



English translation of Holy Guru Granth Sahib (Part 31)

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Credits

English translation of **Holy Guru Granth Sahib (31 Raag Malaar)**

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Raag Malaar – Part 001

1254 : 1

Raag Malaar, Chau–Padas, First Mehl, First House:

1254 : 2

One Universal Creator God. Truth Is The Name. Creative Being Personified. No Fear. No Hatred. Image Of The Undying. Beyond Birth. Self–Existent. By Guru's Grace:

1254 : 3

Eating, drinking, laughing and sleeping, the mortal forgets about dying.

1254 : 4

Forgetting his Lord and Master, the mortal is ruined, and his life is cursed. He cannot remain forever. ||1||

1254 : 5

O mortal, meditate on the One Lord.

1254 : 6

You shall go to your true home with honor. ||1 Pause||

1254 : 7

Those who serve You – what can they give You? They beg for and receive what cannot remain.

1254 : 8

You are the Great Giver of all souls; You are the Life within all living beings. ||2||

1254 : 9

The Gurmukhs meditate, and receive the Ambrosial Nectar; thus they become pure.

1254 : 10

Day and night, chant the Naam, the Name of the Lord, O mortal. It makes the filthy immaculate. ||3||

1254 : 11

As is the season, so is the comfort of the body, and so is the body itself.

1254 : 12

O Nanak, that season is beautiful; without the Name, what season is it? ||4||1||

1254 : 13

Malaar, First Mehl:

1254 : 14

I offer prayers to my Beloved Guru, that He may unite me with my Husband Lord.

1254 : 15

I hear the thunder in the clouds, and my mind is cooled and soothed; imbued with the Love of my Dear Beloved, I sing His Glorious Praises. ||1||

1254 : 16

The rain pours down, and my mind is drenched with His Love.

1254 : 17

The drop of Ambrosial Nectar pleases my heart; the Guru has fascinated my mind, which is drenched in the sublime essence of the Lord. ||1||Pause||

1254 : 18

With intuitive peace and poise, the soul-bride is loved by her Husband Lord; her mind is pleased and appeased by the Guru's Teachings.

1254 : 19

She is the happy soul-bride of her Husband Lord; her mind and body are filled with joy by His Love. ||2||

1254 : 20

Discarding her demerits, she becomes detached; with the Lord as her Husband, her marriage is eternal.

1254 : 21

She never suffers separation or sorrow; her Lord God showers her with His Grace. ||3||

1254 : 22

Her mind is steady and stable; she does not come and go in reincarnation.

1254 : 23

She takes the Shelter of the Perfect Guru. O Nanak, as Gurmukh, chant the Naam; you shall be accepted as the true soul-bride of the Lord. ||4||2||

1254 : 24

Malaar, First Mehl:

1254 : 25

They pretend to understand the Truth, but they are not satisfied by the Naam; they waste their lives in egotism.

--- Raag Malaar – Part 001 ---

Raag Malaar – Part 002

1255 : 26

Caught in slander and attachment to the wealth and women of others, they eat poison and suffer in pain.

1255 : 27

They think about the Shabad, but they are not released from their fear and fraud; the minds and mouths are filled with Maya, Maya.

1255 : 28

Loading the heavy and crushing load, they die, only to be reborn, and waste their lives again. ||1||

1255 : 29

The Word of the Shabad is so very beautiful; it is pleasing to my mind.

1255 : 30

The mortal wanders lost in reincarnation, wearing various robes and clothes; when he is saved and protected by the Guru, then he finds the Truth. ||1||Pause||

1255 : 31

He does not try to wash away his angry passions by bathing at sacred shrines. He does not love the Name of the Lord.

1255 : 32

He abandons and discards the priceless jewel, and he goes back from where he came.

1255 : 33

And so he becomes a maggot in manure, and in that, he is absorbed.

1255 : 34

The more he tastes, the more he is diseased; without the Guru, there is no peace and poise. ||2||

1255 : 35

Focusing my awareness on selfless service, I joyfully sing His Praises. As Gurmukh, I contemplate spiritual wisdom.

1255 : 36

The seeker comes forth, and the debater dies down; I am a sacrifice, a sacrifice to the Guru, the Creator Lord.

1255 : 37

I am low and wretched, with shallow and false understanding; You embellish and exalt me through the Word of Your Shabad.

1255 : 38

And wherever there is self-realization, You are there; O True Lord Savior, You save us and carry us across. ||3||

1255 : 39

Where should I sit to chant Your Praises; which of Your Infinite Praises should I chant?

1255 : 40

The Unknown cannot be known; O Inaccessible, Unborn Lord God, You are the Lord and Master of masters.

1255 : 41

How can I compare You to anyone else I see? All are beggars – You are the Great Giver.

1255 : 42

Lacking devotion, Nanak looks to Your Door; please bless him with Your One Name, that he may enshrine it in his heart. ||4||3||

1255 : 43

Malaar, First Mehl:

1255 : 44

The soul-bride who has not known delight with her Husband Lord, shall weep and wail with a wretched face.

1255 : 45

She becomes hopeless, caught in the noose of her own karma; without the Guru, she wanders deluded by doubt. ||1||

1255 : 46

So rain down, O clouds. My Husband Lord has come home.

1255 : 47

I am a sacrifice to my Guru, who has led me to meet my Lord God. ||1||Pause||

1255 : 48

My love, my Lord and Master is forever fresh; I am embellished with devotional worship night and day.

1255 : 49

I am liberated, gazing on the Blessed Vision of the Guru's Darshan. Devotional worship has made me glorious and exalted throughout the ages. ||2||

1255 : 50

I am Yours; the three worlds are Yours as well. You are mine, and I am Yours.

1255 : 51

Meeting with the True Guru, I have found the Immaculate Lord; I shall not be consigned to this terrifying world–ocean ever again. ||3||

1255 : 52

If the soul–bride is filled with delight on seeing her Husband Lord, then her decorations are true.

1255 : 53

With the Immaculate Celestial Lord, she becomes the truest of the true. Following the Guru's Teachings, she leans on the Support of the Naam. ||4||

1255 : 54

She is liberated; the Guru has untied her bonds. Focusing her awareness on the Shabad, she attains honor.

1255 : 55

O Nanak, the Lord's Name is deep within her heart; as Gurmukh, she is united in His Union. ||5||4||

1255 : 56

First Mehl, Malaar:

1255 : 57

Others' wives, others' wealth, greed, egotism, corruption and poison;

1255 : 58

evil passions, slander of others, sexual desire and anger – give up all these. ||1||

1255 : 59

The Inaccessible, Infinite Lord is sitting in His Mansion.

1255 : 60

That humble being, whose conduct is in harmony with the jewel of the Guru's Shabad,
obtains the Ambrosial Nectar. ||1||Pause||

-- Raag Malaar – Part 002 --

Raag Malaar – Part 003

1256 : 61

He sees pleasure and pain as both the same, along with good and bad in the world.

1256 : 62

Wisdom, understanding and awareness are found in the Name of the Lord. In the Sat Sangat, the True Congregation, embrace love for the Guru. ||2||

1256 : 63

Day and night, profit is obtained through the Lord's Name. The Guru, the Giver, has given this gift.

1256 : 64

That Sikh who becomes Gurmukh obtains it. The Creator blesses him with His Glance of Grace. ||3||

1256 : 65

The body is a mansion, a temple, the home of the Lord; He has infused His Infinite Light into it.

1256 : 66

O Nanak, the Gurmukh is invited to the Mansion of the Lord's Presence; the Lord unites him in His Union. ||4||5||

1256 : 67

Malaar, First Mehl, Second House:

1256 : 68

One Universal Creator God. By The Grace Of The True Guru:

1256 : 69

Know that the creation was formed through air and water;

1256 : 70

have no doubt that the body was made through fire.

1256 : 71

And if you know where the soul comes from,

1256 : 72

you shall be known as a wise religious scholar. ||1||

1256 : 73

Who can know the Glorious Praises of the Lord of the Universe, O mother?

1256 : 74

Without seeing Him, we cannot say anything about Him.

1256 : 75

How can anyone speak and describe Him, O mother? ||1||Pause||

1256 : 76

He is high above the sky, and beneath the nether worlds.

1256 : 77

How can I speak of Him? Let me understand.

1256 : 78

Who knows what sort of Name is chanted, in the heart, without the tongue? ||2||

1256 : 79

Undoubtedly, words fail me.

1256 : 80

He alone understands, who is blessed.

1256 : 81

Day and night, deep within, he remains lovingly attuned to the Lord.

1256 : 82

He is the true person, who is merged in the True Lord. ||3||

1256 : 83

If someone of high social standing becomes a selfless servant,

1256 : 84

then his praises cannot even be expressed.

1256 : 85

And if someone from a low social class becomes a selfless servant,

1256 : 86

O Nanak, he shall wear shoes of honor. ||4||1||6||

1256 : 87

Malaar, First Mehl:

1256 : 88

The pain of separation – this is the hungry pain I feel.

1256 : 89

Another pain is the attack of the Messenger of Death.

1256 : 90

Another pain is the disease consuming my body.

1256 : 91

O foolish doctor, don't give me medicine. ||1||

1256 : 92

O foolish doctor, don't give me medicine.

1256 : 93

The pain persists, and the body continues to suffer.

1256 : 94

Your medicine has no effect on me. ||1||Pause||

1256 : 95

Forgetting his Lord and Master, the mortal enjoys sensual pleasures;

1256 : 96

then, disease rises up in his body.

1256 : 97

The blind mortal receives his punishment.

1256 : 98

O foolish doctor, don't give me medicine. ||2||

1256 : 99

The value of sandalwood lies in its fragrance.

1256 : 100

The value of the human lasts only as long as the breath in the body.

1256 : 101

When the breath is taken away, the body crumbles into dust.

1256 : 102

After that, no one takes any food. ||3||

1256 : 103

The mortal's body is golden, and the soul–swan is immaculate and pure,

1256 : 104

if even a tiny particle of the Immaculate Naam is within.

1256 : 105

All pain and disease are eradicated.

1256 : 106

O Nanak, the mortal is saved through the True Name. ||4||2||7||

1256 : 107

Malaar, First Mehl:

1256 : 108

Pain is the poison. The Lord's Name is the antidote.

1256 : 109

Grind it up in the mortar of contentment, with the pestle of charitable giving.

-- Raag Malaar – Part 003 --

Raag Malaar – Part 004

1257 : 110

Take it each and every day, and your body shall not waste away.

1257 : 111

At the very last instant, you shall strike down the Messenger of Death. ||1||

1257 : 112

So take such medicine, O fool,

1257 : 113

by which your corruption shall be taken away. ||1||Pause||

1257 : 114

Power, wealth and youth are all just shadows,

1257 : 115

as are the vehicles you see moving around.

1257 : 116

Neither your body, nor your fame, nor your social status shall go along with you.

1257 : 117

In the next world it is day, while here, it is all night. ||2||

1257 : 118

Let your taste for pleasures be the firewood, let your greed be the ghee,

1257 : 119

and your sexual desire and anger the cooking oil; burn them in the fire.

1257 : 120

Some make burnt offerings, hold sacred feasts, and read the Puraanas.

1257 : 121

Whatever pleases God is acceptable. ||3||

1257 : 122

Intense meditation is the paper, and Your Name is the insignia.

1257 : 123

Those for whom this treasure is ordered,

1257 : 124

look wealthy when they reach their true home.

1257 : 125

O Nanak, blessed is that mother who gave birth to them. ||4||3||8||

1257 : 126

Malaar, First Mehl:

1257 : 127

You wear white clothes, and speak sweet words.

1257 : 128

Your nose is sharp, and your eyes are black.

1257 : 129

Have you ever seen your Lord and Master, O sister? ||1||

1257 : 130

O my All-powerful Lord and Master, by Your power, I fly and soar, and ascend to the heavens.

1257 : 131

I see Him in the water, on the land, in the mountains, on the river-banks,

1257 : 132

in all places and interspaces, O brother. ||2||

1257 : 133

He fashioned the body, and gave it wings;

1257 : 134

He gave it great thirst and desire to fly.

1257 : 135

When He bestows His Glance of Grace, I am comforted and consoled.

1257 : 136

As He makes me see, so do I see, O brother. ||3||

1257 : 137

Neither this body, nor its wings, shall go to the world hereafter.

1257 : 138

It is a fusion of air, water and fire.

1257 : 139

O Nanak, if it is in the mortal's karma, then he meditates on the Lord, with the Guru as his Spiritual Teacher.

1257 : 140

This body is absorbed in the Truth. ||4||4||9||

1257 : 141

Malaar, Third Mehl, Chau–Padas, First House:

1257 : 142

One Universal Creator God. By The Grace Of The True Guru:

1257 : 143

The Formless Lord is formed by Himself. He Himself deludes in doubt.

1257 : 144

Creating the Creation, the Creator Himself beholds it; He enjoins us as He pleases.

1257 : 145

This is the true greatness of His servant, that he obeys the Hukam of the Lord's Command.
||1||

1257 : 146

Only He Himself knows His Will. By Guru's Grace, it is grasped.

1257 : 147

When this play of Shiva and Shakti comes to his home, he remains dead while yet alive.
||1||Pause||

1257 : 148

They read the Vedas, and read them again, and engage in arguments about Brahma, Vishnu and Shiva.

1257 : 149

This three–phased Maya has deluded the whole world into cynicism about death and birth.

1257 : 150

By Guru's Grace, know the One Lord, and the anxiety of your mind will be allayed. ||2||

1257 : 151

I am meek, foolish and thoughtless, but still, You take care of me.

1257 : 152

Please be kind to me, and make me the slave of Your slaves, so that I may serve You.

1257 : 153

Please bless me with the treasure of the One Name, that I may chant it, day and night. ||3||

1257 : 154

Says Nanak, by Guru's Grace, understand. Hardly anyone considers this.

1257 : 155

Like foam bubbling up on the surface of the water, so is this world.

— Raag Malaar – Part 004 —

Raag Malaar – Part 005

1258 : 156

It shall eventually merge back into that from which it came, and all its expanse shall be gone. ||4||1||

1258 : 157

Malaar, Third Mehl:

1258 : 158

Those who realize the Hukam of the Lord's Command are united with Him; through the Word of His Shabad, their egotism is burnt away.

1258 : 159

They perform true devotional worship day and night; they remain lovingly attuned to the True Lord.

1258 : 160

They gaze on their True Lord forever, through the Word of the Guru's Shabad, with loving ease. ||1||

1258 : 161

O mortal, accept His Will and find peace.

1258 : 162

God is pleased by the Pleasure of His Own Will. Whomever He forgives, meets no obstacles on the way. ||1||Pause||

1258 : 163

Under the influence of the three gunas, the three dispositions, the mind wanders everywhere, without love or devotion to the Lord.

1258 : 164

No one is ever saved or liberated, by doing deeds in ego.

1258 : 165

Whatever our Lord and Master wills, comes to pass. People wander according to their past actions. ||2||

1258 : 166

Meeting with the True Guru, the mind is overpowered; the Lord's Name comes to abide in the mind.

1258 : 167

The value of such a person cannot be estimated; nothing at all can be said about him.

1258 : 168

He comes to dwell in the fourth state; he remains merged in the True Lord. ||3||

1258 : 169

My Lord God is Inaccessible and Unfathomable. His value cannot be expressed.

1258 : 170

By Guru's Grace, he comes to understand, and live the Shabad.

1258 : 171

O Nanak, praise the Naam, the Name of the Lord, Har, Har; you shall be honored in the Court of the Lord. ||4||2||

1258 : 172

Malaar, Third Mehl:

1258 : 173

Rare is that person who, as Gurmukh, understands; the Lord has bestowed His Glance of Grace.

1258 : 174

There is no Giver except the Guru. He grants His Grace and forgives.

1258 : 175

Meeting the Guru, peace and tranquility well up; chant the Naam, the Name of the Lord, day and night. ||1||

1258 : 176

O my mind, meditate on the Ambrosial Name of the Lord.

1258 : 177

Meeting with the True Guru and the Primal Being, the Name is obtained, and one remains forever absorbed in the Lord's Name. ||1||Pause||

1258 : 178

The self-willed manmukhs are forever separated from the Lord; no one is with them.

1258 : 179

They are stricken with the great disease of egotism; they are hit on the head by the Messenger of Death.

1258 : 180

Those who follow the Guru's Teachings are never separated from the Sat Sangat, the True Congregation. They dwell on the Naam, night and day. ||2||

1258 : 181

You are the One and Only Creator of all. You continually create, watch over and contemplate.

1258 : 182

Some are Gurmukh – You unite them with Yourself. You bless them with the treasure of devotion.

1258 : 183

You Yourself know everything. Unto whom should I complain? ||3||

1258 : 184

The Name of the Lord, Har, Har, is Ambrosial Nectar. By the Lord's Grace, it is obtained.

1258 : 185

Chanting the Name of the Lord, Har, Har, night and day, the intuitive peace and poise of the Guru is obtained.

1258 : 186

O Nanak, the Naam is the greatest treasure. Focus your consciousness on the Naam.
||4||3||

1258 : 187

Malaar, Third Mehl:

1258 : 188

I praise the Guru, the Giver of peace, forever. He truly is the Lord God.

1258 : 189

By Guru's Grace, I have obtained the supreme status. His glorious greatness is glorious!

1258 : 190

One who sings the Glorious Praises of the True Lord, merges in the True Lord. ||1||

1258 : 191

O mortal, contemplate the Guru's Word in your heart.

1258 : 192

Abandon your false family, poisonous egotism and desire; remember in your heart, that you will have to leave. ||1||Pause||

1258 : 193

The True Guru is the Giver of the Lord's Name. There is no other giver at all.

-- Raag Malaar – Part 005 --

Raag Malaar – Part 006

1259 : 194

Bestowing the gift of the soul, He satisfies the mortal beings, and merges them in the True Name.

1259 : 195

Night and day, they ravish and enjoy the Lord within the heart; they are intuitively absorbed in Samaadhi. ||2||

1259 : 196

The Shabad, the Word of the True Guru, has pierced my mind. The True Word of His Bani permeates my heart.

1259 : 197

My God is Unseen; He cannot be seen. The Gurmukh speaks the Unspoken.

1259 : 198

When the Giver of peace grants His Grace, the mortal being meditates on the Lord, the Life of the Universe. ||3||

1259 : 199

He does not come and go in renicarnation any longer; the Gurmukh meditates intuitively.

1259 : 200

From the mind, the mind merges into our Lord and Master; the mind is absorbed into the Mind.

1259 : 201

In truth, the True Lord is pleased with truth; eradicate egotism from within yourself. ||4||

1259 : 202

Our One and Only Lord and Master dwells within the mind; there is no other at all.

1259 : 203

The One Name is Sweet Ambrosial Nectar; it is Immaculate Truth in the world.

1259 : 204

O Nanak, the Name of God is obtained, by those who are so predestined. ||5||4||

1259 : 205

Malaar, Third Mehl:

1259 : 206

All the heavenly heralds and celestial singers are saved through the Naam, the Name of the Lord.

1259 : 207

They contemplate the Word of the Guru's Shabad. Subduing their ego, the Name abides in their minds; they keep the Lord enshrined in their hearts.

1259 : 208

He alone understands, whom the Lord causes to understand; the Lord unites him with Himself.

1259 : 209

Night and day, he sings the Word of the Shabad and the Guru's Bani; he remains lovingly attuned to the True Lord. ||1||

1259 : 210

O my mind, each and every moment, dwell on the Naam.

1259 : 211

The Shabad is the Guru's Gift. It shall bring you lasting peace deep within; it shall always stand by you. ||1||Pause||

1259 : 212

The self-willed manmukhs never give up their hypocrisy; in the love of duality, they suffer in pain.

1259 : 213

Forgetting the Naam, their minds are imbued with corruption. They waste away their lives uselessly.

1259 : 214

This opportunity shall not come into their hands again; night and day, they shall always regret and repent.

1259 : 215

They die and die again and again, only to be reborn, but they never understand. They rot away in manure. ||2||

1259 : 216

The Gurmukhs are imbued with the Naam, and are saved; they contemplate the Word of the Guru's Shabad.

1259 : 217

Meditating on the Name of the Lord, they are Jivan-mukta, liberated while yet alive. They enshrine the Lord within their hearts.

1259 : 218

Their minds and bodies are immaculate, their intellect is immaculate and sublime. Their speech is sublime as well.

1259 : 219

They realize the One Primal Being, the One Lord God. There is no other at all. ||3||

1259 : 220

God Himself is the Doer, and He Himself is the Cause of causes. He Himself bestows His Glance of Grace.

1259 : 221

My mind and body are imbued with the Word of the Guru's Bani. My consciousness is immersed in His service.

1259 : 222

The Unseen and Inscrutable Lord dwells deep within. He is seen only by the Gurmukh.

1259 : 223

O Nanak, He gives to whomever He pleases. According to the Pleasure of His Will, He leads the mortals on. ||4||5||

1259 : 224

Malaar, Third Mehl, Du–Tukas:

1259 : 225

Through the True Guru, the mortal obtains the special place, the Mansion of the Lord's Presence in his own home.

1259 : 226

Through the Word of the Guru's Shabad, his egotistical pride is dispelled. ||1||

1259 : 227

Those who have the Naam inscribed on their foreheads,

1259 : 228

meditate on the Naam night and day, forever and ever. They are honored in the True Court of the Lord. ||1||Pause||

1259 : 229

From the True Guru, they learn the ways and means of the mind. Night and day, they focus their meditation on the Lord forever.

-- Raag Malaar – Part 006 --

Raag Malaar – Part 007

1260 : 230

Imbued with the Word of the Guru's Shabad, they remain forever detached. They are honored in the True Court of the Lord. ||2||

1260 : 231

This mind plays, subject to the Lord's Will; in an instant, it wanders out in the ten directions and returns home again.

1260 : 232

When the True Lord God Himself bestows His Glance of Grace, then this mind is instantly brought under control by the Gurmukh. ||3||

1260 : 233

The mortal comes to know the ways and means of the mind, realizing and contemplating the Shabad.

1260 : 234

O Nanak, meditate forever on the Naam, and cross over the terrifying world-ocean. ||4||6||

1260 : 235

Malaar, Third Mehl:

1260 : 236

Soul, body and breath of life are all His; He is permeating and pervading each and every heart.

1260 : 237

Except the One Lord, I do not know any other at all. The True Guru has revealed this to me. ||1||

1260 : 238

O my mind, remain lovingly attuned to the Naam, the Name of the Lord.

1260 : 239

Through the Word of the Guru's Shabad, I meditate on the Lord, the Unseen, Unfathomable and Infinite Creator. ||1||Pause||

1260 : 240

Mind and body are pleased, lovingly attuned to the One Lord, intuitively absorbed in peace and poise.

1260 : 241

By Guru's Grace, doubt and fear are dispelled, being lovingly attuned to the One Name. ||2||

1260 : 242

When the mortal follows the Guru's Teachings, and lives the Truth, then he attains the state of emancipation.

1260 : 243

Among millions, how rare is that one who understands, and is lovingly attuned to the Name of the Lord. ||3||

1260 : 244

Wherever I look, there I see the One. This understanding has come through the Guru's Teachings.

1260 : 245

I place my mind, body and breath of life in offering before Him; O Nanak, self-conceit is gone. ||4||7||

1260 : 246

Malaar, Third Mehl:

1260 : 247

My True Lord God, the Eradicator of suffering, is found through the Word of the Shabad.

1260 : 248

Imbued with devotional worship, the mortal remains forever detached. He is honored in the True Court of the Lord. ||1||

1260 : 249

O mind, remain absorbed in the Mind.

1260 : 250

The mind of the Gurmukh is pleased with the Lord's Name, lovingly attuned to the Lord.
||1||Pause||

1260 : 251

My God is totally Inaccessible and Unfathomable; through the Guru's Teachings, He is understood.

1260 : 252

True self-discipline rests in singing the Kirtan of the Lord's Praises, lovingly attuned to the Lord. ||2||

1260 : 253

He Himself is the Shabad, and He Himself is the True Teachings; He merges our light into the Light.

1260 : 254

The breath vibrates through this frail body; the Gurmukh obtains the ambrosial nectar. ||3||

1260 : 255

He Himself fashions, and He Himself links us to our tasks; the True Lord is pervading everywhere.

1260 : 256

O Nanak, without the Naam, the Name of the Lord, no one is anything. Through the Naam, we are blessed with glory. ||4||8||

1260 : 257

Malaar, Third Mehl:

1260 : 258

The mortal is enticed by the poison of corruption, burdened with such a heavy load.

1260 : 259

The Lord has placed the magic spell of the Shabad into his mouth, and destroyed the poison of ego. ||1||

1260 : 260

O mortal, egotism and attachment are such heavy loads of pain.

1260 : 261

This terrifying world-ocean cannot be crossed; through the Lord's Name, the Gurmukh crosses over to the other side. ||1||Pause||

1260 : 262

Attachment to the three-phased show of Maya pervades all the created forms.

1260 : 263

In the Sat Sangat, the Society of the Saints, the state of supreme awareness is attained. The Merciful Lord carries us across. ||2||

1260 : 264

The smell of sandalwood is so sublime; its fragrance spreads out far and wide.

-- Raag Malaar – Part 007 --

Raag Malaar – Part 008

1261 : 265

The lifestyle of the Lord's humble servant is exalted and sublime. He spreads the Kirtan of the Lord's Praises throughout the world. ||3||

1261 : 266

O my Lord and Master, please be merciful, merciful to me, that I may enshrine the Lord, Har, Har, Har, within my heart.

1261 : 267

Nanak has found the Perfect True Guru; in his mind, he chants the Name of the Lord. ||4||9||

1261 : 268

Malaar, Third Mehl, Second House:

1261 : 269

One Universal Creator God. By The Grace Of The True Guru:

1261 : 270

Is this mind a householder, or is this mind a detached renunciate?

1261 : 271

Is this mind beyond social class, eternal and unchanging?

1261 : 272

Is this mind fickle, or is this mind detached?

1261 : 273

How has this mind been gripped by possessiveness? ||1||

1261 : 274

O Pandit, O religious scholar, reflect on this in your mind.

1261 : 275

Why do you read so many other things, and carry such a heavy load? ||1||Pause||

1261 : 276

The Creator has attached it to Maya and possessiveness.

1261 : 277

Enforcing His Order, He created the world.

1261 : 278

By Guru's Grace, understand this, O Siblings of Destiny.

1261 : 279

Remain forever in the Sanctuary of the Lord. ||2||

1261 : 280

He alone is a Pandit, who sheds the load of the three qualities.

1261 : 281

Night and day, he chants the Name of the One Lord.

1261 : 282

He accepts the Teachings of the True Guru.

1261 : 283

He offers his head to the True Guru.

1261 : 284

He remains forever unattached in the state of Nirvaanaa.

1261 : 285

Such a Pandit is accepted in the Court of the Lord. ||3||

1261 : 286

He preaches that the One Lord is within all beings.

1261 : 287

As he sees the One Lord, he knows the One Lord.

1261 : 288

That person, whom the Lord forgives, is united with Him.

1261 : 289

He finds eternal peace, here and hereafter. ||4||

1261 : 290

Says Nanak, what can anyone do?

1261 : 291

He alone is liberated, whom the Lord blesses with His Grace.

1261 : 292

Night and day, he sings the Glorious Praises of the Lord.

1261 : 293

Then, he no longer bothers with the proclamations of the Shaastras or the Vedas.

||5||1||10||

1261 : 294

Malaar, Third Mehl:

1261 : 295

The self-willed manmukhs wander lost in reincarnation, confused and deluded by doubt.

1261 : 296

The Messenger of Death constantly beats them and disgraces them.

1261 : 297

Serving the True Guru, the mortal's subservience to Death is ended.

1261 : 298

He meets the Lord God, and enters the Mansion of His Presence. ||1||

1261 : 299

O mortal, as Gurmukh, meditate on the Naam, the Name of the Lord.

1261 : 300

In duality, you are ruining and wasting this priceless human life. You trade it away in exchange for a shell. ||1||Pause||

1261 : 301

The Gurmukh falls in love with the Lord, by His Grace.

1261 : 302

He enshrines loving devotion to the Lord, Har, Har, deep within his heart.

1261 : 303

The Word of the Shabad carries him across the terrifying world–ocean.

1261 : 304

He appears true in the True Court of the Lord. ||2||

1261 : 305

Performing all sorts of rituals, they do not find the True Guru.

1261 : 306

Without the Guru, so many wander lost and confused in Maya.

1261 : 307

Egotism, possessiveness and attachment rise up and increase within them.

1261 : 308

In the love of duality, the self–willed manmukhs suffer in pain. ||3||

1261 : 309

The Creator Himself is Inaccessible and Infinite.

1261 : 310

Chant the Word of the Guru's Shabad, and earn the true profit.

1261 : 311

The Lord is Independent, Ever–present, here and now.

--- Raag Malaar – Part 008 ---

Raag Malaar – Part 009

1262 : 312

O Nanak, the Gurmukh merges in the Naam. ||4||2||11||

1262 : 313

Malaar, Third Mehl:

1262 : 314

Those who are attached to the Guru's Teachings, are Jivan–mukta, liberated while yet alive.

1262 : 315

They remain forever awake and aware night and day, in devotional worship of the Lord.

1262 : 316

They serve the True Guru, and eradicate their self–conceit.

1262 : 317

I fall at the feet of such humble beings. ||1||

1262 : 318

Constantly singing the Glorious Praises of the Lord, I live.

1262 : 319

The Word of the Guru's Shabad is such totally sweet elixir. Through the Name of the Lord, I have attained the state of liberation. ||1||Pause||

1262 : 320

Attachment to Maya leads to the darkness of ignorance.

1262 : 321

The self-willed manukhs are attached, foolish and ignorant.

1262 : 322

Night and day, their lives pass away in worldly entanglements.

1262 : 323

They die and die again and again, only to be reborn and receive their punishment. ||2||

1262 : 324

The Gurmukh is lovingly attuned to the Name of the Lord.

1262 : 325

He does not cling to false greed.

1262 : 326

Whatever he does, he does with intuitive poise.

1262 : 327

He drinks in the sublime essence of the Lord; his tongue delights in its flavor. ||3||

1262 : 328

Among millions, hardly any understand.

1262 : 329

The Lord Himself forgives, and bestows His glorious greatness.

1262 : 330

Whoever meets with the Primal Lord God, shall never be separated again.

1262 : 331

Nanak is absorbed in the Name of the Lord, Har, Har. ||4||3||12||

1262 : 332

Malaar, Third Mehl:

1262 : 333

Everyone speaks the Name of the Lord with the tongue.

1262 : 334

But only by serving the True Guru does the mortal receive the Name.

1262 : 335

His bonds are shattered, and he stays in the house of liberation.

1262 : 336

Through the Word of the Guru's Shabad, he sits in the eternal, unchanging house. ||1||

1262 : 337

O my mind, why are you angry?

1262 : 338

In this Dark Age of Kali Yuga, the Lord's Name is the source of profit. Contemplate and appreciate the Guru's Teachings within your heart, night and day. ||1||Pause||

1262 : 339

Each and every instant, the rainbird cries and calls.

1262 : 340

Without seeing her Beloved, she does not sleep at all.

1262 : 341

She cannot endure this separation.

1262 : 342

When she meets the True Guru, then she intuitively meets her Beloved. ||2||

1262 : 343

Lacking the Naam, the Name of the Lord, the mortal suffers and dies.

1262 : 344

He is burnt in the fire of desire, and his hunger does not depart.

1262 : 345

Without good destiny, he cannot find the Naam.

1262 : 346

He performs all sorts of rituals until he is exhausted. ||3||

1262 : 347

The mortal thinks about the Vedic teachings of the three gunas, the three dispositions.

1262 : 348

He deals in corruption, filth and vice.

1262 : 349

He dies, only to be reborn; he is ruined over and over again.

1262 : 350

The Gurmukh enshrines the glory of the supreme state of celestial peace. ||4||

1262 : 351

One who has faith in the Guru – everyone has faith in him.

1262 : 352

Through the Guru's Word, the mind is cooled and soothed.

1262 : 353

Throughout the four ages, that humble being is known to be pure.

1262 : 354

O Nanak, that Gurmukh is so rare. ||5||4||13||9||13||22||

1262 : 355

Raag Malaar, Fourth Mehl, First House, Chau–Padas:

1262 : 356

One Universal Creator God. By The Grace Of The True Guru:

1262 : 357

Night and day, I meditate on the Lord, Har, Har, within my heart; through the Guru's Teachings, my pain is forgotten.

1262 : 358

The chains of all my hopes and desires have been snapped; my Lord God has showered me with His Mercy. ||1||

1262 : 359

My eyes gaze eternally on the Lord, Har, Har.

1262 : 360

Gazing on the True Guru, my mind blossoms forth. I have met with the Lord, the Lord of the World. ||1||Pause||

-- Raag Malaar – Part 009 --

Raag Malaar – Part 010

1263 : 361

One who forgets such a Name of the Lord, Har, Har – his family is dishonored.

1263 : 362

His family is sterile and barren, and his mother is made a widow. ||2||

1263 : 363

O Lord, let me meet the Holy Guru, who night and day keep the Lord enshrined in his heart.

1263 : 364

Seeing the Guru, the GurSikh blossoms forth, like the child seeing his mother. ||3||

1263 : 365

The soul-bride and the Husband Lord live together as one, but the hard wall of egotism has come between them.

1263 : 366

The Perfect Guru demolishes the wall of egotism; servant Nanak has met the Lord, the Lord of the World. ||4||1||

1263 : 367

Malaar, Fourth Mehl:

1263 : 368

The Ganges, the Jamunaa, the Godaavari and the Saraswati – these rivers strive for the dust of the feet of the Holy.

1263 : 369

Overflowing with their filthy sins, the mortals take cleansing baths in them; the rivers' pollution is washed away by the dust of the feet of the Holy. ||1||

1263 : 370

Instead of bathing at the sixty–eight sacred shrines of pilgrimage, take your cleansing bath in the Name.

1263 : 371

When the dust of the feet of the Sat Sangat rises up into the eyes, all filthy evil–mindedness is removed. ||1||Pause||

1263 : 372

Bhaageerat'h the penitent brought the Ganges down, and Shiva established Kaydaar.

1263 : 373

Krishna grazed cows in Kaashi; through the humble servant of the Lord, these places became famous. ||2||

1263 : 374

And all the sacred shrines of pilgrimage established by the gods, long for the dust of the feet of the Holy.

1263 : 375

Meeting with the Lord's Saint, the Holy Guru, I apply the dust of His feet to my face. ||3||

1263 : 376

And all the creatures of Your Universe, O my Lord and Master, long for the dust of the feet of the Holy.

1263 : 377

O Nanak, one who has such destiny inscribed on his forehead, is blessed with the dust of the feet of the Holy; the Lord carries him across. ||4||2||

1263 : 378

Malaar, Fourth Mehl:

1263 : 379

The Lord seems sweet to that humble being who is blessed by the Grace of the Lord.

1263 : 380

His hunger and pain are totally taken away; he chants the Glorious Praises of the Lord, Har, Har. ||1||

1263 : 381

Meditating on the Lord, Har, Har, Har, the mortal is emancipated.

1263 : 382

One who listens to the Guru's Teachings and meditates on them, is carried across the terrifying world-ocean. ||1||Pause||

1263 : 383

I am the slave of that humble being, who is blessed by the Grace of the Lord, Har, Har.

1263 : 384

Meeting with the Lord's humble servant, peace is obtained; all the pollution and filth of evil-mindedness is washed away. ||2||

1263 : 385

The humble servant of the Lord feels hunger only for the Lord. He is satisfied only when he chants the Lord's Glories.

1263 : 386

The humble servant of the Lord is a fish in the Water of the Lord. Forgetting the Lord, he would dry up and die. ||3||

1263 : 387

He alone knows this love, who enshrines it within his mind.

1263 : 388

Servant Nanak gazes upon the Lord and is at peace; The hunger of his body is totally satisfied. ||4||3||

1263 : 389

Malaar, Fourth Mehl:

1263 : 390

All the beings and creatures which God has created – on their foreheads, He has written their destiny.

1263 : 391

The Lord blesses His humble servant with glorious greatness. The Lord enjoins him to his tasks. ||1||

1263 : 392

The True Guru implants the Naam, the Name of the Lord, Har, Har, within.

-- Raag Malaar – Part 010 --

Raag Malaar – Part 011

1264 : 393

Chant the Name of the Lord, O Sikhs of the Guru, O my Siblings of Destiny. Only the Lord will carry you across the terrifying world-ocean. ||1||Pause||

1264 : 394

That humble being who worships, adores and serves the Guru is pleasing to my Lord God.

1264 : 395

To worship and adore the True Guru is to serve the Lord. In His Mercy, He saves us and carries us across. ||2||

1264 : 396

The ignorant and the blind wander deluded by doubt; deluded and confused, they pick flowers to offer to their idols.

1264 : 397

They worship lifeless stones and serve the tombs of the dead; all their efforts are useless. ||3||

1264 : 398

He alone is said to be the True Guru, who realizes God, and proclaims the Sermon of the Lord, Har, Har.

1264 : 399

Offer the Guru sacred foods, clothes, silk and satin robes of all sorts; know that He is True. The merits of this shall never leave you lacking. ||4||

1264 : 400

The Divine True Guru is the Embodiment, the Image of the Lord; He utters the Ambrosial Word.

1264 : 401

O Nanak, blessed and good is the destiny of that humble being, who focuses his consciousness on the Feet of the Lord. ||5||4||

1264 : 402

Malaar, Fourth Mehl:

1264 : 403

Those whose hearts are filled with my True Guru – those Saints are good and noble in every way.

1264 : 404

Seeing them, my mind blossoms forth in bliss; I am forever a sacrifice to them. ||1||

1264 : 405

O spiritual teacher, chant the Name of the Lord, day and night.

1264 : 406

All hunger and thirst are satisfied, for those who partake of the sublime essence of the Lord, through the Guru's Teachings. ||1||Pause||

1264 : 407

The slaves of the Lord are our Holy companions. Meeting with them, doubt is taken away.

1264 : 408

As the swan separates the milk from the water, the Holy Saint removes the fire of egotism from the body. ||2||

1264 : 409

Those who do not love the Lord in their hearts are deceitful; they continually practice deception.

1264 : 410

What can anyone give them to eat? Whatever they themselves plant, they must eat. ||3||

1264 : 411

This is the Quality of the Lord, and of the Lord's humble servants as well; the Lord places His Own Essence within them.

1264 : 412

Blessed, blessed, is Guru Nanak, who looks impartially on all; He crosses over and transcends both slander and praise. ||4||5||

1264 : 413

Malaar, Fourth Mehl:

1264 : 414

The Name of the Lord is inaccessible, unfathomable, exalted and sublime. It is chanted by the Lord's Grace.

1264 : 415

By great good fortune, I have found the True Congregation, and in the Company of the Holy, I am carried across. ||1||

1264 : 416

My mind is in ecstasy, night and day.

1264 : 417

By Guru's Grace, I chant the Name of the Lord. Doubt and fear are gone from my mind.
||1||Pause||

1264 : 418

Those who chant and meditate on the Lord – O Lord, in Your Mercy, please unite me with them.

1264 : 419

Gazing upon them, I am at peace; the pain and disease of egotism are gone. ||2||

1264 : 420

Those who meditate on the Naam, the Name of the Lord in their hearts – their lives become totally fruitful.

1264 : 421

They themselves swim across, and carry the world across with them. Their ancestors and family cross over as well. ||3||

1264 : 422

You Yourself created the whole world, and You Yourself keep it under Your control.

-- Raag Malaar – Part 011 --

Raag Malaar – Part 012

1265 : 423

God has showered His Mercy on servant Nanak; He has lifted him up, and rescued him from the ocean of poison. ||4||6||

1265 : 424

Malaar, Fourth Mehl:

1265 : 425

Those who do not drink in the Ambrosial Nectar by Guru's Grace – their thirst and hunger are not relieved.

1265 : 426

The foolish self-willed manmukh burns in the fire of egotistical pride; he suffers painfully in egotism.

1265 : 427

Coming and going, he wastes his life uselessly; afflicted with pain, he regrets and repents.

1265 : 428

He does not even think of the One, from whom he originated. Cursed is his life, and cursed is his food. ||1||

1265 : 429

O mortal, as Gurmukh, meditate on the Naam, the Name of the Lord.

1265 : 430

The Lord, Har, Har, in His Mercy leads the mortal to meet the Guru; he is absorbed in the Name of the Lord, Har, Har. ||1||Pause||

1265 : 431

The life of the self-willed manmukh is useless; he comes and goes in shame.

1265 : 432

In sexual desire and anger, the proud ones are drowned. They are burnt in their egotism.

1265 : 433

They do not attain perfection or understanding; their intellect is dimmed. Tossed by the waves of greed, they suffer in pain.

1265 : 434

Without the Guru, they suffer in terrible pain. Seized by Death, they weep and wail. ||2||

1265 : 435

As Gurmukh, I have attained the Unfathomable Name of the Lord, with intuitive peace and poise.

1265 : 436

The treasure of the Naam abides deep within my heart. My tongue sings the Glorious Praises of the Lord.

1265 : 437

I am forever in bliss, day and night, lovingly attuned to the One Word of the Shabad.

1265 : 438

I have obtained the treasure of the Naam with intuitive ease; this is the glorious greatness of the True Guru. ||3||

1265 : 439

Through the True Guru, the Lord, Har, Har, comes to dwell within my mind. I am forever a sacrifice to the True Guru.

1265 : 440

I have dedicated my mind and body to Him, and placed everything before Him in offering. I focus my consciousness on His Feet.

1265 : 441

Please be merciful to me, O my Perfect Guru, and unite me with Yourself.

1265 : 442

I am just iron; the Guru is the boat, to carry me across. ||4||7||

1265 : 443

Malaar, Fourth Mehl, Partaal, Third House:

1265 : 444

One Universal Creator God. By The Grace Of The True Guru:

1265 : 445

The humble servant of the Lord chants the Name of the Supreme Lord; he joins the Saadh Sangat, the Company of the Lord's Holy. ||1||Pause||

1265 : 446

Deal only in the wealth of the Lord, and gather only the wealth of the Lord. No thief can ever steal it. ||1||

1265 : 447

The rainbirds and the peacocks sing day and night, hearing the thunder in the clouds. ||2||

1265 : 448

Whatever the deer, the fish and the birds sing, they chant to the Lord, and no other. ||3||

1265 : 449

Servant Nanak sings the Kirtan of the Lord's Praises; the sound and fury of Death has totally gone away. ||4||1||8||

1265 : 450

Malaar, Fourth Mehl:

1265 : 451

They speak and chant the Name of the Lord, Raam, Raam; the very fortunate ones seek Him.

1265 : 452

Whoever shows me the Way of the Lord – I fall at his feet. ||1||Pause||

1265 : 453

The Lord is my Friend and Companionship; I am in love with the Lord.

--- Raag Malaar – Part 012 ---

Raag Malaar – Part 013

1266 : 454

I sing of the Lord, and I speak of the Lord; I have discarded all other loves. ||1||

1266 : 455

My Beloved is the Enticer of the mind; The Detached Lord God is the Embodiment of Supreme bliss.

1266 : 456

Nanak lives by gazing upon the Lord; may I see Him for a moment, for even just an instant.
||2||2||9||9||13||9||31||

1266 : 457

Raag Malaar, Fifth Mehl, Chau–Padas, First House:

1266 : 458

One Universal Creator God. By The Grace Of The True Guru:

1266 : 459

What are you so worried about? What are you thinking? What have you tried?

1266 : 460

Tell me – the Lord of the Universe – who controls Him? ||1||

1266 : 461

The rain showers down from the clouds, O companion. The Guest has come into my home.

1266 : 462

I am meek; my Lord and Master is the Ocean of Mercy. I am absorbed in the nine treasures

of the Naam, the Name of the Lord. ||1||Pause||

1266 : 463

I have prepared all sorts of foods in various ways, and all sorts of sweet deserts.

1266 : 464

I have made my kitchen pure and sacred. Now, O my Sovereign Lord King, please sample my food. ||2||

1266 : 465

The villains have been destroyed, and my friends are delighted. This is Your Own Mansion and Temple, O Lord.

1266 : 466

When my Playful Beloved came into my household, then I found total peace. ||3||

1266 : 467

In the Society of the Saints, I have the Support and Protection of the Perfect Guru; this is the pre-ordained destiny inscribed upon my forehead.

1266 : 468

Servant Nanak has found his Playful Husband Lord. He shall never suffer in sorrow again. ||4||1||

1266 : 469

Malaar, Fifth Mehl:

1266 : 470

When the baby's only food is milk, it cannot survive without its milk.

1266 : 471

The mother takes care of it, and pours milk into its mouth; then, it is satisfied and fulfilled.
||1||

1266 : 472

I am just a baby; God, the Great Giver, is my Father.

1266 : 473

The child is so foolish; it makes so many mistakes. But it has nowhere else to go.
||1||Pause||

1266 : 474

The mind of the poor child is fickle; he touches even snakes and fire.

1266 : 475

His mother and father hug him close in their embrace, and so he plays in joy and bliss. ||2||

1266 : 476

What hunger can the child ever have, O my Lord and Master, when You are his Father?

1266 : 477

The treasure of the Naam and the nine treasures are in Your celestial household. You fulfill the desires of the mind. ||3||

1266 : 478

My Merciful Father has issued this Command: whatever the child asks for, is put into his mouth.

1266 : 479

Nanak, the child, longs for the Blessed Vision of God's Darshan. May His Feet always dwell within my heart. ||4||2||

1266 : 480

Malaar, Fifth Mehl:

1266 : 481

I tried everything, and gathered all devices together; I have discarded all my anxieties.

1266 : 482

I have begun to set all my household affairs right; I have placed my faith in my Lord and Master. ||1||

1266 : 483

I listen to the celestial vibrations resonating and resounding.

1266 : 484

Sunrise has come, and I gaze upon the Face of my Beloved. My household is filled with peace and pleasure. ||1||Pause||

1266 : 485

I focus my mind, and embellish and adorn the place within; then I go out to speak with the Saints.

1266 : 486

Seeking and searching, I have found my Husband Lord; I bow at His Feet and worship Him with devotion. ||2||

--- Raag Malaar – Part 013 ---

Raag Malaar – Part 014

1267 : 487

When my Beloved came to live in my house, I began to sing the songs of bliss.

1267 : 488

My friends and companions are happy; God leads me to meet the Perfect Guru. ||3||

1267 : 489

My friends and companions are in ecstasy; the Guru has completed all my projects.

1267 : 490

Says Nanak, I have met my Husband, the Giver of peace; He shall never leave me and go away. ||4||3||

1267 : 491

Malaar, Fifth Mehl:

1267 : 492

From a king to a worm, and from a worm to the lord of gods, they engage in evil to fill their bellies.

1267 : 493

They renounce the Lord, the Ocean of Mercy, and worship some other; they are thieves and killers of the soul. ||1||

1267 : 494

Forgetting the Lord, they suffer in sorrow and die.

1267 : 495

They wander lost in reincarnation through all sorts of species; they do not find shelter anywhere. ||1||Pause||

1267 : 496

Those who abandon their Lord and Master and think of some other, are foolish, stupid, idiotic donkeys.

1267 : 497

How can they cross over the ocean in a paper boat? Their egotistical boasts that they will cross over are meaningless. ||2||

1267 : 498

Shiva, Brahma, angels and demons, all burn in the fire of death.

1267 : 499

Nanak seeks the Sanctuary of the Lord's Lotus Feet; O God, Creator, please do not send me into exile. ||3||4||

1267 : 500

Raag Malaar, Fifth Mehl, Du-Padas, First House:

1267 : 501

One Universal Creator God. By The Grace Of The True Guru:

1267 : 502

My God is detached and free of desire.

1267 : 503

I cannot survive without Him, even for an instant. I am so in love with Him. ||1||Pause||

1267 : 504

Associating with the Saints, God has come into my consciousness. By their Grace, I have been awakened.

1267 : 505

Hearing the Teachings, my mind has become immaculate. Imbued with the Lord's Love, I sing His Glorious Praises. ||1||

1267 : 506

Dedicating this mind, I have made friends with the Saints. They have become merciful to me; I am very fortunate.

1267 : 507

I have found absolute peace – I cannot describe it. Nanak has obtained the dust of the feet of the humble. ||2||1||5||

1267 : 508

Malaar, Fifth Mehl:

1267 : 509

O mother, please lead me to union with my Beloved.

1267 : 510

All my friends and companions sleep totally in peace; their Beloved Lord has come into the homes of their hearts. ||1||Pause||

1267 : 511

I am worthless; God is forever Merciful. I am unworthy; what clever tricks could I try?

1267 : 512

I claim to be on a par with those who are imbued with the Love of their Beloved. This is my stubborn egotism. ||1||

1267 : 513

I am dishonored – I seek the Sanctuary of the One, the Guru, the True Guru, the Primal Being, the Giver of peace.

1267 : 514

In an instant, all my pains have been taken away; Nanak passes the night of his life in peace. ||2||2||6||

1267 : 515

Malaar, Fifth Mehl:

1267 : 516

Rain down, O cloud; do not delay.

1267 : 517

O beloved cloud, O support of the mind, you bring lasting bliss and joy to the mind.
||1||Pause||

1267 : 518

I take to Your Support, O my Lord and Master; how could You forget me?

-- Raag Malaar – Part 014 --

Raag Malaar – Part 015

1268 : 519

I am Your beautiful bride, Your servant and slave. I have no nobility without my Husband Lord. ||1||

1268 : 520

When my Lord and Master listened to my prayer, He hurried to shower me with His Mercy.

1268 : 521

Says Nanak, I have become just like my Husband Lord; I am blessed with honor, nobility and the lifestyle of goodness. ||2||3||7||

1268 : 522

Malaar, Fifth Mehl:

1268 : 523

Meditate on the True Name of your Beloved.

1268 : 524

The pains and sorrows of the terrifying world–ocean are dispelled, by enshrining the Image of the Guru within your heart. ||1||Pause||

1268 : 525

Your enemies shall be destroyed, and all the evil–doers shall perish, when you come to the Sanctuary of the Lord.

1268 : 526

The Savior Lord has given me His Hand and saved me; I have obtained the wealth of the Naam. ||1||

1268 : 527

Granting His Grace, He has eradicated all my sins; He has placed the Immaculate Naam within my mind.

1268 : 528

O Nanak, the Treasure of Virtue fills my mind; I shall never again suffer in pain. ||2||4||8||

1268 : 529

Malaar, Fifth Mehl:

1268 : 530

My Beloved God is the Lover of my breath of life.

1268 : 531

Please bless me with the loving devotional worship of the Naam, O Kind and Compassionate Lord. ||1||Pause||

1268 : 532

I meditate in remembrance on Your Feet, O my Beloved; my heart is filled with hope.

1268 : 533

I offer my prayer to the humble Saints; my mind thirsts for the Blssed Vision of the Lord's Darshan. ||1||

1268 : 534

Separation is death, and Union with the Lord is life. Please bless Your humble servant with Your Darshan.

1268 : 535

O my God, please be Merciful, and bless Nanak with the support, the life and wealth of the Naam. ||2||5||9||

1268 : 536

Malaar, Fifth Mehl:

1268 : 537

Now, I have become just like my Beloved.

1268 : 538

Dwelling on my Sovereign Lord King, I have found peace. Rain down, O peace-giving cloud. ||1||Pause||

1268 : 539

I cannot forget Him, even for an instant; He is the Ocean of peace. Through the Naam, the Name of the Lord, I have obtained the nine treasures.

1268 : 540

My perfect destiny has been activated, meeting with the Saints, my help and support. ||1||

1268 : 541

Peace has welled up, and all pain has been dispelled, lovingly attuned to the Supreme Lord God.

1268 : 542

The arduous and terrifying world-ocean is crossed over, O Nanak, by meditating on the Feet of the Lord. ||2||6||10||

1268 : 543

Malaar, Fifth Mehl:

1268 : 544

The clouds have rained down all over the world.

1268 : 545

My Beloved Lord God has become merciful to me; I am blessed with ecstasy, bliss and peace. ||1||Pause||

1268 : 546

My sorrows are erased, and all my thirsts are quenched, meditating on the Supreme Lord God.

1268 : 547

In the Saadh Sangat, the Company of the Holy, death and birth come to an end, and the mortal does not wander anywhere, ever again. ||1||

1268 : 548

My mind and body are imbued with the Immaculate Naam, the Name of the Lord; I am lovingly attuned to His Lotus Feet.

1268 : 549

God has made Nanak His Own; slave Nanak seeks His Sanctuary. ||2||7||11||

1268 : 550

Malaar, Fifth Mehl:

1268 : 551

Separated from the Lord, how can any living being live?

1268 : 552

My consciousness is filled with yearning and hope to meet my Lord, and drink in the sublime essence of His Lotus Feet. ||1||Pause||

1268 : 553

Those who are thirsty for You, O my Beloved, are not separated from You.

1268 : 554

Those who forget my Beloved Lord are dead and dying. ||1||

-- Raag Malaar – Part 015 --

Raag Malaar – Part 016

1269 : 555

The Lord of the Universe is permeating and pervading my mind and body; I see Him
Ever-present, here and now

1269 : 556

. O Nanak, He is permeating the inner being of all; He is all-pervading everywhere.
||2||8||12||

1269 : 557

Malaar, Fifth Mehl:

1269 : 558

Vibrating and meditating on the Lord, who has not been carried across?

1269 : 559

Those reborn into the body of a bird, the body of a fish, the body of a deer, and the body of
a bull – in the Saadh Sangat, the Company of the Holy, they are saved. ||1||Pause||

1269 : 560

The families of gods, the families of demons, titans, celestial singers and human beings are
carried across the ocean.

1269 : 561

Whoever meditates and vibrates on the Lord in the Saadh Sangat – his pains are taken
away. ||1||

1269 : 562

Sexual desire, anger and the pleasures of terrible corruption – he keeps away from these.

1269 : 563

He meditates on the Lord, Merciful to the meek, the Embodiment of Compassion; Nanak is forever a sacrifice to Him. ||2||9||13||

1269 : 564

Malaar, Fifth Mehl:

1269 : 565

Today, I am seated in the Lord's store.

1269 : 566

With the wealth of the Lord, I have entered into partnership with the humble; I shall not have take the Highway of Death. ||1||Pause||

1269 : 567

Showering me with His Kindness, the Supreme Lord God has saved me; the doors of doubt have been opened wide.

1269 : 568

I have found God, the Banker of Infinity; I have earned the profit of the wealth of His Feet. ||1||

1269 : 569

I have grasped the protection of the Sanctuary of the Unchanging, Unmoving, Imperishable Lord; He has picked up my sins and thrown them out.

1269 : 570

Slave Nanak's sorrow and suffering has ended. He shall never again be squeezed into the mold of reincarnation. ||2||10||14||

1269 : 571

Malaar, Fifth Mehl:

1269 : 572

In so many ways, attachment to Maya leads to ruin.

1269 : 573

Among millions, it is very rare to find a selfless servant who remains a perfect devotee for very long. ||1||Pause||

1269 : 574

Roaming and wandering here and there, the mortal finds only trouble; his body and wealth become strangers to himself.

1269 : 575

Hiding from people, he practices deception; he does not know the One who is always with him. ||1||

1269 : 576

He wanders through troubled incarnations of low and wretched species as a deer, a bird and a fish.

1269 : 577

Says Nanak, O God, I am a stone – please carry me across, that I may enjoy peace in the Saadh Sangat, the Company of the Holy. ||2||11||15||

1269 : 578

Malaar, Fifth Mehl:

1269 : 579

The cruel and evil ones died after taking poison, O mother.

1269 : 580

And the One, to whom all creatures belong, has saved us. God has granted His Grace. ||1||Pause||

1269 : 581

The Inner-knower, the Searcher of hearts, is contained within all; why should I be afraid, O Siblings of Destiny?

1269 : 582

God, my Help and Support, is always with me. He shall never leave; I see Him everywhere.
||1||

1269 : 583

He is the Master of the masterless, the Destroyer of the pains of the poor; He has attached me to the hem of His robe.

1269 : 584

O Lord, Your slaves live by Your Support; Nanak has come to the Sanctuary of God.
||2||12||16||

1269 : 585

Malaar, Fifth Mehl:

1269 : 586

O my mind, dwell on the Feet of the Lord.

1269 : 587

My mind is enticed by thirst for the Blessed Vision of the Lord; I would take wings and fly out to meet Him. ||1||Pause||

1269 : 588

Searching and seeking, I have found the Path, and now I serve the Holy.

1269 : 589

O my Lord and Master, please be kind to me, that I may drink in Your most sublime essence. ||1||

1269 : 590

Begging and pleading, I have come to Your Sanctuary; I am on fire – please shower me with Your Mercy!

1269 : 591

Please give me Your Hand – I am Your slave, O Lord. Please make Nanak Your Own.
||2||13||17||

-- Raag Malaar – Part 016 --

Raag Malaar – Part 017

1270 : 592

Malaar, Fifth Mehl:

1270 : 593

It is God's Nature to love His devotees.

1270 : 594

He destroys the slanderers, crushing them beneath His Feet. His Glory is manifest everywhere. ||1||Pause||

1270 : 595

His Victory is celebrated all throughout the world. He blesses all creatures with compassion.

1270 : 596

Hugging him close in His Embrace, the Lord saves and protects His slave. The hot winds cannot even touch him. ||1||

1270 : 597

My Lord and Master has made me His Own; dispelling my doubts and fears, He has made me happy.

1270 : 598

The Lord's slaves enjoy ultimate ecstasy; O Nanak, faith has welled up in my mind. ||2||14||18||

1270 : 599

Raag Malaar, Fifth Mehl, Chau–Padas, Second House:

1270 : 600

One Universal Creator God. By The Grace Of The True Guru:

1270 : 601

The Gurmukh sees God pervading everywhere.

1270 : 602

The Gurmukh knows that the universe is the extension of the three gunas, the three dispositions.

1270 : 603

The Gurmukh reflects on the Sound–current of the Naad, and the wisdom of the Vedas.

1270 : 604

Without the Perfect Guru, there is only pitch–black darkness. ||1||

1270 : 605

O my mind, calling on the Guru, eternal peace is found.

1270 : 606

Following the Guru's Teachings, the Lord comes to dwell within the heart; I meditate on my Lord and Master with every breath and morsel of food. ||1||Pause||

1270 : 607

I am a sacrifice to the Guru's Feet.

1270 : 608

Night and day, I continually sing the Glorious Praises of the Guru.

1270 : 609

I take my cleansing bath in the dust of the Guru's Feet.

1270 : 610

I am honored in the True Court of the Lord. ||2||

1270 : 611

The Guru is the boat, to carry me across the terrifying world–ocean.

1270 : 612

Meeting with the Guru, I shall not be reincarnated ever again.

1270 : 613

That humble being serves the Guru,

1270 : 614

who has such karma inscribed on his forehead by the Primal Lord. ||3||

1270 : 615

The Guru is my life; the Guru is my support.

1270 : 616

The Guru is my way of life; the Guru is my family.

1270 : 617

The Guru is my Lord and Master; I seek the Sanctuary of the True Guru.

1270 : 618

O Nanak, the Guru is the Supreme Lord God; His value cannot be estimated. ||4||1||19||

1270 : 619

Malaar, Fifth Mehl:

1270 : 620

I enshrine the Lord's Feet within my heart;

1270 : 621

in His Mercy, God has united me with Himself.

1270 : 622

God enjoins His servant to his tasks.

1270 : 623

His worth cannot be expressed. ||1||

1270 : 624

Please be merciful to me, O Perfect Giver of peace.

1270 : 625

By Your Grace, You come to mind; I am imbued with Your Love, twenty-four hours a day.
||1||Pause||

1270 : 626

Singing and listening, it is all by Your Will.

1270 : 627

One who understands the Hukam of Your Command is absorbed in Truth.

1270 : 628

Chanting and meditating on Your Name, I live.

1270 : 629

Without You, there is no place at all. ||2||

1270 : 630

Pain and pleasure come by Your Command, O Creator Lord.

1270 : 631

By the Pleasure of Your Will You forgive, and by the Pleasure of Your Will You award punishment.

1270 : 632

You are the Creator of both realms.

1270 : 633

I am a sacrifice to Your Glorious Grandeur. ||3||

1270 : 634

You alone know Your value.

1270 : 635

You alone understand, You Yourself speak and listen.

1270 : 636

They alone are devotees, who are pleasing to Your Will.

-- Raag Malaar – Part 017 --

Raag Malaar – Part 018

1271 : 637

Nanak is forever a sacrifice to them. ||4||2||20||

1271 : 638

Malaar, Fifth Mehl:

1271 : 639

The Transcendent Lord God has become merciful;

1271 : 640

Ambrosial Nectar is raining down from the clouds.

1271 : 641

All beings and creatures are satisfied;

1271 : 642

their affairs are perfectly resolved. ||1||

1271 : 643

O my mind, dwell on the Lord, forever and ever.

1271 : 644

Serving the Perfect Guru, I have obtained it. It shall stay with me both here and hereafter.
||1||Pause||

1271 : 645

He is the Destroyer of pain, the Eradicator of fear.

1271 : 646

He takes care of His beings.

1271 : 647

The Savior Lord is kind and compassionate forever.

1271 : 648

I am a sacrifice to Him, forever and ever. ||2||

1271 : 649

The Creator Himself has eliminated death.

1271 : 650

Meditate on Him forever and ever, O my mind.

1271 : 651

He watches all with His Glance of Grace and protects them.

1271 : 652

Continually and continuously, sing the Glorious Praises of the Lord God. ||3||

1271 : 653

The One and Only Creator Lord is Himself by Himself.

1271 : 654

The Lord's devotees know His Glorious Grandeur.

1271 : 655

He preserves the Honor of His Name.

1271 : 656

Nanak speaks as the Lord inspires him to speak. ||4||3||21||

1271 : 657

Malaar, Fifth Mehl:

1271 : 658

All treasures are found in the Sanctuary of the Guru.

1271 : 659

Honor is obtained in the True Court of the Lord.

1271 : 660

Doubt, fear, pain and suffering are taken away,

1271 : 661

forever singing the Glorious Praises of the Lord in the Saadh Sangat, the Company of the Holy. ||1||

1271 : 662

O my mind, praise the Perfect Guru.

1271 : 663

Chant the treasure of the Naam, the Name of the Lord, day and night. You shall obtain the fruits of your mind's desires. ||1||Pause||

1271 : 664

No one else is as great as the True Guru.

1271 : 665

The Guru is the Supreme Lord, the Transcendent Lord God.

1271 : 666

He saves us from the pains of death and birth,

1271 : 667

and we will not have to taste the poison of Maya ever again. ||2||

1271 : 668

The Guru's glorious grandeur cannot be described.

1271 : 669

The Guru is the Transcendent Lord, in the True Name.

1271 : 670

True is His self-discipline, and True are all His actions.

1271 : 671

Immaculate and pure is that mind, which is imbued with love for the Guru. ||3||

1271 : 672

The Perfect Guru is obtained by great good fortune.

1271 : 673

Drive out sexual desire, anger and greed from your mind.

1271 : 674

By His Grace, the Guru's Feet are enshrined within.

1271 : 675

Nanak offers his prayer to the True Lord God. ||4||4||22||

1271 : 676

Raag Malaar, Fifth Mehl, Partaal, Third House:

1271 : 677

One Universal Creator God. By The Grace Of The True Guru:

1271 : 678

Pleasing the Guru, I have fallen in love with my Merciful Beloved Lord.

1271 : 679

I have made all my decorations,

1271 : 680

and renounced all corruption;

1271 : 681

my wandering mind has become steady and stable. ||1||Pause||

1271 : 682

O my mind, lose your self–conceit by associating with the Holy, and you shall find Him.

1271 : 683

The unstruck celestial melody vibrates and resounds; like a song–bird, chant the Lord's Name, with words of sweetness and utter beauty. ||1||

1271 : 684

Such is the glory of Your Darshan, so utterly infinite and fruitful, O my Love; so do we become by associating with the Saints.

1271 : 685

Vibrating, chanting Your Name, we cross over the terrifying world–ocean.

1271 : 686

They dwell on the Lord, Raam, Raam, chanting on their malas;

-- Raag Malaar – Part 018 --

Raag Malaar – Part 019

1272 : 687

their minds are turned towards the Lord in the Saadh Sangat, the Company of the Holy.

1272 : 688

O servant Nanak, their Beloved Lord seems so sweet to them. ||2||1||23||

1272 : 689

Malaar, Fifth Mehl:

1272 : 690

My mind wanders through the dense forest.

1272 : 691

It walks with eagerness and love,

1272 : 692

hoping to meet God. ||1||Pause||

1272 : 693

Maya with her three gunas – the three dispositions – has come to entice me; whom can I tell of my pain? ||1||

1272 : 694

I tried everything else, but nothing could rid me of my sorrow.

1272 : 695

So hurry to the Sanctuary of the Holy, O Nanak; joining them, sing the Glorious Praises of the Lord of the Universe. ||2||2||24||

1272 : 696

Malaar, Fifth Mehl:

1272 : 697

The glory of my Beloved is noble and sublime.

1272 : 698

The celestial singers and angels sing His Sublime Praises in ecstasy, happiness and joy.
||1||Pause||

1272 : 699

The most worthy beings sing God's Praises in beautiful harmonies, in all sorts of ways, in myriads of sublime forms. ||1||

1272 : 700

Throughout the mountains, trees, deserts, oceans and galaxies, permeating each and every heart, the sublime grandeur of my Love is totally pervading.

1272 : 701

In the Saadh Sangat, the Company of the Holy, the Love of the Lord is found; O Nanak, sublime is that faith. ||2||3||25||

1272 : 702

Malaar, Fifth Mehl:

1272 : 703

With love for the Guru, I enshrine the Lotus Feet of my Lord deep within my heart.
||1||Pause||

1272 : 704

I gaze on the Blessed Vision of His Fruitful Darshan; my sins are erased and taken away.

1272 : 705

My mind is immaculate and enlightened. ||1||

1272 : 706

I am wonderstruck, stunned and amazed.

1272 : 707

Chanting the Naam, the Name of the Lord, millions of sins are destroyed.

1272 : 708

I fall at His Feet, and touch my forehead to them.

1272 : 709

You alone are, You alone are, O God.

1272 : 710

Your devotees take Your Support.

1272 : 711

Servant Nanak has come to the Door of Your Sanctuary. ||2||4||26||

1272 : 712

Malaar, Fifth Mehl:

1272 : 713

Rain down with happiness in God's Will.

1272 : 714

Bless me with total bliss and good fortune. ||1||Pause||

1272 : 715

My mind blossoms forth in the Society of the Saints; soaking up the rain, the earth is blessed and beautified. ||1||

1272 : 716

The peacock loves the thunder of the rain clouds.

1272 : 717

The rainbird's mind is drawn to the rain-drop

1272 : 718

– so is my mind enticed by the Lord.

1272 : 719

I have renounced Maya, the deceiver.

1272 : 720

Joining with the Saints, Nanak is awakened. ||2||5||27||

1272 : 721

Malaar, Fifth Mehl:

1272 : 722

Sing forever the Glorious Praises of the Lord of the World.

1272 : 723

Enshrine the Lord's Name in your consciousness. ||1||Pause||

1272 : 724

Forsake your pride, and abandon your ego; join the Saadh Sangat, the Company of the

Holy.

1272 : 725

Meditate in loving remembrance on the One Lord; your sorrows shall be ended, O friend.
||1||

1272 : 726

The Supreme Lord God has become merciful;

1272 : 727

corrupt entanglements have come to an end.

1272 : 728

Grasping the feet of the Holy,

1272 : 729

Nanak sings forever the Glorious Praises of the Lord of the World. ||2||6||28||

1272 : 730

Malaar, Fifth Mehl:

1272 : 731

The Embodiment of the Lord of the Universe roars like the thunder–cloud.

1272 : 732

Singing His Glorious Praises brings peace and bliss. ||1||Pause||

1272 : 733

The Sanctuary of the Lord's Feet carries us across the world–ocean. His Sublime Word is the unstruck celestial melody. ||1||

1272 : 734

The thirsty traveller's consciousness obtains the water of the soul from the pool of nectar.

1272 : 735

Servant Nanak loves the Blessed Vision of the Lord; in His Mercy, God has blessed him with it. ||2||7||29||

-- Raag Malaar – Part 019 --

Raag Malaar – Part 020

1273 : 736

Malaar, Fifth Mehl:

1273 : 737

O Lord of the Universe, O Lord of the World, O Dear Merciful Beloved. ||1||Pause||

1273 : 738

You are the Master of the breath of life, the Companion of the lost and forsaken, the Destroyer of the pains of the poor. ||1||

1273 : 739

O All-powerful, Inaccessible, Perfect Lord, please shower me with Your Mercy. ||2||

1273 : 740

Please, carry Nanak across the terrible, deep dark pit of the world to the other side.
||3||8||30||

1273 : 741

Malaar, First Mehl, Ashtapadees, First House:

1273 : 742

One Universal Creator God. By The Grace Of The True Guru:

1273 : 743

The chakvi bird does not long for sleepy eyes; without her beloved, she does not sleep.

1273 : 744

When the sun rises, she sees her beloved with her eyes; she bows and touches his feet.

||1||

1273 : 745

The Love of my Beloved is pleasing; it is my Companion and Support.

1273 : 746

Without Him, I cannot live in this world even for an instant; such is my hunger and thirst.

||1||Pause||

1273 : 747

The lotus in the pool blossoms forth intuitively and naturally, with the rays of the sun in the sky.

1273 : 748

Such is the love for my Beloved which imbues me; my light has merged into the Light. ||2||

1273 : 749

Without water, the rainbird cries out, "Pri-o! Pri-o! – Beloved! Beloved!" It cries and wails and laments.

1273 : 750

The thundering clouds rain down in the ten directions; its thirst is not quenched until it catches the rain-drop in its mouth. ||3||

1273 : 751

The fish lives in water, from which it was born. It finds peace and pleasure according to its past actions.

1273 : 752

It cannot survive without water for a moment, even for an instant. Life and death depend on it. ||4||

1273 : 753

The soul-bride is separated from her Husband Lord, who lives in His Own Country. He sends the Shabad, His Word, through the True Guru.

1273 : 754

She gathers virtues, and enshrines God within her heart. Imbued with devotion, she is happy. ||5||

1273 : 755

Everyone cries out, "Beloved! Beloved!" But she alone finds her Beloved, who is pleasing to the Guru.

1273 : 756

Our Beloved is always with us; through the Truth, He blesses us with His Grace, and unites us in His Union. ||6||

1273 : 757

He is the life of the soul in each and every soul; He permeates and pervades each and every heart.

1273 : 758

By Guru's Grace, He is revealed within the home of my heart; I am intuitively, naturally, absorbed into Him. ||7||

1273 : 759

He Himself shall resolve all your affairs, when you meet with the Giver of peace, the Lord of the World.

1273 : 760

By Guru's Grace, you shall find your Husband Lord within your own home; then, O Nanak, the fire within you shall be quenched. ||8||1||

1273 : 761

Malaar, First Mehl:

1273 : 762

Remain awake and aware, serving the Guru; except for the Lord, no one is mine.

1273 : 763

Even by making all sorts of efforts, you shall not remain here; it shall melt like glass in the fire. ||1||

1273 : 764

Tell me – why are you so proud of your body and wealth?

1273 : 765

They shall vanish in an instant; O madman, this is how the world is wasting away, in egotism and pride. ||1||Pause||

1273 : 766

Hail to the Lord of the Universe, God, our Saving Grace; He judges and saves the mortal beings.

1273 : 767

All that is, belongs to You. No one else is equal to You. ||2||

1273 : 768

Creating all beings and creatures, their ways and means are under Your control; You bless the Gurmukhs with the ointment of spiritual wisdom.

1273 : 769

My Eternal, Unmastered Lord is over the heads of all. He is the Destroyer of death and rebirth, doubt and fear. ||3||

Raag Malaar – Part 021

1274 : 770

This wretched world is a fortress of paper, of color and form and clever tricks.

1274 : 771

A tiny drop of water or a little puff of wind destroys its glory; in an instant, its life is ended. ||4||

1274 : 772

It is like a tree–house near the bank of a river, with a serpent's den in that house.

1274 : 773

When the river overflows, what happens to the tree house? The snake bites, like duality in the mind. ||5||

1274 : 774

Through the magic spell of the Guru's spiritual wisdom, and meditation on the Word of the Guru's Teachings, vice and corruption are burnt away.

1274 : 775

The mind and body are cooled and soothed and Truth is obtained, through the wondrous and unique devotional worship of the Lord. ||6||

1274 : 776

All that exists begs of You; You are merciful to all beings.

1274 : 777

I seek Your Sanctuary; please save my honor, O Lord of the World, and bless me with Truth. ||7||

1274 : 778

Bound in worldly affairs and entanglements, the blind one does not understand; he acts like a murderous butcher.

1274 : 779

But if he meets with the True Guru, then he comprehends and understands, and his mind is imbued with true spiritual wisdom. ||8||

1274 : 780

Without the Truth, this worthless body is false; I have consulted my Guru on this.

1274 : 781

O Nanak, that God has revealed God to me; without the Truth, all the world is just a dream. ||9||2||

1274 : 782

Malaar, First Mehl:

1274 : 783

The rainbird and the fish find peace in water; the deer is pleased by the sound of the bell. ||1||

1274 : 784

The rainbird chirps in the night, O my mother. ||1||Pause||

1274 : 785

O my Beloved, my love for You shall never end, if it is Your Will. ||2||

1274 : 786

Sleep is gone, and egotism is exhausted from my body; my heart is permeated with the Teachings of Truth. ||3||

1274 : 787

Flying among the trees and plants, I remain hungry; lovingly drinking in the Naam, the Name of the Lord, I am satisfied. ||4||

1274 : 788

I stare at You, and my tongue cries out to You; I am so thirsty for the Blessed Vision of Your Darshan. ||5||

1274 : 789

Without my Beloved, the more I decorate myself, the more my body burns; these clothes do not look good on my body. ||6||

1274 : 790

Without my Beloved, I cannot survive even for an instant; without meeting Him, I cannot sleep. ||7||

1274 : 791

Her Husband Lord is nearby, but the wretched bride does not know it. The True Guru reveals Him to her. ||8||

1274 : 792

When she meets Him with intuitive ease, she finds peace; the Word of the Shabad quenches the fire of desire. ||9||

1274 : 793

Says Nanak, through You, O Lord, my mind is pleased and appeased; I cannot express Your worth. ||10||3||

1274 : 794

Malaar, First Mehl, Ashtapadees, Second House:

1274 : 795

One Universal Creator God. By The Grace Of The True Guru:

1274 : 796

The earth bends under the weight of the water,

1274 : 797

the lofty mountains and the caverns of the underworld.

1274 : 798

Contemplating the Word of the Guru's Shabad, the oceans become calm.

1274 : 799

The path of liberation is found by subduing the ego. ||1||

1274 : 800

I am blind; I seek the Light of the Name.

1274 : 801

I take the Support of the Naam, the Name of the Lord. I walk on the path of mystery of the Guru's Fear. ||1||Pause||

-- Raag Malaar – Part 021 --

Raag Malaar – Part 022

1275 : 802

Through the Shabad, the Word of the True Guru, the Path is known.

1275 : 803

With the Guru's Support, one is blessed with the strength of the True Lord.

1275 : 804

Dwell on the Naam, and realize the Beauteous Word of His Bani.

1275 : 805

If it is Your Will, Lord, You lead me to find Your Door. ||2||

1275 : 806

Flying high or sitting down, I am lovingly focused on the One Lord.

1275 : 807

Through the Word of the Guru's Shabad, I take the Naam as my Suppport.

1275 : 808

There is no ocean of water, no mountain ranges rising up.

1275 : 809

I dwell within the home of my own inner being, where there is no path and no one travelling on it. ||3||

1275 : 810

You alone know the way to that House in which You dwell. No one else knows the Mansion of Your Presence.

1275 : 811

Without the True Guru, there is no understanding. The whole world is buried under its nightmare.

1275 : 812

The mortal tries all sorts of things, and weeps and wails, but without the Guru, he does not know the Naam, the Name of the Lord.

1275 : 813

In the twinkling of an eye, the Naam saves him, if he realizes the Word of the Guru's Shabad. ||4||

1275 : 814

Some are foolish, blind, stupid and ignorant.

1275 : 815

Some, through fear of the True Guru, take the Support of the Naam.

1275 : 816

The True Word of His Bani is sweet, the source of ambrosial nectar.

1275 : 817

Whoever drinks it in, finds the Door of Salvation. ||5||

1275 : 818

One who, through the love and fear of God, enshrines the Naam within his heart, acts according to the Guru's Instructions and knows the True Bani.

1275 : 819

When the clouds release their rain, the earth becomes beautiful; God's Light permeates each and every heart.

1275 : 820

The evil-minded ones plant their seed in the barren soil; such is the sign of those who have no Guru.

1275 : 821

Without the True Guru, there is utter darkness; they drown there, even without water. ||6||

1275 : 822

Whatever God does, is by His Own Will.

1275 : 823

That which is pre-ordained cannot be erased.

1275 : 824

Bound to the Hukam of the Lord's Command, the mortal does his deeds.

1275 : 825

Permeated by the One Word of the Shabad, the mortal is immersed in Truth. ||7||

1275 : 826

Your Command, O God, rules in the four directions; Your Name pervades the four corners of the nether regions as well.

1275 : 827

The True Word of the Shabad is pervading amongst all. By His Grace, the Eternal One unites us with Himself.

1275 : 828

Birth and death hang over the heads of all beings, along with hunger, sleep and dying.

1275 : 829

The Naam is pleasing to Nanak's mind; O True Lord, Source of bliss, please bless me with Your Grace. ||8||1||4||

1275 : 830

Malaar, First Mehl:

1275 : 831

You do not understand the nature of death and liberation.

1275 : 832

You are sitting on the river-bank; realize the Word of the Guru's Shabad. ||1||

1275 : 833

You stork! – how were you caught in the net?

1275 : 834

You do not remember in your heart the Unseen Lord God. ||1||Pause||

1275 : 835

For your one life, you consume many lives.

1275 : 836

You were supposed to swim in the water, but you are drowning in it instead. ||2||

1275 : 837

You have tormented all beings.

1275 : 838

When Death seizes you, then you shall regret and repent. ||3||

1275 : 839

When the heavy noose is placed around your neck,

1275 : 840

you may spread your wings, but you shall not be able to fly. ||4||

1275 : 841

You enjoy the tastes and flavors, you foolish self-willed manmukh.

1275 : 842

You are trapped. You can only be saved by virtuous conduct, spiritual wisdom and contemplation. ||5||

1275 : 843

Serving the True Guru, you will shatter the Messenger of Death.

1275 : 844

In your heart, dwell on the True Word of the Shabad. ||6||

1275 : 845

The Guru's Teachings, the True Word of the Shabad, is excellent and sublime.

1275 : 846

Keep the Name of the Lord enshrined in your heart. ||7||

1275 : 847

One who is obsessed with enjoying pleasures here, shall suffer in pain hereafter.

1275 : 848

O Nanak, there is no liberation without the True Name. ||8||2||5||

--- Raag Malaar – Part 022 ---

Raag Malaar – Part 023

1276 : 849

Malaar, Third Mehl, Ashtapadees, First House:

1276 : 850

One Universal Creator God. By The Grace Of The True Guru:

1276 : 851

If it is in his karma, then he finds the True Guru; without such karma, He cannot be found.

1276 : 852

He meets the True Guru, and he is transformed into gold, if it is the Lord's Will. ||1||

1276 : 853

O my mind, focus your consciousness on the Name of the Lord, Har, Har.

1276 : 854

The Lord is found through the True Guru, and then he remains merged with the True Lord.
||1||Pause||

1276 : 855

Spiritual wisdom wells up through the True Guru, and then this cynicism is dispelled.

1276 : 856

Through the True Guru, the Lord is realized, and then, he is not consigned to the womb of reincarnation ever again. ||2||

1276 : 857

By Guru's Grace, the mortal dies in life, and by so dying, lives to practice the Word of the

Shabad.

1276 : 858

He alone finds the Door of Salvation, who eradicates self–conceit from within himself. ||3||

1276 : 859

By Guru's Grace, the mortal is reincarnated into the Home of the Lord, having eradicated Maya from within.

1276 : 860

He eats the uneatable, and is blessed with a discriminating intellect; he meets the Supreme Person, the Primal Lord God. ||4||

1276 : 861

The world is unconscious, like a passing show; the mortal departs, having lost his capital.

1276 : 862

The profit of the Lord is obtained in the Sat Sangat, the True Congregation; by good karma, it is found. ||5||

1276 : 863

Without the True Guru, no one finds it; see this in your mind, and consider this in your heart.

1276 : 864

By great good fortune, the mortal finds the Guru, and crosses over the terrifying world–ocean. ||6||

1276 : 865

The Name of the Lord is my Anchor and Support. I take only the Support of the Name of the Lord, Har, Har.

1276 : 866

O Dear Lord, please be kind and lead me to meet the Guru, that I may find the Door of Salvation. ||7||

1276 : 867

The pre-ordained destiny inscribed on the mortal's forehead by our Lord and Master cannot be erased.

1276 : 868

O Nanak, those humble beings are perfect, who are pleased by the Lord's Will. ||8||1||

1276 : 869

Malaar, Third Mehl:

1276 : 870

The world is involved with the words of the Vedas, thinking about the three gunas – the three dispositions.

1276 : 871

Without the Name, it suffers punishment by the Messenger of Death; it comes and goes in reincarnation, over and over again.

1276 : 872

Meeting with the True Guru, the world is liberated, and finds the Door of Salvation. ||1||

1276 : 873

O mortal, immerse yourself in service to the True Guru.

1276 : 874

By great good fortune, the mortal finds the Perfect Guru, and meditates on the Name of the Lord, Har, Har. ||1||Pause||

1276 : 875

The Lord, by the Pleasure of His Own Will, created the Universe, and the Lord Himself gives it sustenance and support.

1276 : 876

The Lord, by His Own Will, makes the mortal's mind immaculate, and lovingly attunes him to the Lord.

1276 : 877

The Lord, by His Own Will, leads the mortal to meet the True Guru, the Embellisher of all his lives. ||2||

1276 : 878

Waaho! Waaho! Blessed and Great is the True Word of His Bani. Only a few, as Gurmukh, understand.

1276 : 879

Waaho! Waaho! Praise God as Great! No one else is as Great as He.

1276 : 880

When God's Grace is received, He Himself forgives the mortal, and unites him with Himself. ||3||

1276 : 881

The True Guru has revealed our True, Supreme Lord and Master.

1276 : 882

The Ambrosial Nectar rains down and the mind is satisfied, remaining lovingly attuned to the True Lord.

1276 : 883

In the Lord's Name, it is forever rejuvenated; it shall never wither and dry up again. ||4||

--- Raag Malaar – Part 023 ---

Raag Malaar – Part 024

1277 : 884

Without the True Guru, no one finds the Lord; anyone can try and see.

1277 : 885

By the Lord's Grace, the True Guru is found, and then the Lord is met with intuitive ease.

1277 : 886

The self-willed manmukh is deluded by doubt; without good destiny, the Lord's wealth is not obtained. ||5||

1277 : 887

The three dispositions are completely distracting; people read and study and contemplate them.

1277 : 888

Those people are never liberated; they do not find the Door of Salvation.

1277 : 889

Without the True Guru, they are never released from bondage; they do not embrace love for the Naam, the Name of the Lord. ||6||

1277 : 890

The Pandits, the religious scholars, and the silent sages, reading and studying the Vedas, have grown weary.

1277 : 891

They do not even think of the Lord's Name; they do not dwell in the home of their own inner being.

1277 : 892

The Messenger of Death hovers over their heads; they are ruined by the deceit within themselves. ||7||

1277 : 893

Everyone longs for the Name of the Lord; without good destiny, it is not obtained.

1277 : 894

When the Lord bestows His Glance of Grace, the mortal meets the True Guru, and the Lord's Name comes to dwell within the mind.

1277 : 895

O Nanak, through the Name, honor wells up, and the mortal remains immersed in the Lord. ||8||2||

1277 : 896

Malaar, Third Mehl, Ashtapadees, Second House:

1277 : 897

One Universal Creator God. By The Grace Of The True Guru:

1277 : 898

When the Lord shows His Mercy, He enjoins the mortal to work for the Guru.

1277 : 899

His pains are taken away, and the Lord's Name comes to dwell within.

1277 : 900

True deliverance comes by focusing one's consciousness on the True Lord.

1277 : 901

Listen to the Shabad, and the Word of the Guru's Bani. ||1||

1277 : 902

O my mind, serve the Lord, Har, Har, the true treasure.

1277 : 903

By Guru's Grace, the wealth of the Lord is obtained. Night and day, focus your meditation on the Lord. ||1||Pause||

1277 : 904

The soul-bride who adorns herself without her Husband Lord,

1277 : 905

is ill-mannered and vile, wasted away into ruin.

1277 : 906

This is the useless way of life of the self-willed manmukh.

1277 : 907

Forgetting the Naam, the Name of the Lord, he performs all sorts of empty rituals. ||2||

1277 : 908

The bride who is Gurmukh is beautifully embellished.

1277 : 909

Through the Word of the Shabad, she enshrines her Husband Lord within her heart.

1277 : 910

She realizes the One Lord, and subdues her ego.

1277 : 911

That soul–bride is virtuous and noble. ||3||

1277 : 912

Without the Guru, the Giver, no one finds the Lord.

1277 : 913

The greedy self–willed manmukh is attracted and engrossed in duality.

1277 : 914

Only a few spiritual teachers realize this,

1277 : 915

that without meeting the Guru, liberation is not obtained. ||4||

1277 : 916

Everyone tells the stories told by others.

1277 : 917

Without subduing the mind, devotional worship does not come.

1277 : 918

When the intellect achieves spiritual wisdom, the heart–lotus blossoms forth.

1277 : 919

The Naam, the Name of the Lord, comes to abide in that heart. ||5||

1277 : 920

In egotism, everyone can pretend to worship God with devotion.

1277 : 921

But this does not soften the mind, and it does not bring peace.

1277 : 922

By speaking and preaching, the mortal only shows off his self-conceit.

1277 : 923

His devotional worship is useless, and his life is a total waste. ||6||

1277 : 924

They alone are devotees, who are pleasing to the Mind of the True Guru.

1277 : 925

Night and day, they remain lovingly attuned to the Name.

1277 : 926

They behold the Naam, the Name of the Lord, ever-present, near at hand.

-- Raag Malaar – Part 024 --

Raag Malaar – Part 025

1278 : 927

Through the Word of the Guru's Shabad, He is pervading and permeating everywhere. ||7||

1278 : 928

God Himself forgives, and bestows His Love.

1278 : 929

The world is suffering from the terrible disease of egotism.

1278 : 930

By Guru's Grace, this disease is cured.

1278 : 931

O Nanak, through the Truth, the mortal remains immersed in the True Lord. ||8||1||3||5||8||

1278 : 932

Raag Malaar, Chhant, Fifth Mehl:

1278 : 933

One Universal Creator God. By The Grace Of The True Guru:

1278 : 934

My Beloved Lord is the Giver of loving devotional worship.

1278 : 935

His humble servants are imbued with His Love.

1278 : 936

He is imbued with His servants, day and night; He does not forget them from His Mind, even for an instant.

1278 : 937

He is the Lord of the World, the Treasure of virtue; He is always with me. All glorious virtues belong to the Lord of the Universe.

1278 : 938

With His Feet, He has fascinated my mind; as His humble servant, I am intoxicated with love for His Name.

1278 : 939

O Nanak, my Beloved is forever Merciful; out of millions, hardly anyone realizes Him. ||1||

1278 : 940

O Beloved, Your state is inaccessible and infinite.

1278 : 941

You save even the worst sinners.

1278 : 942

He is the Purifier of sinners, the Lover of His devotees, the Ocean of mercy, our Lord and Master.

1278 : 943

In the Society of the Saints, vibrate and meditate on Him with commitment forever; He is the Inner-knower, the Searcher of hearts.

1278 : 944

Those who wander in reincarnation through millions of births, are saved and carried across, by meditating in remembrance on the Naam.

1278 : 945

Nanak is thirsty for the Blessed Vision of Your Darshan, O Dear Lord; please take care of him. ||2||

1278 : 946

My mind is absorbed in the Lotus Feet of the Lord.

1278 : 947

O God, You are the water; Your humble servants are fish.

1278 : 948

O Dear God, You alone are the water and the fish. I know that there is no difference between the two.

1278 : 949

Please take hold of my arm and bless me with Your Name. I am honored only by Your Grace.

1278 : 950

In the Saadh Sangat, the Company of the Holy, vibrate and meditate with love on the One Lord of the Universe, who is Merciful to the meek.

1278 : 951

Nanak, the lowly and helpless, seeks the Sanctuary of the Lord, who in His Kindness has made him His Own. ||3||

1278 : 952

He unites us with Himself.

1278 : 953

Our Sovereign Lord King is the Destroyer of fear.

1278 : 954

My Wondrous Lord and Master is the Inner-knower, the Searcher of hearts. My Beloved, the Treasure of virtue, has met me.

1278 : 955

Supreme happiness and peace well up, as I cherish the Glorious Virtues of the Lord of the Universe.

1278 : 956

Meeting with Him, I am embellished and exalted; gazing on Him, I am fascinated, and I realize my pre-ordained destiny.

1278 : 957

Prays Nanak, I seek the Sanctuary of those who meditate on the Lord, Har, Har. ||4||1||

1278 : 958

Vaar Of Malaar, First Mehl, Sung To The Tune Of Rana Kailaash And Malda:

1278 : 959

One Universal Creator God. By The Grace Of The True Guru:

1278 : 960

Shalok, Third Mehl:

1278 : 961

Meeting with the Guru, the mind is delighted, like the earth embellished by the rain.

1278 : 962

Everything becomes green and lush; the pools and ponds are filled to overflowing.

1278 : 963

The inner self is imbued with the deep crimson color of love for the True Lord.

1278 : 964

The heart–lotus blossoms forth and the mind becomes true; through the Word of the Guru's Shabad, it is ecstatic and exalted.

-- Raag Malaar – Part 025 --

Raag Malaar – Part 026

1279 : 965

The self-willed manmukh is on the wrong side. You can see this with your own eyes.

1279 : 966

He is caught in the trap like the deer; the Messenger of Death hovers over his head.

1279 : 967

Hunger, thirst and slander are evil; sexual desire and anger are horrible.

1279 : 968

These cannot be seen with your eyes, until you contemplate the Word of the Shabad.

1279 : 969

Whoever is pleasing to You is content; all his entanglements are gone.

1279 : 970

Serving the Guru, his capital is preserved. The Guru is the ladder and the boat.

1279 : 971

O Nanak, whoever is attached to the Lord receives the essence; O True Lord, You are found when the mind is true. ||1||

1279 : 972

First Mehl:

1279 : 973

There is one path and one door. The Guru is the ladder to reach one's own place.

1279 : 974

Our Lord and Master is so beautiful, O Nanak; all comfort and peace are in the Name of the True Lord. ||2||

1279 : 975

Pauree:

1279 : 976

He Himself created Himself; He Himself understands Himself.

1279 : 977

Separating the sky and the earth, He has spread out His canopy.

1279 : 978

Without any pillars, He supports the sky, through the insignia of His Shabad.

1279 : 979

Creating the sun and the moon, He infused His Light into them.

1279 : 980

He created the night and the day; Wondrous are His miraculous plays.

1279 : 981

He created the sacred shrines of pilgrimage, where people contemplate righteousness and Dharma, and take cleansing baths on special occasions.

1279 : 982

There is no other equal to You; how can we speak and describe You?

1279 : 983

You are seated on the throne of Truth; all others come and go in reincarnation. ||1||

1279 : 984

Shalok, First Mehl:

1279 : 985

O Nanak, when it rains in the month of Saawan, four are delighted:

1279 : 986

the snake, the deer, the fish and the wealthy people who seek pleasure. ||1||

1279 : 987

First Mehl:

1279 : 988

O Nanak, when it rains in the month of Saawan, four suffer the pains of separation:

1279 : 989

the cow's calves, the poor, the travellers and the servants. ||2||

1279 : 990

Pauree:

1279 : 991

You are True, O True Lord; You dispense True Justice.

1279 : 992

Like a lotus, You sit in the primal celestial trance; You are hidden from view.

1279 : 993

Brahma is called great, but even he does not know Your limits.

1279 : 994

You have no father or mother; who gave birth to You?

1279 : 995

You have no form or feature; You transcend all social classes.

1279 : 996

You have no hunger or thirst; You are satisfied and satiated.

1279 : 997

You have merged Yourself into the Guru; You are pervading through the Word of Your Shabad.

1279 : 998

When he is pleasing to the True Lord, the mortal merges in Truth. ||2||

1279 : 999

Shalok, First Mehl:

1279 : 1000

The physician was called in; he touched my arm and felt my pulse.

1279 : 1001

The foolish physician did not know that the pain was in the mind. ||1||

1279 : 1002

Second Mehl:

1279 : 1003

O physician, you are a competent physician, if you first diagnose the disease.

1279 : 1004

Prescribe such a remedy, by which all sorts of illnesses may be cured.

1279 : 1005

Administer that medicine, which will cure the disease, and allow peace to come and dwell in the body.

1279 : 1006

Only when you are rid of your own disease, O Nanak, will you be known as a physician. ||2||

1279 : 1007

Pauree:

1279 : 1008

Brahma, Vishnu, Shiva and the deities were created.

1279 : 1009

Brahma was given the Vedas, and enjoined to worship God.

1279 : 1010

The ten incarnations, and Rama the king, came into being.

1279 : 1011

According to His Will, they quickly killed all the demons.

1279 : 1012

Shiva serves Him, but cannot find His limits.

1279 : 1013

He established His throne on the principles of Truth.

1279 : 1014

He enjoined all the world to its tasks, while He keeps Himself hidden from view.

-- Raag Malaar – Part 026 --

Raag Malaar – Part 027

1280 : 1015

The Primal Lord has ordained that mortals must practice righteousness. ||3||

1280 : 1016

Shalok, Second Mehl:

1280 : 1017

The month of Saawan has come, O my companions; think of your Husband Lord.

1280 : 1018

O Nanak, the discarded bride is in love with another; now she weeps and wails, and dies.
||1||

1280 : 1019

Second Mehl:

1280 : 1020

The month of Saawan has come, O my companions; the clouds have burst forth with rain.

1280 : 1021

O Nanak, the blessed soul-brides sleep in peace; they are in love with their Husband Lord.
||2||

1280 : 1022

Pauree:

1280 : 1023

He Himself has staged the tournament, and arranged the arena for the wrestlers.

1280 : 1024

They have entered the arena with pomp and ceremony; the Gurmukhs are joyful.

1280 : 1025

The false and foolish self-willed manmukhs are defeated and overcome.

1280 : 1026

The Lord Himself wrestles, and He Himself defeats them. He Himself staged this play.

1280 : 1027

The One God is the Lord and Master of all; this is known by the Gurmukhs.

1280 : 1028

He writes the inscription of His Hukam on the foreheads of all, without pen or ink.

1280 : 1029

In the Sat Sangat, the True Congregation, Union with Him is obtained; there, the Glorious Praises of the Lord are chanted forever.

1280 : 1030

O Nanak, praising the True Word of His Shabad, one comes to realize the Truth. ||4||

1280 : 1031

Shalok, Third Mehl:

1280 : 1032

Hanging low, low and thick in the sky, the clouds are changing color.

1280 : 1033

How do I know whether my love for my Husband Lord shall endure?

1280 : 1034

The love of those soul-brides endures, if their minds are filled with the Love and the Fear of God.

1280 : 1035

O Nanak, she who has no Love and Fear of God – her body shall never find peace. ||1||

1280 : 1036

Third Mehl:

1280 : 1037

Hanging low, low and thick in the sky, the clouds come, and pure water rains down.

1280 : 1038

O Nanak, that soul-bride suffers in pain, whose mind is torn away from her Husband Lord.
||2||

1280 : 1039

Pauree:

1280 : 1040

The One Lord created both sides and pervades the expanse.

1280 : 1041

The words of the Vedas became pervasive, with arguments and divisions.

1280 : 1042

Attachment and detachment are the two sides of it; Dharma, true religion, is the guide between the two.

1280 : 1043

The self-willed manmukhs are worthless and false. Without a doubt, they lose in the Court of the Lord.

1280 : 1044

Those who follow the Guru's Teachings are the true spiritual warriors; they have conquered sexual desire and anger.

1280 : 1045

They enter into the True Mansion of the Lord's Presence, embellished and exalted by the Word of the Shabad.

1280 : 1046

Those devotees are pleasing to Your Will, O Lord; they dearly love the True Name.

1280 : 1047

I am a sacrifice to those who serve their True Guru. ||5||

1280 : 1048

Shalok, Third Mehl:

1280 : 1049

Hanging low, low and thick in the sky, the clouds come, and water rains down in torrents.

1280 : 1050

O Nanak, she walks in harmony with the Will of her Husband Lord; she enjoys peace and pleasure forever. ||1||

1280 : 1051

Third Mehl:

1280 : 1052

Why are you standing up, standing up to look? You poor wretch, this cloud has nothing in its hands.

1280 : 1053

The One who sent this cloud – cherish Him in your mind.

1280 : 1054

He alone enshrines the Lord in his mind, upon whom the Lord bestows His Glance of Grace.

1280 : 1055

O Nanak, all those who lack this Grace, cry and weep and wail. ||2||

1280 : 1056

Pauree:

1280 : 1057

Serve the Lord forever; He acts in no time at all.

1280 : 1058

He stretched the sky across the heavens; in an instant, He creates and destroys.

1280 : 1059

He Himself created the world; He contemplates His Creative Omnipotence.

1280 : 1060

The self-willed manmukh will be called to account hereafter; he will be severely punished.

-- Raag Malaar – Part 027 --

Raag Malaar – Part 028

1281 : 1061

The Gurmukh's account is settled with honor; the Lord blesses him with the treasure of His Praise.

1281 : 1062

No one's hands can reach there; no one will hear anyone's cries.

1281 : 1063

The True Guru will be your best friend there; at the very last instant, He will save you.

1281 : 1064

These beings should serve no other than the True Guru or the Creator Lord above the heads of all. ||6||

1281 : 1065

Shalok, Third Mehl:

1281 : 1066

O rainbird, the One unto whom you call – everyone longs for that Lord.

1281 : 1067

When He grants His Grace, it rains, and the forests and fields blossom forth in their greenery.

1281 : 1068

By Guru's Grace, He is found; only a rare few understand this.

1281 : 1069

Sitting down and standing up, meditate continually on Him, and be at peace forever and ever.

1281 : 1070

O Nanak, the Ambrosial Nectar rains down forever; the Lord gives it to the Gurmukh. ||1||

1281 : 1071

Third Mehl:

1281 : 1072

When the people of the world are suffering in pain, they call upon the Lord in loving prayer.

1281 : 1073

The True Lord naturally listens and hears and gives comfort.

1281 : 1074

He commands the god of rain, and the rain pours down in torrents.

1281 : 1075

Corn and wealth are produced in great abundance and prosperity; their value cannot be estimated.

1281 : 1076

O Nanak, praise the Naam, the Name of the Lord; He reaches out and gives sustenance to all beings.

1281 : 1077

Eating this, peace is produced, and the mortal never again suffers in pain. ||2||

1281 : 1078

Pauree:

1281 : 1079

O Dear Lord, You are the Truest of the True. You blend those who are truthful into Your Own Being.

1281 : 1080

Those caught in duality are on the side of duality; entrenched in falsehood, they cannot merge into the Lord.

1281 : 1081

You Yourself unite, and You Yourself separate; You display Your Creative Omnipotence.

1281 : 1082

Attachment brings the sorrow of separation; the mortal acts in accordance with pre-ordained destiny.

1281 : 1083

I am a sacrifice to those who remain lovingly attached to the Lord's Feet.

1281 : 1084

They are like the lotus which remains detached, floating upon the water.

1281 : 1085

They are peaceful and beautiful forever; they eradicate self-conceit from within.

1281 : 1086

They never suffer sorrow or separation; they are merged in the Being of the Lord. ||7||

1281 : 1087

Shalok, Third Mehl:

1281 : 1088

O Nanak, praise the Lord; everything is in His power.

1281 : 1089

Serve Him, O mortal beings; there is none other than Him.

1281 : 1090

The Lord God abides within the mind of the Gurmukh, and then he is at peace, forever and ever.

1281 : 1091

He is never cynical; all anxiety has been taken out from within him.

1281 : 1092

Whatever happens, happens naturally; no one has any say about it.

1281 : 1093

When the True Lord abides in the mind, then the mind's desires are fulfilled.

1281 : 1094

O Nanak, He Himself hears the words of those, whose accounts are in His Hands. ||1||

1281 : 1095

Third Mehl:

1281 : 1096

The Ambrosial Nectar rains down continually; realize this through realization.

1281 : 1097

Those who, as Gurmukh, realize this, keep the Lord's Ambrosial Nectar enshrined within their hearts.

1281 : 1098

They drink in the Lord's Ambrosial Nectar, and remain forever imbued with the Lord; they conquer egotism and thirsty desires.

1281 : 1099

The Name of the Lord is Ambrosial Nectar; the Lord showers His Grace, and it rains down.

1281 : 1100

O Nanak, the Gurmukh comes to behold the Lord, the Supreme Soul. ||2||

-- Raag Malaar – Part 028 --

Raag Malaar – Part 029

1282 : 1101

Pauree:

1282 : 1102

How can the unweighable be weighed? Without weighing Him, He cannot be obtained.

1282 : 1103

Reflect on the Word of the Guru's Shabad, and immerse yourself in His Glorious Virtues.

1282 : 1104

He Himself weighs Himself; He unites in Union with Himself.

1282 : 1105

His value cannot be estimated; nothing can be said about this.

1282 : 1106

I am a sacrifice to my Guru; He has made me realize this true realization.

1282 : 1107

The world has been deceived, and the Ambrosial Nectar is being plundered. The self-willed manmukh does not realize this.

1282 : 1108

Without the Name, nothing will go along with him; he wastes his life, and departs.

1282 : 1109

Those who follow the Guru's Teachings and remain awake and aware, preserve and protect the home of their heart; demons have no power against them. ||8||

1282 : 1110

Shalok, Third Mehl:

1282 : 1111

O rainbird, do not cry out. Do not let this mind of yours be so thirsty for a drop of water.
Obey the Hukam, the Command of your Lord and Master,

1282 : 1112

and your thirst shall be quenched. Your love for Him shall increase four-fold. ||1||

1282 : 1113

Third Mehl:

1282 : 1114

O rainbird, your place is in the water; you move around in the water.

1282 : 1115

But you do not appreciate the water, and so you cry out.

1282 : 1116

In the water and on the land, it rains down in the ten directions. No place is left dry.

1282 : 1117

With so much rain, those who die of thirst are very unfortunate.

1282 : 1118

O Nanak, the Gurmukhs understand; the Lord abides within their minds. ||2||

1282 : 1119

Pauree:

1282 : 1120

The Yogic Masters, celibates, Siddhas and spiritual teachers – none of them has found the limits of the Lord.

1282 : 1121

The Gurmukhs meditate on the Naam, and merge in You, O Lord.

1282 : 1122

For thirty–six ages, God remained in utter darkness, as He pleased.

1282 : 1123

The vast expanse of water swirled around.

1282 : 1124

The Creator of all is Infinite, Endless and Inaccessible.

1282 : 1125

He formed fire and conflict, hunger and thirst.

1282 : 1126

Death hangs over the heads of the people of the world, in the love of duality.

1282 : 1127

The Savior Lord saves those who realize the Word of the Shabad. ||9||

1282 : 1128

Shalok, Third Mehl:

1282 : 1129

This rain pours down on all; it rains down in accordance with God's Loving Will.

1282 : 1130

Those trees become green and lush, which remain immersed in the Guru's Word.

1282 : 1131

O Nanak, by His Grace, there is peace; the pain of these creatures is gone. ||1||

1282 : 1132

Third Mehl:

1282 : 1133

The night is wet with dew; lightning flashes, and the rain pours down in torrents.

1282 : 1134

Food and wealth are produced in abundance when it rains, if it is the Will of God.

1282 : 1135

Consuming it, the minds of His creatures are satisfied, and they adopt the lifestyle of the way.

1282 : 1136

This wealth is the play of the Creator Lord. Sometimes it comes, and sometimes it goes.

1282 : 1137

The Naam is the wealth of the spiritually wise. It is permeating and pervading forever.

1282 : 1138

O Nanak, those who are blessed with His Glance of Grace receive this wealth. ||2||

1282 : 1139

Pauree:

1282 : 1140

He Himself does, and causes all to be done. Unto whom can I complain?

1282 : 1141

He Himself calls the mortal beings to account; He Himself causes them to act.

1282 : 1142

Whatever pleases Him happens. Only a fool issues commands.

1282 : 1143

He Himself saves and redeems; He Himself is the Forgiver.

1282 : 1144

He Himself sees, and He Himself hears; He gives His Support to all.

1282 : 1145

He alone is pervading and permeating all; He considers each and every one.

-- Raag Malaar – Part 029 --

Raag Malaar – Part 030

1283 : 1146

The Gurmukh reflects on the self, lovingly attached to the True Lord.

1283 : 1147

O Nanak, whom can we ask? He Himself is the Great Giver. ||10||

1283 : 1148

Shalok, Third Mehl:

1283 : 1149

This world is a rainbird; let no one be deluded by doubt.

1283 : 1150

This rainbird is an animal; it has no understanding at all.

1283 : 1151

The Name of the Lord is Ambrosial Nectar; drinking it in, thirst is quenched.

1283 : 1152

O Nanak, those Gurmukhs who drink it in shall never again be afflicted by thirst. ||1||

1283 : 1153

Third Mehl:

1283 : 1154

Malaar is a calming and soothing raga; meditating on the Lord brings peace and tranquility.

1283 : 1155

When the Dear Lord grants His Grace, then the rain falls on all the people of the world.

1283 : 1156

From this rain, all creatures find the ways and means to live, and the earth is embellished.

1283 : 1157

O Nanak, this world is all water; everything came from water.

1283 : 1158

By Guru's Grace, a rare few realize the Lord; such humble beings are liberated forever. ||2||

1283 : 1159

Pauree:

1283 : 1160

O True and Independent Lord God, You alone are my Lord and Master.

1283 : 1161

You Yourself are everything; who else is of any account?

1283 : 1162

False is the pride of man. True is Your glorious greatness.

1283 : 1163

Coming and going in reincarnation, the beings and species of the world came into being.

1283 : 1164

But if the mortal serves his True Guru, his coming into the world is judged to be worthwhile.

1283 : 1165

And if he eradicates egoism from within himself, then how can he be judged?

1283 : 1166

The self-willed manmukh is lost in the darkness of emotional attachment, like the man lost in the wilderness.

1283 : 1167

Countless sins are erased, by even a tiny particle of the Lord's Name. ||11||

1283 : 1168

Shalok, Third Mehl:

1283 : 1169

O rainbird, you do not know the Mansion of your Lord and Master's Presence. Offer your prayers to see this Mansion.

1283 : 1170

You speak as you please, but your speech is not accepted.

1283 : 1171

Your Lord and Master is the Great Giver; whatever you desire, you shall receive from Him.

1283 : 1172

Not only the thirst of the poor rainbird, but the thirst of the whole world is quenched. ||1||

1283 : 1173

Third Mehl:

1283 : 1174

The night is wet with dew; the rainbird sings the True Name with intuitive ease.

1283 : 1175

This water is my very soul; without water, I cannot survive.

1283 : 1176

Through the Word of the Guru's Shabad, this water is obtained, and egotism is eradicated from within.

1283 : 1177

O Nanak, I cannot live without Him, even for a moment; the True Guru has led me to meet Him. ||2||

1283 : 1178

Pauree:

1283 : 1179

There are countless worlds and nether regions; I cannot calculate their number.

1283 : 1180

You are the Creator, the Lord of the Universe; You create it, and You destroy it.

1283 : 1181

The 8.4 million species of beings issued forth from You.

1283 : 1182

Some are called kings, emperors and nobles.

1283 : 1183

Some claim to be bankers and accumulate wealth, but in duality they lose their honor.

1283 : 1184

Some are givers, and some are beggars; God is above the heads of all.

1283 : 1185

Without the Name, they are vulgar, dreadful and wretched.

1283 : 1186

Falsehood shall not last, O Nanak; whatever the True Lord does, comes to pass. ||12||

1283 : 1187

Shalok, Third Mehl:

1283 : 1188

O rainbird, the virtuous soul—bride attains the Mansion of her Lord's Presence; the unworthy, unvirtuous one is far away.

1283 : 1189

Deep within your inner being, the Lord abides. The Gurmukh beholds Him ever—present.

1283 : 1190

When the Lord bestows His Glance of Grace, the mortal no longer weeps and wails.

1283 : 1191

O Nanak, those who are imbued with the Naam intuitively merge with the Lord; they practice the Word of the Guru's Shabad. ||1||

-- Raag Malaar – Part 030 --

Raag Malaar – Part 031

1284 : 1192

Third Mehl:

1284 : 1193

The rainbird prays: O Lord, grant Your Grace, and bless me with the gift of the life of the soul.

1284 : 1194

Without the water, my thirst is not quenched, and my breath of life is ended and gone.

1284 : 1195

You are the Giver of peace, O Infinite Lord God; You are the Giver of the treasure of virtue.

1284 : 1196

O Nanak, the Gurmukh is forgiven; in the end, the Lord God shall be your only friend. ||2||

1284 : 1197

Pauree:

1284 : 1198

He created the world; He considers the merits and demerits of the mortals.

1284 : 1199

Those who are entangled in the three gunas – the three dispositions – do not love the Naam, the Name of the Lord.

1284 : 1200

Forsaking virtue, they practice evil; they shall be miserable in the Court of the Lord.

1284 : 1201

They lose their life in the gamble; why did they even come into the world?

1284 : 1202

But those who conquer and subdue their minds, through the True Word of the Shabad – night and day, they love the Naam.

1284 : 1203

Those people enshrine the True, Invisible and Infinite Lord in their hearts.

1284 : 1204

You, O Lord, are the Giver, the Treasure of virtue; I am unvirtuous and unworthy.

1284 : 1205

He alone finds You, whom You bless and forgive, and inspire to contemplate the Word of the Guru's Shabad. ||13||

1284 : 1206

Shalok, Fifth Mehl:

1284 : 1207

The faithless cynics forget the Name of the Lord; the night of their lives does not pass in peace.

1284 : 1208

Their days and nights become comfortable, O Nanak, singing the Glorious Praises of the Lord. ||1||

1284 : 1209

Fifth Mehl:

1284 : 1210

All sorts of jewels and gems, diamonds and rubies, shine forth from their foreheads.

1284 : 1211

O Nanak, those who are pleasing to God, look beautiful in the Court of the Lord. ||2||

1284 : 1212

Pauree:

1284 : 1213

Serving the True Guru, I dwell on the True Lord.

1284 : 1214

The work you have done for the True Guru shall be very useful in the end.

1284 : 1215

The Messenger of Death cannot even touch that person who is protected by the True Lord.

1284 : 1216

Lighting the lamp of the Guru's Teachings, my awareness has been awakened.

1284 : 1217

The self-willed manmukhs are false; without the Name, they wander around like demons.

1284 : 1218

They are nothing more than beasts, wrapped up in human skin; they are black-hearted within.

1284 : 1219

The True Lord is pervading all; through the True Word of the Shabad, He is seen.

1284 : 1220

O Nanak, the Naam is the greatest treasure. The Perfect Guru has revealed it to me. ||14||

1284 : 1221

Shalok, Third Mehl:

1284 : 1222

The rainbird realizes the Hukam of the Lord's Command with intuitive ease through the Guru.

1284 : 1223

The clouds mercifully burst forth, and the rain pours down in torrents.

1284 : 1224

The cries and wailings of the rainbird have ceased, and peace has come to abide in its mind.

1284 : 1225

O Nanak, praise that Lord, who reaches out and gives sustenance to all beings and creatures. ||1||

1284 : 1226

Third Mehl:

1284 : 1227

O rainbird, you do not know what thirst is within you, or what you can drink to quench it.

1284 : 1228

You wander in the love of duality, and you do not obtain the Ambrosial Water.

1284 : 1229

When God casts His Glance of Grace, then the mortal automatically meets the True Guru.

1284 : 1230

O Nanak, the Ambrosial Water is obtained from the True Guru, and then the mortal remains merged in the Lord with intuitive ease. ||2||

1284 : 1231

Pauree:

1284 : 1232

Some go and sit in the forest realms, and do not answer any calls.

1284 : 1233

Some, in the dead of winter, break the ice and immerse themselves in freezing water.

1284 : 1234

Some rub ashes on their bodies, and never wash off their dirt.

1284 : 1235

Some look hideous, with their uncut hair matted and dishevelled. They bring dishonor to their family and ancestry.

-- Raag Malaar – Part 031 --

Raag Malaar – Part 032

1285 : 1236

Some wander naked day and night and never sleep.

1285 : 1237

Some burn their limbs in fire, damaging and ruining themselves.

1285 : 1238

Without the Name, the body is reduced to ashes; what good is it to speak and cry then?

1285 : 1239

Those who serve the True Guru, are embellished and exalted in the Court of their Lord and Master. ||15||

1285 : 1240

Shalok, Third Mehl:

1285 : 1241

The rainbird chirps in the ambrosial hours of the morning before the dawn; its prayers are heard in the Court of the Lord.

1285 : 1242

The order is issued to the clouds, to let the rains of mercy shower down.

1285 : 1243

I am a sacrifice to those who enshrine the True Lord within their hearts.

1285 : 1244

O Nanak, through the Name, all are rejuvenated, contemplating the Word of the Guru's

Shabad. ||1||

1285 : 1245

Third Mehl:

1285 : 1246

O rainbird, this is not the way to quench your thirst, even though you may cry out a hundred times.

1285 : 1247

By God's Grace, the True Guru is found; by His Grace, love wells up.

1285 : 1248

O Nanak, when the Lord and Master abides in the mind, corruption and evil leave from within. ||2||

1285 : 1249

Pauree:

1285 : 1250

Some are Jains, wasting their time in the wilderness; by their pre-ordained destiny, they are ruined.

1285 : 1251

The Naam, the Name of the Lord, is not on their lips; they do not bathe at sacred shrines of pilgrimage.

1285 : 1252

They pull out their hair with their hands, instead of shaving.

1285 : 1253

They remain unclean day and night; they do not love the Word of the Shabad.

1285 : 1254

They have no status, no honor, and no good karma. They waste away their lives in vain.

1285 : 1255

Their minds are false and impure; that which they eat is impure and defiled.

1285 : 1256

Without the Shabad, no one achieves a lifestyle of good conduct.

1285 : 1257

The Gurmukh is absorbed in the True Lord God, the Universal Creator. ||16||

1285 : 1258

Shalok, Third Mehl:

1285 : 1259

In the month of Saawan, the bride is happy, contemplating the Word of the Guru's Shabad.

1285 : 1260

O Nanak, she is a happy soul—bride forever; her love for the Guru is unlimited. ||1||

1285 : 1261

Third Mehl:

1285 : 1262

In Saawan, she who has no virtue is burned, in attachment and love of duality.

1285 : 1263

O Nanak, she does not appreciate the value of her Husband Lord; all her decorations are worthless. ||2||

1285 : 1264

Pauree:

1285 : 1265

The True, Unseen, Mysterious Lord is not won over by stubbornness.

1285 : 1266

Some sing according to traditional ragas, but the Lord is not pleased by these ragas.

1285 : 1267

Some dance and dance and keep the beat, but they do not worship Him with devotion.

1285 : 1268

Some refuse to eat; what can be done with these fools?

1285 : 1269

Thirst and desire have greatly increased; nothing brings satisfaction.

1285 : 1270

Some are tied down by rituals; they hassle themselves to death.

1285 : 1271

In this world, profit comes by drinking in the Ambrosial Nectar of the Naam.

1285 : 1272

The Gurmukhs gather in loving devotional worship of the Lord. ||17||

1285 : 1273

Shalok, Third Mehl:

1285 : 1274

Those Gurmukhs who sing in the Raga of Malaar – their minds and bodies become cool and calm.

1285 : 1275

Through the Word of the Guru's Shabad, they realize the One, the One True Lord.

1285 : 1276

Their minds and bodies are true; they obey the True Lord, and they are known as true.

1285 : 1277

True devotional worship is deep within them; they are automatically blessed with honor.

1285 : 1278

In this Dark Age of Kali Yuga, there is utter darkness; the self-willed manmukh cannot find the way.

1285 : 1279

O Nanak, very blessed are those Gurmukhs, unto whom the Lord is revealed. ||1||

1285 : 1280

Third Mehl:

1285 : 1281

The clouds rain down mercifully, and joy wells up in the minds of the people.

1285 : 1282

I am forever a sacrifice to the One, by whose Command the clouds burst forth with rain.

-- Raag Malaar – Part 032 --

Raag Malaar – Part 033

1286 : 1283

The Gurmukhs dwell on the Word of the Shabad. They sing the Glorious Praises of the True Lord.

1286 : 1284

O Nanak, those humble beings who are imbued with the Naam are pure and immaculate. They are intuitively merged in the True Lord. ||2||

1286 : 1285

Pauree:

1286 : 1286

Serving the Perfect True Guru, I have found the Perfect Lord.

1286 : 1287

Meditating on the Perfect Lord, by perfect karma, I have enshrined the Shabad within my mind.

1286 : 1288

Through perfect spiritual wisdom and meditation, my filth has been washed away.

1286 : 1289

The Lord is my sacred shrine of pilgrimage and pool of purification; I wash my mind in Him.

1286 : 1290

One who dies in the Shabad and conquers his mind – blessed is the mother who gave birth to him.

1286 : 1291

He is true in the Court of the Lord, and his coming into this world is judged to be true.

1286 : 1292

No one can challenge that person, with whom our Lord and Master is pleased.

1286 : 1293

O Nanak, praising the True Lord, his pre-ordained destiny is activated. ||18||

1286 : 1294

Shalok, Third Mehl:

1286 : 1295

Those who give out ceremonial hats of recognition are fools; those who receive them have no shame.

1286 : 1296

The mouse cannot enter its hole with a basket tied around its waist.

1286 : 1297

Those who give out blessings shall die, and those that they bless shall also depart.

1286 : 1298

O Nanak, no one knows the Lord's Command, by which all must depart.

1286 : 1299

The spring harvest is the Name of the One Lord; the harvest of autumn is the True Name.

1286 : 1300

I receive a letter of pardon from my Lord and Master, when I reach His Court.

1286 : 1301

There are so many courts of the world, and so many who come and go there.

1286 : 1302

There are so many beggars begging; so many beg and beg until death. ||1||

1286 : 1303

First Mehl:

1286 : 1304

The elephant eats a hundred pounds of ghee and molasses, and five hundred pounds of corn.

1286 : 1305

He belches and grunts and scatters dust, and when the breath leaves his body, he regrets it.

1286 : 1306

The blind and arrogant die insane.

1286 : 1307

Submitting to the Lord, one become pleasing to Him.

1286 : 1308

The sparrow eats only half a grain, then it flies through the sky and chirps.

1286 : 1309

The good sparrow is pleasing to her Lord and Master, if she chirps the Name of the Lord.

1286 : 1310

The powerful tiger kills hundreds of deer, and all sorts of other animals eat what it leaves.

1286 : 1311

It becomes very strong, and cannot be contained in its den, but when it must go, it regrets.

1286 : 1312

So who is impressed by the roar of the blind beast?

1286 : 1313

He is not pleasing at all to his Lord and Master.

1286 : 1314

The insect loves the milkweed plant; perched on its branch, it eats it.

1286 : 1315

It becomes good and pleasing to its Lord and Master, if it chirps the Name of the Lord.

1286 : 1316

O Nanak, the world lasts for only a few days; indulging in pleasures, pain is produced.

1286 : 1317

There are many who boast and brag, but none of them can remain detached from the world.

1286 : 1318

The fly dies for the sake of sweets.

1286 : 1319

O Lord, death does not even approach those whom You protect. You carry them across the terrifying world–ocean. ||2||

1286 : 1320

Pauree:

1286 : 1321

You are Inaccessible and Unfathomable, O Invisible and Infinite True Lord Master.

1286 : 1322

You are the Giver, all are beggars of You. You alone are the Great Giver.

1286 : 1323

Those who serve You find peace, reflecting on the Guru's Teachings.

1286 : 1324

Some, according to Your Will, are in love with Maya.

1286 : 1325

Through the Word of the Guru's Shabad, praise the Lord with love and affection within.

1286 : 1326

Without love, there is no devotion. Without the True Guru, love is not enshrined.

1286 : 1327

You are the Lord God; everyone serves You. This is the prayer of Your humble minstrel.

1286 : 1328

Please bless me with the gift of contentment, that I may receive the True Name as my Support. ||19||

-- Raag Malaar – Part 033 --

Raag Malaar – Part 034

1287 : 1329

Shalok, First Mehl:

1287 : 1330

Through the night the time ticks away; through the day the time ticks away.

1287 : 1331

The body wears away and turns to straw.

1287 : 1332

All are involved and entangled in worldly entanglements.

1287 : 1333

The mortal has mistakenly renounced the way of service.

1287 : 1334

The blind fool is caught in conflict, bothered and bewildered.

1287 : 1335

Those who weep after someone has died – can they bring him back to life?

1287 : 1336

Without realization, nothing can be understood.

1287 : 1337

The weepers who weep for the dead shall themselves die as well.

1287 : 1338

O Nanak, this is the Will of our Lord and Master.

1287 : 1339

Those who do not remember the Lord, are dead. ||1||

1287 : 1340

First Mehl:

1287 : 1341

Love dies, and affection dies; hatred and strife die.

1287 : 1342

The color fades, and beauty vanishes; the body suffers and collapses.

1287 : 1343

Where did he come from? Where is he going? Did he exist or not?

1287 : 1344

The self-willed manmukh made empty boasts, indulging in parties and pleasures.

1287 : 1345

O Nanak, without the True Name, his honor is torn away, from head to foot. ||2||

1287 : 1346

Pauree:

1287 : 1347

The Ambrosial Naam, the Name of the Lord, is forever the Giver of peace. It shall be your Help and Support in the end.

1287 : 1348

Without the Guru, the world is insane. It does not appreciate the worth of the Name.

1287 : 1349

Those who serve the True Guru are accepted and approved. Their light merges into the Light.

1287 : 1350

That servant who enshrines the Lord's Will within his mind, becomes just like his Lord and Master.

1287 : 1351

Tell me, who has ever found peace by following his own will? The blind act in blindness.

1287 : 1352

No one is ever satisfied and fulfilled by evil and corruption. The hunger of the fool is not satisfied.

1287 : 1353

Attached to duality, all are ruined; without the True Guru, there is no understanding.

1287 : 1354

Those who serve the True Guru find peace; they are blessed with Grace by the Will of the Lord. ||20||

1287 : 1355

Shalok, First Mehl:

1287 : 1356

Modesty and righteousness both, O Nanak, are qualities of those who are blessed with true wealth.

1287 : 1357

Do not refer to that wealth as your friend, which leads you to get your head beaten.

1287 : 1358

Those who possess only this worldly wealth are known as paupers.

1287 : 1359

But those, within whose hearts You dwell, O Lord – those people are oceans of virtue. ||1||

1287 : 1360

First Mehl:

1287 : 1361

Worldly possessions are obtained by pain and suffering; when they are gone, they leave pain and suffering.

1287 : 1362

O Nanak, without the True Name, hunger is never satisfied.

1287 : 1363

Beauty does not satisfy hunger; when the man sees beauty, he hungers even more.

1287 : 1364

As many as are the pleasures of the body, so many are the pains which afflict it. ||2||

1287 : 1365

First Mehl:

1287 : 1366

Acting blindly, the mind becomes blind. The blind mind makes the body blind.

1287 : 1367

Why make a dam with mud and plaster? Even a dam made of stones gives way.

1287 : 1368

The dam has burst. There is no boat. There is no raft. The water's depth is unfathomable.

1287 : 1369

O Nanak, without the True Name, many multitudes have drowned. ||3||

1287 : 1370

First Mehl:

1287 : 1371

Thousands of pounds of gold, and thousands of pounds of silver; the king over the heads of thousands of kings.

1287 : 1372

Thousands of armies, thousands of marching bands and spearmen; the emperor of thousands of horsemen.

1287 : 1373

The unfathomable ocean of fire and water must be crossed.

1287 : 1374

The other shore cannot be seen; only the roar of pitiful cries can be heard.

1287 : 1375

O Nanak, there, it shall be known, whether anyone is a king or an emperor. ||4||

1287 : 1376

Pauree:

1287 : 1377

Some have chains around their necks, in bondage to the Lord.

1287 : 1378

They are released from bondage, realizing the True Lord as True.

--- Raag Malaar – Part 034 ---

Raag Malaar – Part 035

1288 : 1379

One whose pre-ordained destiny is activated, comes to know the True Lord.

1288 : 1380

By God's Command, it is ordained. When the mortal goes, he knows.

1288 : 1381

Realize the Word of the Shabad, and cross over the terrifying world-ocean.

1288 : 1382

Thieves, adulterers and gamblers are pressed like seeds in the mill.

1288 : 1383

Slanderers and gossipers are hand-cuffed.

1288 : 1384

The Gurmukh is absorbed in the True Lord, and is famous in the Court of the Lord. ||21||

1288 : 1385

Shalok, Second Mehl:

1288 : 1386

The beggar is known as an emperor, and the fool is known as a religious scholar.

1288 : 1387

The blind man is known as a seer; this is how people talk.

1288 : 1388

The trouble–maker is called a leader, and the liar is seated with honor.

1288 : 1389

O Nanak, the Gurmukhs know that this is justice in the Dark Age of Kali Yuga. ||1||

1288 : 1390

First Mehl:

1288 : 1391

Deer, falcons and government officials are known to be trained and clever.

1288 : 1392

When the trap is set, they trap their own kind; hereafter they will find no place of rest.

1288 : 1393

He alone is learned and wise, and he alone is a scholar, who practices the Name.

1288 : 1394

First, the tree puts down its roots, and then it spreads out its shade above.

1288 : 1395

The kings are tigers, and their officials are dogs;

1288 : 1396

they go out and awaken the sleeping people to harass them.

1288 : 1397

The public servants inflict wounds with their nails.

1288 : 1398

The dogs lick up the blood that is spilled.

1288 : 1399

But there, in the Court of the Lord, all beings will be judged.

1288 : 1400

Those who have violated the people's trust will be disgraced; their noses will be cut off. ||2||

1288 : 1401

Pauree:

1288 : 1402

He Himself creates the world, and He himself takes care of it.

1288 : 1403

Without the Fear of God, doubt is not dispelled, and love for the Name is not embraced.

1288 : 1404

Through the True Guru, the Fear of God wells up, and the Door of Salvation is found.

1288 : 1405

Through the Fear of God, intuitive ease is obtained, and one's light merges into the Light of the Infinite.

1288 : 1406

Through the Fear of God, the terrifying world–ocean is crossed over, reflecting on the Guru's Teachings.

1288 : 1407

Through the Fear of God, the Fearless Lord is found; He has no end or limitation.

1288 : 1408

The self-willed manmukhs do not appreciate the value of the Fear of God. Burning in desire, they weep and wail.

1288 : 1409

O Nanak, through the Name, peace is obtained, by enshrining the Guru's Teachings within the heart. ||22||

1288 : 1410

Shalok, First Mehl:

1288 : 1411

Beauty and sexual desire are friends; hunger and tasty food are tied together.

1288 : 1412

Greed is bound up in its search for wealth, and sleep will use even a tiny space as a bed.

1288 : 1413

Anger barks and brings ruin on itself, blindly pursuing useless conflicts.

1288 : 1414

It is good to be silent, O Nanak; without the Name, one's mouth spews forth only filth. ||1||

1288 : 1415

First Mehl:

1288 : 1416

Royal power, wealth, beauty, social status and youth are the five thieves.

1288 : 1417

These thieves have plundered the world; no one's honor has been spared.

1288 : 1418

But these thieves themselves are robbed, by those who fall at the Guru's Feet.

1288 : 1419

O Nanak, the multitudes who do not have good karma are plundered. ||2||

1288 : 1420

Pauree:

1288 : 1421

The learned and educated are called to account for their actions.

1288 : 1422

Without the Name, they are judged false; they become miserable and suffer hardship.

1288 : 1423

Their path becomes treacherous and difficult, and their way is blocked.

1288 : 1424

Through the Shabad, the Word of the True and Independent Lord God, one becomes content.

1288 : 1425

The Lord is deep and profound and unfathomable; His depth cannot be measured.

1288 : 1426

Without the Guru, the mortals are beaten and punched in the face and the mouth, and no

one is released.

1288 : 1427

Chanting the Naam, the Name of the Lord, one returns to his true home with honor.

1288 : 1428

Know that the Lord, by the Hukam of His Command, gives sustenance and the breath of life. ||23||

-- Raag Malaar – Part 035 --

Raag Malaar – Part 036

1289 : 1429

Shalok, First Mehl:

1289 : 1430

Living beings are formed of air, water and fire. They are subject to pleasure and pain.

1289 : 1431

In this world, in the nether regions of the underworld, and in the Akaashic ethers of the heavens, some remain ministers in the Court of the Lord.

1289 : 1432

Some live long lives, while others suffer and die.

1289 : 1433

Some give and consume, and still their wealth is not exhausted, while others remain poor forever.

1289 : 1434

In His Will He creates, and in His Will He destroys thousands in an instant.

1289 : 1435

He has harnessed everyone with His harness; when He forgives, he breaks the harness.

1289 : 1436

He has no color or features; He is invisible and beyond calculation.

1289 : 1437

How can He be described? He is known as the Truest of the True.

1289 : 1438

All the actions which are done and described, O Nanak, are done by the Indescribable Lord Himself.

1289 : 1439

Whoever hears the description of the indescribable,

1289 : 1440

is blessed with wealth, intelligence, perfection, spiritual wisdom and eternal peace. ||1||

1289 : 1441

First Mehl:

1289 : 1442

One who bears the unbearable, controls the nine holes of the body.

1289 : 1443

One who worships and adores the Lord with his breath of life, gains stability in his body-wall.

1289 : 1444

Where has he come from, and where will he go?

1289 : 1445

Remaining dead while yet alive, he is accepted and approved.

1289 : 1446

Whoever understands the Hukam of the Lord's Command, realizes the essence of reality.

1289 : 1447

This is known by Guru's Grace.

1289 : 1448

O Nanak, know this: egotism leads to bondage.

1289 : 1449

Only those who have no ego and no self–conceit, are not consigned to reincarnation. ||2||

1289 : 1450

Pauree:

1289 : 1451

Read the Praise of the Lord's Name; other intellectual pursuits are false.

1289 : 1452

Without dealing in Truth, life is worthless.

1289 : 1453

No one has ever found the Lord's end or limitation.

1289 : 1454

All the world is enveloped by the darkness of egotistical pride. It does not like the Truth.

1289 : 1455

Those who depart from this world, forgetting the Naam, shall be roasted in the frying pan.

1289 : 1456

They pour the oil of duality within, and burn.

1289 : 1457

They come into the world and wander around aimlessly; they depart when the play is finished.

1289 : 1458

O Nanak, imbued with Truth, the mortals merge in Truth. ||24||

1289 : 1459

Shalok, First Mehl:

1289 : 1460

First, the mortal is conceived in the flesh, and then he dwells in the flesh.

1289 : 1461

When he comes alive, his mouth takes flesh; his bones, skin and body are flesh.

1289 : 1462

He comes out of the womb of flesh, and takes a mouthful of flesh at the breast.

1289 : 1463

His mouth is flesh, his tongue is flesh; his breath is in the flesh.

1289 : 1464

He grows up and is married, and brings his wife of flesh into his home.

1289 : 1465

Flesh is produced from flesh; all relatives are made of flesh.

1289 : 1466

When the mortal meets the True Guru, and realizes the Hukam of the Lord's Command, then he comes to be reformed.

1289 : 1467

Releasing himself, the mortal does not find release; O Nanak, through empty words, one is ruined. ||1||

1289 : 1468

First Mehl:

1289 : 1469

The fools argue about flesh and meat, but they know nothing about meditation and spiritual wisdom.

1289 : 1470

What is called meat, and what is called green vegetables? What leads to sin?

1289 : 1471

It was the habit of the gods to kill the rhinoceros, and make a feast of the burnt offering.

1289 : 1472

Those who renounce meat, and hold their noses when sitting near it, devour men at night.

1289 : 1473

They practice hypocrisy, and make a show before other people, but they do not understand anything about meditation or spiritual wisdom.

1289 : 1474

O Nanak, what can be said to the blind people? They cannot answer, or even understand what is said.

1289 : 1475

They alone are blind, who act blindly. They have no eyes in their hearts.

1289 : 1476

They are produced from the blood of their mothers and fathers, but they do not eat fish or meat.

-- Raag Malaar – Part 036 --

Raag Malaar – Part 037

1290 : 1477

But when men and women meet in the night, they come together in the flesh.

1290 : 1478

In the flesh we are conceived, and in the flesh we are born; we are vessels of flesh.

1290 : 1479

You know nothing of spiritual wisdom and meditation, even though you call yourself clever,
O religious scholar.

1290 : 1480

O master, you believe that flesh on the outside is bad, but the flesh of those in your own
home is good.

1290 : 1481

All beings and creatures are flesh; the soul has taken up its home in the flesh.

1290 : 1482

They eat the uneatable; they reject and abandon what they could eat. They have a teacher
who is blind.

1290 : 1483

In the flesh we are conceived, and in the flesh we are born; we are vessels of flesh.

1290 : 1484

You know nothing of spiritual wisdom and meditation, even though you call yourself clever,
O religious scholar.

1290 : 1485

Meat is allowed in the Puraanas, meat is allowed in the Bible and the Koran. Throughout the four ages, meat has been used.

1290 : 1486

It is featured in sacred feasts and marriage festivities; meat is used in them.

1290 : 1487

Women, men, kings and emperors originate from meat.

1290 : 1488

If you see them going to hell, then do not accept charitable gifts from them.

1290 : 1489

The giver goes to hell, while the receiver goes to heaven – look at this injustice.

1290 : 1490

You do not understand your own self, but you preach to other people. O Pandit, you are very wise indeed.

1290 : 1491

O Pandit, you do not know where meat originated.

1290 : 1492

Corn, sugar cane and cotton are produced from water. The three worlds came from water.

1290 : 1493

Water says, "I am good in many ways." But water takes many forms.

1290 : 1494

Forsaking these delicacies, one becomes a true Sannyasee, a detached hermit. Nanak reflects and speaks. ||2||

1290 : 1495

Pauree:

1290 : 1496

What can I say with only one tongue? I cannot find your limits.

1290 : 1497

Those who contemplate the True Word of the Shabad are absorbed into You, O Lord.

1290 : 1498

Some wander around in saffron robes, but without the True Guru, no one finds the Lord.

1290 : 1499

They wander in foreign lands and countries until they grow weary, but You hide Yourself within them.

1290 : 1500

The Word of the Guru's Shabad is a jewel, through which the Lord shines forth and reveals Himself.

1290 : 1501

Realizing one's own self, following the Guru's Teachings, the mortal is absorbed into Truth.

1290 : 1502

Coming and going, the tricksters and magicians put on their magic show.

1290 : 1503

But those whose minds are pleased by the True Lord, praise the True One, the Ever-stable Lord. ||25||

1290 : 1504

Shalok, First Mehl:

1290 : 1505

O Nanak, the tree of actions done in Maya yields ambrosial fruit and poisonous fruit.

1290 : 1506

The Creator does all deeds; we eat the fruits as He ordains. ||1||

1290 : 1507

Second Mehl:

1290 : 1508

O Nanak, burn worldly greatness and glory in the fire.

1290 : 1509

These burnt offerings have caused mortals to forget the Naam, the Name of the Lord. Not even one of them will go along with you in the end. ||2||

1290 : 1510

Pauree:

1290 : 1511

He judges each and every being; by the Hukam of His Command, He leads us on.

1290 : 1512

Justice is in Your Hands, O Lord; You are pleasing to my mind.

1290 : 1513

The mortal is bound and gagged by Death and lead away; no one can rescue him.

1290 : 1514

Old age, the tyrant, dances on the mortal's shoulders.

1290 : 1515

So climb aboard the boat of the True Guru, and the True Lord will rescue you.

1290 : 1516

The fire of desire burns like an oven, consuming mortals night and day.

1290 : 1517

Like trapped birds, the mortals peck at the corn; only through the Lord's Command will they find release.

1290 : 1518

Whatever the Creator does, comes to pass; falsehood shall fail in the end. ||26||

--- Raag Malaar – Part 037 ---

Raag Malaar – Part 038

1291 : 1519

Shalok, First Mehl:

1291 : 1520

The True Guru is the All-knowing Primal Being; He shows us our true home within the home of the self.

1291 : 1521

The Panch Shabad, the Five Primal Sounds, resonate and resound within; the insignia of the Shabad is revealed there, vibrating gloriously.

1291 : 1522

Worlds and realms, nether regions, solar systems and galaxies are wondrously revealed.

1291 : 1523

The strings and the harps vibrate and resound; the true throne of the Lord is there.

1291 : 1524

Listen to the music of the home of the heart – Sukhmani, peace of mind. Lovingly tune in to His state of celestial ecstasy.

1291 : 1525

Contemplate the Unspoken Speech, and the desires of the mind are dissolved.

1291 : 1526

The heart–lotus is turned upside–down, and is filled with Ambrosial Nectar. This mind does not go out; it does not get distracted.

1291 : 1527

It does not forget the Chant which is chanted without chanting; it is immersed in the Primal Lord God of the ages.

1291 : 1528

All the sister-companions are blessed with the five virtues. The Gurmukhs dwell in the home of the self deep within.

1291 : 1529

Nanak is the slave of that one who seeks the Shabad and finds this home within. ||1||

1291 : 1530

First Mehl:

1291 : 1531

The extravagant glamor of the world is a passing show.

1291 : 1532

My twisted mind does not believe that it will end up in a grave.

1291 : 1533

I am meek and lowly; You are the great river.

1291 : 1534

Please, bless me with the one thing; everything else is poison, and does not tempt me.

1291 : 1535

You filled this fragile body with the water of life, O Lord, by Your Creative Power.

1291 : 1536

By Your Omnipotence, I have become powerful.

1291 : 1537

Nanak is a dog in the Court of the Lord, intoxicated more and more, all the time.

1291 : 1538

The world is on fire; the Name of the Lord is cooling and soothing. ||2||

1291 : 1539

New Pauree, Fifth Mehl:

1291 : 1540

His wonderful play is all-pervading; it is wonderful and amazing!

1291 : 1541

As Gurmukh, I know the the Transcendent Lord, the Supreme Lord God.

1291 : 1542

All my sins and corruption are washed away, through the insignia of the Shabad, the Word of God.

1291 : 1543

In the Saadh Sangat, the Company of the Holy, one is saved, and becomes free.

1291 : 1544

Meditating, meditating in remembrance on the Great Giver, I enjoy all comforts and pleasures.

1291 : 1545

I have become famous throughout the world, under the canopy of His kindness and grace.

1291 : 1546

He Himself has forgiven me, and united me with Himself; I am forever a sacrifice to Him.

1291 : 1547

O Nanak, by the Pleasure of His Will, my Lord and Master has blended me with Himself.
||27||

1291 : 1548

Shalok, First Mehl:

1291 : 1549

Blessed is the paper, blessed is the pen, blessed is the inkwell, and blessed is the ink.

1291 : 1550

Blessed is the writer, O Nanak, who writes the True Name. ||1||

1291 : 1551

First Mehl:

1291 : 1552

You Yourself are the writing tablet, and You Yourself are the pen. You are also what is written on it.

1291 : 1553

Speak of the One Lord, O Nanak; how could there be any other? ||2||

1291 : 1554

Pauree:

1291 : 1555

You Yourself are all-pervading; You Yourself made the making.

1291 : 1556

Without You, there is no other at all; You are permeating and pervading everywhere.

1291 : 1557

You alone know Your state and extent. Only You can estimate Your worth.

1291 : 1558

You are invisible, imperceptible and inaccessible. You are revealed through the Guru's Teachings.

1291 : 1559

Deep within, there is ignorance, suffering and doubt; through the spiritual wisdom of the Guru, they are eradicated.

1291 : 1560

He alone meditates on the Naam, whom You unite with Yourself, in Your Mercy.

1291 : 1561

You are the Creator, the Inaccessible Primal Lord God; You are all-pervading everywhere.

1291 : 1562

To whatever You link the mortal, O True Lord, to that he is linked. Nanak sings Your Glorious Praises. ||28||1||

1291 : 1563

SUDH||

— Raag Malaar – Part 038 —

Raag Malaar – Part 039

1292 : 1564

Raag Malaar, The Word Of The Devotee Naam Dayv Jee:

1292 : 1565

One Universal Creator God. By The Grace Of The True Guru:

1292 : 1566

Serve the King, the Sovereign Lord of the World. He has no ancestry; He is immaculate and pure.

1292 : 1567

Please bless me with the gift of devotion, which the humble Saints beg for. ||1||Pause||

1292 : 1568

His Home is the pavilion seen in all directions; His ornamental heavenly realms fill the seven worlds alike.

1292 : 1569

In His Home, the virgin Lakshmi dwells. The moon and the sun are His two lamps; the wretched Messenger of Death stages his dramas, and levies taxes on all.

1292 : 1570

Such is my Sovereign Lord King, the Supreme Lord of all. ||1||

1292 : 1571

In His House, the four-faced Brahma, the cosmic potter lives. He created the entire universe.

1292 : 1572

In His House, the insane Shiva, the Guru of the World, lives; he imparts spiritual wisdom to explain the essence of reality.

1292 : 1573

Sin and virtue are the standard-bearers at His Door; Chitr and Gupt are the recording angels of the conscious and subconscious.

1292 : 1574

The Righteous Judge of Dharma, the Lord of Destruction, is the door-man.

1292 : 1575

Such is the Supreme Sovereign Lord of the World. ||2||

1292 : 1576

In His Home are the heavenly heralds, celestial singers, Rishis and poor minstrels, who sing so sweetly.

1292 : 1577

All the Shaastras take various forms in His theater, singing beautiful songs.

1292 : 1578

The wind waves the fly-brush over Him;

1292 : 1579

His hand-maiden is Maya, who has conquered the world.

1292 : 1580

The shell of the earth is His fireplace.

1292 : 1581

Such is the Sovereign Lord of the three worlds. ||3||

1292 : 1582

In His Home, the celestial turtle is the bed–frame, woven with the strings of the thousand–headed snake.

1292 : 1583

His flower–girls are the eighteen loads of vegetation; His water–carriers are the nine hundred sixty million clouds.

1292 : 1584

His sweat is the Ganges River.

1292 : 1585

The seven seas are His water–pitchers.

1292 : 1586

The creatures of the world are His household utensils.

1292 : 1587

Such is the Sovereign Lord King of the three worlds. ||4||

1292 : 1588

In His home are Arjuna, Dhroo, Prahlada, Ambreek, Naarad, Nayjaa, the Siddhas and Buddhas, the ninety–two heavenly heralds and celestial singers in their wondrous play.

1292 : 1589

All the creatures of the world are in His House.

1292 : 1590

The Lord is diffused in the inner beings of all.

1292 : 1591

Prays Naam Dayv, seek His Protection.

1292 : 1592

All the devotees are His banner and insignia. ||5||1||

1292 : 1593

MALAAR:

1292 : 1594

Please do not forget me; please do not forget me,

1292 : 1595

please do not forget me, O Lord. ||1||Pause||

1292 : 1596

The temple priests have doubts about this, and everyone is furious with me.

1292 : 1597

Calling me low–caste and untouchable, they beat me and drove me out; what should I do now, O Beloved Father Lord? ||1||

1292 : 1598

If You liberate me after I am dead, no one will know that I am liberated.

1292 : 1599

These Pandits, these religious scholars, call me low–born; when they say this, they tarnish Your honor as well. ||2||

1292 : 1600

You are called kind and compassionate; the power of Your Arm is absolutely unrivalled.

1292 : 1601

The Lord turned the temple around to face Naam Dayv; He turned His back on the Brahmins. ||3||2||

-- Raag Malaar – Part 039 --

Raag Malaar – Part 040

1293 : 1602

Malaar, The Word Of The Devotee Ravi Daas Jee:

1293 : 1603

One Universal Creator God. By The Grace Of The True Guru:

1293 : 1604

O humble townspeople, I am obviously just a shoemaker.

1293 : 1605

In my heart I cherish the Glories of the Lord, the Lord of the Universe. ||1||Pause||

1293 : 1606

Even if wine is made from the water of the Ganges, O Saints, do not drink it.

1293 : 1607

This wine, and any other polluted water which mixes with the Ganges, is not separate from it. ||1||

1293 : 1608

The palmyra palm tree is considered impure, and so its leaves are considered impure as well.

1293 : 1609

But if devotional prayers are written on paper made from its leaves, then people bow in reverence and worship before it. ||2||

1293 : 1610

It is my occupation to prepare and cut leather; each day, I carry the carcasses out of the city.

1293 : 1611

Now, the important Brahmins of the city bow down before me; Ravi Daas, Your slave, seeks the Sanctuary of Your Name. ||3||1||

1293 : 1612

MALAAR:

1293 : 1613

Those humble beings who meditate on the Lord's Lotus Feet – none are equal to them.

1293 : 1614

The Lord is One, but He is diffused in many forms. Bring in, bring in, that All-pervading Lord. ||Pause||

1293 : 1615

He who writes the Praises of the Lord God, and sees nothing else at all, is a low-class, untouchable fabric-dyer by trade.

1293 : 1616

The Glory of the Name is seen in the writings of Vyaas and Sanak, throughout the seven continents. ||1||

1293 : 1617

And he whose family used to kill cows at the festivals of Eed and Bakareed, who worshipped Shayks, martyrs and spiritual teachers,

1293 : 1618

whose father used to do such things – his son Kabeer became so successful that he is now famous throughout the three worlds. ||2||

1293 : 1619

And all the leather-workers in those families still go around Benares removing the dead cattle

1293 : 1620

– the ritualistic Brahmins bow in reverence before their son Ravi Daas, the slave of the Lord's slaves. ||3||2||

1293 : 1621

Malaar:

1293 : 1622

One Universal Creator God. By The Grace Of The True Guru:

1293 : 1623

What sort of devotional worship will lead me to meet my Beloved, the Lord of my breath of life?

1293 : 1624

In the Saadh Sangat, the Company of the Holy, I have obtained the supreme status.
||Pause||

1293 : 1625

How long shall I wash these dirty clothes?

1293 : 1626

How long shall I remain asleep? ||1||

1293 : 1627

Whatever I was attached to, has perished.

1293 : 1628

The shop of false merchandise has closed down. ||2||

1293 : 1629

Says Ravi Daas, when the account is called for and given,

1293 : 1630

whatever the mortal has done, he shall see. ||3||1||3||

-- Raag Malaar --