



English translation of Holy Guru Granth Sahib (Part 43)

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Credits

English translation of
**Holy Guru Granth Sahib (43 Shaloks In Addition
To The Vaars)**

by
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Shaloks In Addition To The Vaars – Part 001

1410 : 1

One Universal Creator God. Truth Is The Name. Creative Being Personified. No Fear. No Hatred. Image Of The Undying. Beyond Birth. Self–Existent. By Guru's Grace:

1410 : 2

Shaloks In Addition To The Vaars.

1410 : 3

First Mehl:

1410 : 4

O you with swollen breasts, let your consciousness become deep and profound.

1410 : 5

O mother–in–law, how can I bow? Because of my stiff nipples, I cannot bow.

1410 : 6

O sister, those mansions built as high as mountains

1410 : 7

– I have seen them come crumbling down. O bride, do not be so proud of your nipples. ||1||

1410 : 8

O bride with deer–like eyes, listen to the words of deep and infinite wisdom.

1410 : 9

First, examine the merchandise, and then, make the deal.

1410 : 10

Proclaim that you will not associate with evil people; celebrate victory with your friends.

1410 : 11

This proclamation, to meet with your friends, O bride – give it some thought.

1410 : 12

Surrender mind and body to the Lord your Friend; this is the most excellent pleasure.

1410 : 13

Do not fall in love with one who is destined to leave.

1410 : 14

O Nanak, I am a sacrifice to those who understand this. ||2||

1410 : 15

If you wish to swim across the water, then consult those who know how to swim.

1410 : 16

Those who have survived these treacherous waves are very wise. ||3||

1410 : 17

The storm rages and the rain floods the land; thousands of waves rise and surge.

1410 : 18

If you cry out for help from the True Guru, you have nothing to fear – your boat will not sink.
||4||

1410 : 19

O Nanak, what has happened to the world?

1410 : 20

There is no guide or friend.

1410 : 21

There is no love, even among brothers and relatives.

1410 : 22

For the sake of the world, people have lost their faith. ||5||

1410 : 23

They cry and weep and wail.

1410 : 24

They slap their faces and pull their hair out.

1410 : 25

But if they chant the Naam, the Name of the Lord, they shall be absorbed into it.

1410 : 26

O Nanak, I am a sacrifice to them. ||6||

1410 : 27

O my mind, do not waver or walk on the crooked path; take the straight and true path.

1410 : 28

The terrible tiger is behind you, and the pool of fire is ahead.

1410 : 29

My soul is skeptical and doubtful, but I cannot see any other way to go.

1410 : 30

O Nanak, as Gurmukh, dwell with your Beloved Lord, and you shall be saved. ||7||

1410 : 31

The tiger is killed, and the mind is killed, through the Teachings of the True Guru.

1410 : 32

One who understands himself, meets with the Lord, and never dies again.

— Shaloks In Addition To The Vaars – Part 001 —

Shaloks In Addition To The Vaars – Part 002

1411 : 33

One who sees the One and Only Lord with his eyes – his hands shall not get muddy and dirty.

1411 : 34

O Nanak, the Gurmukhs are saved; the Guru has surrounded the ocean with the embankment of Truth. ||8||

1411 : 35

If you wish to put out the fire, then look for water; without the Guru, the ocean of water is not found.

1411 : 36

You shall continue to wander lost in reincarnation through birth and death, even if you do thousands of other deeds.

1411 : 37

But you shall not be taxed by the Messenger of Death, if you walk in harmony with the Will of the True Guru.

1411 : 38

O Nanak, the immaculate, immortal status is obtained, and the Guru will unite you in the Lord's Union. ||9||

1411 : 39

The crow rubs and washes itself in the mud puddle.

1411 : 40

Its mind and body are polluted with its own mistakes and demerits, and its beak is filled with dirt.

1411 : 41

The swan in the pool associated with the crow, not knowing that it was evil.

1411 : 42

Such is the love of the faithless cynic; understand this, O spiritually wise ones, through love and devotion.

1411 : 43

So proclaim the victory of the Society of the Saints, and act as Gurmukh.

1411 : 44

Immaculate and pure is that cleansing bath, O Nanak, at the sacred shrine of the Guru's river. ||10||

1411 : 45

What should I account as the rewards of this human life, if one does not feel love and devotion to the Lord?

1411 : 46

Wearing clothes and eating food is useless, if the mind is filled with the love of duality.

1411 : 47

Seeing and hearing is false, if one speaks lies.

1411 : 48

O Nanak, praise the Naam, the Name of the Lord; everything else is coming and going in egotism. ||11||

1411 : 49

The Saints are few and far between; everything else in the world is just a pompous show. ||12||

1411 : 50

O Nanak, one who is struck by the Lord dies instantaneously; the power to live is lost.

1411 : 51

If someone dies by such a stroke, then he is accepted.

1411 : 52

He alone is struck, who is struck by the Lord; after such a stroke, he is approved.

1411 : 53

The arrow of love, shot by the All-knowing Lord, cannot be pulled out. ||13||

1411 : 54

Who can wash the unbaked clay pot?

1411 : 55

Joining the five elements together, the Lord made a false cover.

1411 : 56

When it pleases Him, He makes it right.

1411 : 57

The supreme light shines forth, and the celestial song vibrates and resounds. ||14||

1411 : 58

Those who are totally blind in their minds, do not have the integrity to keep their word.

1411 : 59

With their blind minds, and their upside-down heart-lotus, they look totally ugly.

1411 : 60

Some know how to speak and understand what they are told. Those people are wise and good-looking.

1411 : 61

Some do not know the Sound-current of the Naad, spiritual wisdom or the joy of song. They do not even understand good and bad.

1411 : 62

Some have no idea of perfection, wisdom or understanding; they know nothing about the mystery of the Word.

1411 : 63

O Nanak, those people are really donkeys; they have no virtue or merit, but still, they are very proud. ||15||

1411 : 64

He alone is a Brahmin, who knows God.

1411 : 65

He chants and meditates, and practices austerity and good deeds.

1411 : 66

He keeps to the Dharma, with faith, humility and contentment.

1411 : 67

Breaking his bonds, he is liberated.

1411 : 68

Such a Brahmin is worthy of being worshipped. ||16||

1411 : 69

He alone is a Kh'shaatriyaa, who is a hero in good deeds.

1411 : 70

He uses his body to give in charity;

1411 : 71

he understands his farm, and plants the seeds of generosity.

1411 : 72

Such a Kh'shaatriyaa is accepted in the Court of the Lord.

1411 : 73

Whoever practices greed, possessiveness and falsehood,

1411 : 74

shall receive the fruits of his own labors. ||17||

1411 : 75

Do not heat your body like a furnace, or burn your bones like firewood.

1411 : 76

What have your head and feet done wrong? See your Husband Lord within yourself. ||18||

— Shaloks In Addition To The Vaars – Part 002 —

Shaloks In Addition To The Vaars – Part 003

1412 : 77

God the Cosmic Husband dwells within all hearts; without Him, there is no heart at all.

1412 : 78

O Nanak, the Gurmukhs are the happy, virtuous soul-brides; the Lord is revealed to them. ||19||

1412 : 79

If you desire to play this game of love with Me,

1412 : 80

then step onto My Path with your head in hand.

1412 : 81

When you place your feet on this Path,

1412 : 82

give Me your head, and do not pay any attention to public opinion. ||20||

1412 : 83

False is friendship with the false and greedy. False is its foundation.

1412 : 84

O Moollah, no one knows where death shall strike. ||21||

1412 : 85

Without spiritual wisdom, the people worship ignorance.

1412 : 86

They grope in the darkness, in the love of duality. ||22||

1412 : 87

Without the Guru, there is no spiritual wisdom; without Dharma, there is no meditation.

1412 : 88

Without Truth, there is no credit; without capital, there is no balance. ||23||

1412 : 89

The mortals are sent into the world; then, they arise and depart.

1412 : 90

There is no joy in this. ||24||

1412 : 91

Raam Chand, sad at heart, assembled his army and forces.

1412 : 92

The army of monkeys was at his service; his mind and body became eager for war.

1412 : 93

Raawan captured his wife Sita, and Lachhman was cursed to die.

1412 : 94

O Nanak, the Creator Lord is the Doer of all; He watches over all, and destroys what He has created. ||25||

1412 : 95

In his mind, Raam Chand mourned for Sita and Lachhman.

1412 : 96

Then, he remembered Hanuman the monkey–god, who came to him.

1412 : 97

The misguided demon did not understand that God is the Doer of deeds.

1412 : 98

O Nanak, the actions of the Self–existent Lord cannot be erased. ||26||

1412 : 99

The city of Lahore suffered terrible destruction for four hours. ||27||

1412 : 100

Third Mehl:

1412 : 101

The city of Lahore is a pool of ambrosial nectar, the home of praise. ||28||

1412 : 102

First Mehl:

1412 : 103

What are the signs of a prosperous person? His stores of food never run out.

1412 : 104

Prosperity dwells in his home, with the sounds of girls and women.

1412 : 105

All the women of his home shout and cry over useless things.

1412 : 106

Whatever he takes, he does not give back. Seeking to earn more and more, he is troubled and uneasy. ||29||

1412 : 107

O lotus, your leaves were green, and your blossoms were gold.

1412 : 108

What pain has burnt you, and made your body black? O Nanak, my body is battered.

1412 : 109

I have not received that water which I love.

1412 : 110

Seeing it, my body blossomed forth, and I was blessed with a deep and beautiful color. ||30||

1412 : 111

No one lives long enough to accomplish all he wishes.

1412 : 112

Only the spiritually wise live forever; they are honored for their intuitive awareness.

1412 : 113

Bit by bit, life passes away, even though the mortal tries to hold it back.

1412 : 114

O Nanak, unto whom should we complain? Death takes one's life away without anyone's consent. ||31||

1412 : 115

Do not blame the Sovereign Lord; when someone grows old, his intellect leaves him.

1412 : 116

The blind man talks and babbles, and then falls into the ditch. ||32||

1412 : 117

All that the Perfect Lord does is perfect; there is not too little, or too much.

1412 : 118

O Nanak, knowing this as Gurmukh, the mortal merges into the Perfect Lord God. ||33||

-- Shaloks In Addition To The Vaars – Part 003 --

Shaloks In Addition To The Vaars – Part 004

1413 : 119

Shalok, Third Mehl:

1413 : 120

One Universal Creator God. By The Grace Of The True Guru:

1413 : 121

Do not call the wandering beggars holy men, if their minds are filled with doubt.

1413 : 122

Whoever gives to them, O Nanak, earns the same sort of merit. ||1||

1413 : 123

One who begs for the supreme status of the Fearless and Immaculate Lord

1413 : 124

– how rare are those who have the opportunity, O Nanak, to give food to such a person.
||2||

1413 : 125

If I were a religious scholar, an astrologer, or one who could recite the four Vedas,

1413 : 126

I could be famous throughout the nine regions of the earth, for my wisdom and thoughtful contemplation. ||3||

1413 : 127

If a Brahmin kills a cow or a female infant, and accepts the offerings of an evil person,

1413 : 128

he is cursed with the leprosy of curses and criticism; he is forever and ever filled with egotistical pride.

1413 : 129

One who forgets the Naam, O Nanak, is covered by countless sins.

1413 : 130

Let all wisdom be burnt away, except for the essence of spiritual wisdom. ||4||

1413 : 131

No one can erase that primal destiny written upon one's forehead.

1413 : 132

O Nanak, whatever is written there, comes to pass. He alone understands, who is blessed by God's Grace. ||5||

1413 : 133

Those who forget the Naam, the Name of the Lord, and become attached to greed and fraud,

1413 : 134

are engrossed in the entanglements of Maya the enticer, with the fire of desire within them.

1413 : 135

Those who, like the pumpkin vine, are too stubborn climb the trellis, are cheated by Maya the cheater.

1413 : 136

The self-willed manmukhs are bound and gagged and led away; the dogs do not join the herd of cows.

1413 : 137

The Lord Himself misleads the misguided ones, and He Himself unites them in His Union.

1413 : 138

O Nanak, the Gurmukhs are saved; they walk in harmony with the Will of the True Guru.
||6||

1413 : 139

I praise the Praiseworthy Lord, and sing the Praises of the True Lord.

1413 : 140

O Nanak, the One Lord alone is True; stay away from all other doors. ||7||

1413 : 141

O Nanak, wherever I go, I find the True Lord.

1413 : 142

Wherever I look, I see the One Lord. He reveals Himself to the Gurmukh. ||8||

1413 : 143

The Word of the Shabad is the Dispeller of sorrow, if one enshrines it in the mind.

1413 : 144

By Guru's Grace, it dwells in the mind; by God's Mercy, it is obtained. ||9||

1413 : 145

O Nanak, acting in egotism, countless thousands have wasted away to death.

1413 : 146

Those who meet with the True Guru are saved, through the Shabad, the True Word of the

Inscrutable Lord. ||10||

1413 : 147

Those who serve the True Guru single-mindedly – I fall at the feet of those humble beings.

1413 : 148

Through the Word of the Guru's Shabad, the Lord abides in the mind, and the hunger for Maya departs.

1413 : 149

Immaculate and pure are those humble beings, who, as Gurmukh, merge in the Naam.

1413 : 150

O Nanak, other empires are false; they alone are true emperors, who are imbued with the Naam. ||11||

1413 : 151

The devoted wife in her husband's home has a great longing to perform loving devotional service to him;

1413 : 152

she prepares and offers to him all sorts of sweet delicacies and dishes of all flavors.

1413 : 153

In the same way, the devotees praise the Word of the Guru's Bani, and focus their consciousness on the Lord's Name.

1413 : 154

They place mind, body and wealth in offering before the Guru, and sell their heads to Him.

1413 : 155

In the Fear of God, His devotees yearn for His devotional worship; God fulfills their desires, and merges them with Himself.

-- Shaloks In Addition To The Vaars – Part 004 --

Shaloks In Addition To The Vaars – Part 005

1414 : 156

My Lord God is Self-existent and Independent. What does He need to eat to be satisfied?

1414 : 157

Whoever walks in harmony with the Will of the True Guru, and sings the Glorious Praises of the Lord, is pleasing to Him.

1414 : 158

Blessed, blessed are they, in this Dark Age of Kali Yuga, O Nanak, who walk in harmony with the Will of the True Guru. ||12||

1414 : 159

Those who do not serve the True Guru, and do not keep the Shabad enshrined in their hearts

1414 : 160

– cursed are their lives. Why did they even come into the world?

1414 : 161

If one follows the Guru's Teachings, and keeps the Fear of God in his mind, then he is lovingly attuned to the sublime essence of the Lord.

1414 : 162

By his primal destiny, he obtains the Name; O Nanak, he is carried across. ||13||

1414 : 163

The world wanders lost in emotional attachment to Maya; it does not realize that its own home is being plundered.

1414 : 164

The self-willed manmukh is blind in the world; his mind is lured away by sexual desire and anger.

1414 : 165

With the sword of spiritual wisdom, kill the five demons. Remain awake and aware to the Guru's Teachings.

1414 : 166

The Jewel of the Naam is revealed, and the mind and body are purified.

1414 : 167

Those who lack the Naam wander around lost, with their noses cut off; without the Name, they sit and cry.

1414 : 168

O Nanak, no one can erase that which is pre-ordained by the Creator Lord. ||14||

1414 : 169

The Gurmukhs earn the wealth of the Lord, contemplating the Word of the Guru's Shabad.

1414 : 170

They receive the wealth of the Naam; their treasures are overflowing.

1414 : 171

Through the Word of the Guru's Bani, they utter the Glorious Praises of the Lord, whose end and limitations cannot be found.

1414 : 172

O Nanak, the Creator is the Doer of all; the Creator Lord beholds all. ||15||

1414 : 173

Within the Gurmukh is intuitive peace and poise; his mind ascends to the Tenth Plane of the Akaashic Ethers.

1414 : 174

No one is sleepy or hungry there; they dwell in the peace of the Ambrosial Name of the Lord.

1414 : 175

O Nanak, pain and pleasure do not afflict anyone, where the Light of the Lord, the Supreme Soul, illuminates. ||16||

1414 : 176

All have come, wearing the robes of sexual desire and anger.

1414 : 177

Some are born, and some pass away. They come and go according to the Hukam of the Lord's Command.

1414 : 178

Their comings and goings in reincarnation do not end; they are imbued with the love of duality.

1414 : 179

Bound in bondage, they are made to wander, and they cannot do anything about it. ||17||

1414 : 180

Those, upon whom the Lord showers His Mercy, come and meet the True Guru.

1414 : 181

Meeting with the True Guru, they turn away from the world; they remain dead while still alive, with intuitive peace and poise.

1414 : 182

O Nanak, the devotees are imbued with the Lord; they are absorbed in the Name of the Lord. ||18||

1414 : 183

The intellect of the self-willed manmukh is fickle; he is very tricky and clever within.

1414 : 184

Whatever he has done, and all that he does, is useless. Not even an iota of it is acceptable.

1414 : 185

The charity and generosity he pretends to give will be judged by the Righteous Judge of Dharma.

1414 : 186

Without the True Guru, the Messenger of Death does not leave the mortal alone; he is ruined by the love of duality.

1414 : 187

Youth slips away imperceptibly, old age comes, and then he dies.

1414 : 188

The mortal is caught in love and emotional attachment to children and spouse, but none of them will be his helper and support in the end.

1414 : 189

Whoever serves the True Guru finds peace; the Name comes to abide in the mind.

1414 : 190

O Nanak, great and very fortunate are those who, as Gurmukh, are absorbed in the Naam. ||19||

1414 : 191

The self-willed manmukhs do not even think of the Name; without the Name, they cry in pain.

-- Shaloks In Addition To The Vaars – Part 005 --

Shaloks In Addition To The Vaars – Part 006

1415 : 192

They do not worship the Lord, the Supreme Soul; how can they find peace in duality?

1415 : 193

They are filled with the filth of egotism; they do not wash it away with the Word of the Shabad.

1415 : 194

O Nanak, without the Name, they die in their filth; they waste the priceless opportunity of this human life. ||20||

1415 : 195

The self-willed manmukhs are deaf and blind; they are filled with the fire of desire.

1415 : 196

They have no intuitive understanding of the Guru's Bani; they are not illumined with the Shabad.

1415 : 197

They do not know their own inner being, and they have no faith in the Guru's Word.

1415 : 198

The Word of the Guru's Shabad is within the being of the spiritually wise ones. They always blossom in His love.

1415 : 199

The Lord saves the honor of the spiritually wise ones. I am forever a sacrifice to them.

1415 : 200

Servant Nanak is the slave of those Gurmukhs who serve the Lord. ||21||

1415 : 201

The poisonous snake, the serpent of Maya, has surrounded the world with its coils, O mother!

1415 : 202

The antidote to this poisonous venom is the Name of the Lord; the Guru places the magic spell of the Shabad into the mouth.

1415 : 203

Those who are blessed with such pre-ordained destiny come and meet the True Guru.

1415 : 204

Meeting with the True Guru, they become immaculate, and the poison of egotism is eradicated.

1415 : 205

Radiant and bright are the faces of the Gurmukhs; they are honored in the Court of the Lord.

1415 : 206

Servant Nanak is forever a sacrifice to those who walk in harmony with the Will of the True Guru. ||22||

1415 : 207

The True Guru, the Primal Being, has no hatred or vengeance. His heart is constantly attuned to the Lord.

1415 : 208

Whoever directs hatred against the Guru, who has no hatred at all, only sets his own home on fire.

1415 : 209

Anger and egotism are within him night and day; he burns, and suffers constant pain.

1415 : 210

They babble and tell lies, and keep on barking, eating the poison of the love of duality.

1415 : 211

For the sake of the poison of Maya, they wander from house to house, and lose their honor.

1415 : 212

They are like the son of a prostitute, who does not know the name of his father.

1415 : 213

They do not remember the Name of the Lord, Har, Har; the Creator Himself brings them to ruin.

1415 : 214

The Lord showers His Mercy upon the Gurmukhs, and reunites the separated ones with Himself.

1415 : 215

Servant Nanak is a sacrifice to those who fall at the Feet of the True Guru. ||23||

1415 : 216

Those who are attached to the Naam, the Name of the Lord, are saved; without the Name, they must go to the City of Death.

1415 : 217

O Nanak, without the Name, they find no peace; they come and go in reincarnation with regrets. ||24||

1415 : 218

When anxiety and wanderings come to an end, the mind becomes happy.

1415 : 219

By Guru's Grace, the soul-bride understands, and then she sleeps without worry.

1415 : 220

Those who have such pre-ordained destiny meet with the Guru, the Lord of the Universe.

1415 : 221

O Nanak, they merge intuitively into the Lord, the Embodiment of Supreme Bliss. ||25||

1415 : 222

Those who serve their True Guru, who contemplate the Word of the Guru's Shabad,

1415 : 223

who honor and obey the Will of the True Guru, who keep the Lord's Name enshrined within their hearts,

1415 : 224

are honored, here and hereafter; they are dedicated to the business of the Lord's Name.

1415 : 225

Through the Word of the Shabad, the Gurmukhs gain recognition in that Court of the True Lord.

1415 : 226

The True Name is their merchandise, the True Name is their expenditure; the Love of their Beloved fills their inner beings.

1415 : 227

The Messenger of Death does not even approach them; the Creator Lord Himself forgives them.

-- Shaloks In Addition To The Vaars – Part 006 --

Shaloks In Addition To The Vaars – Part 007

1416 : 228

O Nanak, they alone are wealthy, who are imbued with the Naam; the rest of the world is poor. ||26||

1416 : 229

The Lord's Name is the Support of the Lord's humble servants. Without the Lord's Name, there is no other place, no place of rest.

1416 : 230

Following the Guru's Teachings, the Name abides in the mind, and one is intuitively, automatically absorbed in the Lord.

1416 : 231

Those with great good fortune meditate on the Naam; night and day, they embrace love for the Name.

1416 : 232

Servant Nanak begs for the dust of their feet; I am forever a sacrifice to them. ||27||

1416 : 233

The 8.4 million species of beings burn in desire and cry in pain.

1416 : 234

All this show of emotional attachment to Maya shall not go with you at that very last instant.

1416 : 235

Without the Lord, peace and tranquility do not come; unto whom should we go and complain?

1416 : 236

By great good fortune, one meets the True Guru, and comes to understand the contemplation of God.

1416 : 237

The fire of desire is totally extinguished, O servant Nanak, enshrining the Lord within the heart. ||28||

1416 : 238

I make so many mistakes, there is no end or limit to them.

1416 : 239

O Lord, please be merciful and forgive me; I am a sinner, a great offender.

1416 : 240

O Dear Lord, if You made an account of my mistakes, my turn to be forgiven would not even come. Please forgive me, and unite me with Yourself.

1416 : 241

The Guru, in His Pleasure, has united me with the Lord God; He has cut away all my sinful mistakes.

1416 : 242

Servant Nanak celebrates the victory of those who meditate on the Name of the Lord, Har, Har. ||29||

1416 : 243

Those who have been separated and alienated from the Lord are united with Him again, through the Fear and the Love of the True Guru.

1416 : 244

They escape the cycle of birth and death, and, as Gurmukh, they meditate on the Naam, the Name of the Lord.

1416 : 245

Joining the Saadh Sangat, the Guru's Congregation, the diamonds and jewels are obtained.

1416 : 246

O Nanak, the jewel is priceless; the Gurmukhs seek and find it. ||30||

1416 : 247

The self-willed manmukhs do not even think of the Naam. Cursed are their lives, and cursed are their homes.

1416 : 248

That Lord who gives them so much to eat and wear – they do not enshrine that Lord, the Treasure of Virtue, in their minds.

1416 : 249

This mind is not pierced by the Word of the Shabad; how can it come to dwell in its true home?

1416 : 250

The self-willed manmukhs are like discarded brides, ruined by coming and going in the cycle of reincarnation.

1416 : 251

The Gurmukhs are embellished and exalted by the Naam, the Name of the Lord; the jewel of destiny is engraved upon their foreheads.

1416 : 252

They enshrine the Name of the Lord, Har, Har, within their hearts; the Lord illumines their heart-lotus.

1416 : 253

I am forever a sacrifice to those who serve their True Guru.

1416 : 254

O Nanak, radiant and bright are the faces of those whose inner beings are illuminated with the Light of the Naam. ||31||

1416 : 255

Those who die in the Word of the Shabad are saved. Without the Shabad, no one is liberated.

1416 : 256

They wear religious robes and perform all sorts of rituals, but they are ruined; in the love of duality, their world is ruined.

1416 : 257

O Nanak, without the True Guru, the Name is not obtained, even though one may long for it hundreds of times. ||32||

1416 : 258

The Name of the Lord is utterly great, lofty and high, the highest of the high.

1416 : 259

No one can climb up to it, even though one may long for it, hundreds of times.

1416 : 260

Speaking about self-discipline, no one become pure; everyone walks around wearing religious robes.

1416 : 261

Those blessed by the karma of good deeds go and climb the ladder of the Guru.

1416 : 262

The Lord comes and dwells within that one who contemplates the Word of the Guru's Shabad.

-- Shaloks In Addition To The Vaars – Part 007 --

Shaloks In Addition To The Vaars – Part 008

1417 : 263

O Nanak, when someone dies in the Word of the Shabad, the mind is pleased and appeased. True is the reputation of those who are true. ||33||

1417 : 264

Emotional attachment to Maya is a treacherous ocean of pain and poison, which cannot be crossed.

1417 : 265

Screaming, "Mine, mine!", they rot and die; they pass their lives in egotism.

1417 : 266

The self-willed manmukhs are in limbo, neither on this side, nor the other; they are stuck in the middle.

1417 : 267

They act as they are pre-destined; they cannot do anything else.

1417 : 268

Following the Guru's Teachings, the jewel of spiritual wisdom abides in the mind, and then God is easily seen in all.

1417 : 269

O Nanak, the very fortunate ones embark on the Boat of the True Guru; they are carried across the terrifying world-ocean. ||34||

1417 : 270

Without the True Guru, there is no giver who can bestow the Support of the Lord's Name.

1417 : 271

By Guru's Grace, the Name comes to dwell in the mind; keep it enshrined in your heart.

1417 : 272

The fire of desire is extinguished, and one finds satisfaction, through the Love of the Name of the Lord.

1417 : 273

O Nanak, the Gurmukh finds the Lord, when He showers His Mercy. ||35||

1417 : 274

Without the Shabad, the world is so insane, that it cannot even be described.

1417 : 275

Those who are protected by the Lord are saved; they remain lovingly attuned to the Word of the Shabad.

1417 : 276

O Nanak, the Creator who made this making knows everything. ||36||

1417 : 277

The Pandits, the religious scholars, have grown weary of making fire-offerings and sacrifices, making pilgrimages to all the sacred shrines, and reading the Puraanas.

1417 : 278

But they cannot get rid of the poison of emotional attachment to Maya; they continue to come and go in egotism.

1417 : 279

Meeting with the True Guru, one's filth is washed off, meditating on the Lord, the Primal Being, the All-knowing One.

1417 : 280

Servant Nanak is forever a sacrifice to those who serve their Lord God. ||37||

1417 : 281

Mortals give great thought to Maya and emotional attachment; they harbor great hopes, in greed and corruption.

1417 : 282

The self-willed manmukhs do not become steady and stable; they die and are gone in an instant.

1417 : 283

Only those who are blessed with great good fortune meet the True Guru, and leave behind their egotism and corruption.

1417 : 284

Chanting the Name of the Lord, they find peace; servant Nanak contemplates the Word of the Shabad. ||38||

1417 : 285

Without the True Guru, there is no devotional worship, and no love of the Naam, the Name of the Lord.

1417 : 286

Servant Nanak worships and adores the Naam, with love and affection for the Guru. ||39||

1417 : 287

Do not trust greedy people, if you can avoid doing so.

1417 : 288

At the very last moment, they will deceive you there, where no one will be able to lend a helping hand.

1417 : 289

Whoever associates with the self-willed manmukhs, will have his face blackened and dirtied.

1417 : 290

Black are the faces of those greedy people; they lose their lives, and leave in disgrace.

1417 : 291

O Lord, let me join the Sat Sangat, the True Congregation; may the Name of the Lord God abide in my mind.

1417 : 292

The filth and pollution of birth and death is washed away, O servant Nanak, singing the Glorious Praises of the Lord. ||40||

1417 : 293

Whatever is pre-destined by the Lord God Creator, cannot be erased.

1417 : 294

Body and soul are all His. The Sovereign Lord King cherishes all.

1417 : 295

The gossipers and slanderers shall remain hungry and die, rolling in the dust; their hands cannot reach anywhere.

1417 : 296

Outwardly, they do all the proper deeds, but they are hypocrites; in their minds and hearts, they practice deception and fraud.

1417 : 297

Whatever is planted in the farm of the body, shall come and stand before them in the end.

-- Shaloks In Addition To The Vaars – Part 008 --

Shaloks In Addition To The Vaars – Part 009

1418 : 298

Nanak offers this prayer: O Lord God, please forgive me, and unite me with Yourself. ||41||

1418 : 299

The mortal being does not understand the comings and goings of reincarnation; he does not see the Court of the Lord.

1418 : 300

He is wrapped up in emotional attachment and Maya, and within his being is the darkness of ignorance.

1418 : 301

The sleeping person wakes, only when he is hit on the head by a heavy club.

1418 : 302

The Gurmukhs dwell upon the Lord; they find the door of salvation.

1418 : 303

O Nanak, they themselves are saved, and all their relatives are carried across as well. ||42||

1418 : 304

Whoever dies in the Word of the Shabad, is known to be truly dead.

1418 : 305

By Guru's Grace, the mortal is satisfied by the sublime essence of the Lord.

1418 : 306

Through the Word of the Guru's Shabad, he is recognized in the Court of the Lord.

1418 : 307

Without the Shabad, everyone is dead.

1418 : 308

The self-willed manmukh dies; his life is wasted.

1418 : 309

Those who do not remember the Name of the Lord, shall cry in pain in the end.

1418 : 310

O Nanak, whatever the Creator Lord does, comes to pass. ||43||

1418 : 311

The Gurmukhs never grow old; within them is intuitive understanding and spiritual wisdom.

1418 : 312

They chant the Praises of the Lord, forever and ever; deep within, they intuitively meditate on the Lord.

1418 : 313

They dwell forever in blissful knowledge of the Lord; they look upon pain and pleasure as one and the same.

1418 : 314

They see the One Lord in all, and realize the Lord, the Supreme Soul of all. ||44||

1418 : 315

The self-willed manmukhs are like stupid children; they do not keep the Lord in their thoughts.

1418 : 316

They do all their deeds in egotism, and they must answer to the Righteous Judge of Dharma.

1418 : 317

The Gurmukhs are good and immaculately pure; they are embellished and exalted with the Word of the Guru's Shabad.

1418 : 318

Not even a tiny bit of filth sticks to them; they walk in harmony with the Will of the True Guru.

1418 : 319

The filth of the manmukhs is not washed away, even if they wash hundreds of times.

1418 : 320

O Nanak, the Gurmukhs are united with the Lord; they merge into the Guru's Being. ||45||

1418 : 321

How can someone do bad things, and still live with himself?

1418 : 322

By his own anger, he only burns himself.

1418 : 323

The self-willed manmukh drives himself crazy with worries and stubborn struggles.

1418 : 324

But those who become Gurmukh understand everything.

1418 : 325

O Nanak, the Gurmukh struggles with his own mind. ||46||

1418 : 326

Those who do not serve the True Guru, the Primal Being, and do not reflect upon the Word of the Shabad

1418 : 327

– do not call them human beings; they are just animals and stupid beasts.

1418 : 328

They have no spiritual wisdom or meditation within their beings; they are not in love with the Lord.

1418 : 329

The self-willed manmukhs die in evil and corruption; they die and are reborn, again and again.

1418 : 330

They alone live, who join with the living; enshrine the Lord, the Lord of Life, within your heart.

1418 : 331

O Nanak, the Gurmukhs look beautiful in that Court of the True Lord. ||47||

1418 : 332

The Lord built the Harimandir, the Temple of the Lord; the Lord dwells within it.

1418 : 333

Following the Guru's Teachings, I have found the Lord; my emotional attachment to Maya has been burnt away.

1418 : 334

Countless things are in the Harimandir, the Temple of the Lord; contemplate the Naam, and the nine treasures will be yours.

1418 : 335

Blessed is that happy soul–bride, O Nanak, who, as Gurmukh, seeks and finds the Lord.

1418 : 336

By great good fortune, one searches the temple of the body–fortress, and finds the Lord within the heart. ||48||

1418 : 337

The self–willed manmukhs wander lost in the ten directions, led by intense desire, greed and corruption.

-- Shaloks In Addition To The Vaars – Part 009 --

Shaloks In Addition To The Vaars – Part 010

1419 : 338

Their attachment to Maya does not cease; they die, only to be reborn, over and over again.

1419 : 339

Serving the True Guru, peace is found; intense desire and corruption are discarded.

1419 : 340

The pains of death and birth are taken away; servant Nanak reflects upon the Word of the Shabad. ||49||

1419 : 341

Meditate on the Name of the Lord, Har, Har, O mortal being, and you shall be honored in the Court of the Lord.

1419 : 342

All your sins and terrible mistakes shall be taken away, and you shall be rid of your pride and egotism.

1419 : 343

The heart–lotus of the Gurmukh blossoms forth, realizing God, the Soul of all.

1419 : 344

O Lord God, please shower Your Mercy upon servant Nanak, that he may chant the Name of the Lord. ||50||

1419 : 345

In Dhanaasaree, the soul–bride is known to be wealthy, O Siblings of Destiny, when she works for the True Guru.

1419 : 346

She surrenders her body, mind and soul, O Siblings of Destiny, and lives according to the Hukam of His Command.

1419 : 347

I sit where He wishes me to sit, O Siblings of Destiny; wherever He sends me, I go.

1419 : 348

There is no other wealth as great, O Siblings of Destiny; such is the greatness of the True Name.

1419 : 349

I sing forever the Glorious Praises of the True Lord; I shall remain with the True One forever.

1419 : 350

So wear the clothes of His Glorious Virtues and goodness, O Siblings of Destiny; eat and enjoy the flavor of your own honor.

1419 : 351

How can I praise Him, O Siblings of Destiny? I am a sacrifice to the Blessed Vision of His Darshan.

1419 : 352

Great is the Glorious Greatness of the True Guru, O Siblings of Destiny; if one is blessed with good karma, He is found.

1419 : 353

Some do not know how to submit to the Hukam of His Command, O Siblings of Destiny; they wander around lost in the love of duality.

1419 : 354

They find no place of rest in the Sangat, O Siblings of Destiny; they find no place to sit.

1419 : 355

Nanak: they alone submit to His Command, O Siblings of Destiny, who are pre–destined to live the Name.

1419 : 356

I am a sacrifice to them, O Siblings of Destiny, I am forever a sacrifice to them. ||51||

1419 : 357

Those beards are true, which brush the feet of the True Guru.

1419 : 358

Those who serve their Guru night and day, live in bliss, night and day.

1419 : 359

O Nanak, their faces appear beautiful in the Court of the True Lord. ||52||

1419 : 360

True are the faces and true are the beards, of those who speak the Truth and live the Truth.

1419 : 361

The True Word of the Shabad abides in their minds; they are absorbed in the True Guru.

1419 : 362

True is their capital, and true is their wealth; they are blessed with the ultimate status.

1419 : 363

They hear the Truth, they believe in the Truth; they act and work in the Truth.

1419 : 364

They are given a place in the Court of the True Lord; they are absorbed in the True Lord.

1419 : 365

O Nanak, without the True Guru, the True Lord is not found. The self-willed manmukhs leave, wandering around lost. ||53||

1419 : 366

The rainbird cries, "Pri-o! Pri-o! Beloved! Beloved!" She is in love with the treasure, the water.

1419 : 367

Meeting with the Guru, the cooling, soothing water is obtained, and all pain is taken away.

1419 : 368

My thirst has been quenched, and intuitive peace and poise have welled up; my cries and screams of anguish are past.

1419 : 369

O Nanak, the Gurmukhs are peaceful and tranquil; they enshrine the Naam, the Name of the Lord, within their hearts. ||54||

1419 : 370

O rainbird, chirp the True Name, and let yourself be attuned to the True Lord.

1419 : 371

Your word shall be accepted and approved, if you speak as Gurmukh.

1419 : 372

Remember the Shabad, and your thirst shall be relieved; surrender to the Will of the Lord.

Shaloks In Addition To The Vaars – Part 011

1420 : 373

The clouds are heavy, hanging low, and the rain is pouring down on all sides; the rain-drop is received, with natural ease.

1420 : 374

From water, everything is produced; without water, thirst is not quenched.

1420 : 375

O Nanak, whoever drinks in the Water of the Lord, shall never feel hunger again. ||55||

1420 : 376

O rainbird, speak the Shabad, the True Word of God, with natural peace and poise.

1420 : 377

Everything is with you; the True Guru will show you this.

1420 : 378

So understand your own self, and meet your Beloved; His Grace shall rain down in torrents.

1420 : 379

Drop by drop, the Ambrosial Nectar rains down softly and gently; thirst and hunger are completely gone.

1420 : 380

Your cries and screams of anguish have ceased; your light shall merge into the Light.

1420 : 381

O Nanak, the happy soul-brides sleep in peace; they are absorbed in the True Name. ||56||

1420 : 382

The Primal Lord and Master has sent out the True Hukam of His Command.

1420 : 383

Indra mercifully sends forth the rain, which falls in torrents.

1420 : 384

The body and mind of the rainbird are happy. only when the rain-drop falls into its mouth.

1420 : 385

The corn grows high, wealth increases, and the earth is embellished with beauty.

1420 : 386

Night and day, people worship the Lord with devotion, and are absorbed in the Word of the Guru's Shabad.

1420 : 387

The True Lord Himself forgives them, and showering them with His Mercy, He leads them to walk in His Will.

1420 : 388

O brides, sing the Glorious Praises of the Lord, and be absorbed in the True Word of His Shabad.

1420 : 389

Let the Fear of God be your decoration, and remain lovingly attuned to the True Lord.

1420 : 390

O Nanak, the Naam abides in the mind, and the mortal is saved in the Court of the Lord.
||57||

1420 : 391

The rainbird wanders all over the earth, soaring high through the skies.

1420 : 392

But it obtains the drop of water, only when it meets the True Guru, and then, its hunger and thirst are relieved.

1420 : 393

Soul and body and all belong to Him; everything is His.

1420 : 394

He knows everything, without being told; unto whom should we offer our prayers?

1420 : 395

O Nanak, the One Lord is prevading and permeating each and every heart; the Word of the Shabad brings illumination. ||58||

1420 : 396

O Nanak, the season of spring comes to one who serves the True Guru.

1420 : 397

The Lord rains His Mercy down upon him, and his mind and body totally blossom forth; the entire world becomes green and rejuvenated. ||59||

1420 : 398

The Word of the Shabad brings eternal spring; it rejuvenates the mind and body.

1420 : 399

O Nanak, do not forget the Naam, the Name of the Lord, which has created everyone. ||60||

1420 : 400

O Nanak, it is the spring season, for those Gurmukhs, within whose minds the Lord abides.

1420 : 401

When the Lord showers His Mercy, the mind and body blossom forth, and all the world turns green and lush. ||61||

1420 : 402

In the early hours of the morning, whose name should we chant?

1420 : 403

Chant the Name of the Transcendent Lord, who is All-powerful to create and destroy. ||62||

1420 : 404

The Persian wheel also cries out, "Too! Too! You! You!", with sweet and sublime sounds.

1420 : 405

Our Lord and Master is always present; why do you cry out to Him in such a loud voice?

1420 : 406

I am a sacrifice to that Lord who created the world, and who loves it.

1420 : 407

Give up your selfishness, and then you shall meet your Husband Lord. Consider this Truth.

1420 : 408

Speaking in shallow egotism, no one understands the Ways of God.

1420 : 409

The forests and fields, and all the three worlds meditate on You, O Lord; this is the way they pass their days and nights forever.

1420 : 410

Without the True Guru, no one finds the Lord. People have grown weary of thinking about it.

-- Shaloks In Addition To The Vaars – Part 011 --

Shaloks In Addition To The Vaars – Part 012

1421 : 411

But if the Lord casts His Glance of Grace, then He Himself embellishes us.

1421 : 412

O Nanak, the Gurmukhs meditate on the Lord; blessed and approved is their coming into the world. ||63||

1421 : 413

Yoga is not obtained by wearing saffron robes; Yoga is not obtained by wearing dirty robes.

1421 : 414

O Nanak, Yoga is obtained even while sitting in your own home, by following the Teachings of the True Guru. ||64||

1421 : 415

You may wander in all four directions, and read the Vedas throughout the four ages.

1421 : 416

O Nanak, if you meet with the True Guru, the Lord shall come to dwell within your mind, and you shall find the door of salvation. ||65||

1421 : 417

O Nanak, the Hukam, the Command of your Lord and Master, is prevailing. The intellectually confused person wanders around lost, misled by his fickle consciousness.

1421 : 418

If you make friends with the self-willed manmukhs, O friend, who can you ask for peace?

1421 : 419

Make friends with the Gurmukhs, and focus your consciousness on the True Guru.

1421 : 420

The root of birth and death will be cut away, and then, you shall find peace, O friend. ||66||

1421 : 421

The Lord Himself instructs those who are misguided, when He casts His Glance of Grace.

1421 : 422

O Nanak, those who are not blessed by His Glance of Grace, cry and weep and wail. ||67||

1421 : 423

Shalok, Fourth Mehl:

1421 : 424

One Universal Creator God. By The Grace Of The True Guru:

1421 : 425

Blessed and very fortunate are those happy soul-brides who, as Gurmukh, meet their Sovereign Lord King.

1421 : 426

The Light of God shines within them; O Nanak, they are absorbed in the Naam, the Name of the Lord. ||1||

1421 : 427

Waaho! Waaho! Blessed and Great is the True Guru, the Primal Being, who has realized the True Lord.

1421 : 428

Meeting Him, thirst is quenched, and the body and mind are cooled and soothed.

1421 : 429

Waaho! Waaho! Blessed and Great is the True Guru, the True Primal Being, who looks upon all alike.

1421 : 430

Waaho! Waaho! Blessed and Great is the True Guru, who has no hatred; slander and praise are all the same to Him.

1421 : 431

Waaho! Waaho! Blessed and Great is the All-knowing True Guru, who has realized God within.

1421 : 432

Waaho! Waaho! Blessed and Great is the Formless True Guru, who has no end or limitation.

1421 : 433

Waaho! Waaho! Blessed and Great is the True Guru, who implants the Truth within.

1421 : 434

O Nanak, Blessed and Great is the True Guru, through whom the Naam, the Name of the Lord, is received. ||2||

1421 : 435

For the Gurmukh, the true Song of Praise is to chant the Name of the Lord God.

1421 : 436

Chanting the Praises of the Lord, their minds are in ecstasy.

1421 : 437

By great good fortune, they find the Lord, the Embodiment of perfect, supreme bliss.

1421 : 438

Servant Nanak praises the Naam, the Name of the Lord; no obstacle will block his mind or body. ||3||

1421 : 439

I am in love with my Beloved; how can I meet my Dear Friend?

1421 : 440

I seek that friend, who is embellished with Truth.

1421 : 441

The True Guru is my Friend; if I meet Him, I will offer this mind as a sacrifice to Him.

1421 : 442

He has shown me my Beloved Lord, my Friend, the Creator.

1421 : 443

O Nanak, I was searching for my Beloved; the True Guru has shown me that He has been with me all the time. ||4||

1421 : 444

I stand by the side of the road, waiting for You; O my Friend, I hope that You will come.

1421 : 445

If only someone would come today and unite me in Union with my Beloved.

-- Shaloks In Addition To The Vaars – Part 012 --

Shaloks In Addition To The Vaars – Part 013

1422 : 446

I would cut my living body into four pieces for anyone who shows me my Beloved.

1422 : 447

O Nanak, when the Lord becomes merciful, then He leads us to meet the Perfect Guru. ||5||

1422 : 448

The power of egotism prevails within, and the body is controlled by Maya; the false ones come and go in reincarnation.

1422 : 449

If someone does not obey the Command of the True Guru, he cannot cross over the treacherous world–ocean.

1422 : 450

Whoever is blessed with the Lord's Glance of Grace, walks in harmony with the Will of the True Guru.

1422 : 451

The Blessed Vision of the True Guru's Darshan is fruitful; through it, one obtains the fruits of his desires.

1422 : 452

I touch the feet of those who believe in and obey the True Guru.

1422 : 453

Nanak is the slave of those who, night and day, remain lovingly attuned to the Lord. ||6||

1422 : 454

Those who are in love with their Beloved – how can they find satisfaction without His Darshan?

1422 : 455

O Nanak, the Gurmukhs meet Him with ease, and this mind blossoms forth in joy. ||7||

1422 : 456

Those who are in love with their Beloved – how can they live without Him?

1422 : 457

When they see their Husband Lord, O Nanak, they are rejuvenated. ||8||

1422 : 458

Those Gurmukhs who are filled with love for You, my True Beloved,

1422 : 459

O Nanak, remain immersed in the Lord's Love, night and day. ||9||

1422 : 460

The love of the Gurmukh is true; through it, the True Beloved is attained.

1422 : 461

Night and day, remain in bliss, O Nanak, immersed in intuitive peace and poise. ||10||

1422 : 462

True love and affection are obtained from the Perfect Guru.

1422 : 463

They never break, O Nanak, if one sings the Glorious Praises of the Lord. ||11||

1422 : 464

How can those who have true love within them live without their Husband Lord?

1422 : 465

The Lord unites the Gurmukhs with Himself, O Nanak; they were separated from Him for such a long time. ||12||

1422 : 466

You grant Your Grace to those whom You Yourself bless with love and affection.

1422 : 467

O Lord, please let Nanak meet with You; please bless this beggar with Your Name. ||13||

1422 : 468

The Gurmukh laughs, and the Gurmukh cries.

1422 : 469

Whatever the Gurmukh does, is devotional worship.

1422 : 470

Whoever becomes Gurmukh contemplates the Lord.

1422 : 471

The Gurmukh, O Nanak, crosses over to the other shore. ||14||

1422 : 472

Those who have the Naam within, contemplate the Word of the Guru's Bani.

1422 : 473

Their faces are always radiant in the Court of the True Lord.

1422 : 474

Sitting down and standing up, they never forget the Creator, who forgives them.

1422 : 475

O Nanak, the Gurmukhs are united with the Lord. Those united by the Creator Lord, shall never be separated again. ||15||

1422 : 476

To work for the Guru, or a spiritual teacher, is terribly difficult, but it brings the most excellent peace.

1422 : 477

The Lord casts His Glance of Grace, and inspires love and affection.

1422 : 478

Joined to the service of the True Guru, the mortal being crosses over the terrifying world–ocean.

1422 : 479

The fruits of the mind's desires are obtained, with clear contemplation and discriminating understanding within.

1422 : 480

O Nanak, meeting the True Guru, God is found; He is the Eradicator of all sorrow. ||16||

1422 : 481

The self–willed manmukh may perform service, but his consciousness is attached to the love of duality.

1422 : 482

Through Maya, his emotional attachment to children, spouse and relatives increases.

1422 : 483

He shall be called to account in the Court of the Lord, and in the end, no one will be able to save him.

-- Shaloks In Addition To The Vaars – Part 013 --

Shaloks In Addition To The Vaars – Part 014

1423 : 484

Without the Lord's Name, all is pain. Attachment to Maya is agonizingly painful.

1423 : 485

O Nanak, the Gurmukh comes to see, that attachment to Maya separates all from the Lord.
||17||

1423 : 486

The Gurmukh obeys the Order of her Husband Lord God; through the Hukam of His Command, she finds peace.

1423 : 487

In His Will, she serves; in His Will, she worship and adores Him.

1423 : 488

In His Will, she merges in absorption. His Will is her fast, vow, purity and self-discipline; through it, she obtains the fruits of her mind's desires.

1423 : 489

She is always and forever the happy, pure soul-bride, who realizes His Will; she serves the True Guru, inspired by loving absorption.

1423 : 490

O Nanak, those upon whom the Lord showers His Mercy, are merged and immersed in His Will. ||18||

1423 : 491

The wretched, self-willed manmukhs do not realize His Will; they continually act in ego.

1423 : 492

By ritualistic fasts, vows, purities, self–disciplines and worship ceremonies, they still cannot get rid of their hypocrisy and doubt.

1423 : 493

Inwardly, they are impure, pierced through by attachment to Maya; they are like elephants, who throw dirt all over themselves right after their bath.

1423 : 494

They do not even think of the One who created them. Without thinking of Him, they cannot find peace.

1423 : 495

O Nanak, the Primal Creator has made the drama of the Universe; all act as they are pre–ordained. ||19||

1423 : 496

The Gurmukh has faith; his mind is contented and satisfied. Night and day, he serves the Lord, absorbed in Him.

1423 : 497

The Guru, the True Guru, is within; all worship and adore Him. Everyone comes to see the Blessed Vision of His Darshan.

1423 : 498

So believe in the True Guru, the supreme sublime Contemplator. Meeting with Him, hunger and thirst are completely relieved.

1423 : 499

I am forever a sacrifice to my Guru, who leads me to meet the True Lord God.

1423 : 500

O Nanak, those who come and fall at the Feet of the Guru are blessed with the karma of Truth. ||20||

1423 : 501

That Beloved, with whom I am in love, that Friend of mine is with me.

1423 : 502

I wander around inside and outside, but I always keep Him enshrined within my heart. ||21||

1423 : 503

Those who meditate on the Lord single-mindedly, with one-pointed concentration, link their consciousness to the True Guru.

1423 : 504

They are rid of pain, hunger, and the great illness of egotism; lovingly attuned to the Lord, they become free of pain.

1423 : 505

They sing His Praises, and chant His Praises; in His Glorious Praises, they sleep in absorption.

1423 : 506

O Nanak, through the Perfect Guru, they come to meet God with intuitive peace and poise. ||22||

1423 : 507

The self-willed manmukhs are emotionally attached to Maya; they are not in love with the Naam.

1423 : 508

They practice falsehood, gather falsehood, and eat the food of falsehood.

1423 : 509

Gathering the poisonous wealth and property of Maya, they die; in the end, they are all reduced to ashes.

1423 : 510

They perform religious rituals of purity and self-discipline, but they are filled with greed, evil and corruption.

1423 : 511

O Nanak, the actions of the self-willed manmukhs are not accepted; in the Court of the Lord, they are miserable. ||23||

1423 : 512

Among all Ragas, that one is sublime, O Siblings of Destiny, by which the Lord comes to abide in the mind.

1423 : 513

Those Ragas which are in the Sound-current of the Naad are totally true; their value cannot be expressed.

1423 : 514

Those Ragas which are not in the Sound-current of the Naad – by these, the Lord's Will cannot be understood.

1423 : 515

O Nanak, they alone are right, who understand the Will of the True Guru.

1423 : 516

Everything happens as He wills. ||24||

— Shaloks In Addition To The Vaars – Part 014 —

Shaloks In Addition To The Vaars – Part 015

1424 : 517

The Ambrosial Nectar of the Naam, the Name of the Lord, is within the True Guru.

1424 : 518

Following the Guru's Teachings, one meditates on the Immaculate Naam, the Pure and Holy Naam.

1424 : 519

The Ambrosial Word of His Bani is the true essence. It comes to abide in the mind of the Gurmukh.

1424 : 520

The heart–lotus blossoms forth, and one's light merges in the Light.

1424 : 521

O Nanak, they alone meet with the True Guru, who have such pre–ordained destiny inscribed upon their foreheads. ||25||

1424 : 522

Within the self–willed manmukhs is the fire of desire; their hunger does not depart.

1424 : 523

Emotional attachments to relatives are totally false; they remain engrossed in falsehood.

1424 : 524

Night and day, they are troubled by anxiety; bound to anxiety, they depart.

1424 : 525

Their comings and goings in reincarnation never end; they do their deeds in egotism.

1424 : 526

But in the Guru's Sanctuary, they are saved, O Nanak, and set free. ||26||

1424 : 527

The True Guru meditates on the Lord, the Primal Being. The Sat Sangat, the True Congregation, loves the True Guru.

1424 : 528

Those who join the Sat Sangat, and serve the True Guru – the Guru unites them in the Lord's Union.

1424 : 529

This world, this universe, is a terrifying ocean. On the Boat of the Naam, the Name of the Lord, the Guru carries us across.

1424 : 530

The Sikhs of the Guru accept and obey the Lord's Will; the Perfect Guru carries them across.

1424 : 531

O Lord, please bless me with the dust of the feet of the Guru's Sikhs. I am a sinner – please save me.

1424 : 532

Those who have such pre-ordained destiny written upon their foreheads by the Lord God, come to meet Guru Nanak.

1424 : 533

The Messenger of Death is beaten and driven away; we are saved in the Court of the Lord.

1424 : 534

Blessed and celebrated are the Sikhs of the Guru; in His Pleasure, the Lord unites them in His Union. ||27||

1424 : 535

The Perfect Guru has implanted the Lord's Name within me; it has dispelled my doubts from within.

1424 : 536

Singing the Kirtan of the Praises of the Lord's Name, the Lord's path is illuminated and shown to His Sikhs.

1424 : 537

Conquering my egotism, I remain lovingly attuned to the One Lord; the Naam, the Name of the Lord, dwells within me.

1424 : 538

I follow the Guru's Teachings, and so the Messenger of Death cannot even see me; I am immersed in the True Name.

1424 : 539

The Creator Himself is All-pervading; as He pleases, He links us to His Name.

1424 : 540

Servant Nanak lives, chanting the Name. Without the Name, he dies in an instant. ||28||

1424 : 541

Within the minds of the faithless cynics is the disease of egotism; these evil people wander around lost, deluded by doubt.

1424 : 542

O Nanak, this disease is eradicated only by meeting with the True Guru, the Holy Friend.
||29||

1424 : 543

Following the Guru's Teachings, chant the Name of the Lord, Har, Har.

1424 : 544

Attracted by the Lord's Love, day and night, the body–robe is imbued with the Lord's Love.

1424 : 545

I have not found any being like the Lord, although I have searched and looked all over the world.

1424 : 546

The Guru, the True Guru, has implanted the Naam within; now, my mind does not waver or wander anywhere else.

1424 : 547

Servant Nanak is the slave of the Lord, the slave of the slaves of the Guru, the True Guru.
||30||

— Shaloks In Addition To The Vaars – Part 015 —

Shaloks In Addition To The Vaars – Part 016

1425 : 548

Shalok, Fifth Mehl:

1425 : 549

One Universal Creator God. By The Grace Of The True Guru:

1425 : 550

They alone are imbued with the Lord, who do not turn their faces away from Him – they realize Him.

1425 : 551

The false, immature lovers do not know the way of love, and so they fall. ||1||

1425 : 552

Without my Master, I will burn my silk and satin clothes in the fire.

1425 : 553

Even rolling in the dust, I look beautiful, O Nanak, if my Husband Lord is with me. ||2||

1425 : 554

Through the Word of the Guru's Shabad, I worship and adore the Naam, with love and balanced detachment.

1425 : 555

When the five enemies are overcome, O Nanak, this musical measure of Raga MAAROO becomes fruitful. ||3||

1425 : 556

When I have the One Lord, I have tens of thousands. Otherwise, people like me beg from door to door.

1425 : 557

O Brahmin, your life has passed away uselessly; you have forgotten the One who created you. ||4||

1425 : 558

In Raga Sorat'h, drink in this sublime essence, which never loses its taste.

1425 : 559

O Nanak, singing the Glorious Praises of the Lord's Name, one's reputation is immaculate in the Court of the Lord. ||5||

1425 : 560

No one can kill those whom God Himself protects.

1425 : 561

The treasure of the Naam, the Name of the Lord, is within them. They cherish His Glorious Virtues forever.

1425 : 562

They take the Support of the One, the Inaccessible Lord; they enshrine God in their mind and body.

1425 : 563

They are imbued with the Love of the Infinite Lord, and no one can wipe it away.

1425 : 564

The Gurmukhs sing the Glorious Praises of the Lord; they obtain the most excellent celestial peace and poise.

1425 : 565

O Nanak, they enshrine the treasure of the Naam in their hearts. ||6||

1425 : 566

Whatever God does, accept that as good; leave behind all other judgements.

1425 : 567

He shall cast His Glance of Grace, and attach you to Himself.

1425 : 568

Instruct yourself with the Teachings, and doubt will depart from within.

1425 : 569

Everyone does that which is pre-ordained by destiny.

1425 : 570

Everything is under His control; there is no other place at all.

1425 : 571

Nanak is in peace and bliss, accepting the Will of God. ||7||

1425 : 572

Those who meditate in remembrance on the Perfect Guru, are exalted and uplifted.

1425 : 573

O Nanak, dwelling on the Naam, the Name of the Lord, all affairs are resolved. ||8||

1425 : 574

The sinners act, and generate bad karma, and then they weep and wail.

1425 : 575

O Nanak, just as the churning stick churns the butter, so does the Righteous Judge of Dharma churn them. ||9||

1425 : 576

Meditating on the Naam, O friend, the treasure of life is won.

1425 : 577

O Nanak, speaking in Righteousness, one's world becomes sanctified. ||10||

1425 : 578

I am stuck in an evil place, trusting the sweet words of an evil advisor.

1425 : 579

O Nanak, they alone are saved, who have such good destiny inscribed upon their foreheads. ||11||

1425 : 580

They alone sleep and dream in peace, who are imbued with the Love of their Husband Lord.

1425 : 581

Those who have been separated from the Love of their Master, scream and cry twenty-four hours a day. ||12||

1425 : 582

Millions are asleep, in the false illusion of Maya.

1425 : 583

O Nanak, they alone are awake and aware, who chant the Naam with their tongues. ||13||

1425 : 584

Seeing the mirage, the optical illusion, the people are confused and deluded.

1425 : 585

Those who worship and adore the True Lord, O Nanak, their minds and bodies are beautiful. ||14||

1425 : 586

The All-powerful Supreme Lord God, the Infinite Primal Being, is the Saving Grace of sinners.

-- Shaloks In Addition To The Vaars --