



English translation of Holy Guru Granth Sahib (Part 37)

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Credits

English translation of **Holy Guru Granth Sahib (37 Fifth Mehl, Gaat'haa)**

by
Dr. Sant Singh Khalsa

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Fifth Mehl, Gaat'haa – Part 001

1360 : 1

Associating with the Brahmin, one is saved, if his actions are perfect and God-like.

1360 : 2

Those whose souls are imbued with the world – O Nanak, their lives are fruitless. ||65||

1360 : 3

The mortal steals the wealth of others, and makes all sorts of problems; his preaching is only for his own livelihood.

1360 : 4

His desire for this and that is not satisfied; his mind is caught in Maya, and he is acting like a pig. ||66||

1360 : 5

Those who are intoxicated and absorbed in the Lord's Lotus Feet are saved from the terrifying world-ocean.

1360 : 6

Countless sins are destroyed, O Nanak, in the Saadh Sangat, the Company of the Holy; there is no doubt about this. ||67||4||

1360 : 7

Fifth Mehl, Gaat'haa:

1360 : 8

One Universal Creator God. By The Grace Of The True Guru:

1360 : 9

Camphor, flowers and perfume become contaminated, by coming into contact with the human body.

1360 : 10

O Nanak, the ignorant one is proud of his foul-smelling marrow, blood and bones. ||1||

1360 : 11

Even if the mortal could reduce himself to the size of an atom, and shoot through the ethers, worlds and realms in the blink of an eye, O Nanak, without the Holy Saint, he shall not be saved. ||2||

1360 : 12

Know for sure that death will come; whatever is seen is false.

1360 : 13

So chant the Kirtan of the Lord's Praises in the Saadh Sangat, the Company of the Holy; this alone shall go along with you in the end. ||3||

1360 : 14

The consciousness wanders lost in Maya, attached to friends and relatives.

1360 : 15

Vibrating and meditating on the Lord of the Universe in the Saadh Sangat, O Nanak, the eternal place of rest is found. ||4||

1360 : 16

The lowly nim tree, growing near the sandalwood tree, becomes just like the sandalwood tree.

1360 : 17

But the bamboo tree, also growing near it, does not pick up its fragrance; it is too tall and proud. ||5||

1360 : 18

In this Gaat'haa, the Lord's Sermon is woven; listening to it, pride is crushed.

1360 : 19

The five enemies are killed, O Nanak, by shooting the Arrow of the Lord. ||6||

1360 : 20

The Words of the Holy are the path of peace. They are obtained by good karma.

1360 : 21

The cycle of birth and death is ended, O Nanak, singing the Kirtan of the Lord's Praises.
||7||

1360 : 22

When the leaves wither and fall, they cannot be attached to the branch again.

1360 : 23

Without the Naam, the Name of the Lord, O Nanak, there is misery and suffering. The mortal wanders in reincarnation day and night. ||8||

1360 : 24

One is blessed with love for the Saadh Sangat, the Company of the Holy, by great good fortune.

1360 : 25

Whoever sings the Glorious Praises of the Lord's Name, O Nanak, is not affected by the world-ocean. ||9||

1360 : 26

This Gaat'haa is profound and infinite; how rare are those who understand it.

1360 : 27

They forsake sexual desire and worldly love, O Nanak, and praise the Lord in the Saadh Sangat. ||10||

1360 : 28

The Words of the Holy are the most sublime Mantra. They eradicate millions of sinful mistakes.

1360 : 29

Meditating on the Lotus Feet of the Lord, O Nanak, all one's generations are saved. ||11||

1360 : 30

That palace is beautiful, in which the Kirtan of the Lord's Praises are sung.

1360 : 31

Those who dwell on the Lord of the Universe are liberated. O Nanak, only the most fortunate are so blessed. ||12||

1360 : 32

I have found the Lord, my Friend, my very Best Friend.

1360 : 33

He shall never break my heart.

1360 : 34

His dwelling is eternal; His weight cannot be weighed.

1360 : 35

Nanak has made Him the Friend of his soul. ||13||

1360 : 36

One's bad reputation is erased by a true son,

1360 : 37

who meditates in his heart on the Guru's Mantra.

-- Fifth Mehl, Gaat'haa --