- Even sounds from past eras can be heard separately, coming from each one of them.
- You can’t see the diving line. It is not visible to the naked eye.
- If you cross that line, you leave the time you are living in, and you enter a different time-space.
- This is the time and space where you can change the past, but rarely does it happen, unless in previous times, you were part of the past, and/or have witnessed these events from the past.
- For instance, you are in 1974, on one time-capsule section of the land (Field, desert, spot).
- You cross the line separating 1974 and another year, perhaps hundreds

of years. You cross the line and you enter another time without knowing it.

- Once in, you become part of the past, and a real person from the past.
- You are as real as all the physical things you see before your eyes.
- The events or scenes you will see are usually memorable, meaningful, historical, or important events known to you. You are very familiar with what you are currently seeing.
- They appear from nowhere, and since you have become part of the past, these events become factual.
- Part of your mind will tell you that you know a lot about these events, because you have read about these events, but you can't remember where and when.
- Another part of your mind convinces you that you are seeing the true events as they have happened, or you are seeing the events for the first time.
- This is a moment of confusion for you. But eventually you will sort it out.
- Is it a mirage? A hallucination? A fantasy? Or the real thing? Well, if you have stepped in the true time-capsule sphere, then, what you are seeing is real, and what you are feeling is not psychosomatic but truly physical.
- Many people have reported that some of their friends have vanished walking this dividing line. And the missing persons were never found, because they have entered another dimension, never to return again.
- In the Anunnaki's "Donia" (Spheres; world), there is no hallucination, coincidence, fantasy, or psychosomatic effects. Everything is tested and real.
- If for some reasons, the "Ba'ab" (Door; stargate) of time-space opens up before you, and you were instantly transported or absorbed into its dimension, you instantly become an inseparable part of that dimension.
- You will relive the events and time of that dimension.
- If at the time, when you were transported, a battle was going on, you become one of those men who are fighting in this battle. Each scene that appears before your eyes will blend you in its fabric and time-reality, and you will not be able to escape its boundaries.
- How real are these events? They are real 100%.
- Are you really seeing a real battle? Affirmative.
- What if for some reasons you took part in this battle, is there a possibility that you could get killed? Really killed? Absolutely.

- Because in that dimension, you are not a spectator, or a visitor, but a real person transposed and transported to a real battle field.
- It is hard, even impossible for humans to understand this mystery. But it is happening for real in another dimension.
- Yes, you could die in that dimension, but you are still alive in another one, because all of us live simultaneously in different dimensions.
- Probably now you are asking whether the person who died in that battle is in fact the same person who is still alive in 1978 or 1979 or even in the future.
- And my answer is yes. You are all these persons in all these capsule-time spheres.
- You are the same person, but the properties of your body are different, as dictated by each dimension respectively.
- Another time-scene might open before you, for example, an old city market or bazaar. The shoppers, the stores, the goods, and everything you see is real.
- You look at yourself and you realize that you are wearing clothes of the era. Yet, part of your mind that has retained space-time memory will tell you that you are living real events and real time, but you are just visiting another time and space in history.
- Then, if this is the scenario, can you go back to where you came from? Yes, you can.
- One way to do it is by using the Gomatirach-minzari, and similar techniques.
- (Note: See Gomatirach-minzari, on page 83 in the book “Ramadosh Book; 13 Anunnaki-Ulema Mind Power Techniques to Live Longer, Happier, Healthier, Wealthier.)

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8: Questions and Answers

At the end of Master Kanazawa' Kira'at (Reading/Lecture), a young student asked the Master: "Master, it is possible to bring with me, something from that dimension I have visited, so when I tell my friends about it they would believe me?"

"Of course you can," replied the Master. "And this is how many ancient artifacts were brought back to the present. Some ended in the basements of museums, others dissipated in the doubtful minds of humans who could live only once."

Another young student asked Honorable Master Kanazawa: "Master, you told us that sometimes, we enter a different dimension without knowing how to do it. You said, it happens just like that.

Why? And if this happens just like that, then our "Conduit" does not need to be activated to visit other worlds?"

The perplexed student paused for a short moment, and asked again: "Master, when we get there, do we go to different levels in the same dimension, or is it one single dimension we see all the time?

And how many different worlds can we visit in a single trip to the past or to other dimensions?"

The Honorable Master replied (As is, verbatim, word for word, and unedited):

- Everything depends on how your brain is wired.
- If your "Conduit" has been activated, then, you will know and understand what is happening to you, and all the things you will see in the other world(s) will be assimilated gradually by your brain.
- To understand what it is actually happening there, and how you got there, you have to visualize your mind as a tall building with many floors.
- Inside the building, there is an elevator that goes all the way to the highest floor.
- There is only one single elevator for all the people who enter the building.
- Each floor represents one layer of that dimension (The other world).
- This does not mean that the dimension you have entered has subdivisions or additional dimensions. Simply put, the dimension is divided into multiple spheres, called layers. Each sphere gathers different kinds of people, eras, knowledge, events, memories,

sensations, cars, shops, streets, so on.

- One floor could be the past universe and past time of the 18th century. Another floor could be the 12th century. And another floor could be the future.
- But for now, do not worry about all these centuries and the future.
- Instead, let's go back to the place on Earth, from which you entered another dimension.
- There are two kinds of entrances to another world.
- The first one occurs through the activation of your "Conduit". And you know already how this happens.
- The second kind of entrance to another world is the accidental one, which is the current situation you are in.
- Usually, the coincidental or accidental entrance to another world occurs from spots and areas on Earth, that are not heavily visited or frequented.
- So, let's assume that you are in a distant field, a valley, a prairie, whatever. And you are just walking in that field.
- For reasons, your mind cannot understand yet, time-space pockets open up before you.
- Some scientists call these pockets vortices.
- In our Ana'kh language, we call them "Ba'abs" (Doors, entrances, time tunnels, etc.)
- When the "Ba'aab" accidentally opens up, a huge but narrow tunnel appears before you.
- This tunnel takes the form of a spiral-wind; a sort of an atmospheric turbulence.
- You will see it.
- You will feel its electro-magnetic field, and before you know it, you are sucked up by its current.
- Once inside the tunnel, you will start to feel as if your body is shrinking.
- Sometime, just the opposite.
- You will feel as if your body is stretching out intensely.
- Everything depends on the intensity of the tunnel's vacuum power. In all cases, you will be transported immediately, to another dimension that resembles the building I told you about before.
- The vacuum power, the tunnel's magnetic field, and the opening of the "Ba'ab", all these phenomena are caused by atmospheric anomalies conditioned and created by the collision of time-space plates.

- For now, consider these time-space plates as the tectonic plates of the Earth, that have caused the Earth to shift so many times throughout the centuries, and to change the
superficies, shapes, and locations of continents, oceans, mountains, so on.
- The time-space plates, although invisible to the naked eye, exist at the entrance and borders of all dimensions existing in the universe.
- You can consider them as the landmark(s) of multiple universes.
- When the plates collide, or bump into each other, a time/space-vacuum tunnel opens up immediately.
- In this very particular time/space-vacuum tunnel, all things, physical and non-physical lose their original and primordial properties.
- This means, that your body entering this vacuum is no longer the same body you had on Earth.
- The molecules change.
- Your Naphsiya (DNA in modern scientific language) is altered.
- The weight and size of your body change instantly.
- In brief, what you retain in you, is only a spatial memory, a sort of a small recollection of things and events that happened to you on Earth.
- Now, you are inside the tunnel.
- Your body zooms inside the tunnel at the speed of light.
- This incomprehensible speed allows you to travel to the edge of the universe. And this travel includes all the dimensions and other worlds that have existed and/or shall exist in the future.
- You might land in a world that has existed in the past. Once you land there, you will not be able to understand everything you see. But you will realize very clearly, that you are now in a different and a real world.
- Now, we go back to the tall building I told you about before.
- It is very important to remember that building, because we are going to use it as a representation of the other world you are facing now.
- Very good. Now you are right in front of the tall building.
- If you stay in the street, outside the building, you will see only one dimension.
- This dimension could be Egypt in the 3rd century B.C., or Paris in the 18th century. It does not matter.
- Now, you decide to enter the building. You go straight to the elevator and you push the second floor button.
- Very good. The door of the elevator opens up, you step out, and you

enter the second floor.

- Although this second floor is still in the same building, the time-space has changed.
- This means, that you are entering another era, another century of Egypt or Paris.
- The place (Country, in this case) does not change.
- You are still in Egypt or in Paris, depending where you have landed first. Egypt is still Egypt. And Paris is still Paris. But the time (Century, in this case) has changed.
- You will get used to it, when you progress in your study.
- Let's assume that you have decided now to take the elevator to the 10th floor.
- What are you going to see on the 10th floor?
- Certainly, neither Egypt or Paris, or anything else you saw on other floors. It is going to be another country.
- What is happening here is this:
- You are not entering a dimension that represents other worlds from outer space, or beyond the solar system, or beyond the metaphysical world. You are still on Earth, but in different time-space intervals, eras, centuries, and possibly locations that no longer exist.
- This is exactly what the building represents.
- And this is exactly what we call going back in time.

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From L to R: Reverend Christa Urban, Van Doren Figueredo, Patti Negri, Melissa Berman.

Talking to America's best psychics about the future, lucky and unlucky hours and energy.

Some psychics have the ability and gift to predict, to see and to foresee the future, including the lucky and unlucky hours of your life.

And each lightworker (psychic, medium, channeler, etc.) has her or his own technique and craft.

So let's enter their supernatural dimension and see how they do it. For this purpose, we interviewed the very best in the business; psychics and mediums who are tested and certified by the American Federation of Certified Psychics and Mediums, Incorporated, New York. Here are their answers as received, and published unedited.

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From L to R: Reverend Christa Urban, Kimberly Ward, Patti Negri.



From L to R: Angela Bixby, Sunhee Park, Dena Flanagan.



From L to R: Chinhee Park, Dina Vitantonio, Dr. Linda Salvin.



From L to R: Chanda Reaves, Melissa Berman, Jethro Smith.



Angeline Kim-Kyna Tan

Everything in the universe happens for a reason.

Q: It was said that everything in the universe happens for a reason. What reason or reasons are we talking about? In your practice as a lightworker, have you ever attempted to explore the logic behind each occurrence? Is each occurrence conditioned by a divine intervention, or a pure coincidence, our mind can't grasp?

Sunhee Park: The reasons that everything happens for a reason is for personal growth and learning lessons. Everything and everyone comes into our lives to help us to shift to a higher consciousness and become stronger

as a person. If we do not hit the ground, we cannot get back up to teach. If we do not recognize the lesson, we cannot teach the ones who need us.

Yes, I psychoanalyze each event as if it is a chapter in a book. The book of my life and how I can become better at life and becoming a better person.

Yes, I do believe that each occurrence is conditioned by divine intervention, the unknown, the miracles that occur, the deaths that occur. The masses of energy that we all are must go somewhere to get to the finish line.

Angela Bixby: Less coincidence and more divine intervention.

By Divine Intervention -- I mean our Soul's Contract that we chose, before we incarnated.

Our higher self is a portion of this Divine Intervention, by way offering us opportunities to work through the karma that we chose to have in our soul's contract.

Patti Negri: Yes, I believe that everything has a purpose and an effect.

I think the reasons are as varied and complicated as the big "what is the meaning of life" million-dollar question. I think looking into the logic of every occurrence would drive one nuts - but it certainly very beneficial to often look at the "why" of a situation.

I think divine intervention (in very broad terms) is a part of everything - and that "pure coincidence" also is part of that equation.

Wow.... reading this back, it sounds very vague - but actually, "that is for a reason" - and that is to make you think! (Just like what the Universe often does too!)

Christa Urban: I have explored this question as a lightworker and this is how I feel the whole thing works.

There are several laws that are in play surrounding what happens on earth creating the human experience.

Number one humans have freewill so they have a choice in how things can move and shift and create outcome. Then there are laws of Karma and Law of Attraction these bring in the other energies that create a situation and its outcome.

I don't believe in pure coincidence I feel synchronicity is a better term. The soul comes in as human to learn its lessons and pursue growth and education.

Some of this predestined to the extent that the lesson must be learned. How it

will be learned manifests within the Laws of Attraction and Karma.

As an example of something that may seem random but is part of the soul plan.

A person missed their bus and they were very late to work, that day was 911, they worked at the Trade Center. It was not in their soul plan to die that day.

So yes they were late and missed the bus for a reason, was it divine intervention or just synchronicity?

It doesn't matter the soul mission stayed on plan.

Kimberly Ward: I have always believed that there is a purpose and a reason for everything. There has to be a reason or it would not occur. As a lightworker, I explore this continuously. I have had moments where I struggled with the logic of something that had occurred only to realize that the logic resided within the lesson of the occurrence.

As spiritual beings we are constantly either teaching or learning, so each and every thing that happens is part of that process.

We are all divine beings a part of the 'whole'. So yes, each occurrence is influenced divinely either by our own actions or the actions of others as part of the collective consciousness.

I do not believe in coincidence, but synchronicity of a divine interwoven tapestry where each occurrence is influenced by the occurrence before and after it that is very difficult to grasp at times.

And as I attempted to send these responses back via email. My email account went crazy and did not allow me to send the message for a full 30 minutes. Must have been a reason for it, but at the moment I don't want to consider what that might be.

Dina Vitantonio: I think the answer is a combination of both. I think there is divine guidance or intelligence that drives many things; however, I also think we can control when or where it happens. In other words, I think we can have several options that can play out; it's what we focus on and what we do that can drive whether or not we get there, how and when.

Dena Flanagan: I believe that everything does happen for a reason...a reason sometimes beyond our scope. I think that before you come here to earth, you sit down with the elders on the other side and map out your journey, hence the akashic records or blue prints to your life this time around.

We choose lessons that we need to come back and learn each time to become lighter/ascended.

The whole purpose is to trust completely and to listen to your higher self and

when you do, your life will flow easier. Have you ever wondered if Karma or Karmic debt was real...have you ever done something wrong that has come back to bite you in the butt?

I have and every time it has. I do believe there is a fair amount of coincidence or free will but for the most part whether you take the short road or long road you ultimately are here for a reason to be fulfilled.

Chinhee Park: As a lightworker, I sometimes try to find the logic in each occurrence and try to get to the root of the reason.

If I can't seem to find the reason that feels comfortable, I just throw it up to the hands of the universe and my guides.

In general, I do believe that for every bad occurrence, something good comes out of it.

Whether it's a natural disaster and many peoples' lives are taken, it brings fellow human beings closer to each other to support and appreciate life and each other more.

Dr. Linda Salvin: I believe in divine intervention and that there is an energy at play that is beyond our control. If a coincidence is God acting anonymously, then how could there be coincidence.

Whether getting that parking space in a crowded parking lot at the mall to the fate of someone losing their life in an accident and all the wonderful happenings in between, an event happens for a reason.

However, we may never see the blessing in disguise or the reason for the event until later on down the journey.

Sometimes something happens and we know immediately it is meant to be.

Sometimes we need time and space to heal, reflect or grow and then see the truth of it. As a lightworker, I use this theory all the time, especially when discussing people's love life and career opportunities.

When of my slogans is "everything happens in time for a reason." People we meet, choices we make, outcomes we experience.

Melissa Berman: I believe there is that fine line between mental/physical and our emotional/spiritual selves integrating together for the whole.

Awareness is the key.

I believe that eventually everything has a purpose and reason. There has been a lot of interference from unseen forces which have violated Divine Law and therefore have cause such an imbalance that this is the reason we as Lightworkers, Gridworkers, First Runners et al are finally being given a chance

to be seen and heard. Every time things happen it has become my soul's work to explore the logic behind each occurrence.

It has been my mission and my survival. We are dealing on this plane of consciousness with free and true will. My belief is that true will is the Divine voice within that guides us; free will is us deciding that we can do it better than that voice ~ and, boy, does that get us into some trouble sometimes!

We are seeking a balance that has not been encouraged on this plane of expression.

That is again why Lightworkers are beginning to have a strong noticeable presence.

We have come through galaxies and lifetimes to get to this time in time. Divine intervention occurs when the path being traveled upon gets a free will interference, I believe, and thus, if the mission needs assistance we are blessed with intervention of the highest order.

It is available for all. Our mission as Lightworkers is to encourage the listening and the practice of the true will voice so that others may also shine their light, their gifts. It is taking time, but everyone has to find their path. We are brought together when energies and heartfelt calls are aligned.

Chanda Reaves: Karmaic debt/ties and life lessons generally speaking are the "reasons" why it is said that everything in the universe happens for a reason. As a Starseed-Lightworker, I have explored in great depth, the logic behind each occurrence by first understanding what Incarnate Karma is and how it applies to the Universal Law of Cause and Effect.

The purest form of energy in the Universe is thought. The all spark of thought becomes energy in motion, under which it becomes a belief that manifests in the physical dimension as reality.

As we look at reality, we must consider motive behind the origination of thought and the results of that energy we have (through thought) set in to motion. Why did the thought manifest itself in the first place? This is why we should continuously express due diligent in being mindful of our thoughts and conscious of our decision-making and courses of action that are influenced by free will or choice, as incarnate souls.

Karma also affects families, organizations, businesses, corporations people, and countries. The Law of Energy states that energy cannot be created nor destroyed; only transferred.

This reflects that we as incarnate beings in the physical plane or 3rd dimension have existed prior to this life time by divine intervention of the Universal Conscious Collective via the Soul Source to be "ensouled" into a physical form

(incarnation) over lifetimes.

In actuality, we as spiritual entities have been conscious and creating our Karma through thought for hundreds of thousands of years if not millions or even billions of years. Past life karma can and does express its presence into the present so that the karmic debts/ties have the opportunity to be resolved.

This is what makes each "reason or occurrence" so precious regardless of the polarity of the experience (positive or negative).

It gives us the chance for spiritual growth and development and prepares us for the next dimensional shift in spiritual ascension and transcendence in this Grand Experiment: The Universal Polarity Game- life.

Jethro Smith: When my guides ask me tell a client that "this is happening for a reason," it means that the event that is occurring or that is about to occur is an event that was pre-decided so that they could learn something from this event.

It is not only karma, but it is also utilizing life's patterns through the universe, cause and effect. Even if the event does not seem reasonable at the time, this event must be experienced for reasons that enable that person to experience the event and still maintain their life course.

For example, when someone is going through a divorce, that person might not feel like finalizing the divorce because it feels easier and less painful to stay.

Even though they don't feel like leaving or don't want the spouse to leave, the reason for the divorce is that it causes the person to become single and therefore available to meet the person they were destined to meet.

At the time of the divorce, the person would otherwise not be able to understand the explanation of why the universe was allowing them to suffer so much hurt.

Angeline Kim-Kyna Tan: Everything in the universe happens for a reason. Even random events that appear uncorrelated.

The infinite wisdom of the cosmos and the Divine far surpasses human understanding, and many have looked up upon the celestial realm and wondered about the origin of life and perennial question about the meaning of life; and the interconnections between Creation and the universal cycle of birth, illness and disease, and death.

From my own personal experiences and my experience as a lightworker, I know for an undeniable fact that we are all guided by the Divine and spirit guides to attain our highest good and soul purpose.

Every soul incarnates as light-filled beings and imbued specific missions that it

chose prior to birth. We agreed to abide by soul contracts before our etheric spirit entered this physical realm and body, and the events and experiences which we encounter on this earth plane enhance the soul's original contract.

Throughout the course of our existence on this earth plane, our guides do their utmost to ensure that we complete our incarnation successfully.

But sometimes it may take several lifetimes for us to learn the lessons that we need to learn in order for our soul to evolve.

Regardless, although our soul contracts govern and determine the events and situations that occur in our lives, they do not decide how we will respond. That is the realm of free will and in making choices through the way we choose to respond to these given events and situations, we grow in knowledge of ourselves and are closer to our spiritual awakening. For enlightenment is the purpose of life.

So when life throws us a curve-ball, what do we do?

Lament and blame it on life's unpredictability and randomness or realise that it is an integral unravelling of our soul contract and life plan?

I became a lightworker after a traumatizing event which changed the course of my life and triggered the most enlightening spiritual awakening that I have ever experienced.

My ex-fiancé left me two days before our wedding and then met with a terrible accident which left him with severe traumatic brain injury, memory loss and physical impairment.

I was devastated and in my grief, sought the guidance and help of psychics. I also became more introspective, and looked inward for reasons and answers for my seemingly impossible situation.

Through deep soul-searching, meditation and spiritual development, my psychic abilities came to the fore. The ordeal also changed the life of my ex-fiancé irreversibly. Before the accident, he was grappling with depression and self-destructive behaviour like excessive drinking. One could reasonably say that he lived on the edge, and cared little for the value of life and spirituality.

After the accident, and six months of being in a comatose and vegetative state, he is a changed person.

He now embraces spirituality and believes that the accident happened for a reason – to save him from himself.

And we have reconciled as better and more evolved individuals.

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Can psychics identify the good days and the bad days in your life?

Q: Some Eastern esoteric thoughts revealed that each one of us has a personal life's calendar that contains the good days and the bad days of our present and future. In your psychic readings, can you identify those good days and bad days?

Sunhee Park: The feeling of someone's good days and bad days is based on how much their spirit is to evolve, what path they are to take, and how hard they are to hit the ground. I feel the future of someone's bad days, and try to express it in a very loving way.

I have to be direct because I only speak the truth.

I show them that the negative has a positive outcome and that is what will make them stronger and evolve more as a person.

Angela Bixby: In my experience it is not about days as much as about timing in a slightly more loose and dynamic sense. I may see that someone's time to make a positive choice for their highest good is near (within days or weeks), but I as a psychic, don't see particularly specific, good days or bad days. I see more phases of opportunity or phases for hibernation from big choices.

Patti Negri: Yes, I usually can immediately tell if it is a "good day" or "bad day" for a person.

I see, feel and work with the energy of a person in my work - and that energy is as clear to me as if it was the clothes they are wearing.

Christa Urban: I feel that those days can be identified in Bio Rhythm charts that are calculated for individuals. I also feel things when I do a reading.

As example if they ask me would this be a good day to start looking for a house, using my Maat Tarot deck, it has lunar astrology and calendar assignments I can help divine a better time to do it.

I also get psychic information that I can help guide timing and answer specific questions about dates. It is not fool proof but the information can be obtained.

Kimberly Ward: In doing readings I generally assist my clients in understanding what is happening in their life right now, what has just occurred and how current behavior and decisions will influence future events.

By using numerology, I can help them to understand looking forward when

times would be good to 'act' and when times might be better spent 'waiting' before taking action.

I believe that 'calendars', numerology, planets all play a role in our lives as they affect the energy on the planet as well as us personally.

Dina Vitantonio: There are techniques to be able to find out the days and times best for each person to thrive, just as there are days and times better to rest.

Dena Flanagan: I usually can identify those good and bad days by what is going on astrologically in the universe and in my personal chart.

As far as in my psychic readings, I look inside of a person's body, mind and spirit and can identify what it is you need to have a better life and by doing that, you usually have better days all around when you choose to change your own individual life to following your path.

I can usually wake up in the morning and tell what the energy is going to be like for myself and for the people I read for and change those bad days to good.

Chinhee Park: Yes, in my psychic readings, I can identify a person's good days and bad days. A lot of my clients are having bad days hence, why they are turning to me.

My job and instinct is to not dismiss their bad day, but to show them that these bad days are happening for a reason and getting them prepared for the good days coming up.

Dr. Linda Salvin: Personally, I cannot identify the good and bad days as I read general timing of events weeks or months down the road. I can often disclose road blocks or potential obstacles to watch for but as for the bio-rhythms, astrological or spiritual life calendar, no, I am not that versed or attuned.

I know when mercury retrograde hits the emotions are more intense, but that is an astrological event.

I am not sure how the rest of it works other than via the techniques mentioned above.

Melissa Berman: I think that astrology is a great tool for recognizing those days that if we stayed under the covers we might escape for a little while!

Every day may hold a challenge, but good and bad puts a task on the lesson instead of allowing the lesson to unfold. If a client in a session has some challenges ahead whatever guidance is appropriate for that client is what is

brought forth.

Chanda Reaves: Absolutely!

By application of the Law of Cycles, I am able to calculate Life Cycles, Yearly Personal Cycles, Business Cycles and Health Cycles combined with Clairvoyance and Clairaudience in the present and future. Use of the yearly personal cycles' calendar allows the questioner to plan around their periods of opportunity, travel, obstacles, blockages, creativity, personal affairs, periods of rest and relaxation, as well as cautionary warnings and or danger.

This approach allows me to accurately pinpoint the ebb and flow of an individual's good and bad days

Jethro Smith: Yes, I can identify which days will be good and which days will be bad by what the guides show me in "psychic flash."

I will quite often witness (by seeing and feeling) the individual's monthly emotions and expressions as I am giving them a yearly reading.

I can pinpoint what is going to happen with a client also using astrology and will often use the two tools, the psychic flash and astrology, to give my client the most precise reading.

I will also ask a client to provide the date and the time of a forthcoming major event and will use a formula of numerology that I have been taught, which effectively tells me if this time and date is a positive or a negative to the individual's birth number.

This, too, I will put into the factor of which days will be good or bad for the client.

I have done enough readings that I am able to not only use the astrology and numerology, but I am also very accurate with my angel guides when looking at a customer's future. The most difficult thing for a psychic or intuitive can be timing, and I utilize these tools above to help me with my client's forecast.

Angeline Kim-Kyna Tan: In both Western and Eastern metaphysical sciences, we can divine the life calendar of a person through birth dates and elements, astrological signs and numerology, etc. I am able to identify phases of my client's life as good or bad periods, and convey messages from their spirit guides on how they can best overcome or leverage these phases for the evolution of their soul and the enhancement of their self-awareness.

Personally, because I believe that everything happens for a reason, in accordance with the unfolding of our soul contract, there are no bad days per se as the events and situations that we encounter are experiences and lessons that contribute to our understanding of ourselves and the world that we inhabit within this and the astral plane.

But not many of my clients can appreciate this point and very often, they consult me to seek guidance on how to overcome the challenges that confront them for instant gratification or short-term relief.

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How do psychics foresee the future?

Q: As a psychic, how do you foresee the future?

What method or technique do you use to accomplish that? And how foreseeing future events can be used effectively in your healing sessions?

Sunhee Park: It is like words just blurt out of my mouth, and it scrolls across my forehead. I channel from the higher powers and my guides.

A lot of my clients have told me that they did listen to my advice and it either saved them a lot of emotional pain, financial, physical, sexual and spiritual.

Angela Bixby: I ask Spirit, the Guides that I work with along with my Higher Self and with my client's Guides, to show me a future time period. Some times I ask for within months, a year, years, within a lifetime.

It varies. I often astral project to that future time period and share with the client, what I see, as I am strongly clairvoyant.

This involves my grounding, centering, breathing deeply and setting the intention to travel to this future time period.

Additionally, the future often presents itself to me, on my client's behalf, more randomly and spontaneously. When I offer client's glimpses or views of their future, it in itself offers healing to them.

I'm told they find comfort and calm, hearing the possibilities that the future holds.

Recently, I was able to tell a client that a struggle he had just gone through, was a working through of karma that has now extended his life.

This was a powerfully healing affirmation, of the client's healing choices. The client has many things he'd like to do in his future and so this knowledge, felt healing to him. He had altered his future himself; I offered him confirmation and affirmation of the wise choices he had made.

Patti Negri: I see the future as a "sense of knowing". Seeing the "probable" future of a client helps me guide them into their best course of action for the situation and future at hand.

Christa Urban: I receive psychic information from my guides and the clients guides that help tell the future. I use cards to help see what can come in for a client.

This information can be used to help in many ways, it can help prevent problems with health, it can defer a problem relationships, it can help the client make the choices to stay out of path of trouble or impending problems.

It can be part of their soul healing and growth to learn that they have a choice to prevent problems and shift energies.

Kimberly Ward: As a psychic, I work Clairaudiently and also Clairsentiently. Meaning I see and 'feel/know' things simultaneously.

When a client asks a question I am able to see and know the outcome and give the client the information that I am picking up. This information is valuable to the client in making decisions.

When I can provide insight to the outcome of an event it empowers the client to move forward.

Most clients get stuck and unable to move forward out of fear of the unknown.

When the outcome is known it helps to remove the fear.

Dina Vitantonio: I typically only share information if I am guided to do so in the context of healing. Weather in a private healing session or group workshop, most of the messages I deliver tend to be around what is happening in a person's physical, emotion/mental and or spiritual life/bodies that can help them move forward.

So telling the future is often part of the scenario of what has happened in the past or present moment and how that can affect them going forward. Again, this is often all from the context of healing.

Dena Flanagan: I have an uncanny ability to foresee the future through my third eye (see) as well as hear, feel and sense it. It is usually quite clear to me. I first surround myself with white light of protection and then I call in my guides and any powers that be to help me deliver the most accurate information you need for your future.

Since I am a medium as well, usually your passed on loved ones come through to talk also.

The information that is given to us is usually for reasons to better your life or give you hope and when you can do that, it is very healing.

There is some information we are not allowed to see at the moment because that would change your path, you would not do the work if you knew some parts of

it which is why it is good to come back to have another reading when it is time to go to the next level so more can be revealed to you.

I also do healing work on your body and the information I see can many times help you to become healthier. I can clear you off and remove old stuff causing ailments and also see what your body might need medically or naturally.

Chinhee Park: I believe I foresee the future by ways of transference of energies and clairvoyance. I pick up on a person's energies by talking to them, email or in person. I start to receive visions of their past, present and future. Foreseeing the future can be effective in my healing sessions because it gives the person hope and insight as to what they have to look forward to.

Dr. Linda Salvin: As a psychic, I usually see and feel the timing of events. I am known for timing where most readers cannot read time. I hear a voice, I get a vision or feeling of time down the road and at least 90% of the time, clients report it happened as predicted; there are those readings where I'll say "October" and yet a full year has passed but the event did occur in October, the following year, LOL

I can tell the future outcome of situations with the use of Tarot cards on the occasion I turn to them when I am not certain of my psychic hit.

Seeing the future events assists in healing by giving clients a time-frame of what to expect and when as opposed to just doing the work and turning them loose to fend on their own without a type of guiding light or map for the transformation.

Melissa Berman: I have mentioned before that I feel that the future may be subjective depending upon free will and true will choices.

I can bring in predictive information if that is what the client's Higher Self and angelic team have deemed necessary. We have to be mindful about predictions as things can change due to others misusing their power, not upholding a karmic contract, etc. The future can change. Many of us do have things in our blueprint map that is fairly written in stone, but as we heal the past wounds we can move through lessons to get to new skin that is a new and sometimes unexpected chapter.

It depends upon where the client is in her/his path, and how much information can be shared at any given time in order to assist in moving forward and healing, not to predict the future.

Chanda Reaves: Foresight of the future, for me, comes through various means, such as: clairvoyant flashes, clairsaudience, cosmic telepathy, trance medium-

ship, prophetic dreams, contactee visitations and downloads.

During various modalities of healing, I incorporate clairvoyance in cognitive and precognitive applications to view the complete anatomy and physiology to locate the regions of body (astrally/etherically, externally and internally) where disease indicated. When using precognitive clairvoyance, this allows me to see the areas that may cause disease in the future and alert the client so they have the option to preventatively work on those areas prior to disease manifesting.

Therefore, where the healing energy i.e. Reiki, is most needed astrally/etherically, psychologically and physiologically speaking, I am able channel the energy as necessary as it already knows where it is needed, where to go and what to do.

Jethro Smith: I foresee the future by asking the person their name, which allows (actively gives permission) that person's guides and my guides to individually contact and communicate with each other in the psychic realm.

I will often also ask the person their birth date and will use the method of astrology concurrently as the guides inform me of what lies ahead for the individual.

The guides will tell me what the client should "watch out for" and what most concerns them with what life is handing them for their future.

I have always been able to use my clairauidience which is, for me, hearing my major guide, Chief, a nickname I gave him because he is a strong, Native American guide who speaks to me just as someone would speak to you in everyday life.

I drowned and "crossed over" at a young age, and ever since, Chief has been able to talk to me and let me know what my life and other's have in store.

I can easily feel, with Chief's help, which part of the client's body needs to be healed, which area is causing pain.

Quite often, Chief will be working with me before I even begin to "raise energy" to perform color healing, Crystal Ki healing, or Reiki healing, and he will tell me which vibration and which color the client needs to be able to best heal.

Angeline Kim-Kyna Tan: I am a psychic, medium, tarot reader, and spiritual and Reiki healer. I am trained in various metaphysical modalities.

Being able to foresee future events and integrating this into my healing sessions has helped me to effectively pinpoint the underlying health problems that afflict some of my clients, and to prevent and arrest these maladies before they escalate and cause long-term effects.

For example, I had a client, Ingrid, who was constantly feeling unwell but did not know the root cause. In my reading with her, I detected intestinal problems as the main cause, and I also saw hemorrhoids and blood in her stools. My client was shocked and confirmed that she was already suffering from hemorrhoids and her stool was beginning to darken which is an early indication of blood in the stools.

After our reading, she went for a medical test which revealed that there were parasites, cholesterol crystals and bacterial infection along her intestinal lining, and she had to undergo immediate enzyme therapy and a colonoscopy.

In our second session, I established that she was under a death spell that had been placed by a friend of her estranged husband who knew black magic practitioners or bomohs as they are known in Southeast Asia, and had persuaded her husband to will his assets to him.

My client had recently bought a house with her husband and signed a mortgage insurance plan which became the dark motive for the death spell. I quickly helped her to break the death spell with a Wiccan ritual, conducted extensive and intensive spiritual cleansing for her, and taught her how to protect her with protection symbols and crystals.

I've reproduced her testimonial for me below to illustrate how vital it is for me as a healer to combine my psychic ability with my healing know-how in order to provide my clients with total and effective healing at the physical, emotional and spiritual levels.

As a Reiki healer, I have also used tapped into my psychic ability as a diagnostic tool to help identify the ailments of my clients.

Once I had a young teenage client who came for a general healing session. While scanning her body, I picked up a whirl of energy and heat around her womb and I saw a vision of her experiencing severe birth pain and complications.

That prompted me to ask her if she had experienced irregular and painful menstruation cycles, and she verified my reading. I advised her to see a gynecologist and undergo preventive treatment to avoid pregnancy problems in her later years.



Jennifer Wallens, one of the world's most accomplished psychics and mediums stated, "I always caution my clients that what I may see or perceive are only ***potentials*** and are never set in stone, anyone who says they can tell you this with 100% certainty are lying or are misguided.

The reason reading the future is not 100% accurate is that we as humans all have free will and so there are many cogs turning many wheels in this universe, and therefore there can be many different outcomes dependent on our actions and the actions or reactions of those close to us."

She added, "I used to sit for a few minutes and meditate, and say a prayer to connect, then wait until I could literally feel my guides present but after a year of doing that I realized I could just as easily connect instantly when I cleared my mind and focused on the client.

My guides are always ready and willing to help.

I remember when I was just starting out thinking I could never do instant readings such as on a phone service, but soon realized the information is always out there to connect with, intent is the key.

I do however, like to say a prayer to myself right before I start working for the day, asking God, Goddess, all this is to help me to connect and give the information that will help my clients most.

I also meditate regularly for my own spiritual growth which I know only helps me as a Psychic and Medium, it is a crucial part of being a true spiritual light worker and in keeping myself in the right frame of mind and energy state."

Jennifer Wallens continued, "I have been fortunate to be able to accurately see and predict the future during psychic readings through clairvoyance, (clear seeing) clairaudience, (clear hearing) clairsentience (clear feelings) as well as through my own personal dreams, connection with the Spirit world and when I am in deep meditation. Sometimes I even receive future details from my Spirit Guides.

During my many years of training both here and abroad, I studied mediumship first and then realized I could also pick up psychic information on someone's future.

That was quite a revelation to me!

Unfortunately for myself, I must rely on my intuition, dreams and spirit guidance instead of just tuning into the grid for a purely psychic reading. I have found over the years of doing readings that by merely setting my intention, in my mind and then quieting my mind from the chatter after a quick prayer of gratitude, that I can normally can quickly pick up on future potentials in terms of dates, events, challenges, business projections, personal relationships and changes such as jobs or moves.

This takes lots of practice and I can sometimes pinpoint an exact day or time, or if asked a specific question can get an answer that is usually accurate.

I believe we all have the ability to tap into the "Psychic Superhighway Grid" a web of interconnected energetic fibers of some sort; yet some are more adept or have practiced the art of tuning into specifics while ignoring the mind chatter we all have, better than others.

The details I receive varies per person and session, some are more detailed than others.

I am not always sure why, but I have found the more open and positive a client the easier it is to connect with their energy and future potentials.

If a client can just look at these potentials and then act accordingly using their own intuition and guidance as to whether they want that outcome or another, I feel that would be the best course of action. Never do whatever a psychic or medium tells you to do they should only give you possible outcomes and then allow you to choose your course of action, utilizing your own free will. Our thoughts and actions create our reality, we can choose to alter our future path in an instant, by changing our thoughts and intentions.

I believe it is better to create what we want rather than to ask others to SEE what is possibly ahead.

Taking charge of your future is possible by utilizing your innate power to make the changes you wish to the extent you can personally.

Do not expect others to follow your plan, just set out on your own path and know the Universe supports you, through Natural Laws.

What do you want your future to hold?

Create a vision board, write positive affirmations, believe you have what you wish for now, also always be grateful, be patient and let the Universe do its work and always be the best spiritual being you can be. Good things do come to those who wait and yet first set the wheels in motion.

Your future awaits you, are you ready?

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CHAPTER VI
DOES ENERGY INFLUENCE OUR FUTURE AND SURROUNDING?

CHAPTER VI

Does energy influence our future and surrounding?

Q: Do you believe that one's life, including the future are influenced by some sort of energy that surrounds us?

And how can you change a bad energy into a good energy?

What do you do as a lightworker?

Sunhee Park: Yes. I personally cannot change it.

We are the messengers, if they listen and act, then we did our job. What do you do as a lightworker?

I tell people that it is imperative to know and be fully aware of your issues.

Bring them out of your subconscious to your conscious and recognize why you do the things you do. If you are an addict, or fuzzing your own intuition, then it is more difficult to see clearly.

I tell people that eating good, sleeping good and taking care of themselves is very important. Also, if people are draining them, taking from them, using them, they will attract like energies constantly.

How you feel about yourself is who you will attract in your life. If you have a deep rooted issue that you have not dealt with, you could be attracting dark spirits who are criminals, or abusers.

If you don't realize why you are attracting those spirits and physical people; then you will not clear out your energy field.

Your energy field is all up to how you think of yourself and how much self love you have. I feel for the ones who are not aware of that, so that is why I am here now isn't it?

Angela Bixby: Yes.

The energy that is around us, our subtle energy body comprised of our chakras and our aura, holds onto our thoughts, emotions, spirits, beliefs, etc.

This subtle energy body is part of our life force. We interact with it and it interacts with the world around us.

So it directly affects our choices, how the world around us responds to us and offers us choices or how the world around us may recoil.

If we carry anger, we'll be met with many different types of experiences, people and choice than if we carry an aura, a predominant energy of love.

Also, we can have things that sort of stick in our energy body that may be from others that affect how the world interacts with us.

I take care of each of our energy bodies very seriously, for these reasons.

I hope that all beings with quickly learn to take personal responsibility for not only their words, actions and thoughts, but for their energy, as well.

The best way to convert rough or negative energy into better energy and a higher vibration is to lighten us, laugh, love, help, give, etc.

A more formulaic method would be to meditate and visualize white healing light filling our body and our energy field. If I'm working on changing someone's energy on their behalf, from bad to good, if my work alone needs augmentation I call in Guides to help.

When I do a healing, I specifically channel Isis for her strong, maternal energies to sooth and heal the client's energy body.

Patti Negri: Yes, I believe that "everything effects everything".

We are constantly influenced by the energy, people and things around us. Energy is energy - and bad energy can be turned into good energy with

- 1.) Awareness
- 2.) Intent
- 3.) Conscious shift.

That shift can be done many ways.

By releasing or clearing the bad energy and refilling with good, or just literally blasting the bad energy with white light until it becomes good.

I do this in several methods including working with earth elements and ritual, to working directly with the clients and their guides and entities.

Christa Urban: I do believe there is good and bad energy in the universe. If there is light there is also dark. Negative energy and those that will use it do exist.

When I was working on the Psychic Challenge Show there were those working with black magic using it to try and harm and confuse the other challengers.

I could feel the weight of the energy drawing and pulling on me.

Hurting my mood and causing me physical distress, causing friendly people to become negative and hurtful. To shift the energy I did shielding work and called on Angels and Guardian Spirits for protection.

I also used Sage and Frankincense to smudge and candles to bring in white light.

I also work with stones and crystals for energetic protection. Amber

and Amethyst and Black Tourmaline and Black Onyx are some of my favorites for energetic protection and clearing.

I feel that their vibrations help raise the energy of the Intent to shift the negative into positive.

The first step of course is intent, the mind and thoughts are very powerful.

Kimberly Ward: I need to answer this in two ways. First yes, I believe that one's life can be influenced by the energy around us that comes from those other people and things we encounter, but more importantly I feel that one's own energy has a greater influence. Thought-forms - thoughts are one of the most powerful energies that we encounter.

Each thought sends out an intention, an energy signal that is brought back to us. As a psychic protecting my own energy is of the utmost importance.

Being able to read the thoughts of others spells danger if I leave myself open to this. In regards to changing bad energy to good energy - if the energy is around or within an inanimate object, cleansing with sage and prayer is very effective. However, if the energy is within a living being, the being has to want to change and with guidance you can assist.

If not, then self-protection is necessary to keep from absorbing and taking on this energy.

I carry and wear stones for protection when out in public and exposed to potential negative energy.

And there are many stones that will serve this purpose.

I have also learned that acceptance keeps my energy stronger, resistance creates friction that creates static energy and blocks within the energy.

Dina Vitantonio: Yes. Since energy cannot be created nor destroyed our best practice is to transmute the energy from a negative to a positive....and that starts with our own perception and thoughts/ emotions.

So, each time a person walks into my office for a session or consultation, I do my best to help bring balance to their body, mind and spirit (including their chakra system) so the individual is able to find a space of relaxation and peace. This way, they are able to change their perception of things, balance their emotions and over a short and consistent period of time this will help shift the energy around them.

Dena Flanagan: I believe that you can change energy. We can raise the vibration of ourselves, the people around us and the earth.

The more positive energy we put out, then the more we get back.

It is all a matter of the mind; change your thoughts to positive instead of negative. I am a strong believer in sending love to everyone including people you don't care for very much and if you do you will get it back ten fold but bigger and better than that, you will feel the lightness in your own soul.

If everyone could do this then the world would already be ascended, hence the power of prayer and group healings, the more people doing it at the same time, the better the results.

Try practicing everyday by giving someone a compliment or helping them in some way with no expectations in return. Send people love and see their energy change in a more positive way, these are the ways I change everyone around me and my own energy.

Chinhee Park: Yes, I believe that one's life, including the future are influences by some sort of energy that surrounds us.

I believe bad energies will always be attracted to good energy. As a lightworker, I have to determine if this bad energy can be worked with or if it's not their time to change or heal.

If that's the case, then I have to disconnect from the bad energy and send them good energy from a distance. I have to always shield myself from the really bad energies by taking care of myself extra.

Loving myself to the max is the only way to handle bad energies.

Dr. Linda Salvin: I absolutely believe our lives are influenced by some sort of energy surrounding us.

Not only is prayer, positive thought and affirmation important but the people, places and things we surround ourselves with play a large part.

We often walk the wrong path with people due to decisions we make, curiosity, bad influences, lack of self worth, etc. I am also a firm believer in curses which have been placed on people by jealous or mean-spirited beings to better themselves and hurt others.

I have experienced it and know that good energy can flip on a dime without notice. Some is astrological, some is socio-economic, and some is spiritual.

As a lightworker, I have my own candle line, Wicks of Wisdom which helps diffuse the negative, I pray and meditate, I release relationships no longer important or healthy for me, I do a spring cleaning of items acquired as gifts or purchases I have made that have bad energy infused in them and release them by donating to organizations or simply tossing them out.

There are many methods of clearing, including cleansing and blessing the home

using sage and incense. Every case is individual and we need to protect ourselves from the psychic vampires and attacks out there.

Melissa Berman: It is my belief and experience that we have to move through our lessons sometimes with grace and sometimes with survival and sometimes with whatever tools we can muster.

The old saying: "You have to feel it to heal it!"

Yes, there are sometimes outside forces and energies that really try to mess things up ~ this is why we are here as lightworkers ~ and we all have different ways of dealing with the bombardments.

Gridworkers, transmutation of energies through the body for one's own past lives and to correct imbalances here, vortex balancers, and so many more missions ~ but for many of us, myself included, it has been having to go through it to transmute it.

The energy shifts as we do this work.

I do a lot with prayer, candle work, working with my team and other blessed beings as they are revealed to me. It is not for the faint of heart or for anyone who believes that it's all fluffy and fun.

It's not ~ but it has great and deep meaning. And, again, everyone has a different mission.

Our core bonding is Divine Light and Love.

Chanda Reaves: I believe that our lives are influenced by karmic energies that surround us by attracting diverse entities and elementals according to our own karmic attachments. As they attach to our auric fields, they have the potential to create a strong influence by interceding our thoughts. Be mindful of your thoughts! I come from the school of thought that Energy is Energy.

There is no "good or bad energy".

However, there are vibrational frequencies or polarities that directly or indirectly have the ability to affect positively, negatively or cause neutrality.

We see this in all mannerism of science via the proton (positive charge), electron (negative charge), and neutron (neutral/ no charge).

The key is to transmute the vibrational frequency of the unwanted energy to be harmonious with your own vibrational comfort zone.

The vibrational frequency of one individual will not be the same for another.

Each individual has their own unique frequency that can be grouped into three

distinct polarities prospectively; positive, negative and neutral, yet each being distinctly unique in its Soul Group respectively.

As a Metaphysician and Starseed-Lightworker, I believe the old adages, "You give a man a fish he will eat for a day. Teach a man to fish and he shall eat for a life time. Each one, teach one!"

Education is the key to being successful in removing unwanted energies.

Before a person attempts any psychic exercise, one must first ground themselves. One may ask what is grounding and why is it important.

Grounding is the technique of releasing excess foreign energies from the astral and physical bodies that are not conducive to your own vibrational frequency.

These unwanted energies can be picked up from your environment, people, objects and astral energies/beings.

Grounding very important prerequisite to performing any psychic, meditational exercise or magical workings and/or actions.

Additionally, it is important not to force or overexert your efforts in any psychic exercise. It is important to take your time, don't rush and remember daily practice makes perfect!

The use of the grounding exercises can be use whenever, where-ever and with whatever you may be doing at the time that you need to rid your body of these types of unwanted energies and or vibrational frequencies.

I facilitate metaphysical consultations, courses, lecture and seminars involving various grounding techniques to rid the body of unwanted energies, chakra balancing, auric strengthening and shielding, how to run cosmic and earth energies to balance one's psychic development, vibrational frequency, psychic protection against the "astral nasties" and psychic vampirism on all levels, i.e. corporate, business, groups and personal vampirism.

Jethro Smith: I have always been able to see the energy around living beings and objects, and I have come to realize that "bad" energy and "good" energy can be changed by how much or how little higher light vibrations are administered to the energy.

My answer to the first question is a definite "yes."

Because I am able to clearly see auras and the energy surrounding a person, I am also able to witness changes in the energy both surrounding a person and within that person's energy field.

One of the most productive and most destructive energies I witness regularly is the energy of the spoken word. As people gossip and speak negatively about a person, I witness negative energy "being raised" and I physically feel ill. I may be hundreds of miles from the source of the gossip, but I can clearly see that energy (and hear the literal words) surrounding and sometimes penetrating the energy field of my client.

As the client and I discuss how to strengthen their own energy shield against the negative coworkers or unfortunately even family members, the energy can sometimes be so intense that the conversation must be changed immediately, such as discussing the positive attributes of the client, to create a positive vibration.

A positive vibration must be raised so as not to allow the negative energy to weaken the client or to take some form or shape in the client's life.

Oftentimes I will instruct my client to use their other senses such as using aromatherapy, color, patterns, and musical ballads in their life, surrounding themselves with positive vibrations so that they are able to influence and to change their environment to a higher vibration, thus closing the negative vibration in their home.

This has always proven beneficial in my work as a lightworker.

Higher light vibrations are administered to the energy of a physical manifestation as well.

For example, if someone is suffering from a malignancy, even though a healer has effectively healed with green energy which is excellent for most healings, this would be unwise for a malignant tumor because green will enable the energy to grow more quickly.

A healer is wiser to use pink energy or "white" energy, surrounding the negative malignant energy, containing it, and thus being able to remove it from the client and enabling the client to become fully healed.

This is an example of surrounding the negative energy so that it can be absorbed by another energy, such as that of a living plant, for one example. This is what I do as a lightworker and healer.

Angeline Kim-Kyna Tan: Yes, everything in the universe is interconnected. We draw energy from the cosmos and contribute energetically to everything that correlates to our physical senses.

We are connected to our planet as our planet is connected to our solar system, and the galaxy and universe. In this one living and breathing organism, we share the same unifying life force and feel the same shift in the frequency and

vibrations of the planets in our solar system. Correspondingly, our anatomical structure or DNA is evolving in accordance with this shift, this transformation at the infinitesimal, cellular level.

We are all a part of the 2012 Human Ascension. As a lightworker, I practise and help my clients to convert negative energy into positive energy using sage, herbs and anointed oils; Chakra cleansing and meditation; Auric cleansing and auric field protection through grounding, visualisation exercises; Reiki energy healing, and the use of crystals.

I work with angels such as Archangel Michael and Raphael, and the powerful Tibetan protector, Setrap, and I use sigils as well as Anne Jones protection and manifestation symbols. Once while I was on vacation in Bali and staying in a new hotel which I was unfamiliar with, I was in a hypnagogic state when I had a strong and disturbing vision of a man strangling a woman who was fighting for her life.

I then felt the sensation of fire around my neck which was excruciatingly painful. It was a residual haunting and I was picking up a vivid impression of the psychic energy imprint.

I released and balanced the energy in the room by invoking Setrap and chanting the Setrap protector chant, and drawing sigils in the air. After that, I slept restfully without any further incident.

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Ikhti-Chafa

Discovering the Energy of your Mind and Body

I. Introduction:

At the Ma'ahad, the honorable Enlightened Masters taught us several techniques to sense and direct our energy via Ikhti-Chafa exercise. In this section, I will provide you with a very simple practice/technique that could help you discover, sense, and direct your energy. It is customary for the spiritual teachers, channelers, psychics, mediums and healers to talk about that un-jene-sais-quoi "Energy"!

But rarely, do they explain in simple terms, what that energy is!

What is the substance of energy?

How energy is created?

How energy could be sensed and directed?

How to use it to create a positive environment?

How to effectively use it to block others' negative thoughts and vibrations?

Can we see others' energy?

Can we see our own energy?

And, can we measure energy?

If pertinent answers and explanations are not given to us, then, kiss goodbye that energy, and all the mambo-jumbo lectures of the spiritual masters, energy's healers and so-called psychics. And, it's as simple as that.

Energy has been defined as:

- Aura,
- Astral Body,
- Vibes or rays emanated by Chakras,
- The first layer of the Double,
- The electromagnetic frequencies of substances and bio-organic elements found in our body,
- An etheric vibration.

Some masters in the East depicted energy as:

- Chi,
- Ki,
- Nei-Cha,
- Inner mental-physical strength, you name it.

Don't get confuse with all these definitions.

We have to simplify things to understand things.

So, for now, let's call energy, vibrations or frequencies produced by the Jabas (Cells/pockets in your brain), and the elements (Organic elements) found in our body.

Although, they are not visible to the naked eye, true spiritual masters can see these vibrations and frequencies, and in some instances, can be scientifically detected and measured in the laboratory.

*** *** ***

II. Generalities:

All of us have energy. Good people produce positive and good energy. Bad people produce negative and bad energy.

Sick people (Good or bad people) produce negative energy.

Mentally disturbed people (Good or bad people) produce negative energy.

Inmates (Good or bad people, innocent or guilty people) produce negative energy.

Good people who temporarily display anger and violence, produce negative and bad energy.

Briefly, energy reflects what and who you are at certain point in your life.

Vibrations are not permanent, meaning, sometimes, we emanate good energy (Good vibes), and some other times, we emanate bad energy (Bad vibes).

Everything depends on our state of mind, health condition and emotional situation.

The good news is:

- 1-We can change our negative energy to a positive energy.
- 2-We can see our energy, measure its intensity and use it to ameliorate our situation.
- 3-We can sense, and in some cases, see others' energy and right away determine whether they are good people or bad people.

But first of all, we need to sense our own energy.

This will allow us to see others' energy, and possibly read them, probe and understand their intentions, and consequently, protect ourselves against harm and damages caused by the vibrations of their bad energy.

On the following pages, I am going to show you step-by-step, how to sense and direct your energy.

*** *** ***

III. Materials/tools needed:

1. A piece of white paper or a white napkin.
2. A candle. Any kind. Color and size are irrelevant.
3. A needle or a pin.

*** *** ***

IV. Preparation:

The initial phase is called “Preparation” and includes:

Illustration #1, Illustration #2, Illustration #3, Illustration #4, Step One, Step Two and Step Three.

Step One:

Look now at Illustration #1.

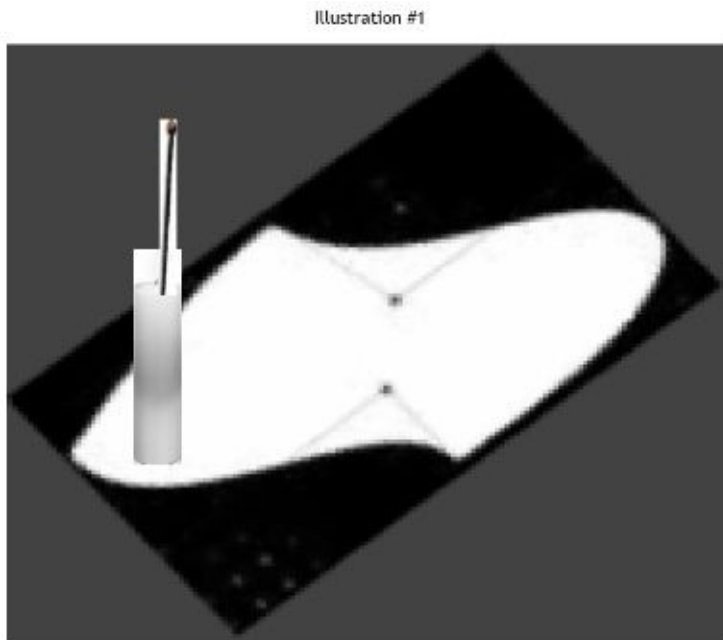


Illustration #1

1. Perform the exercise in the privacy of your room, always after 7.00 PM.
2. Perform the exercise on any day of the week, except on Sunday night after 10:00 PM or on Monday between 7:00 PM and 9:00 PM.
3. Perform the exercise alone.
No people or pets should be around, because you must not contaminate your vibes.
4. Place the candle on the lower left side of the paper or the napkin.
5. Place the paper or the napkin on a solid surface.
6. Fold the paper or the napkin as seen on the illustration.
7. Draw 2 triangles on the paper or the napkin as seen on the illustration.
8. Mark the upper corner of each triangle with a dot as seen on the illustration.
9. Light up the candle.

10-Stick a needle or a pin in the candle as seen on the illustration.

Note: When item #10 is done, turn off the light in the room.

11-Turn off the light in the room or where you are conducting the exercise.

Note: The needle should be positioned in a way or at an angle that would reflect its shadow on the paper or the napkin.

You can always adjust and re-adjust the position (Place) of the needle or the pin. Work on this.

*** **

Step Two: Understanding the technique.

1.You must understand what is going on, in order to proceed. So look at Illustration #2.

You will see a black line in the middle of the napkin or the paper. This is a dividing line. It is called Khat.

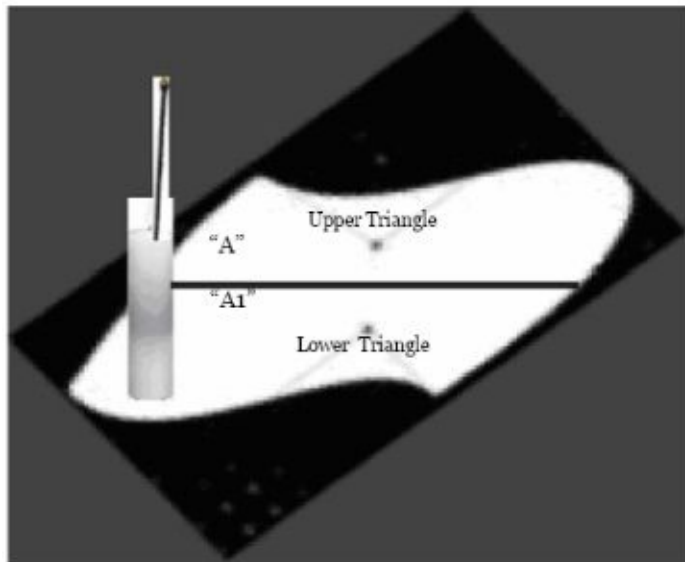
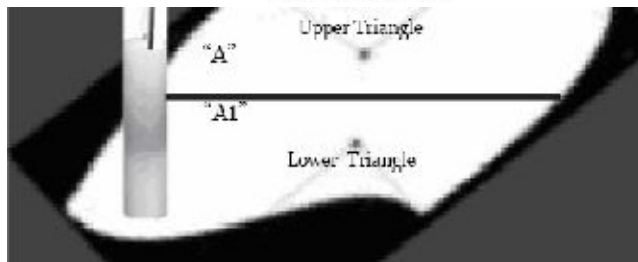


Illustration #2



Khat

2. The line divides the surface (Paper or napkin) into two areas.

3. The top area "A" is a negative spot.

4. The lower are “A1” is a positive spot.
 5. In area “A”, you will find an “Upper Triangle”.
This triangle stores the source of the negative energy.
 6. In area “A1”, you will find a “Lower Triangle”.
This triangle stores the source of the positive energy.
 7. The black dot of the upper triangle is the infinitesimally small spot, from which, the negative energy leaks to the outside, and invades area “A”.
 8. The black dot of the lower triangle is the infinitesimally small spot, from which, the positive energy leaks to the outside and invades area “A1”.
 9. Illustration #3 will give you additional explanation.
- So let's read the explanation of Illustration #3 on the following pages.

*** **

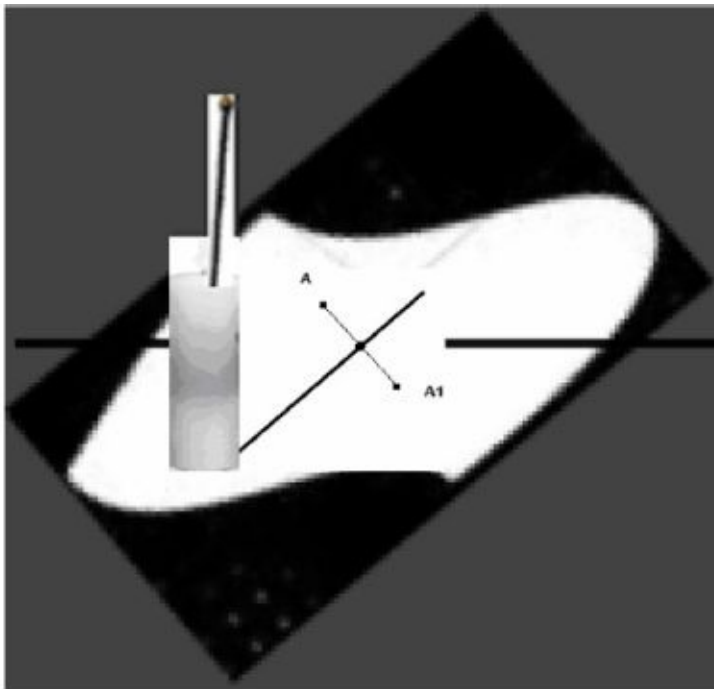


Illustration #3

Step Three: Adjusting the shadow of the needle or pin.

1. Adjust the position of the needle or the pin, so it would project a shadow on a straight line, as seen in Illustration #3.
2. You might also need to adjust the position (Place) of the candle. Try and see which one of

the two needs alignment.

3. Alignment means a straight shadow, right in the middle of “A” and “A1”. In other words, the shadow of the needle or the pin must almost equally divide the surface of the napkin or the paper. See Illustration #4 on the next page.

4. This shadow is going to play a major role in your exercise. Additional information on the importance and role of the shadow will be provided later on.

5. For now, get a straight line (A straight shadow).

Do not worry about anything else. Everything is going to be just fine.

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Illustration #4:

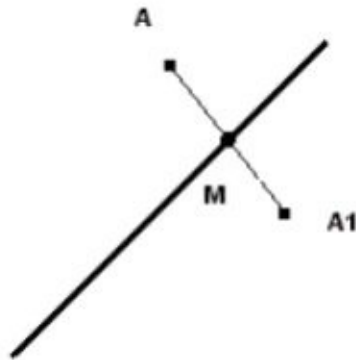


Illustration #4.

1. Illustration #4 shows you the perfect alignment of the shadow of the needle or the pin.

2. This straight line is not going to stay straight.

It is going to change either its direction or its position.

You will see this happening when you reach forthcoming steps.

V. The Technique:

So far, everything is set for you.

You have everything lined up to get ready, and to start a memorable and an extraordinary journey, leading to astonishing discoveries and findings.

And now, the exercise/technique begins.

But first of all, you have to believe in yourself. You've got to believe very strongly that you are going to succeed.

You have to convince yourself that you can do it.

You have to believe in the power of your mind.

Your mind has tremendous powers.

And, I am going to show you step-by-step how to discover these hidden powers and use them to elevate yourself to a higher level of awareness. And, to understand how unseen forces, that surround you can produce incomprehensible things your mind could not grasp in the past.

It is not an easy enterprise, because it requires:

- Lots of practice, sometimes long hours.
- Perseverance.
- Determination.
- Deep concentration.
- Observing a particular diet.
- Maintaining an absolute state of tranquility.
- Imagination capable of developing and animating visions and mental projections.

Do not get alarmed now by this idea of imagination, mental projection and animating visions!

The technique's description will give you all the necessary instructions on how to use your imagination. So, relax, and get ready. You are going to succeed, unquestionably and I am with you all the way.

And, if you need additional guidance, you can always write to me at delafayette6@aol.com

You are most welcome!

So, what is the plan now?

Well, if you are looking at the candle, the needle or pin, the paper or the napkin and a shadow on a surface, you will not notice anything extraordinary. Nothing is happening so far.

But soon, everything is going to change, and something strange might appear on the napkin or the papers. And, who is going to do this? YOU!

Essentially, what we want to accomplish here, is to deviate the shadow we see on the surface; the shadow of the needle or the pin, that is.

In other words, make the shadow move without touching anything. And we are going to accomplish this, simply by using the power of our mind.

You are going to use your mind to order your body to open up the channels of your energy that

is simultaneously created by your Jabas (Cells in your brains) and the organic substances in your body.

Your mind is not creating those vibes, alone.

The mental waves, YES!

But the vibrations and the rays of your body are created by your body. The role of your mind here is to sense, to guide and to direct all sorts of vibrations, frequencies, waves and rays coming out of your body. By doing so, you will be able to sense, direct and control your energy!

And once you achieve that, you will be able to:

- Heal yourself and others.
- Remove blocks and obstacles that prevent you from succeeding in many of your endeavors and causing the effects of bad luck.
- Activate the channels of extraordinary supernatural powers.

Follow these instructions:

1. The shadow of the needle or the pin will serve as a tool to make your energy materialize in the form of rays.
2. These rays will ultimately change into frequencies and the frequencies will change into vibrations.
3. In brief, these vibrations reflect the strength or weakness of your energy.
4. If your energy is strong, the vibrations are automatically strong and vibrant.
5. If your energy is weak, the vibrations are automatically weak and dim.
6. But there is a way to strengthen your energy.
This technique will show you how.
7. But first of all, you must learn whether your energy is strong or weak. You can do that by working with the shadow of the needle or the pin. And this is what you have to do.
8. For 5 seconds, focus intensely on the shadow.
9. For 5 seconds, concentrate on the direction (Position, place) and length of the shadow.
10. So far, nothing is happening. The shadow did not move. In fact, nothing is moving.
11. The only thing that is going to move now is the “inside” of your mind. Meaning, you are going to tell your mind that your energy, or any form of inner strength you have inside your body, even some strong ideas or concepts you have formulated, is getting out of your body, as

if you want to get something out of your system.

12. It does not matter what you are thinking about. The quality and quantity of your thoughts are irrelevant. Even anger can produce vibrations, feelings, inner sensations and that's enough to project your energy on the outside.

13. Get busy with your ideas, wishes, dreams, anything you could think of.

14. In a few seconds, you will start to feel something. And we are not going to talk about these feelings for the time being. It is normal and expected that you will feel something.

If not, start again, but this time, think about something you dislike; a bad experience, a failure, regret, a physical pain, etc.

15. This should trigger some sensations, and soon after, these sensations will produce vibrations.

And these vibrations will usher in your energy.

16. Now, tell your mind that the shadow on the napkin or piece of paper is getting a little bit fuzzy. Keep thinking about this, for 5 seconds.

17. Place both hands on the solid surface where you have placed the napkin or the piece of papers. This will anchor part of your energy into the napkin or the piece of paper.

18. Stay like this for 5 seconds or so, and now hold firm on the solid surface.

19. After 7 or 8 seconds, sometimes a little bit longer, you will start to feel some sort of resonance or small vibes getting to your fingers.

20. This is going to happen. No question about it.

21. Now, mentally, order the shadow to move, in any direction.

22. Use your concentration to make this happen.

For instance, concentrate on the very end of the shadow, using your right eye, and simultaneously, focus on the needle using your left eye.

You can do it, it is not very difficult.

Keep repeating this double concentration, until you get it right.

23. Once, the end of the shadow and the needle are within your concentration perimeter, look right away at the shadow.

24. The shadow is moving now. Absolutely! I guarantee it.

And if not, stop the exercise and check "information on diet". Repeat the exercise the very next day.

25. If the shadow begins to move, follow it with both eyes. Stay like this, for 5 seconds or so and close your eyes.

26. Keep both eyes closed for 10 seconds or so and keep on concentrating on the shadow inside your mind.

27. While concentrating on the shadow inside your mind, remove your hands from the solid surface, place your left hand against your forehead, and your right hand against your solar plexus.

See illustration A and illustration B on the next pages.

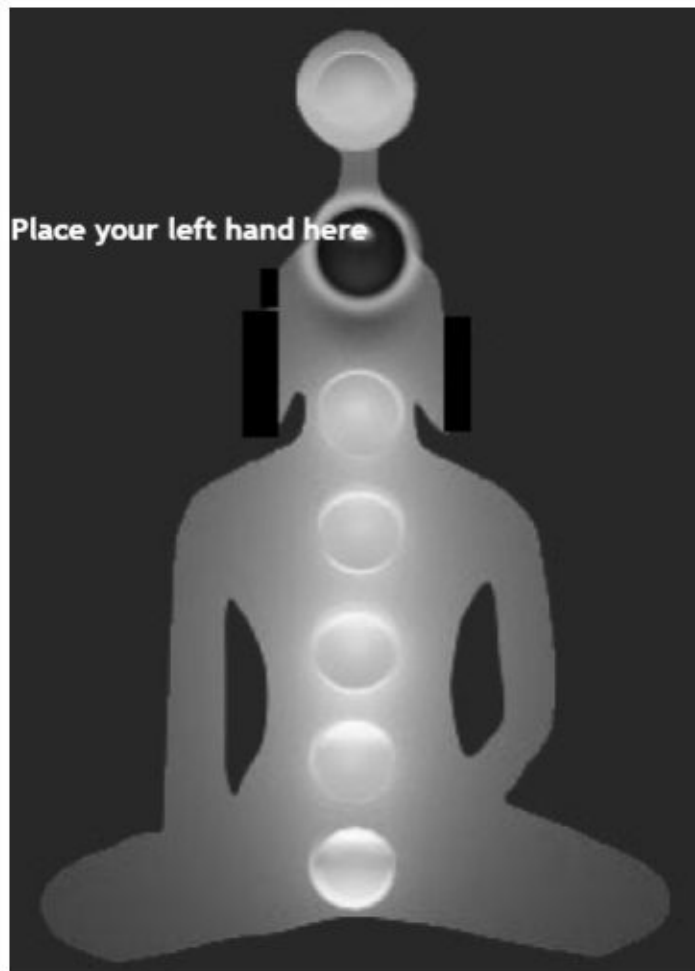
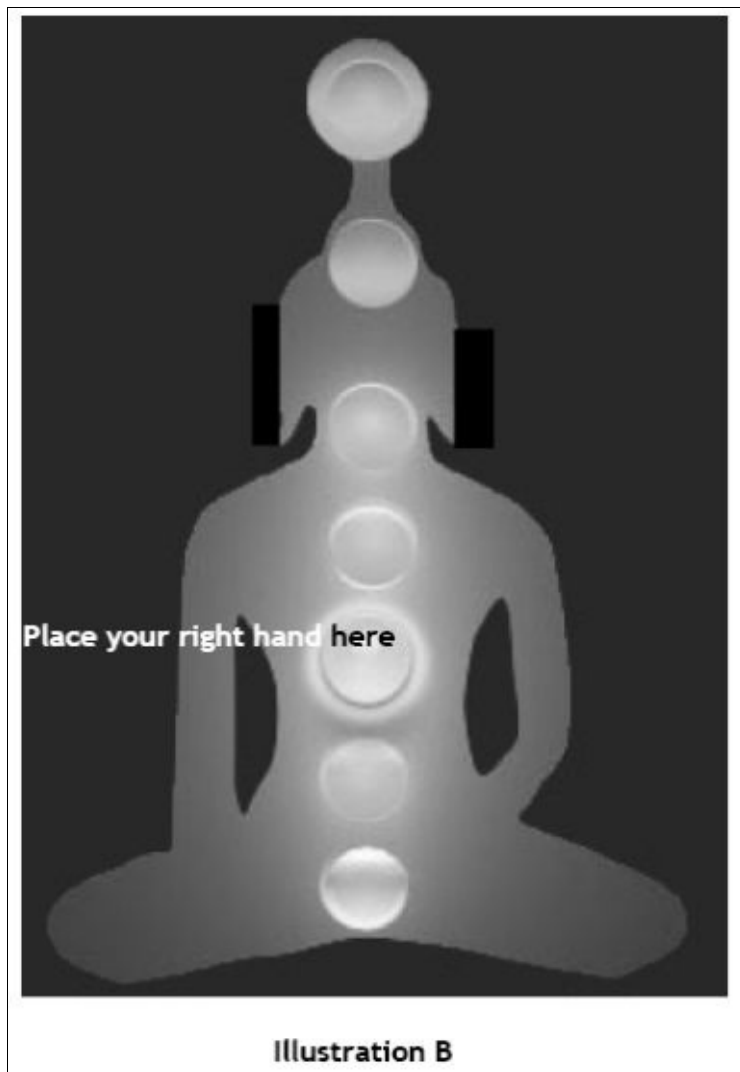


Illustration A



28. Maintain this position for 20 seconds or so.

29. After 20 seconds or so, drop down both hands and look at the shadow on the solid surface.

30. And voila! The shadow has shifted!!

31. Now pay attention to the new alignment of the shadow, meaning the new position or direction of the shadow.

32. If the shadow has moved to the left (Area marked A), as shown in Illustration #5, on the next page, this is an indication that your energy is in trouble, meaning one or all of the following:

- Bad energy
- Negative energy
- Weak vibrations
- Poor mental resonance (Temporary) caused and/or originated by a perturbed physical or emotional state
- Weak aura
- Lack of mental clarity

These etheric symptoms indicate that:

- Your Double is unbalanced
- Your Khateyn Tarika lines are blurry, meaning that your “Mental and Physical Zones” are not protected
- You have lost your protection shield

Consequently, your energy is not effective; and therefore, you need right away to strengthen your energy. There is a technique in this book that shows you how to do it.

33. If you got results indicating that you have bad energy, close the exercise right away, and refer to “Instructions about Diet and Hygiene”, on the following page.

34- Bad or negative energy could be disastrous.

Its consequences include (To name a few):

- a-Failure in your relationships with others
- b-Health deterioration
- c-Alienating people
- d-Bad judgment
- e-Misunderstanding others
- f-Indecisiveness
- g-Fatigue
- h-Laziness
- i-Fear
- j-Anxiety
- k-Bad luck

35. If the shadow has moved to the right (Area marked A1), as shown in Illustration #6, on the following page; this is an indication that you have a healthy, strong and a good energy

36. Additional results are revealed in Illustration # 7.

Read the pertinent explanations on the following page.

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Illustration #5
Bad Energy

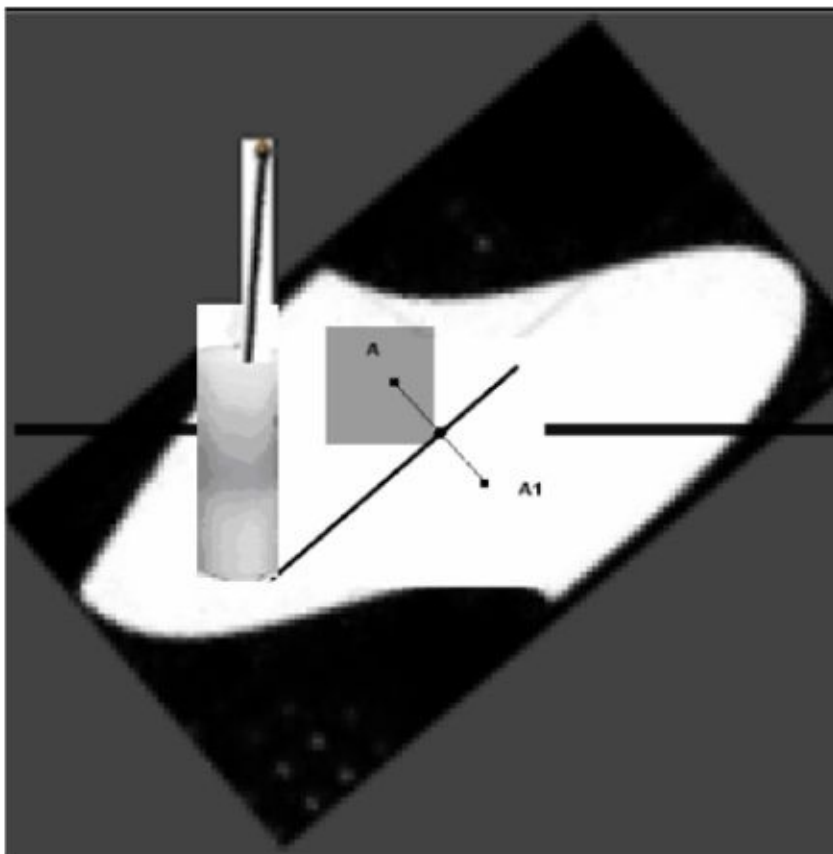
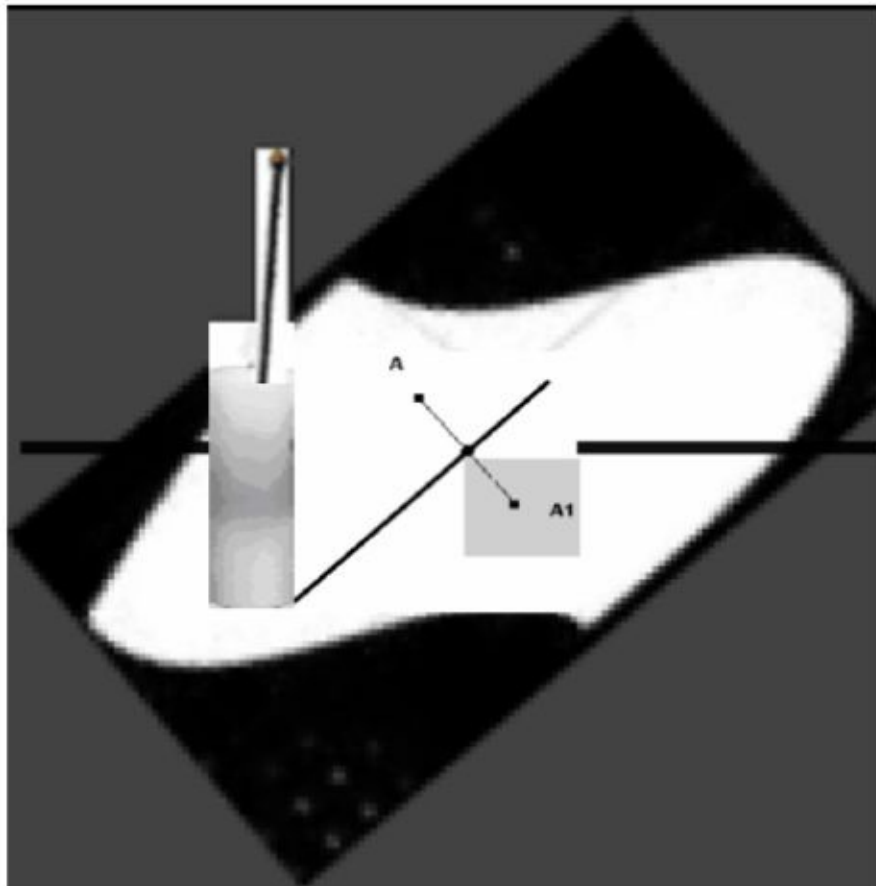


Illustration #6
Good Energy



Explanation for Illustration #7

1. Illustration #7, on the next page refers to the “State of No Variation.” Meaning, your energy is stagnant.

In other words, your energy is neither bad nor good.

Simply put, it is dormant, and useless.

2. This happens, when the shadow does not move. It stayed still. It’s immobile. Your energy needs energy.

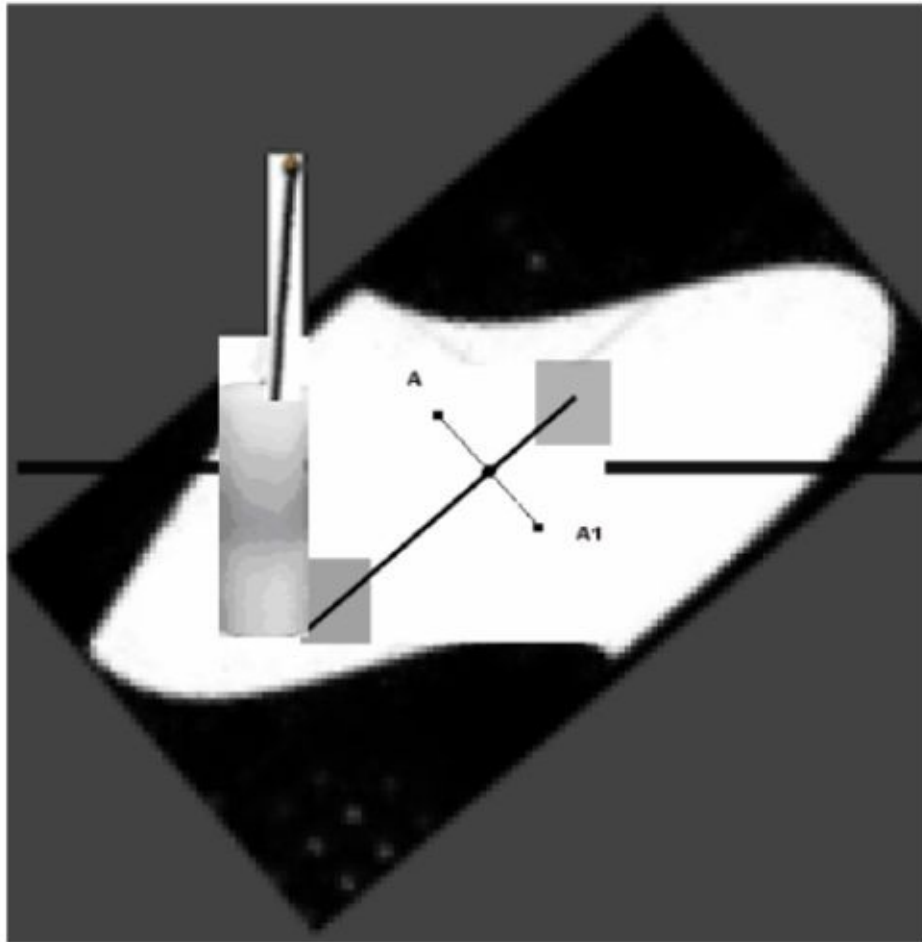
3. Well, this situation is not so terrible, because it does not indicate that you have bad vibes. And, when you don’t have bad vibes, you don’t disturb others, you don’t alienate others, but by

the same token, you don't attract others and you don't succeed in your relationships with others. And, that could be unpleasant, especially if your energy remains inactive.

4. But we have good news; you can activate your energy, make it vibrant, healthy and extremely positive, by practicing techniques described in Illustrations 8 to 11 on the next pages.

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Illustration #7
No Variation



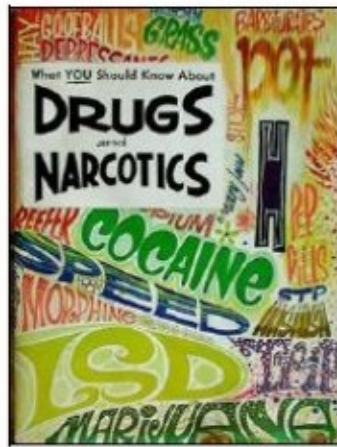
Instructions about Diet and Hygiene:

The Masters told that:

1. Consuming alcohol in moderation is accepted. Wine is good. Drinking beer in moderation is good, but consuming a large quantity of hard liquor deteriorates the vibrations of your energy. And when the vibrations and frequencies of your body and Fikr (Mind) are damaged or threatened, this becomes an indication of a weak energy, and a perturbed inner vitality.
2. Animal fat must be avoided.
3. Maintaining a good hygiene is a must.
4. Teeth cavities produce bad vibrations.
5. Bad breath produces bad vibrations.

6. Chemically treated and manufactured tobacco produce blurry vibrations
7. The use of medicinal drugs (Pills, liquids, others) produces temporary blurry vibrations.
8. The use of narcotics of any kind is awful. It produces bad energy, emanates bad vibrations, and blocks your Jabas.
9. Very long nails produce bad vibrations.
10. Greasy hair produces perturbed vibrations.
11. Excessive make up produces bad vibrations, and distorts the layers of your energy.
12. Eating meat of any kind is not recommended by the Masters, unless it becomes an utmost necessity, based upon physicians' recommendations.
13. Dirty or stained clothes produce bad vibrations.
14. Shoes, boots, sneakers and belts made from rubber and other synthetic products produce bad vibrations.
15. Body's odors produce multiple layers of bad vibrations
16. Some kinds of nail polish produce bad vibrations. Black nail polish must be avoided.
17. Unclean intercourse or other sexual forms, such as submission, bondage/domination will produce awful vibrations.

Avoid and Prevent This, Please!!



Animating and Activating your Energy

Summarizing:

What do we get out from a positive energy?

Why is it so important to activate our energy?

Because, a positively active energy allows us to accomplish magnificent deeds, such as:

- Blending harmoniously with our environment
- Making others feel comfortable when we are around them
- Removing fear
- Healing physical pains
- Healing others
- Healing ourselves
- Developing a healing touch
- Removing “Knots” and “Blocks” that trapped us in the sphere of failure, confusion, and ultimately pushing us over the cliff!
- And, so many other wonderful things described throughout the book.

Is the healing touch directly related to a good energy?

If yes, can we learn the healing touch technique?

Yes, we can! The technique is described step-by-step in this book.

But what if our energy is not active?

How can we activate it?

And how long will it take to animate and activate our energy?

You will learn pertinent techniques on how to animate and activate your energy in this chapter.

And, how long it would take? It depends on how serious you are!

Perseverance and practice make perfect.

If you follow the instructions to the letter, and if you practice daily for a period of 25 days, you will be able to animate and activate your energy.

So let's proceed.

Follow these instructions:

1. This exercise is extremely important and useful. If you succeed –and you should– in completing all the steps, you will be able to:
 - a-Calm agitated people
 - b-Make people relax
 - c- Influence others' decisions (Oh Yes!)

- d-Vitalize your mental energy, meaning widening the spectrum of perception
- e-Activate many of the layers of your mental vibrations
- f-Properly align your energy
- g-Maintain a perfect equilibrium for your Khateyn Tarika

But I must remind you that if you have bad intentions, and you intend on using the mental powers you will gain from this technique, just to hurt people, you might succeed once or twice; but eventually, you will lose everything you have gained from practicing this technique. Your Araya and Jabas will prevent you from carrying on your dishonorable practice.

- 2. Look at Illustration #8 on the next page. It is related to Ikhti-Chafa technique. Area “A” represents your bad energy or your inactive energy.
- 3. Area “B” represents your good energy.

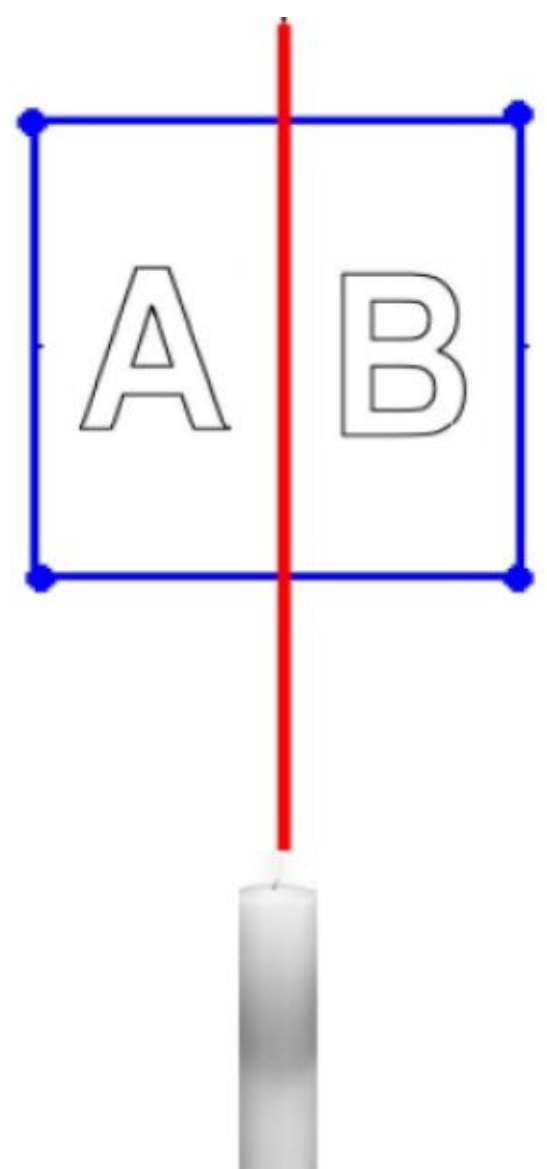


Illustration #8

- 4. The diving line between “A” and “B” is the path of your mental vibration, and/or the entire depot of your energy.
- 5. The candle represents your brain (Mind, Fikr).
- 6. Look at Illustration #9 on the next page, to see what you are going to accomplish.
- 7. Pay attention to the illustration.
- 8. Touch the bottom of the candle with your second finger. as shown in Illustration #8 A, on the next page.
- 9. Put your left hand on the top of your head.
- 10. Take a deep breath for 4 seconds or so.
- 11. Do not push the copy-paper. Don’t let it move.
- 12. Press a little bit harder the top of your head with your left hand.
- 13. Close both eyes.
- 14. Open your right eye. And keep it open for 2 seconds.
- 15. Close your right eye.
- 16. Open your left eye. And keep it open for 2 seconds.
- 17. Close your left eye.
- 18. Repeat steps 14, 15, 16, 17.
- 19. Take a deep breath for 4 seconds.
- 20. Slightly, very slightly and very slowly, push the copy-paper forward.
- 21. Do not open your eyes.
- 22. Move your finger one centimeter to the left.
- 23. Keep your finger there.
- 24. Bring your left hand closer to your solar plexus, and press your hand against your solar plexus.
- 25. Keep your left hand there for 5 seconds or so.
- 26. Inside your mind, visualize a gray square moving toward the letter A.
- 27. Press a little bit harder against your solar plexus.
- 28. Take a deep breath for 4 seconds or so.
- 29. Open your eyes half-way. And stay like this for 3 seconds or so.
- 30. Close your eyes.
- 31. Inside your mind, tell yourself that the gray square has already moved to the left side, but it needs adjustment.
- 32. Inside your mind, tell yourself that you are going to anchor the gray square in the “A” area.
- 33. For 10 seconds or so, keep telling yourself that you are doing it.
- 34. Remove your left hand from your solar plexus and place it right away on the left side of the solid surface.
- 35. Open your eyes. The gray square is in the “A” area. You can do it! Many did!

- If you get this result, this is an indication that either you have activated your energy and/or your energy was already activated, but needs direction.
- If you manage to transport/teleport the gray square to the “A” area, this means that you will be able to direct your energy toward any person, any object and any target you wish. And the results could be spectacular.
- 36. Keep practicing and practicing at least twice a day for a period of 5 days.
- 37. On the 6th day, engage yourself in a dialogue with a friend, preferably a stubborn one.
- Without ill-purpose or vicious intentions, and gently, disagree with your friend on any subject he/she is talking about.
- As expected, your friend will keep on arguing because he/she is stubborn. That’s fine. Now, in a discreet manner, place your left hand against your solar plexus for a few seconds, and mentally send a message to your friend, telling him/her that she is wrong.
- While you are doing this, focus on his/her forehead for 2 seconds. And right away look him/her in the eyes for 2 seconds. Your friend has already changed his/her mind without knowing!
- 38. There is no doubt that you will succeed. But if you are skeptic, extremely materialistic and lazy, you will fail!

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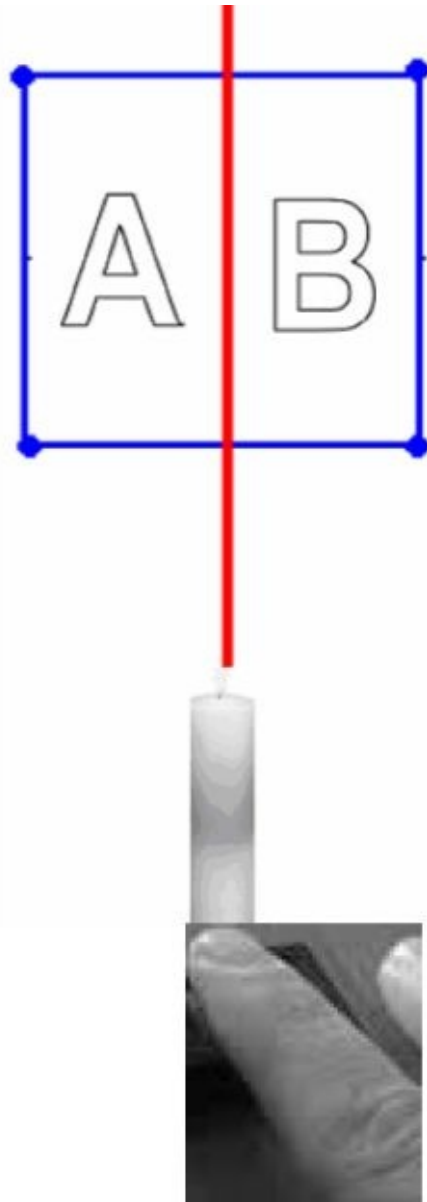


Illustration #8A

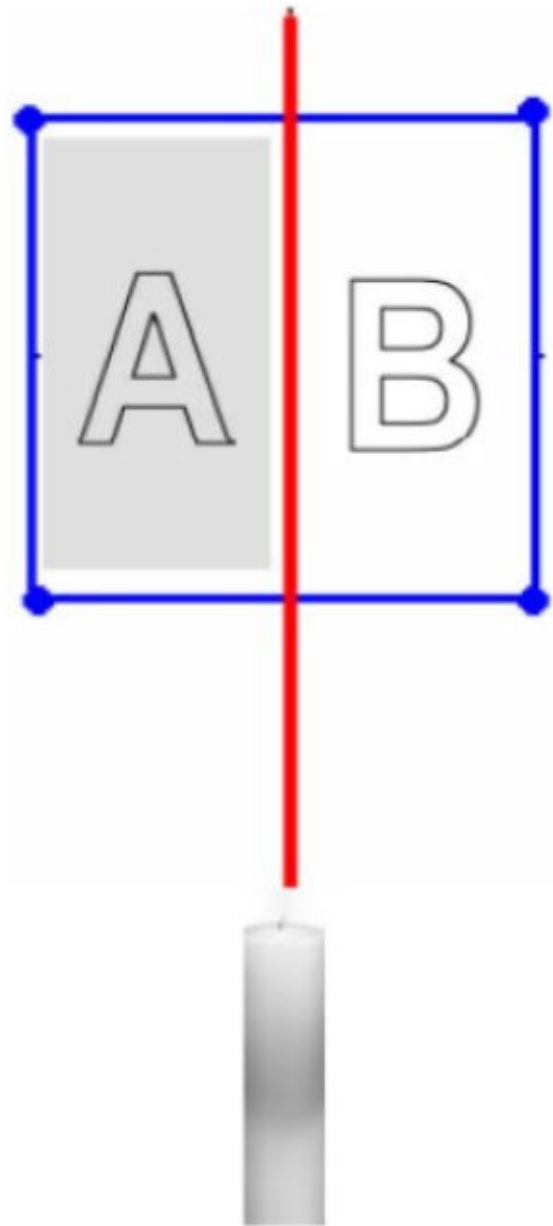


Illustration #9

Illustration #10, on the next page:

1. Repeat the same exercise, but this time, you will transport the gray square to the “B” area.
2. Follow the same instructions given for the previous exercise.
3. You must do this new exercise to strengthen your energy
It is a must.
4. Do not miss any step
5. You should get the result as shown in Illustration #10 on the next page.

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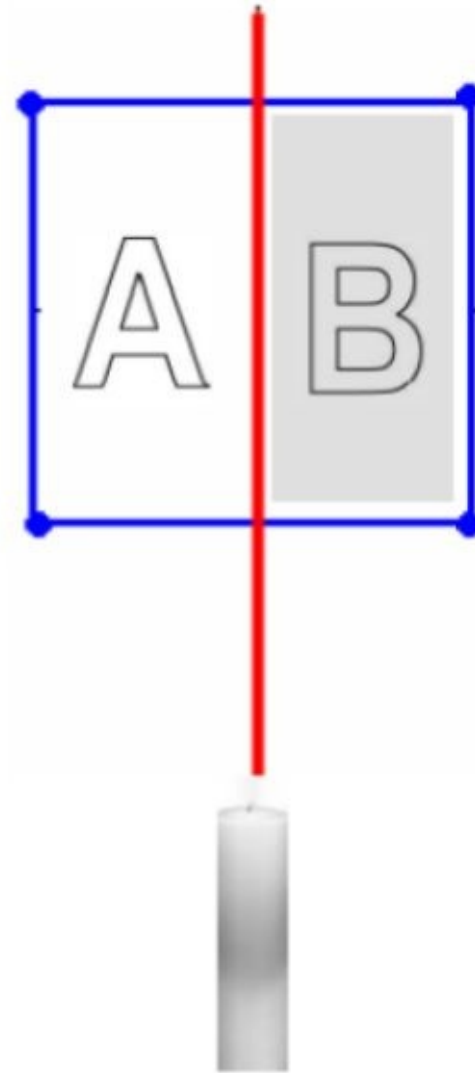


Illustration #10

Final Exercise pertaining to Illustration #11:

Objective of this exercise:

You should get the result as shown in Areas “A” and “B” in Illustration # 11, on the next page.

Meaning, transposing/teleporting two grey rectangles to “A”, and to “B”.

Go to the next page to get the instructions. And look at Illustration #11 A.

Look at Illustration 11 on the next page; this is the result you should get: 2 grey rectangles, just by using your own energy diffused by three fingers, as shown in Illustration #11 A.

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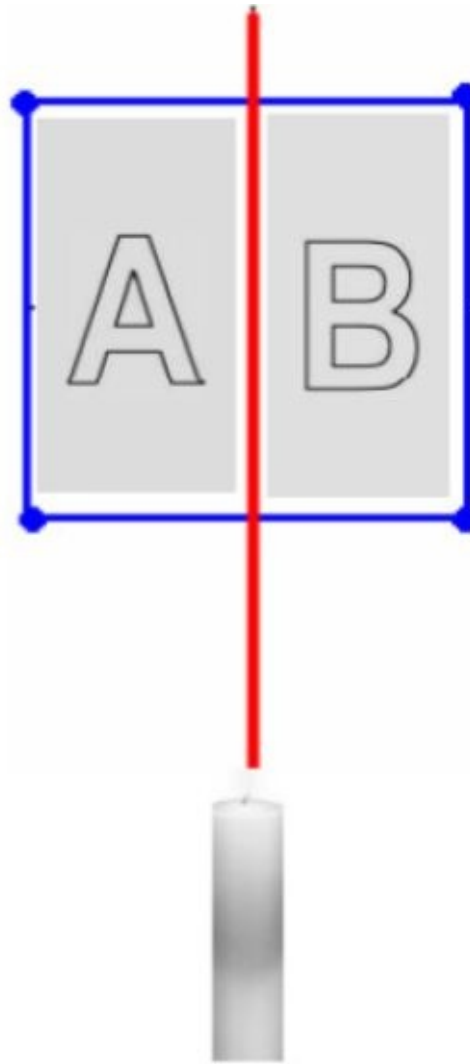


Illustration #11

The final result is shown in Illustration #11 B on the next pages.

Follow these instructions:

1. Copy the page 127 which has Illustration # 8, and place it on a solid surface. Your desk is fine.
2. You are going now to use three fingers to generate energy. This energy has good vibrations you could use for self-healing, as well as for healing others. You will find plenty of information and instruction on the “Healing Touch”, in volumes 1 and 2
3. The energy you are going to witness is produced by your mind, not by your body. The mental energy is stronger and far more superior to the body’s energy; the body’s energy powers are limited by distances. The mental energy transcends space and distances, meaning you can send your mental energy

to remote areas, to people living far away, so on.

Authentic healers and Rouhaniyiin can heal people at distance. The less-awakened masters use the healing touch.

In some instances and situations, you can use others' energy, and/or incorporate their good vibrations in the healing process. You are not the only one who has energy.

Remember, energy comes from everywhere:

- a-Nature, in general
- b-The cosmos (Universe)
- c-People
- d-Plants,
- e-Solid objects like stones, diamonds, crystals
- f-Animals, pets

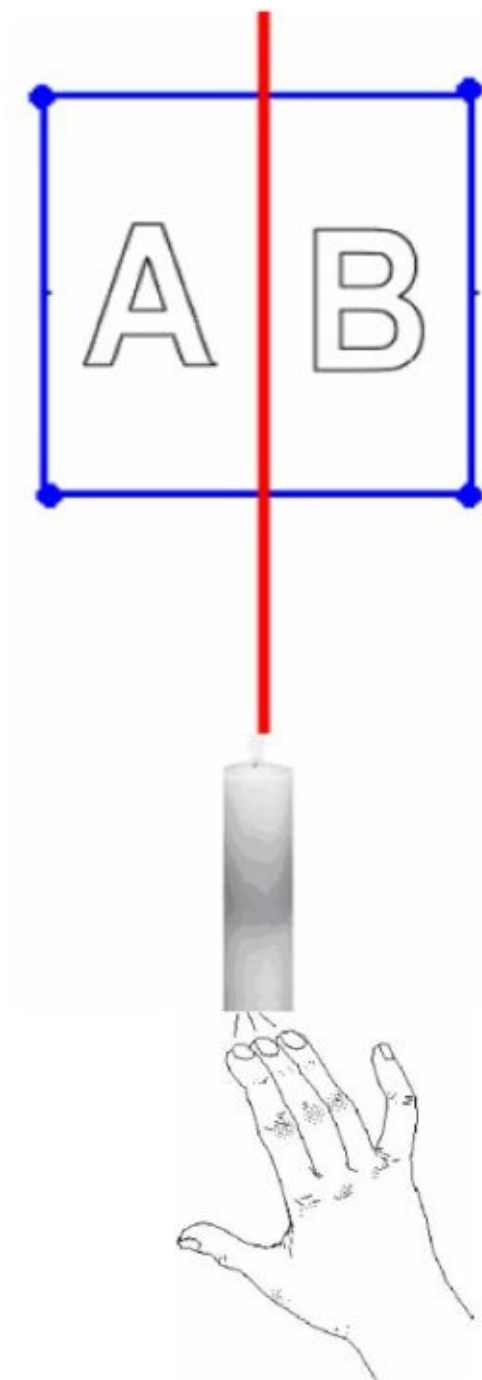


Illustration # 11 A

On the following pages, you will find how and where different levels of energy are stored.

4.No matter how weak you are, no matter how skeptic you are, no matter how untrained and unfamiliar with these sorts of things you are, you still have energy somewhere inside your body, outside your body, inside your brain, and outside your brain.

5.Place your three fingers at the bottom of the bottom of the candle as shown in illustration #11A, on the next page.

Keep your fingers there for 3 seconds and remove your fingers.

6.Now, look at the bottom of the candle for 2 seconds, and bring your 3 fingers very close to the bottom of the candle, and place your fingers at 0.5 centimeter distance from the bottom of the candle. Do not touch the candle. Keep your fingers there for 5 seconds or so.

7.After 5 seconds, take a deep breath.

8.Close your eyes now, and take another deep breath.

9.Very gently and meticulously touch the end of the bottom of the candle, with your 3 fingers. Refer to illustration #11A, on the next page.

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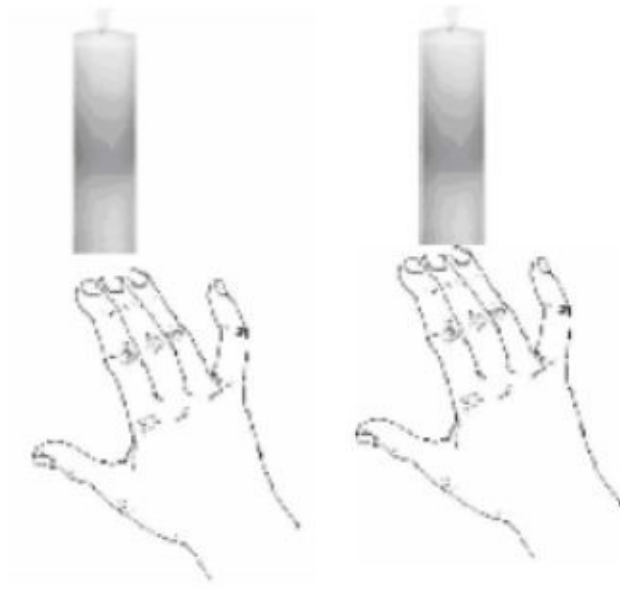


Illustration #11A.

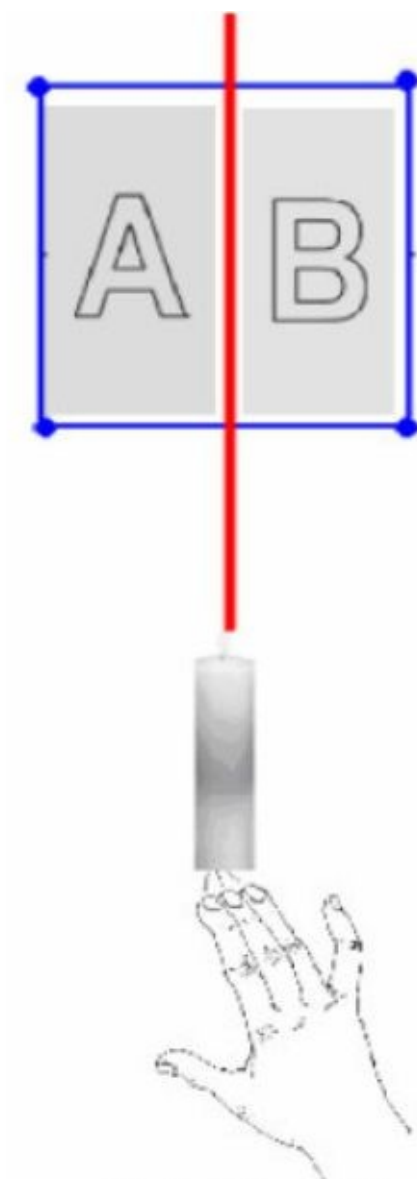


Illustration #11B

10. Very slowly move your fingers like a Chinese fan from left to right, and from right to left, 3 times, as shown in Illustration #11 C, on the next page , and Illustration #11 D, on the following page.

11. Do it this way: First, very slowly move your fingers like a Chinese fan from left to right, as shown in Illustration #11 C, on the next page.

12. Second, very slowly move your fingers like a Chinese fan from right to left, as shown in Illustration #11 D, on the following page.

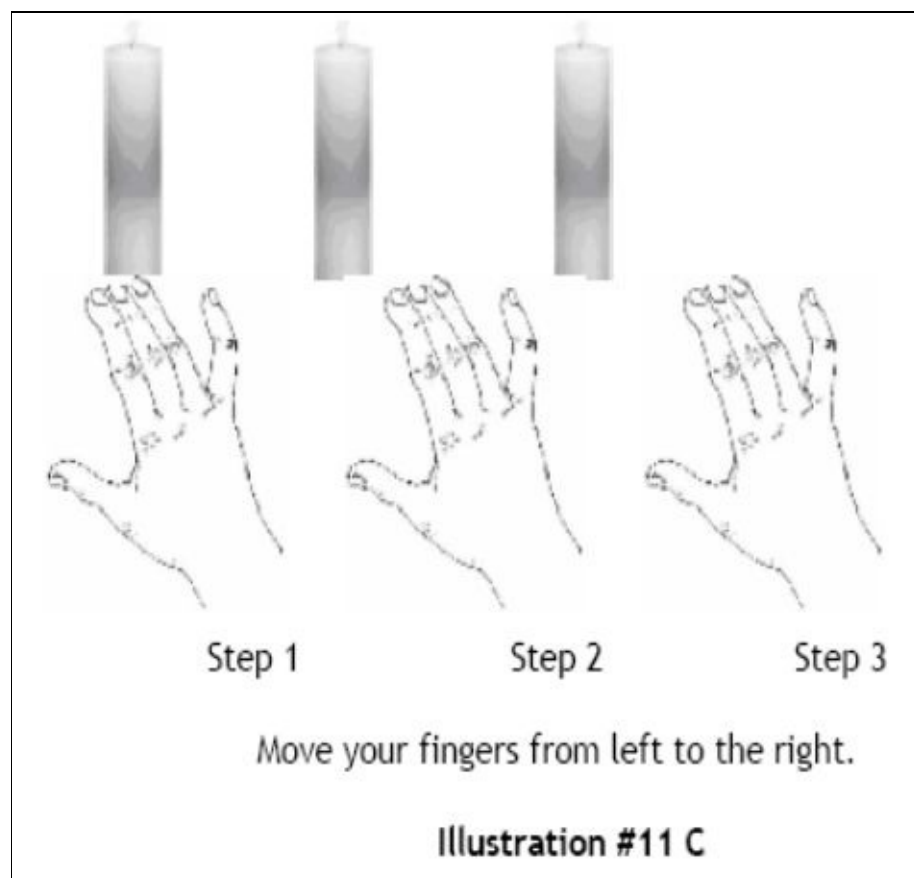
13. Now, vibrate your hand right and left, and left and right under the candle, as shown in Illustration #11 E, on the following.

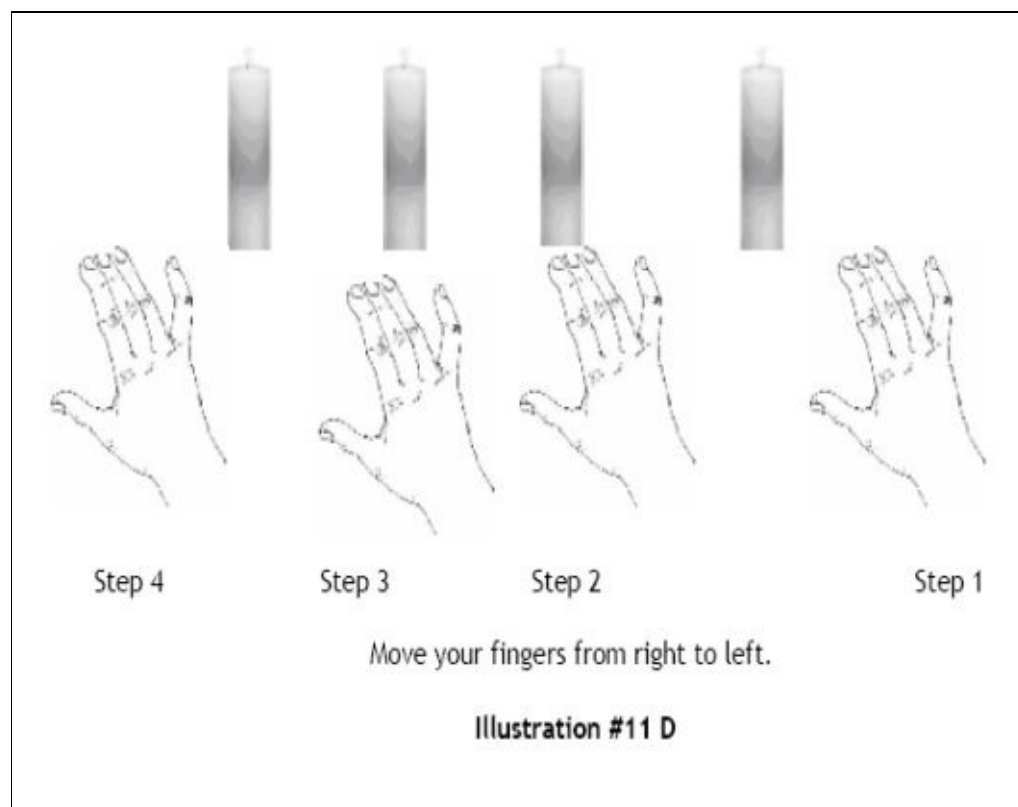
14. Repeat these vibrations' movements for 2 minutes.

Later on, at a more advanced level of experience and learning, you will need only 40 seconds or so. But for now, you need these 2 minutes to trigger vibrations, it is very normal.

15. More instructions on the next pages.

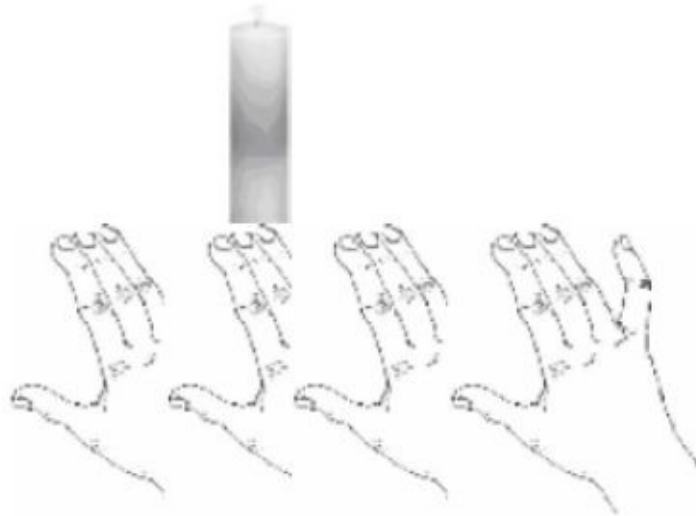
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Step 1



Step 2

Illustration #11 E

16. Look at Illustration #11F, on the next page.
17. With your fingers, push the candle forward, toward Areas “A”, and “B”
18. There is no doubt, the candle will move forward. And when you notice that the candle is right under the Square containing the letters “A” and “B”, as shown in Illustration #11F, on the next page, vibrate your fingers for 5 seconds
19. Look one more time at Illustration #11 F, on the following page.
20. Look now at Illustration #11 G, on the following page.
21. More instructions on the following pages.

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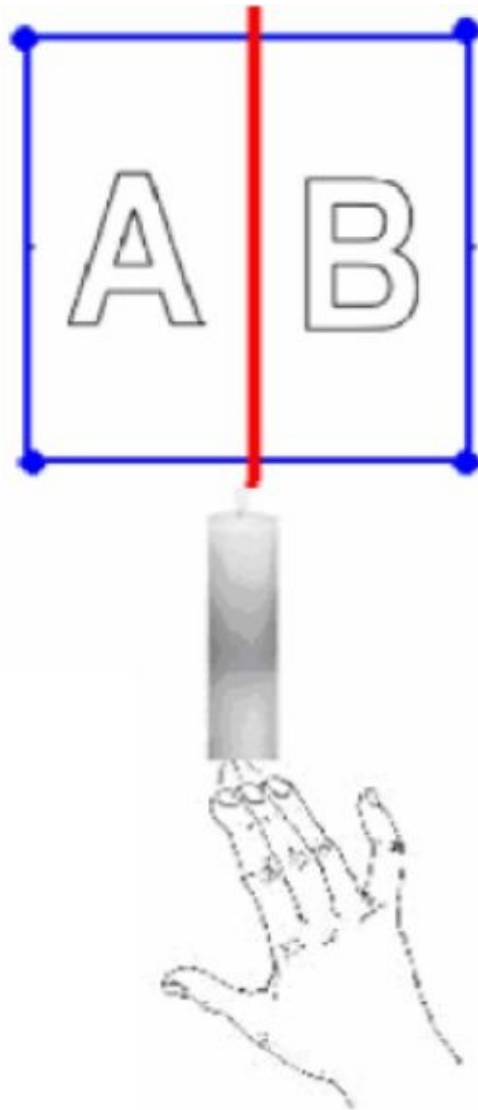


Illustration #11 F

Final Instructions:

22. With your fingers push the candle inside the Square containing “A”, and “B”, as shown in Illustration #11G, on the following page.

23. By now, and if you have successfully reached this step, your regular mind, the one you are familiar with, will come to state of trance, mentally, not psychedelically or spiritually. There is nothing spiritual in this exercise. Only MENTAL!

24. There is a part of your Supersymmetric Mind that will take over, meaning a part of your duplicate mind will exteriorize and guide your physical senses (In this case, your fingers).

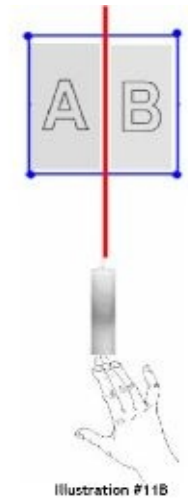
25. The candle is no longer exclusively controlled by the physical vibrations of your body (In this case, your fingers), but also by the mental energy of your mind. The candle will enter the Square without any problem.

It is going to work. Please keep believing in yourself. You have nothing to loose, except a few

moments from your free time.

26. Once the candle is inside the Square, tell the candle to spread a gray light over the letter “A”, and the letter “B”

27. Tell the candle to fill up area “A”, and area “B” with a gray shade, as seen in Illustration #11B. (See below):



28. Concentrate on the candle inside the Square, and keep telling the candle to fill up the square with the gray shade for at least 5 seconds.

29. Close your eyes now for 10 seconds, and repeat step 28.

30. As soon as you start to feel some sort of numbness in your right hand, open immediately your eyes...you will see area “A”, and area “B” covered with a gray shade, as seen in Illustration #11H, on the following page.

31. You are almost at the very end of the exercise. Now, look at gray areas of “A” and “B”, breathe deeply, breathe one more time, and tell yourself that You, the Square, and the Candle are ONE.

32. Repeat 5 times, what you have just said “Me, the Square and the Candle are one”

33. Breathe deeply and slowly.

34. Close your eyes for 10 seconds, and rapidly think about what you have accomplished.

35. Open your eyes now...they are no longer the same eyes you had before, because they have entered another dimension and saw a sphere few in our modern world have seen.

But the most important thing in all this, is:

- The learning you have acquired
- The learning of discovering your energy
- The learning of sensing your energy
- The learning and technique for animating and directing the vibrations of your energy.

Now, what can you do with your energy?
The sky is the limit.

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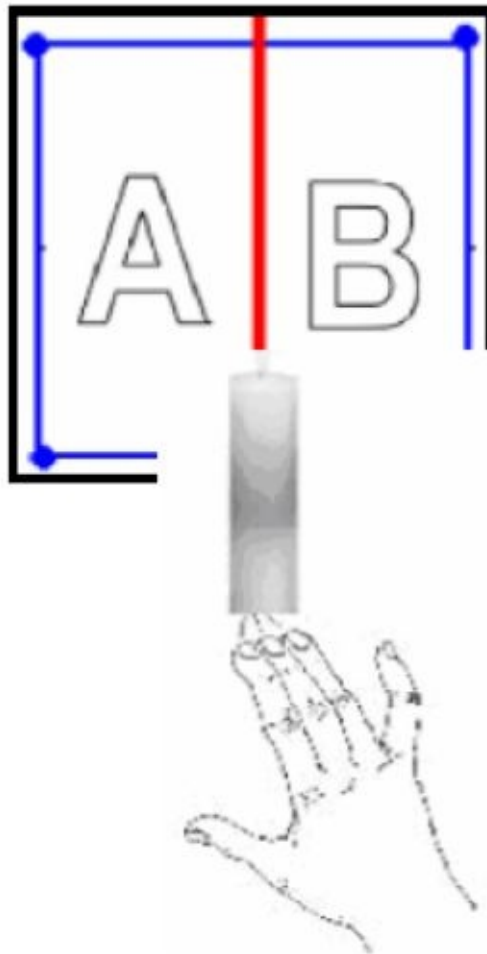


Illustration #11 G

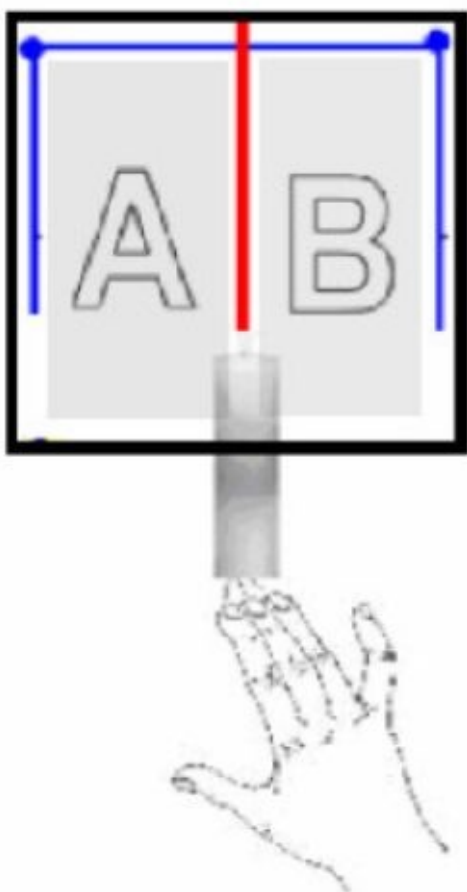


Illustration #11H.
The Final Result

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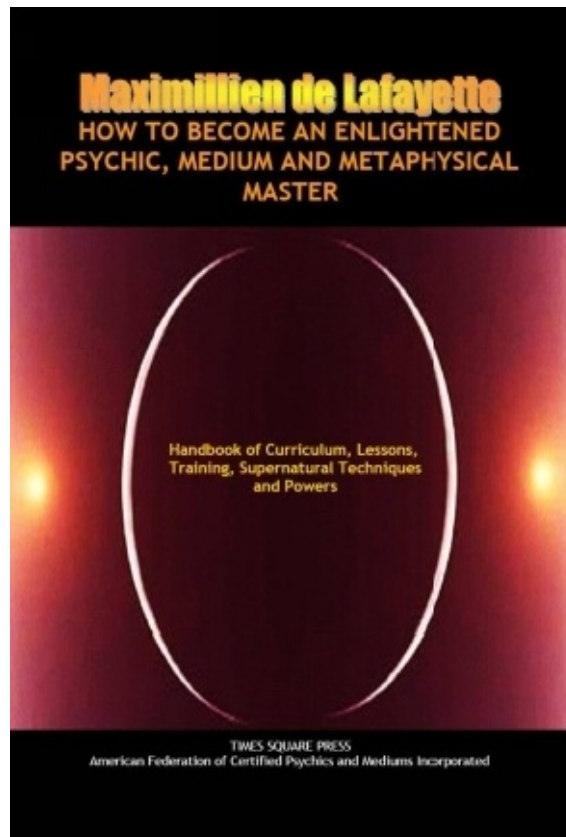
NOTES

New Books by Maximillien de Lafayette

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Books available at Barnes & Noble, amazon.com, lulu.com and nationwide/worldwide

How to Become an Enlightened Psychic, Medium and Metaphysical Master: Handbook of Curriculum, Lessons, Training, Supernatural Techniques and Powers, Psychic Readings



Published by Times Square Press, and WJNA, New York. Handbook of Curriculum, Lessons, Training, Supernatural Techniques and Powers. Paperback available at lulu.com and Kindle Edition at amazon.com

The book includes:

- How to become a perfect psychic
- How to become a perfect medium
- How to become a perfect healer
- How to become expert in remote viewing and locating missing persons
- How to find the healthiest spots and luckiest areas on Earth, and take advantage of it!
- Foreseeing the future and rewinding time
- Esoteric techniques that allows initiated ones to halt or send away problems and mishaps to another time

and another place

- How to enter that parallel dimension and leave there all your troubles
- How to Use Your Mind Power to do the Impossible
- How to Read Peoples' Vibes and Thoughts, and Know Who They Really Are Just by Looking at Them (See their Aura, Sense their Vibes, Feel their Energy)
- How to read Shashat; the screen of the unknown

Rizmanah; Discover the calendar of your bad luck and good luck

Learn how to remove your bad luck

Learn how to create a good luck

Daily chart/calendar of your good hours and bad hours in your life

What to do and not to do during these hours and these days

- Importance of your name in shaping good luck
- Esoteric techniques you could use to positively influence or improve your future and business by protecting yourself against evildoers
- Instructions and Techniques for Commanding Spirits and Communicating with Angels and Entities
- Learn how to talk to entities, spirits, souls, presences

Learn how to befriend spirits.

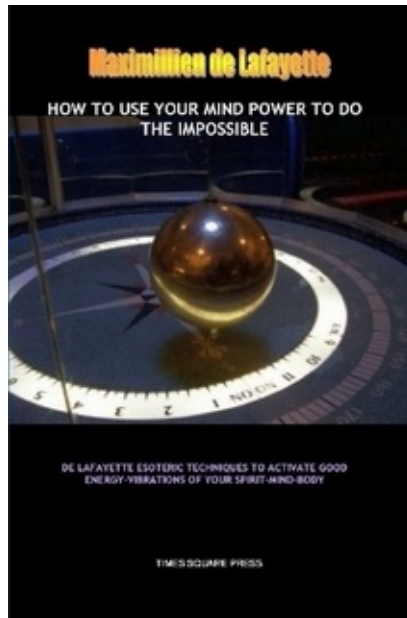
Learn how to set-up a spirits séance

- Magical writing against powerful people who could be a threat to you
- Practical and simplified techniques to create a mediumship séance and communicate with the dead, spirits, angels, demons, departed pets, and entities from the after-life
- Magical Talismans To Succeed In Life, Protect Yourself From Others And Summon Spirits
- Ulema Techniques and Tarot Deck to See Your Future. (The world's most powerful secret techniques for foreseeing your future on Earth and in other dimensions)
- 13 Anunnaki Ulema Techniques To Live Longer, Happier, Healthier, Wealthier
- Ulema Baaniradu: How to Acquire a Healing Touch
- How to Move Objects at Distance Using Your Mind

This book is unique and extremely useful for many reasons.

Mainly because it provides both the beginner and experienced practitioner with the necessary guidance, training, methods and techniques to communicate with various kinds and categories of entities, to foresee future events, and above all how to effectively develop extraordinary supernatural powers.

*** *** ***



How to Use Your Mind Power to do the Impossible

How to Use Your Mind Power to do the Impossible” provides you with techniques that could help you discover, sense, and direct the power of your mind.

Quite often, spiritual teachers, guides, channelers, psychics, mediums and healers talk about that un-je-ne-sais-quoi “Energy”! But rarely, do they explain in simple terms, what that energy is! What is made from? How energy is created? How energy could be sensed and directed? How to use it to create a positive environment? How to use energy to block others’ negative thoughts and unhealthy energy? Can we see others’ energy? Can we see our own energy? And, can we measure energy?

If pertinent answers and explanations are not given to us, then, kiss goodbye that energy, and all the

mambo-jumbo lectures of the spiritual masters and so-called psychics. And, it's as simple as that. In order to develop the mental power of our mind, we must first, discover the energy of our mind and body. This discovery could be achieved through Ikhti-Chafa, which the author has explained at length in the book. All of us possess what others call "supernatural powers." In fact, there is nothing "supernatural" at all. It is a matter of discovering and understanding how mental vibrations are created and transmitted. The book offers techniques which will enable you to use the power of your mind over matter. It is not an easy task, but it could be done if you practice and persevere.

In addition to discovering and animating the power of your mind (Mental energy), you must absolutely understand how Mintaka Difaya works. Mintaka Difaya is related to "Protecting your Zone", the physical and mental zone that surrounds your body.

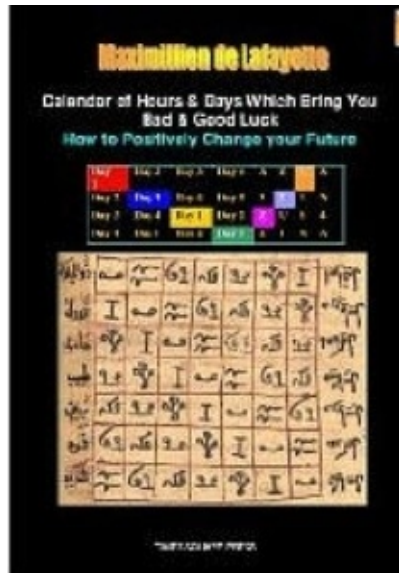
Without such protection, our mental power will remain minimal. There is a wonderful technique in the book which will enable you to accomplish this task.



How to Read Peoples' Vibes and Know Who They Really Are Just by Looking at Them (See their Aura, Sense their Vibes, Feel their Energy)

This is the first time ever, a step-by-step manual/book on how to read peoples' vibes and know who they really are just by looking at them has been published. A most useful and fascinating book that teaches you how to see peoples' Aura, sense their vibes, and feel their energy. It is abundant with illustrations, charts and sketches describing in detail all the phases and stages of fabulous Mind-Power esoteric techniques which were shrouded in secrecy for centuries. Just look at any person and find out in seconds what he/she is thinking of, what his or her intentions are, and how you can use effective techniques to: 1-Counter vicious thoughts and actions aimed at you. 2-Discover what people are thinking of you. 3-Read their mind and consequently adopt a successful strategy to boost your position, protect your interests, and enhance your communication skills. 4-Unlock the mysteries of the human mind, and use it as an effective tool to make your dreams come true.

The book is an unprecedented invitation to the world of Power of the Mind and its mysteries, a journey to another dimension where only the privileged seers and mystic Ulema could enter and learn from. It is a book of wisdom, Firasa and ultimate knowledge.

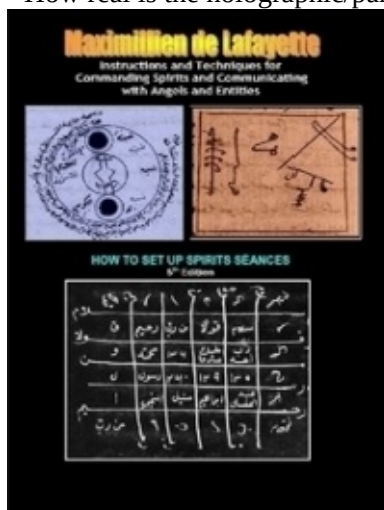


Calendar of Hours & Days Which Bring You Bad & Good Luck: How to Positively Change your Future

It includes:

- Factors which influence your future and luck
- The influence of the Anunnaki's programming of our brain and fate: A rare lecture on luck
- How to read Shashat; the screen of the unknown
- Rizmanah; Discover the calendar of your bad luck and good luck
- Learn how to remove your bad luck
- Learn how to create a good luck
- Daily chart/calendar of your good hours and bad hours in your life

- What to do and not to do during these hours and these days
- Best hours and best days, worst hours and worst days for
- Employees
- Booksellers
- Writers
- Investment
- Real estate business
- looking for a new apartment
- Buying gold
- Buying hard currency
- Selling your art
- Asking for raise and promotion
- Stocks and Shares (trade, selling or buying)
- For writing/submitting proposals and grants
- Job applications
- Meeting new people
- Selling new ideas
- Opening a new business
- Signing contracts, etc...
- Importance of your name in shaping good luck
- Writing/equating your name in Ana'kh Phoenician
- How to write/transpose your name in the Sahiriin language
- Map of United States lucky and unlucky zones
- Case Study: Unhealthy energy and vibrations that damage you and negatively affect your future
- Esoteric techniques you could use to positively influence or improve your future and business by protecting yourself against evildoers
- Grid useful for business, negotiations, meetings
- Foreseeing your future is not enough. You must protect yourself as well. Learn how to do it.
- Grid "Ain Ali" to be used to prevent others from hurting you
- Going back in time and creating a brighter future.
- How real is the holographic/parallel dimension you are visiting in a different dimension?



Instructions and Techniques for Commanding Spirits and Communicating with Angels and Entities

Revised Edition of the previously published book "Magical Talismans To Succeed In Life, Protect Yourself From Others And Summon Spirits".

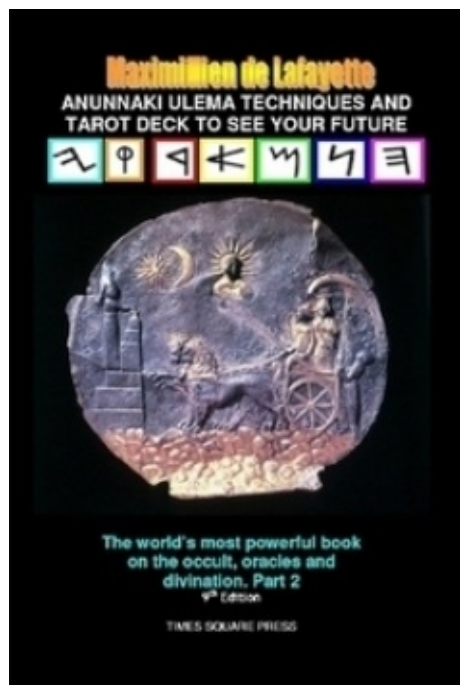
Paperback edition:

lulu.com/product/paperback/instructions-and-techniques-for-commanding-spirits-and-communicating-with-angels-and-entities/16962325. No doubt you will succeed in summoning some of the entities, spirits and presences, if you diligently comply with the rules, and follow the instructions of the Sahiriin and the Honorable Allamah as prescribed in this book. The Allamah told us that it is possible to contact them ONLY during the 40 day period following their death. The book will show you how to communicate with some of these entities, summon them, ask them favors, and even command them.

From the table of contents:

- * 1. Learn the language of the Arwaah (Spirits)
- * 2. Learn how to talk to entities, spirits, souls, presences
- * 3. Learn how to befriend spirits.
- * 4. Learn how to set-up a spirits séance
- * 5. Materials and accessories you need for summoning and communicating with spirits and entities
- * 6. Learn how to write/transpose your name in the Sahiriin language
- * 7. Writing/Equating your name in Ana'kh/Proto-Ugaritic
- * 8. Chart of the good hours to contact the spirits
- * 9. Magical writing for preserving good health
- * 10. Magical writing for multiple purposes: To triumph. To defeat your enemies. To stop black magic against you.
- * 11. Magical writing to remove blocks and barriers. To free a prisoner. To heal a person hit by black magic and curses
- * 12. Magical square for protection against the "Evil Eye", bad spirits, and envious/vicious people
- * 13. Talisman against fear and a bullying boss
- * 14. Magical writing against people who hate you
- * 15. Magical writing against powerful people who could be a threat to you
- * 16. Talabaat to influence others' decisions

Anunnaki Ulema Techniques and Tarot Deck To See Your Future. (The world's most powerful book on the occult and foreseeing your future on Earth and in other dimensions)



The world's most powerful book on the occult and foreseeing your future on Earth and in other dimensions. 9th Edition. Previously published under "Ulema Anunnaki Tarot". Revised, Expanded and Indexed. For the first time ever in the Western world, and in the history of the occult, divination, Tarot, Anunnaki, Ulema, and esoteric studies of all kinds, the reader, the seer, the adept and the novice will have access to the world's most powerful book on the subject. These 7,000 year old secrets, and forbidden knowledge and techniques, for reading the future and changing major events in your life, are being made available for the first time. Lessons, advice, techniques, training and reading your Future and Tarot are directly provided by the last contemporary Ulema Anunnaki who lived consecutively through three centuries. Techniques and lessons include how to discover your lucky hours and days; how to reverse bad

luck; learning about your past lives, your present, your future, and your multiple existences on Earth and in other dimensions, how to foresee and avert imminent dangers threatening your life, health, career, business, and relationships. Tarot Anunnaki Ulema Bakht Kiraat is the study and reading of one's future on Earth and in other dimensions. It regroups the past into the present, and transcends the frontiers of the present to reach the realm of the future. The "Ulema Anunnaki Tarot: Lessons and Techniques to See your Future" is the first published work on foretelling your future day by day, hour by hour. There is no other book written on the subject. Bakht has been practiced by the Ulema Anunnaki for thousands of years. It is totally unknown in the Western hemisphere.

Essentially, Tarot Bakht is based upon knowledge received from the early remnants of the Anna.Ki, also called Anu.Na.Ki, an extra-terrestrial race which landed on Earth hundreds of thousands of years ago.

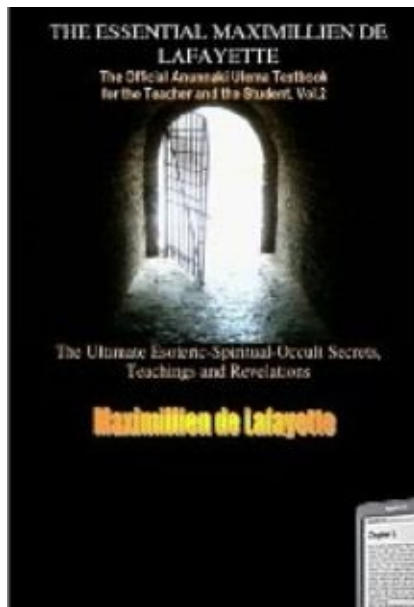
Very few seers and mystics outside the circle of the Ulema Anunnaki penetrated the secrets of the Bakht. They were the elite of the priests of Ra, the early Sinhar Khaldi (Early Chaldean priests, astrologers, astronomers), the Tahar (Early Phoenician Purification priests), and the Rouhaniyiin, known in the West as the alchemists/Kabalists. In the whole world today, there are no more 700 persons who practice the Bakht, and they are called Ba-khaat or Bakhaati. Two hundred of them are the supreme enlightened masters, called Mounawariin. The earliest manuscript on Bakht appeared in Phoenicia, circa 7,500 B.C., and it was written in Ana'kh. A later version in Anakh-Proto-Ugaritic appeared three thousand years later. A third version written in the early Phoenician-Byblos script appeared in Byblos and Tyre.

The book includes your Tarot Cards Deck.

From the contents:

- 1. Techniques for reading the future
- 2. Your future already exists in another dimension
- 3. Linear Future and Multidimensional Future
- 4. The origin, power and strength of your name, and how it affects your present and future
- 5. Ismu Ardi; your name on Earth, the one your parents gave you
- 6. Ismu Khalka; your non-Earth name, the one the Anunnaki your creator gave you
- 7. How to find and write your name in Ana'kh, the Anunnaki language
- 8. The best time to read your future
- 9. On Earth, you are simply a copy of yourself
- 10. Recommended days and hours for reading your Tarot

THE ESSENTIAL MAXIMILLIEN DE LAFAYETTE: The Official Anunnaki Ulema
Textbook for the Teacher and the Student (2 Volumes: Approx. 1500 Pages)



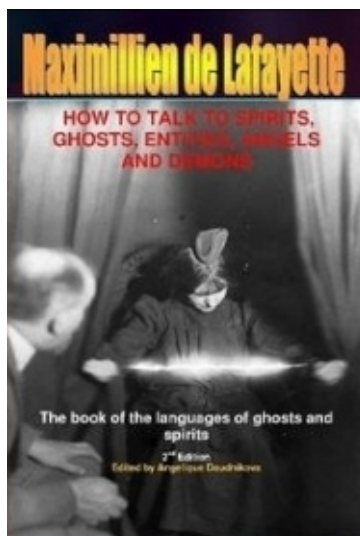
THE ESSENTIAL MAXIMILLIEN DE LAFAYETTE is a synopsis of the 200 books, the author wrote on the subjects of the Anunnaki, the afterlife, the supernatural powers of the Anunnaki Ulema, the paranormal, the occult, parallel dimensions, multiple universes, the Conduit, the Supersymmetric Mind, the Double, the Astral Body, communications with spirits and entities from the world beyond, the power of the mind, mediumship, channeling, the enlightenment, the Fourth Dimension, the Fifth Dimension, Earth energy, healing, the world outside time and space, extraterrestrials, time-travel, reading the future, and similar topics. This is NOT a repetitious book. It was intentionally compiled from the most important concepts, theories, esoteric techniques, wisdom, Eastern philosophy, the world of the mystic seers "The Ulema", and particularly the teaching of Maximilien de Lafayette. This series consists of 2 massive volumes, each exceeding 700 pages (50 MB). This manual is also the Official Anunnaki Ulema Textbook for the Teacher and the Student. De Lafayette wrote more than 800 books, 200 of them are in these fields. Consequently, it is quasi-impossible for the reader to purchase all these books. The present work contains knowledge, techniques and revelations, no other author has ever discussed, simply because they emerge from the teachings of the author's Enlightened Masters and his own philosophy. Add to the fact, that no other author or researcher has ever approached these topics, simply because they were brought to the West, for the first time in history, from the author's own vision and perspective. You will NOT find the material of this book in any other work, and/or in any library.

As a matter of fact, the material of the present work (Volumes 1 and 2) is to a certain degree in sharp contrast with what it has been said or written in these fields. No one can claim that this book was inspired by or based upon any existing published book. It is a journey to new dimensions, and analysis of the physical and mental worlds as interpreted personally by the author.

The contents include: 1. Description of the Afterlife in all its states and dimensions. 2. What do we see when we enter the afterlife zone? 3. The various states of metamorphosis of the mind-body of a deceased

person in the after-life. 4. Experiences dead people encounter in the next dimension. 5. How to bring good luck to your endeavors and surmount obstacles and hardship that prevent you from succeeding in life. 6. How to use Earth energy to your advantage and block others' bad vibes and vicious intentions that are causing you harm and damage. 7. The first stage of the afterlife during the 40 day period following death, and how to communicate with your departed loved ones and pets. 8. How the Anunnaki created us genetically 65,000 years ago. 9. The mysterious and hidden world of the Anunnaki Ulema as the author knew it and explored it. 10. Foreseeing the future and rewinding time; revisiting your childhood and past life in different dimensions. 11. How the Masters, the Mounawiriin, and the Anunnaki Ulema transpose you from the present to the future? 12. How to develop The Supersymetric Mind. 13. Study of the influence of the Anunnaki's programming of our brain and fate. 14. The duplicate image of ourselves or reproduction of our body in other dimensions. 15. The early human species and races created by the extraterrestrials. 16. How to learn The Anunnaki Ulema supernatural and mind power techniques. 17. Entering a parallel dimension; Is it possible to enter a parallel dimension and leave there all your troubles? YES! 18. Occult techniques and talismans to protect yourself from others. And much much more.-By Dina Vittantonio, Editor

HOW TO TALK TO SPIRITS, GHOSTS, ENTITIES, ANGELS AND DEMONS: Learn the Language of the Spirits and the Most Powerful Commands and Spells (Techniques and Instructions to communicate with the afterlife) 5th Edition.

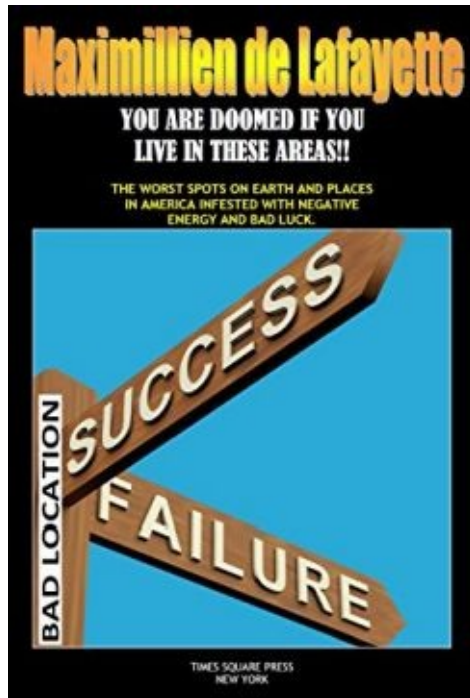


Practical and simplified techniques to create a mediumship séance and communicate with the dead, spirits, angels, demons, departed pets, and entities from the after-life. This book will change your life and your

understanding of the afterlife, for ever. It is your link to the other world, the realm of the spirits, angels, ghosts, and demons. It provides the necessary guidance and techniques to communicate with various categories of entities. It instructs the seeker how to comply with rules and pre-requisites to follow during a séance. The author has placed a strong emphasis on: The language of the spirits & ghosts, The most powerful commands we can use during a séance, and how to order the summoned entities to grant us most needed favors and assistance in urgent matters, as well as general commands pertaining to health conditions, the removal of difficulties in getting a job, the protection of our home from evil spirits, obtaining an immediate financial relief, so on. This book provides both the experienced and the beginner with the necessary guidance, ways and techniques to communicate with various kinds and categories of entities. The author has placed a strong emphasis on: The language of the spirits, ghosts, entities and Arwaah. What should we do when we hear the voices of entities during a séance? The reader should pay attention to the instructions pertaining to a direct conversation with summoned entities, and especially to the protocol in communicating with spirits. This is the first book ever published in the West that deals with these topics. The contents and ideas presented in this tome are based upon the teachings and lectures of enlightened masters, who have practiced this etheric art for centuries. Therefore, you should open your mind, and read this book with extreme attention to the instructions provided by the Ulema. Contacting spirits and entities is a serious responsibility. They will respond to you if you follow the spirits' protocol, as explained in the book.

It includes:

1. Learn the language of spirits, ghosts, entities and Arwaah
2. What should we do when we hear the voices of the spirits?
3. Most powerful commands.
4. Command to improve your health condition.
5. Command to remove difficulties in getting a job.
6. Command to obtain the affection or attention of a person you are interested in.
7. Command to protect your home from evil spirits.
8. Command to win a favorable verdict.
9. Command to free you promptly from detention.
10. Command to obtain immediate financial relief.
11. Command to help you in your business and bring more customers.
12. Command to succeed in a new business or a joint-venture.
13. Command to get a promotion.
14. Gallery of ghosts/spirits/orbs photos: The fake and the real.
15. What is the spirits and ghosts protocol "Nizam Arwaah"?
16. Can we contact our departed parents through our double? And is it dangerous to contact the dead?
17. Is it possible to visit the world beyond?
18. What would happen to us when we return to earth after exiting the 4th dimension?
19. What is the 4th dimension? Where is the 4th dimension?
20. Is it possible to enter the realm of spirits/ ghosts, instead of summoning them?
21. What do we see when we enter another dimension, such as the realm of spirits, or a parallel world?
22. Can I use my native language to talk to ghosts and spirits? Do spirits, ghosts and other entities understand foreign languages?
23. How should I start a conversation with a ghost or a spirit?
24. Can I take pictures of ghosts and spirits just to make sure that they do exist?
25. Is it possible to summon the ghost or spirit of a dead relative?
26. Is it possible to communicate with dead pets? Yes.

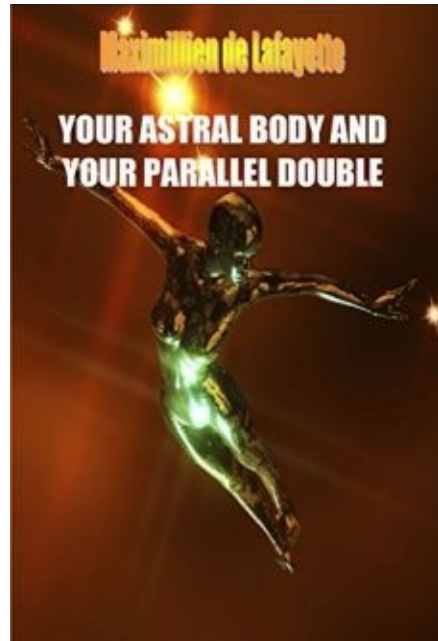


YOU ARE DOOMED IF YOU LIVE IN THESE AREAS!

The worst spots on Earth and places in America infested with negative energy and bad luck.

From the Contents

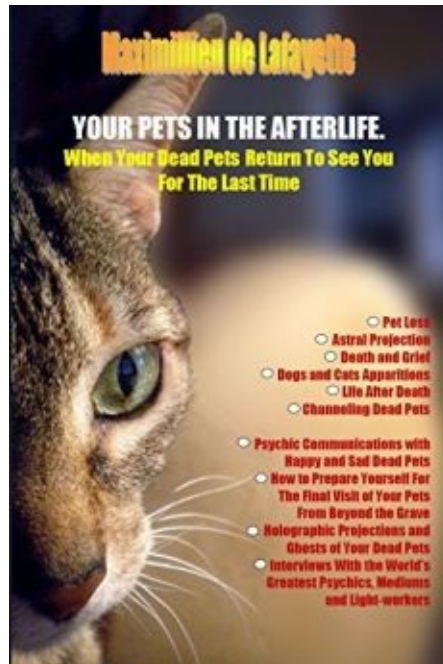
- Locations of negative energy on planet Earth
- The globe is filled with a multitude of underground negative currents
- List of countries with considerable Maraka Fasida.
- Worldwide
- Africa
- Europe
- Europe's worst spots are located in
- Latin America and the Caribbean Region
- Latin America and the Caribbean region worst spots are located in
- The United States
- United States' worst spots are located in (In this order
- Delicate Zones
- New Jersey
- In New York
- Black line: Current of negative energy
- Bad spots in Florida:
- In Washington, DC area (DC/Virginia/Maryland)
- Bad spots in Virginia
- Bad spots in Maryland
- Bad spots in Washington, DC
- Sources and Levels of Energy and Vibrations
- We are surrounded by energy and vibes
- Personal Experience
- The strange case of Mr. Kumar



YOUR ASTRAL BODY AND YOUR PARALLEL DOUBLE

From the contents:

- Understanding your Parallel Double.
- How your “Double” can affect your life, success and development.
- You were conceived in the Astral World.
- Is there a difference between the Double and the Parallel Double?
- Major difference between your AB/Double (Astral Body) and the Parallel Double.
- The Double as Information Tool.
- Can we use our Double to acquire or retrieve information?
- Difference between a floating astral body and a parallel body.
- So, I can use my parallel double to spy on people!
- Difference between remote viewing and parallel body’s information gathering.
- If this is the case, then the Ulema are not spiritual and honorable at all!
- Is it possible to learn this technique?
- Does our double interact with us while we are small babies?
- Communication with our Double.
- Can we communicate with our “Astral Body”?
- Materialization of your Double.
- Upon initiating the contact with your Double.
- Zooming into your Double and acquiring Ulema’s supernatural faculties.
- Ulema Albakri’s dematerializing and walking through a wall.
- Where is located our Parallel Double?



YOUR PETS IN THE AFTERLIFE: When Your Dead Pets Return To See You For The Last Time!

From the contents:

- Understanding the Passing of our Pets.
- Pets' passage to the other world
- The early/first stage of dead pets who have just departed, and are still "roaming", or "floating" in a sub-area of the afterlife over their body.
- Chart of Levels/Stages/Dimensions of the existence of a dead pet in the afterlife
- Our dead pets' faculty of understanding and remembering
- The Dying Process
- Detachment of the Silver Chord
- Changes of the shape of our pet's etheric-astral body
- The new destinations of our dead pet after their death
- Where does our pet go?.
- Phase Two: The Astral Dimension
- Acknowledging death
- Illustration #1 of our dead pets after acknowledging death. Scenario 1
- Illustration #2 of our dead pets after acknowledging death: Scenario 2
- Illustration #3 of our dead pets after acknowledging death: Scenario 2, after our pets' visit
- Our pet's final destination
- Straight to the Gate of the Astral World
- On their way to the Astral World (Heaven)
- Our pets' new body (The Astral Body)
- Our pets' astral body could appear in four separate and independent shapes in no particular order
- First shape "The Imprint"
- Second shape "The Bright Form"
- Third shape...
- Fourth shape "The Message-Body"
- Happy dead pets
- Unhappy dead pets
- The Astral Reception of our pets in the Astral World

- Phase Three: State of Confusion
- Your dead pet's feelings and behavior during the "Non-acknowledging death" phase
- Sadly and unfortunately, our dead pets' feelings are painful, and their behavior is alarming
- Trapped Dead Pets
- Chart of summary of where our dead pets go to in the afterlife
- "Etheric Openings" and "Astral Keyholes"
- Difference between "Trapped Souls of our dead pets", and "Visiting Souls of our dead pets"
- Two of the major characteristic features of dead pets' disorientation are
- 1-They could attack new pets we brought home
- 2-Haunting
- Summary of the multiple layers of the afterlife of dead pets according to the Rouhaniyiin (Spiritualists)
- First Layer
- Second layer
- Third Layer
- Fourth Layer
- Our pets' heaven.
- Description of our pets' afterlife
- Yes! Our pets have a soul (Mind-Spirit)
- The religious angle
- The esoteric-metaphysical approach of spiritualists
- Some major characteristics of the afterlife
- First change brought to the "form" of dead bodies
- From a dead body to an etheric body
- Scanning the physical body
- Transmigration of our pets' "Essence" to the afterlife
- Substance/composition of the Etheric Body in the afterlife
- Second change brought to the "form" of the dead body
- From an etheric body to an astral body. And from "Soul" to "Spirit"
- Substance/composition of the Astral Body in the afterlife
- Dead pets who weaken their plasmic substance
- Saying goodbye to your pet before the vet put him/her down!
- So, this is what you should do
- Dead pets and dead people share the same afterlife!
- What our dead pets will see in the afterlife
- Difference between Near-Death-Experience (NDE) and Astral Entrance into the afterlife
- The Tunnel of Light
- What our dead pets as well as dead people see first, when they enter the dimension of the afterlife
- From what I learned at Master Li's temple in Burma
- Our dead pets, the Tunnel of Light and "Reception Committee"
- The "World of Spirit" and the afterlife of our dead pets according to psychics, mediums and channelers
- Interviewing the world's best psychics & mediums

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