

THE MODERN HUMANS
COMPREHENSION COURSE 1
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(Multiple-expression adaptation by Al Fry)

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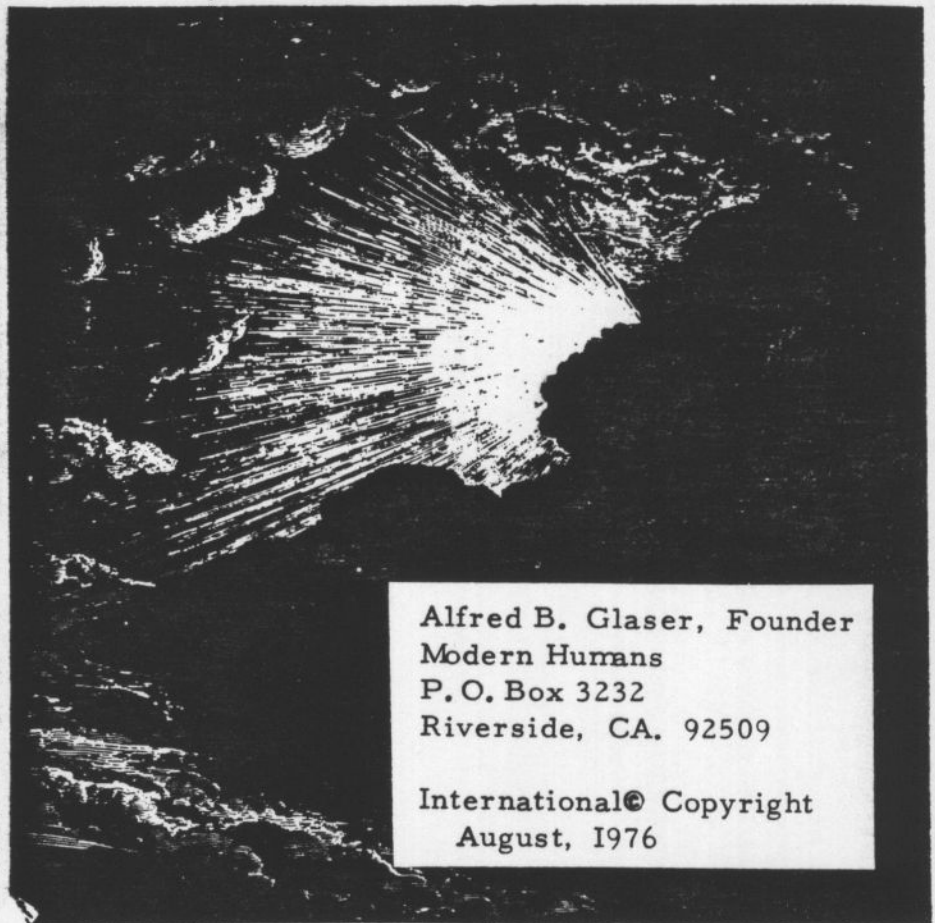
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IMPORTANT NOTE:

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(Nursing notes by Janet R. Wheeler)

(Total Self-Defense/T.S.D. notes by Paul Bunker)

The publication of Modern Humans establishes a base of written work that can be used as a common denominator for all peoples interested in religious, spiritual and mental endeavors. The degree of acceptance or rejection on each Comprehension Level places each person in their own niche, whether for or against, and allows them to find their like kind without too much effort.

When first introduced, the persons mind will resist to some degree, but if the person will bear with the first Session, the mind will find what it is being refreshed upon will be a big help to it, in whatever field it finds itself. The total work is dedicated to the finding of pleasure, and eventually joy, for all that desire that goal.

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In nursing version only
(This is a multi use version)



INTRODUCTION
Modern Humans- Nursing, Comprehension # 1.
-By Janet R. Wheeler, BSN.

A lot has been said about the humanistic and wholistic approach to nursing. A humanistic and wholistic approach to nursing cannot be utilized until all parts of Man are recognized and the parts of the total brought into perfect balance. In providing nursing care this perfect balance must be obtained by the nurse as well as the patient/client in order to be effective. The balance should be accomplished by the total medical team- however, since this course is for nurses only the nurses role will be discussed.

The human physically is nothing more than the emotional field in structural form. When conflict arises, is not recognized, and is not adequately dealt with, a disease process occurs, both physically and emotionally. The nurse's role is concerned with the promotion of health, the prevention of disease, the diagnosis and the treatment of disease and rehabilitation.

The Modern Human courses have been divided into a series of six (6) comprehension courses detailing the physical, mental and spiritual make-up of the human. Designed to provide a wholistic base of written work which can be used as a common denominator for all peoples while providing a base of communication which can be utilized in all fields of endeavor.

Most individuals will say at one time or another;

"Yes, Man is part animal, but..... -Yes, the animal functions of Man should be considered and met without condemnation,-Yes, a patient/client should be treated as an individual without condemnation....., -Yes, the physical, mental and spiritual aspects of the individual should be met...." Yet, for thousands of years Man has gone about his merry way and while making improvement still has not stopped condemnation, war, hunger or disease.

Comprehension # 1, basically, covers the functions and goals of man the animal. While many courses have been given about the needs and care of the human animal, the human animal in all its glory and perfection is still being denied. This denial is one of the prime causes of the disease process. Therefore, Man the Animal is being presented, -not as you have learned in school-, but in a different way. The presentation may seem simple. You probably will have many doubts and some feelings of anger. Many for a period of time will disagree. However, in time- and I might add a fairly short time- you will come to know your own animal and the animal of the humans around you. Then some of your actions and the actions of the patients/clients you care for will become clear- not as repulsive- but understandable and finally reach a state of beauty. At this point begins the balancing process of the individual, while a portion of conflict will be brought consciously into focus.

1 The result is hurt.

2 Hurt can be physical, such as bloody
3 noses or broken bones and sometimes
4 death. Much worse is the emotional hurt you
5 feel that cannot be seen nor felt by the
6 other, but which you will, in one way or
7 another, desparately try to force upon them
8 or someone else totally innocent.

9
10 The result is miserable unhappiness.
11 Unless you are the one in a thousand that
12 has accidently stumbled on the secret of true
13 happiness.

14 This secret is what joy is all about.

Note 2:

Joy is the total
instant unlimited
expansion of all
pleasures, free of
all hindrances as
to fear and guilt.

Janet Wheeler



Illustration added by A. Fry.

Animal Man: Brain, Soul

Brain in the physical, soul in the nether world. This is an egg knowledge of all living things except the human. Some so-called humans have never freed themselves of the egg knowledge: some have voluntarily returned to it. DNA, Blueprint hereditary pattern very evident. Emotions basic and seemingly harsh to a Human.

Hurt: Human

Life is lived in many ways. There is within each of us basic desires. Desires being things you want for yourself, want for others, and want to share or force on others that come to have special meaning for you, but not necessarily do your desires have the same meaning for them.

This brings forth conflict.

Conflict can be a major war, when millions of peoples desire opposing things, or it can be a verbal battle with your loved one on a street corner.

Note 1:
The action patterns of specie are carried in the original life patterns contained in an egg: chicken, fish, dog or man.

(note by Janet R. Wheeler)

This course will do nothing FOR you, unless you APPLY it. See p. 1 of T.S.D.

Everything we do is an act of FEELING, from sitting in a chair, to seeing, etc. See p. 3 of T.S.D.

We are born with our "likes", & nobody can MAKE you like something. Match "likes" & you avoid conflict. See pp. 8-10 of T.S.D.

(3 notes by Paul Bunker)

Pictures and notes in this column are not by A. B. Glaser. This Multiple expression edition has notes by:

Janet R. Wheeler
Paul Bunker
A. H. Fry

HOW IT HAPPENS

Brain

Brain is creation of perfection in all dimensional fields. It is, in its entirety, the complete being of what is within the boundaries of which it finds itself, answering perfectly to all the environments surrounding it, and continuing the projection of itself without cessation, therefore being life of that dimension.

Brain Functioning: Human

Brain function is the total of what you are in the physical field in which you find yourself while reading this. All things must come through it to reach its senses, which in turn act or react its physical being called a body. Without it the body is nothing of use, nor does the body do anything but disappear through rot decomposition back to organic substances of which it is made. Death is the last of brain function, as birth is first of brain function.

The anti-side of the brain is named soul in this language, named other things in other languages, thereby creating confusion. The

Note:
Anti-Matter has now
been proven to exist
by science. J. Wheeler

1 other side of physical brain is the unseen
 2 side of your physical dimension, or spiritual
 3 side in conceptional languages. In the same
 4 languages, a spiritual side can be either
 5 good or bad according to which of the
 6 environments the physical brain finds itself
 7 upon birth. The spirit thereby finds itself
 8 locked into many a strange situation through
 9 the brain development and placement in the
 10 new physical side of the dimension. By the
 11 time it withdraws forming the subconscious,
 12 deep into the brain, it has set the brain
 13 pattern into a form of action and reaction
 14 according to its new surroundings. The
 15 brain will, when facing a sudden new
 16 situation, surrender its control to the
 17 subconscious. The subconscious, having a
 18 vast amount of prior body experiences to
 19 draw upon, can usually utilize brain control
 20 and the body will react with superbrain
 21 results for that time space. People call these
 22 sudden actions miracles.



25

26 During a miracle, the energy consumption

27

28

NOTE: Lines 1 thru 12

This is why pre-thought religious, moral and ethical feelings can bring forth hostility in the patient, should the nurse be thinking on subjects of outside interests and not on the condition of the patient.

J. Wheeler



Illustration
 added by A. Fry.

NOTE: Lines 17-19

This explains why patients become uncooperative without being able to explain their reason. When in a hospital the patient is in a new situation and environment. "The animal is out of its tribe surroundings."

J. Wheeler

1 of the physical brain is squared, and its
 2 molecular conduits glow white hot before
 3 the body under direction can rush enough
 4 blood coolant to the section to radiate the
 5 overheating. Thus the body responds with
 6 deep fatigue and disorientation right
 7 afterwards, sometimes terminating in physi-
 8 cal death to the brain, should the miracle
 9 extend itself over the few second time limit.

10
 11
 12 Your brain performing this miracle, when
 13 asked afterwards, does not remember how it
 14 did it. It does not remember because it does
 15 not know: there is no memory in its memory
 16 bank for it to recall, because the brain as the
 17 total in the physical did not perform the act.
 18 The brain only has memories of what it did
 19 in its present state of physical being. What
 20 lies ahead and what is before its birth is
 21 totally blank to it. This is not so with animal
 22 egg- or complete perfection-knowledge. It is
 23 the all of what it is, be it fish, or fowl, or fox,
 24 or ape, or any of the so-called lower animal

Therefore we define the fantas-
 tic abilities shown by some hu-
 mans in times of stress as purely
 human, not superhuman charac-
 teristics.

In recent months we have col-
 lected two cases in which per-
 sons showed enormous physical
 strength during emergencies.
 Last November 9, for instance,
 11-year-old Dorothy Hawkins of
 Xenia, O. was operating a farm
 tractor when it overturned on
 her, pinning her between seat
 and steering wheel. Her 14-year-
 old brother William rushed to
 her rescue. Alone and unaided
 he lifted the whole rear of the
 vehicle while other brothers and

My left hand had been injured in the
 accident so I grabbed the right rear
 hubcap with my right hand and raised
 the car about 12 inches, high enough
 for Joe to drag our injured friend
 clear..

"Officer," the doctor said, "I've
 read of many cases like this one. In

How do I explain that surge of
 superhuman power? Aside from the
 physical explanation the doctor gave I
 believe there may be a psychological
 or mystical force at work, but I cannot
 fathom it.

FATE

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 Marion, OH 43302

added by A. Fry.

1 forms. With a shuddering difference that
 2 came into being when one egg knowledge
 3 was busted and scrambled, creating you!

4 Here is the clear defining of animal brain
 5 in purity. It is, simply, an emotional fields
 6 assembly, without interconnection between
 7 the fields.

8
 9 An animal can only feel one
 10 emotion at a time. While the field may be
 11 complex, allowing many degrees of feelings
 12 within it, none of these feelings can overlap
 13 into another field while in action or instinct.
 14 Since all physical actions are the result of
 15 emotional starters, all physical actions can
 16 be stated as being entirely emotional, the
 17 physical actions and reactions being a direct
 18 result of the emotion. No animal can do two
 19 things at one time. It first must finish the
 20 thing it is doing, then move directly to the
 21 next thing it does, not instinctly connecting
 22 the two actions in any way at any time.

23 In order to understand this, here are the
 24 broad bases of animal emotions.

NOTE: Lines 9-19

A patient feeling pain is totally concerned with that pain, while the animal signals flash unknowingly beneath consciousness: Hide or fight! Survival.

J. Wheeler

Note:
 Mind control of the human versus the react response of animals explains why drugs efficient on animals prove sometimes useless on humans.

J. Wheeler

First Hour Prompter Check

Mentor: _____ Date: _____ Mentee: _____

1. Do you understand the basic principle of science? YES() NO()
~~try~~ to find one word that describes it, other-
wise, use your own comment: _____
2. In an animal: Do you now find your own confusions a
little more easy to take? YES() NO()
3. In an animal: Do you accept brain function as
being basic to all actions? YES() NO()
4. In an animal: Can brain function in a perfection
egg knowledge be changed? YES() NO()
5. In an animal: Does continuity of life become
reasonable under clear explanation? YES() NO()
6. In an animal: Does a need create a want? Explain: _____

7. In an animal: Does a want create a need? Explain: _____

8. In an human: What brings forth a 'miracle' in
physical action? BRAIN () SOUL ()
9. Does conflicts of 'wants' bring forth hurt in a
human? YES() NO()
10. Does the submersion of the soul form subcon-
scious? YES() NO()
11. Is animal life in material form anything more
than an emotional field? YES() NO()

[1] Survival Field

All the components that are necessary to carry forward life in the physical. The field varies according to the number of habitats or environments the brain finds itself in, but its actions and reactions are constant. Danger is clearly defined and the reactions to danger never vary within specie brain. The brain clearly states when to run or when to fight. When running, all actions within the species follow a set pattern: an ape will swing into a tree to lose the threat. A dog will try to outrun the threat and then hide. When the brain orders it to stand and fight, the ape bares its fangs, pounds its chest, uses its arms and front claws to rip with. If something happens to be in either claw, it will pound with that in order to weaken the opponent so as to be able to rip with its fangs. A dog will do everything possible so as to get a good bite into the opponent, but it does not fight with any other part of its body - paws, toenails, using its legs as clubs, and



Illustration added by A. Fry.

Most Martial Artists... as well as the "average" person have set ways that they respond to danger or attack. There are rules of conduct even in war. So, by doing the Unexpected, even a physically Small & Weak person can successfully defend themselves. See p. 14 of T. S. D. Paul Bunker

NOTE: Lines 7-11

A patient cannot run. When cornered, a patient will instinctively fight. A nurse should try not to corner a patient. J. Wheeler

Women have an "anti-violence" instinct, but with the advent of C. S. Tear Gas, women now have a weapon that they can use without any hesitation. See p. 13 of T. S. D. Paul Bunker

1 both the ape and the dog, as soon as the
 2 conflict is resolved, go peacefully back to
 3 pursuing their food for the day. No carry
 4 over, not even to the food part of the
 5 survival field, unless the fight was over
 6 prey. They will hold to their prey the same
 7 as they did before and it is thought this is
 8 memory. It is not. It is reflex pattern
 9 repeating itself, without variation of any
 10 kind except as to conditions of day or night,
 11 hot or cold, wet or dry habitat at the times of
 12 danger.

13
 14
 15 When being wounded, an animal some-
 16 times will make cries. This is thought to be
 17 pain emissions. It is not. It is used either to
 18 scare the other in conflict, or call help to its
 19 aid. The sounds are only attention getters,
 20 not the result of what we call pain. After the
 21 conflict, when no other animal is around, the
 22 wounds will be licked, bathed or ignored
 23 without a whimper or any sign of physical
 24 discomfort except fatigue or weakening

Note

Memory is used in a confusing context; steel has 'no memory' when it will not snap back to its original shape, but stays exactly as bent; 'spring' memory must be 'created' by science, while 'rubber' memory must be 'uncreated' by the same science. "Memory" as used by science is a highly exact knowledge.

J. Wheeler

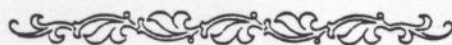
NOTE: Lines 15-1

The patient - being human - has pain. But the basic animal body only has signals interacting. This sets up the irrational behavior pattern of the patient. No rational person would walk on a broken leg - but under threat signals an animal will fight or run, using the leg as much as it can.

Janet Wheeler

1 strength. The signals passing back and forth
 2 through the wounded or dying animal's
 3 body are merely electrical currents to and
 4 from the brain in order to correct the body
 5 fault as soon as possible. An animal will cry
 6 for aid to get aid since the brain so directs,
 7 but the presumption that the animal is in
 8 human pain is ridiculous. It is not human.

9 An animal, when severely wounded and
 10 still conscious, will have the same look in its
 11 eyes, have the same sound emissions as
 12 when it is in sexual climax. It will also have
 13 the same breathing problem. Because both
 14 acts are survival acts at opposite ends of the
 15 life-death programming.



18
 19 Training of animals - the ones that can be
 20 trained - is merely their survival pattern in
 21 action and reaction repeating itself when
 22 food or danger is threatened or given. The
 23 so-called training is merely to the brain
 24 another habitat and/or situation of necessity
 25 to overcome so that the animal may survive.
 26
 27
 28

Note

PAIN is a condition of MIND. People have established for themselves that all lesser life forms have NO MIND. Hence, no mind, no pain.

J. Wheeler

You still have an animal body, and you can easily train your own "little animal" by rewarding it with its Animal Pleasures. See p.2 of T. S. D. Paul Bunker

NOTE: Lines 23-4

When the patient is smilingly reassured by the nurse, danger is not signaled to the animal brain and the brain will direct healing processes unhindered.

J. Wheeler

1 The brain will direct this similar action as
2 long as necessary, unless this training starts
3 damaging another field of emotion. Trainer
4 unknowingly crosses into another emotional
5 field - trainer finds himself wounded or
6 dead, or the animal does.

7 Forced crossover of emotion fields brings
8 almost instant death to an animal. The
9 electrical circuits cross, cause a short in the
10 brain complex and all currents stop. Death.
11 Total protection of a perfect egg knowledge,
12 a pure creation.



Illustration added by A. Fry

[2] Food Field

Replenishment is a better word. As the body passes time, all the sources of heat and strength must stay balanced according to the habitat. The brain directs replenishment according to the body's use and reserve of food available within starvation limits. The food field does not know survival field, it knows only cause and effect of heat and strength within the animal's action limits. Getting enough food to act according to balance is the total concern of the food field. It has no other worries, since getting enough food is enough of a worry to keep it happy.

Whenever the Food Emotional Field becomes deprived of replenishment for a short period of time, it calls upon reserves it built when food is plentiful. The brain energy knows the body energy can burn only so many different components - i.e., digest - and any other substance is ignored. Within species, this metabolism cannot be changed. They cannot be taught to eat something

NOTE: Lines 8-12

When a patient is served food they do not like - their system is not programmed to it - the animal signals will flare: this flare calls on Survival. The patient must now run or fight. When denied food too long, the same situation arises. Inter-venious feeding, when the nutrients are compatible, will not call forth this flare in most circumstances.

J. Wheeler

1 different, unless the different food has
2 enough numbers of components contained
3 within it to overcome the energy loss of
4 expurging the non-digestable. Should it
5 partake of this new food out of necessity and
6 gobble it, it is sure to die. There is not
7 enough energy left to break the huge
8 amount of strange food down into useful
9 parts. So gradual change over long periods
10 of time from birth to death of one single
11 animal span, with newborn being
12 introduced at birth and gestation to the new
13 food chain is accomplished when necessary,
14 but the new food will always have the
15 necessary amount of old components
16 present. The other new components will be
17 merely passed out of the body as waste.

18 Grain to meat or meat to grain can be
19 accomplished when the animal is controlled
20 by an outside intelligence, but only because
21 bulk and protein remain basic. Grain food
22 can be fed to a dog, only when it is gathered,
23 treated and processed. Can you see a dog
24
25
26
27
28

1 running through a grain field snapping
2 enough kernels off the stalk to satisfy his
3 meat appetite? The energy used to get
4 enough is more than the energy of the food
5 it got. Weakness and death is the sure
6 result. But a chicken started on meat can
7 thrive when it is done in small enough
8 amounts to start, and increased equally as
9 fast as the chicken's digestive tract expands
10 for equal amount of grain foods. A chicken
11 will eat grasshoppers and worms, but run
12 for the grain when it is thrown out. Stomach
13 capacity is always needed for digestive
14 actions to take place and the other way
15 around.

16
17 Enzymes remain basic, whether grain or
18 meat. There is a difference in the kind of
19 energy produced, but life can be sustained
20 on either with land animals when a gradual
21 approach is used, either climatic or
22 intelligence controlled.

23
24 Animals all have different type digestive
25 tracts. What is being said here is of all life
26
27
28

(note: L 14-16)

Stomach capacity
is not ALWAYS necessary
for digestive action,
as evidenced by the
earthworm. Paul Bunker

1 on earth. Humans say birds and bees and
2 fish and animals and crustacean and all the
3 other rot so as to identify for themselves. All
4 these living things do not know humans do
5 that and could care less. Food chain is either
6 expurgative or not, according to the species.
7 They either can throw up bad food and live,
8 or cannot throw it up and die if they
9 accidentally swallow it or it is forced down
10 them. Period.

11 The human animal is no different in
12 digestive matters. While humans abuse
13 themselves deliberately and sometimes
14 unknowingly, they still have to answer to the
15 total chain of the food field emotion. There
16 is great turmoil over the ages concerning
17 additives, extractions, substitutions and
18 non-food consumptives. This is all a sense of
19 nonsense. All things on this earth are
20 "natural" to this earth, regardless if these
21 natural chemicals are brought forth by earth
22 growing patterns or by scientists in huge
23 laboratories mixing horrible concoctions to
24

14
A body knows what it requires and normally
creates a natural craving for such foods.
It also indicates it's desire for 'fuel' food,
by hunger. In many society systems today,
such natural signals have been replaced by
un-natural Mind promptings for sensations.
Persons will get a recall desire for some
sugary, salty, or highly processed food and
ignore the body signals. In time of course,
the body gets tired of this abuse and may
not do a good job of eliminating all the tox-
ins or wastes involved. By middle age the
'junk' food diet and jaded little pleasure
life styles can show up in bad health. At
such time, the persons may try to read ab-
out proper diet from health food store lit-
erature... with Mind logic. This action
may help but often comes without the nec-
essary Mind balance to get to the real core
of the problem. A typical overeating prob-
lem may stem from an I'm Ugly or worth-
less attitude. The body may retaliate at this
attitude and see to it that the body is ugly.
The person may eventually find that eating
is one of the few pleasures left and get in
'double trouble'. Balance, is the goal for
persons desiring health. A very aware

Mind for example, can figure out that the
heated salt they are using has much of the
chloride driven out of it and clogs up their
kidneys because of the excess sodium bal-
ance. The taste may be the same but this
civilized tamper problem may need the
help of the civilized Mind logic. Natural
solar evaporated salt may help matters.
Common sense is valuable. A person in
a seditary job just may not get enough
exercise and oxygen to burn off a junk
food diet. An outdoor person who was
raised on junk food may have little prob-
lems with such a diet. Again, food selec-
tion becomes of less concern to persons
who can balance their Mind actions. A. Fry

25 HEALTH DISCIPLINES: It is very, very carefully
26 explained as to how the body of man can be damaged. This
27 is in direct relation to today's Human. Without a very long
28 time of slow adjustment, you can kill an animal or a man
with anything from water to wheat. This part of Comp. 1
should be read very carefully, as should all of Comp. 1.
None of the Comprehension Courses will do any
THINKING FOR YOU. The word comprehension is NOT
just a title on these courses.

A. Fry

bring forth "food" for the peoples. Your body accepts them or rejects them or dies from them or the lack of them. This is nothing new to the Food Emotional Field.

Note:

We have air energy, water energy and earth energy. All other life use's all three inbalance unknowingly: only man picks and denies

Dictionary Definitions For Comp. Clarification. (Assembled by P. Bunker)

J. Wheeler

Contentment : The state of being satisfied with things as they are; not desiring more than what one has.

Tranquility : An enduring state of freedom from agitation; calm; stillness; peace.

Serenity : A lofty, even spiritual tranquility.

Complex : A whole composed of intricate or interconnected parts; involved or intricate in structure; complicated.

Domination : The act of controlling (to hold in restraint; direct; regulate) , governing, or ruling by superior authority or power.

Denial : A negative reply, as to a request; a refusal to comply or satisfy; Abstinence (the willfull avoidance of pleasures) .

Mind : A unit of intelligence.

Unit : An individual, group, or structure, or other entity regarded as a basic structural or fundamental component within a larger group.

Intelligence : A directing power without substance, body, or material; the faculty of thought & reason; imagination. (intelligence brings forth knowledge)

Knowledge : Applied intelligence degmatised into physical function methods that the average person can learn, accept, and apply in physical acts.

Feeling : The sensation involving perception of one's condition of being by touch; any physical sensation, localized or non-localized (anger, sitting, looking, touching, etc.)

Field : An area of activity, interest, or application.

Emotion : Any strong feeling arising subjectively rather than through conscious mental effort.

Miracle : An event that appears unexplainable by the laws of nature, and so is held to be supernatural in origin.

God : A being conceived (to form in the mind; imagine) as the perfect, omnipotent, omniscient originator and ruler of the universe; the single supreme agency postulated (to assume the truth or reality of, with no proof, as being self-evident or generally accepted) in some philosophical systems to explain the phenomena of the world.

Father : A man (or being) who creates, founds, or originates something.

Comprehension : The act of or capacity for attaining full understanding or knowledge.

Other-halves or Counterparts : One of two parts that fit and complete each other, such as a document seal & its impression; one that is a natural complement of the other.

Know : To percieve directly with the senses or mind; to have a practical understanding of, or thorough experience with.

Recognize : To know or be aware that something percieved has been percieved before; to know or identify from past experience or knowledge.

Soul : The animating & vital principle in man credited with the faculties of thought, action, & emotion and conceived as forming an immaterial entity distinguished from but temporarily coexistent with his body.

Entity : The fact of existance; being; something that exists independently, not relative to other things; a particular and discrete unit; an entirety.

Joy : A sustained state of happiness or satisfaction often associated with sharing, self-realization, and by ethically lofty ideals or conduct.

(Dictionary by Paul Bunker)

[3] Shelter and Sleep Field

This is really a heat and cold emotional field. Regardless of the conditions surrounding place of birth and the skin and body coverage, whether it be feathers, hair or scales, climatic conditions vary from hour to hour and from day to night at every given place within the animal's surroundings. In addition, every living thing needs a place of rest while its body goes into cyclic slowdown to rid itself of impurities.

A sudden change in climatic heat or cold and the body seeks a place to ease the actions of its metabolic forced overactivity. An eddy in the water situation for a fish, a niche for a wolf, a thickly bowered tree for an ape, or a huddling together of the species.



As the body accumulates fatigue, the senses dull and the animal becomes drowsy. At this time it must slip off into sleep where it will be left alone, therefore it finds a proper place free from interference while

NOTE: Lines 22-3

Walk around patients with affection when they are sleeping. A nurse, knowing that sleep is a healing condition, can minimize disturbances by being unobtrusive when possible. Avoid hostile feelings. Patients react to your own unknowingly while sleeping. J. Wheeler

1 the impurities or waste is removed from
2 every part of its total being.

3 Ridding the body of fatigue is in cycles.
4 These cycles vary from species to species
5 and from activity to activity. Usually the
6 larger the body mass in relation to the earth
7 mass, the longer is the cycle for the species.
8
9

10 We will use animal man, because that is the
11 easiest to understand - for us.

12 The first cycle for man is usually about
13 two hours of the first sleep. This sleep is
14 usually very deep, so as to slow all body
15 functions to their lowest ebb. The first thing
16 that has to be cleaned is the blood itself,
17 because it must reach into every tiny fiber,
18 search out the trapped fatigue, carry it back
19 to the main blood stream and through the
20 numerous catch basins that in turn cast it to
21 the exit openings.

22 This first two hours gets only the large
23 muscles, the joint or flex connections and
24 the heart pulsers. The action is the reverse
25 of the waking hours, when the blood is busy
26
27
28

Note

The animal body of
Man will sleep in
natural cycle when
MINDS are shut off
by fear reducing
drugs.

J. Wheeler

1 carrying nourishment to every part of the
2 body in reverse order. During sleep the
3 blood is almost free of this task, is therefore
4 almost empty of activity. The blood stream
5 is full of millions of "little boxes" and
6 during sleep they fill up with debris, like
7 garbage trucks in the night, and carry it to
8 the right dump. After all the large
9 accumulations are hustled off in that two
10 hours, the little boxes slow down while
11 "street cleaners" jump off and move into
12 the tiny places.

13 This is the second cycle and the body now
14 starts to be less asleep as the street cleaners
15 now also move along the sensory lines,
16 scrubbing them gently but briefly, so as not
17 to snap the body suddenly awake. On fuzzy,
18 furry feet, they move rapidly even among
19 the molecules, finally getting out their
20 "feather duster" as they put in the finishing
21 touches to the tiniest part of the reposing
22 body and its intricate mechanisms.
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1 The third two-hour cycle now starts,
2 because the blood itself must rest. The
3 heartbeat slows, the breath becomes soft
4 and even, the body relaxes into a soft,
5 tranquil stillness. All things idle deep below
6 motor nerve interactions. During this
7 seemingly blank space of living, "dreams"
8 float forth.

9 The "dreams" are caused because the
10 neuron paths - the intricate system of
11 "wired" electrical carriers within the brain -
12 must also undergo the gentle feather
13 duster's light touch. This slightly activates
14 all the other responsivenesses in each emotional
15 field as it is reached. Since the action-
16 reaction is from within and very faint,
17 physical reactions are also the same; very
18 slightly activated so as not to disturb the
19 relaxed body.

20
21
22 When the "see" emotional field is
23 cleaned, the dream is "seen." Animal-man
24 does not become anymore activated nor
25 does it carry a "memory" of this action. The
26 action is complete in itself.
27
28

1 There is no need of it.

2 After six hours, the body starts needing
3 nourishment to replace all the emptiness in
4 itself. Food Field doles out slowly a little of
5 its reserves in order for the body to gather
6 the new strength to wake up, and to "whet
7 its appetite" so as to gather enough new
8 food during the next wake period.

9 This cycle takes from one to two hours and
10 then the eyes open, the muscles flex and
11 tingle and the body moves into an agile
12 position, ready for action.

13 Body action during sleep and brain action
14 during sleep do not always mean a dream is
15 being had as so many think. An animal does
16 not think, nor does its body or brain. When
17 checking sleeping humans during sleep, the
18 humans checking think body and brain
19 action reveals "dreams" by the sleepers.

20 The only time a dream is seen by anything
21 is when the Seeing Emotional Field is
22 disturbed while asleep.
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Note

Sleep inducing drugs
prolong 'full' awake
awareness, slowing
all wakefull actions
for a period of time

J. Wheeler

1 There is no dream without a memory of it.

2 Animals do not have memories. They do
3 have sleep cycles.

4
5 The three emotional fields you have
6 studied are what today's learned call the
7 "stem brain" or life body support sub-
8 conscious mechanisms. They are not
9 thought to be "thought" or "thinking"
10 mechanisms by the learned. The learned
11 haven't learned yet, apparently.

12 Now we will proceed into the "sensing"
13 or watchdogs in the external that protect,
14 stimulate, appreciate and motivate the
15 "stem" Emotional fields.

16 Pleasure : A short-lived and superficial state of happiness or satisfaction resulting
from the conscious pursuit of happiness.

17 Pleasure Principle (Psychoanalysis) : The tendency to seek immediate gratification of
instinctual needs, and to reduce pain.

18 Happiness : Any condition of good fortune, pleasure, or satisfaction, ...temporary or
sustained.

19 Ease : The condition of being without discomfort; freedom from pain, worry, or agitation;
freedom from constraint (the threat or use of force to prevent, restrict, or dictate the
action or thought of others) .

20 Dis-ease : Lack of ease.

21 Health : Broadly, any state of optimal functioning, well being (the state of being
healthy, happy, or prosperous), or progress.

22 Dwell : To exist in some place or state; to fasten one's attention; a mood.

23 Egg Knowledge: The built in knowledge of a particular species which is limited,
fixed & complete...the prototype patterns, being enclosed in the egg before it is
hatched...as opposed to the Human knowledge which is growing & seeking it's
perfection or completeness. (21 From definition)

24 (continuation of Paul Bunker's Comp. Dictionary)

Note

Dream of Minds are
from Memories, or
memory projections.
Only Minds have mem-
ories, therefore we
have two types of
dreams: re-act on
the animal level and
mind-memory on the
intelligence level.
You are intelligent
to be reading this,
therefore you have
mind-memory dreams
to either motivate
or de-motivate your
life desires, or
as a higher gener-
ated 'feel' wave to
'fore tell' the
future.

J. Wheeler

(note: L 5-12)

Once you set up
communication
with your A-mind
and do not DENY
the answers that
you get, then you
will be well on the
way to gaining the
co-operation of
your A-mind.

See p. 11 of T.S.D.

Paul Bunker





THE SENSES



[1] Eye Sense

Keep in mind that what is being written pertains only to outside happenings being communicated to the inside three basic emotional fields, that after being communicated, what responsive action these three emotional fields take is not necessarily always the same in the same situation.

One sense remains constant in all species, although not discovered in some by the learned as of yet. This is the base or key sense, and all others relate to it in final action. This is the act of seeing.

The act of seeing is an energy wave length that has force. This force is channeled to what is called eyes. Eyes of animals differ in species, as they do in all other specie life forms. They differ because each life form specie has different life support systems, and yet all life has the same three emotional fields. Their needs are different.

Life has thousands of eye forms or

After watching the Anaheim, Calif., boy bend forks and spoons "like licorice" by apparent mind power only, psychic investigator and author Stewart Robb told The ENQUIRER:

"That kind of power is utterly without precedent in my experience. Others who bend spoons or metal objects are unable to do so without touching or stroking the object.

"Chris' powers are so strong, touching isn't necessary."

On one occasion, Robb said, he examined a thick spoon carefully and placed it on a table in front of Chris. The lad sat down next to the spoon and stared at it. Then, Robb said:

"Chris picked up the spoon and held it in his hands for a few seconds, without putting pressure on it. He put it down and after a few seconds the spoon began bending, without Chris even touching it."

INQUIRER 7/25

In fact, declared Robb, who teaches

added by A. Fry

1 appearances from the outside of the body
2 system, but all these forms have the same
3 force channeled to them. Some life forms
4 are thought to feel with feet, or tenacles, or
5 whiskers, or antenna, which is not so. As
6 they come to know these forms of "seeing"
7 the learned will realize that it is not a touch
8 sense with its recoil energy pattern, but
9 actually the see force pattern. This see force
10 pattern, when put to work by a human, can
11 move objects. Touch force pattern can only
12 reach to the limits of the body energy field,
13 even when put to work.

14 The see pattern is really a complex
15 emotional actuating system. It has the
16 ability to correlate thousands of varying
17 situations, throw the differences to the base
18 emotions and to the others senses within
19 their action limits at better than 240 miles an
20 hour - reactions come back at the same
21 approximate speed - and the body is in
22 reaction within 20/100 of a second. This is
23 why on higher forms of life the eyes are the
24
25
26
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1 closest sense to the brain, while touch
2 extends over the complete body.

3 The eye is also the smallest and finest
4 system within the total complex system of
5 an egg knowledge, and each system varies
6 according to the specie and type force use. It
7 is the only complete system, in that it allows
8 all things to be real in the dimension in
9 which it finds itself. All the other senses
10 only help it produce reality. Only the eye
11 recognizes it.

12 Blind animals when they are in the wild or
13 left to themselves perish, even when they
14 are adorned with high touch systems in
15 support. Whiskers, antenna and all other
16 touch systems become almost useless in the
17 finding of food.

18 Even the highest developed animal on
19 this earth, having lost sight and on its own,
20 has at the most only weeks left to live. An
21 animal-man, blinded and alone, is a helpless
22 thing before the specie and the elements.
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Mentor: _____ Date: _____ Mentee: _____

1. In an animal: Name the base emotional fields: _____

2. In an animal: Can any two base emotional fields act.
at the same time? YES () NO ()
3. In an animal: Does an animal ever perform two dis-
tinct actions at once? YES () NO ()
4. Does an animal have pain? YES () NO ()
5. Does an animal have an action that could be called
pain or pleasure by a human? YES () NO ()
6. What expression does an animal have that is con-
stantly misread by a human: _____

7. How does an animal act to draw attention: _____

8. Does an animal have total repeat patterns, which
humans think is memory? YES () NO ()
9. Why does an animal sleep: a. because its lazy ()
b. to renew its energies ()
c. to hide from an enemy ()
10. Does an animal cry out in pain when wounded or
hurt? YES () NO ()
11. What does an animal do to get attention when in
distress: _____

12. Can an animal die when it is forced or tricked
into crossing base emotional fields? YES () NO ()
13. Is an animal highly selective in its food needs? YES () NO ()
14. Why is the first two hours of an animals sleep
so important: _____

15. What causes dreams, and in what sleep cycle? _____

1 The eye also looks both ways. It can look
2 outwards, or inwards at the other senses
3 and emotional fields. It can look into the
4 food field, see the need of nourishment, look
5 outward to find the nourishment, even
6 though the sense of smell had not sent the
7 current of hunger feeling to it. The eye can
8 also see a wound upon its body and alert the
9 survival field, without the warning current
10 having sent any report at all. The eye can
11 spot shelter before the sleep field is felt by
12 the numbing touch field and lead the body to
13 it before the body needs the sleep cleaning.
14

15
16 The eye spots hazard to the survival field
17 before the body even gets close to the
18 hazard. Touch-feel demands contact before
19 the survival field reacts.

20 The eye transmits its messages to all the
21 other senses at the same time it alerts the
22 field that is needed for the desired reaction
23 to sustain life. The other senses then come
24 to the support of the emotional field
25 concerned.
26
27
28

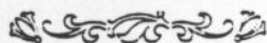
NOTE: Lines 1-27

A patient will react unfavorably to any quick or sudden movement by the attending nurse, also to flashes of light from instruments or hastily moved objects within their vision. The patient's signals will come from the survival field. Threat will be instant to them. Hostile movements or expressions will trigger ALL of the patient's subconscious animal signals under the survival field; total resistance from the patient in that time span.

J. Wheeler

1 The eye carries out its coordination
2 information pattern while its force is on, and
3 when it is turned off for renewal (sleep) it
4 relegates its duties to the sense most
5 appropriate to the condition it finds itself in.
6 One sense must be awake at all times for
7 any specie to survive. The body can go
8 numb from fatigue while the eyes remain
9 alert; the touch-feel system is being
10 regenerated so it can instantly take over
11 when the eyes must regenerate. When all
12 senses are cut off, the basic emotional fields
13 weaken and die unless something from the
14 outside administers to their needs. Remove
15 the outside help and death is certain.
16 Animals do not give outside help to each
17 other. Have you seen any animal force-feed
18 another?

19 The eye in all living things is perfect for
20 the specie it inhabits. It is only in man that it
21 has come to falsehood.
22



Man has MINDS
to contend with, so he
or she can be fooled by
appearances. To learn
how to avoid this prob-
lem, see p. 6 of T.S.D.

Paul Bunker

[2] Sound or Hearing Sense

In animals this sense is more than just noise. It is a very wide vibration range. Since it is vibration, it also enters the touch or feel sense. Animals, within certain ranges of vibration, hear auditory sound. Below and above this range, sometimes through their feet, or whiskers or other parts of their body mechanisms, they "feel" this sound. Since feeling by humans is thought to be part of the touch sense, humans get confused. The vibration or hearing sense does not.

An animal "senses" something a few hundred feet away. A human "senses" something a few hundred feet away. Both are doing the same thing: they are "hearing" a vibration, nothing has "touched" either of them.

As vibrations come through to the animal, the Survival Field and the Seeing Sense is alerted simultaneously. The survival field puts motor nerves on standby alert, while the eye scans hastily, guided by the vibration sense.

Mrs. B. D. Collins, not only confirmed that Darrell is blind but added that he was "totally blind".

How, the deputies asked, did Darrell manage to get around on a bike? The boy and his mother explained that he guided himself by making a shrill clicking noise with his throat and that he "sounded" it with his ears to detect the location of different obstacles while riding and walking.

Darrell, a student at the State School for the Blind in Baton Rouge, insisted that he did not use a cane, a seeing eye dog or any other aid.

The deputies said his story sounded fantastic until he demonstrated the facility FATE 75 -

added by A. Fry

1 This kind of action can
2 take place a thousand times a waking
3 period, and according to what has been
4 discovered, the survival field may have to
5 push, fight or run, or go quiet as the
6 smell-taste sense then alerts the food field
7 or the shelter field for temporary rest and
8 quiet should the senses feel fuzzy and
9 unclear.

10 This vibratory sound sense has the ability
11 to separate hostility, pleasure, danger or
12 mating, all according to the situation, as to
13 time and place at any given instance. It then
14 sends the correct impulse to the correct base
15 emotional field, but never to more than one
16 emotional field at a time.

17 Each base emotional field, when alerted,
18 can call all the senses into sharp,
19 concentrated action for its use alone. While
20 one base emotional field is in action, the
21 other two remain dormant. Sound vibration
22 sense can call in all other senses and be in
23 charge of them until the see sense gets
24 results.
25
26
27
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NOTE: Lines 10-24

This is why a nurse throwing off
hostile vibrations triggers the
patient's defense signals intensely.

J. Wheeler

The source of energy for the
feel flow is covered in Comp 4.

A. Fry

The source of energy for the
feel field is covered in Comp 4.

A. Fry

1 When the see sense sees what is
2 present, all other senses become the charge
3 of the see sense. Should the object in
4 question never be seen, the sound vibration
5 sense keeps questing, holding the survival
6 field on alert until the vibration has passed
7 or been identified.

8 Sound vibration always produces degrees
9 of alertness in an animal: a casual glance, a
10 startled stance, a quick scamper, a
11 hunkering down or attempt to hide, a
12 defenseless position of the body - these are
13 all degrees of alertness, not "fear" as is so
14 often thought. The survival field dictates
15 what to do, or the food field, or the
16 shelter-sleep field.

17 Sound vibration sense is merely an
18 alerting system to the animal, nothing more.
19 It can alert slightly, or completely in the
20 uses of the senses, but can alert base
21 emotional fields only one at a time and
22 separately. There is no cross-over, as with
23
24 humans.

Note

Drugs interfere with
this natural action;
either in a positive
way or a negative
way.

A. Fry

High level feel field protec-
tion is covered in Comp 4.

A. Fry

[3] Smell-Taste Sense

With animals this is one sense. Actions happen at different places. With "smell" they taste strongly just before the beginning of the throat: with "taste" you taste mostly under the tongue.

Taste sense is a direct link with the food field. It can send messages to the field. It and the field can send messages to it. However, it is the food field that accepts or rejects whatever taste and smell okays, until such time as the subject matter reaches the digestive system. Should the food be non-agreeable in nutrient, or harmful to energy rebuilding, the survival field can and does take complete charge of the motor nerves of the body. The survival field will either force the subject matter out the way it came in, or being unable to do this, will make sudden semiwater of it, drive it forceably through the bowel system and out of the body should it have time. If the subject matter has motor nerve suppressants in it, and the motor

1 nerves start going dead, then the food field
2 and the animal is helpless and dies.

3
4 The smell-taste sense in animals is almost
5 fool proof under natural, wild condition,
6 when food of the specie kind is available.
7 The smell of the right food meets the
8 nostrils, comes into the beginning of the
9 throat passage and hits the sensitized
10 guards there. The guards shoot an energy
11 pattern to the food field, the energy pattern
12 in nutrients is agreeable, smell gets the
13 okay and then takes the food into the mouth.
14 The taste instantly "find" the total chemical
15 formula by identifying each chemical and its
16 relationship to each other and the animal.
17 The result is a pleasant alert signal to the
18 food field.

19 The food is now crushed, chewed or
20 cudded - according to the specie - and
21 mixed with the digestive tract trace saliva
22 which sets up a stomach action package: the
23 food field knows the intake will be all right
24
25
26
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28

1 should it get to the stomach.

2 Now the intake moves toward the throat
3 and the smell matrix grid. The chemical mix
4 is now throwing off fumes, much like steam
5 coming off cooking cabbage. Very faint, but
6 plenty strong for the second set of sentinels.

7
8 These sensing matrixes know the condi-
9 tion of the animal's body completely, being
10 tied into the replenishment food body
11 demand part of the food field. Body
12 condition and demand change from day to
13 day and hour to hour. There are wounds,
14 water conditions, weather, heat and cold,
15 age, fatigue and dozens of other routine
16 happenings.

17 The fumes, easily analyzed, are throwing
18 off three chemicals at the present moment
19 harmful to the body system.

20 The smell sense instantly locks the total,
21 muscular swallowing system, shoots an
22 instant message now to the survival field.

23 The survival field hits all buttons on the
24
25
26
27
28

NOTE: Lines 8-25

The patient is not resisting the food because of the nurse. The nurse should not let food resistance by the patient upset the affection dwell.

J. Wheeler

1 digestive intake muscular system, reversing
2 the total swallowing action: the food field is
3 still in its swallowing action when the
4 reverse demand of the survival field hits.
5 Both being total independent actions, not
6 connected in any way, they smash head on
7 into each other.

8 The body convulses, muscles spasm and
9 the survival field pulls out all stops,
10 demanding all energies from the entire
11 body - even the toes of the feet will snap into
12 a curl position under this terrific spasm.

13 Something's got to go. The swallowing
14 system does, every time. The bad food
15 blasts out through the mouth and nostrils
16 with whiplash force, spewing sometimes for
17 yards.
18

19 After this happening, the animal or
20 whatever will cleanse itself for up to half an
21 hour before attempting to eat again. Among
22 some animals, when the food is shoved out
23 gently, the actions vary. They will take deep
24 smells of the expelled matter. Sometimes
25
26
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28

1 they will re-consume the food because
2 longer chemical cooking action has wiped
3 out the interim or transitory element that
4 was in the fumes that hit the smell sentinels.
5 The food was going into the digestive tract
6 too fast for adequate preparation. The
7 chemicals in the saliva weren't strong
8 enough to totally neutralize the bad trace
9 elements before the smell sentinels inter-
10 fered, but the animal doesn't care at all. Not
11 so the human. They know better. They will
12 educate their sentinels. You can condition
13 yourself to anything you desire, they say
14 smugly, or that others demand of you in the
15 way of food, or pleasure "eating."

16 It's a shame the body is still animal. Its
17 mechanisms don't know any better. A
18 perfect egg knowledge not knowing any
19 better is rather confusing to an imperfect
20 creature that claims to know better.
21
22
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Illustration added by A. Fry

NUTRITION: Animal man had an average life span of only 30 years or so for eons of time before alterations in brain circuitry by mind (life span was 35 in Jesus' time). This means that it becomes harder for a person to assimilate vitamins, minerals and trace elements as one becomes older. The conversion ability decreases. For optimum health it is wise for older persons to obtain CHELATED nutritional aids. The body just can't get much out of non-chelated varieties. Costing more, it is still a better buy—even if one smashes up and uses only a tiny portion of pills, etc. Survival or just good health everyday often depends on nutritional aids after the mid 30's. Keep some trace elements in your gear. The body is all you have to work with. FROM ARTICLE BY A. Fry

Mentor: _____ Date: _____ Mentee: _____

1. Why does an animal have senses: _____

2. In an animal, which sense is the most important: a. eye ()
b. sound ()
c. taste ()
3. Is this sense in animals placed close to the brain for faster reaction? YES () NO ()
4. Is this in animal sense an energy force pattern? YES () NO ()
5. Can it in animals cause things to move? YES () NO ()
6. Will an animal die without it? YES () NO ()
7. In an animal is the hearing sense just noise? YES () NO ()
8. In an animal is there something beyond ear-hearing that it picks up? YES () NO ()
9. In animals, it is tied in with other senses? YES () NO ()
10. Does hearing sense have the ability to know situations? YES () NO ()
11. Hearing sense does¹ what to an animal when a sound is heard? a. causes it to run ()
b. to fight ()
c. to hide ()
d. alerts it ()
12. Where does an animal smell? a. in the nose ()
b. in the stomach ()
c. under the tongue ()
d. opening into the throat ()
13. Where does an animal taste? a. stomach ()
b. under tongue ()
c. opening to the mouth formation ()
d. front part of throat ()
14. In an animal is this the total guard of the food field? (taste-smell) YES () NO ()
15. If the food passes these guards undetected, will the animal die? YES () NO ()
16. Does the food field eject the bad food once it gets in the stomach of some animals? YES () NO ()
17. In an animal is food partially 'digested' while in the mouth? YES () NO ()

[4] Touch Sense

Touch sense is very, very misleading. It is the reaction from the touch that you know about, not the touch itself. Touch anything with a cocaine deadened finger and you never feel a thing.

So what we are talking about is the Feel Sense.

The feel sense uses the largest area of the brain of any sense. It is the Pleasure Sense, utilizing all the senses and all three base emotional fields with whizzing, electronic signals from total alertness to limp non-alertness when playing dead or exhausted, badly wounded or starving.

To an animal, there is no negative. The energy pattern force of the feel sense goes from no alertness, which is total relaxation, to the very highest alertness, when the energy is pouring through the body like cascading fireballs, such as in the pro-creative act.

There are so many varying degrees of

By learning to TRUST your feelings, you will be able to tap into the most highly advanced sensing and warning system that exists on this planet... your Feel Field. See pp. 4-5 of T.S.D.

Paul Bunker

1 animal alertness that to go into all of them is
2 useless. Some vivid examples of the feel
3 sense have already been given in preceding
4 pages, so if you haven't recognized the
5 sense action, reread after you have studied
6 this. For convenience we will break the feel
7 sense down into groups. Please remember
8 that at no time is pain any part of this
9 presentation. Also remember that the feel
10 sense is a total reaction sense, a billion
11 times better than a human built radar
12 system.

15 Section 1A. Neutral Feel Zone

16 Fully two-thirds of an animals life is spent in
17 this feeling zone. This is a tranquil, quiet,
18 browsing or feeding state, followed by a
19 quiet, restful and relaxing sleep state.
20 While this tranquility is in being, tiny little
21 faint lightning bugs gambol merrily around
22 in the body, tickling here, teasing there,
23 humming at yet another place. A strong
24 current of good feeling is coursing through-

NOTE: Lines 15-26, 1-22

This is a PLEASURE DWELL, a state of being that persons call good health. This state of being is also called Nirvana, Peace, heaven, perfection or sometimes just plain comfort. A pleasure dwell manifests a total affection wave that binds all life forms together in good feelings toward self and all other life around that self.

J. Wheeler

1 out the body, pleasant yet zestful. No
2 condition, no tomorrows, no yesterdays, just
3 all of the total being is total now in time. The
4 sublime perfection of never knowing any
5 better. A total egg knowledge in knowledge.
6 No existence beyond the moment. All
7 moments are zestful, in a state of stop and
8 flow in all varying conditions. One small
9 pleasure colliding with another and then
10 with yet another in a complete, repetitive
11 system of knowing no repeat. Each action is
12 as new as it is old, with no connection
13 between.

14
15 Eating titilates and brings sparkling
16 energy on firey, furry, tickling feet. The
17 hum around is compatible and alive, living.
18 All things merge into a soft, embullient
19 alertness to the very life that is being lived
20 and lived with. A stasis in what a human
21 would sometimes call happiness.

22 It is total pleasure. Very much the part of
23 a perfect egg knowledge.

24 Humans no longer have the vibratory
25
26
27
28

Note

Drugs in the tran-
quilizer syndrome
shut out the hyper
minds activity and
'reproduce' this
oncenormal action
or dwell.

A. Fry

wavelength. Their radar forever quests in search of fear and destruction, while an egg knowledge only quests what is, putting nothing there in its place.

Section 2B. Danger Zone

Noncompatible feel energy emanations meet, recoil in contact while maintaining contact, feedback is instant to all senses and the base emotional fields by all engaged. The keening of the suddenly stepped up drive of the feel energy brings tingling, quivering alertness, all the happy little busybodies race throughout the body, tickling every nerve and impulse, charging them full of energy to the bursting point in order for the body to burst forth in yet greater alertness.

This can be a confrontation over food, procreation or shelter. Or it may be a stranger passing by.

The senses all go into action: eye, ear, nose, and throat perform in probe actions with looking, smelling and noise making.

J. Wheeler

NOTE: Lines 1-5

Any nurse who compares her feelings to a patient's feelings stops the pleasure dwell and goes into the danger zone unknowingly.

A nurse sharing an affection wave with a patient brings no pain to self and softens the pain in the patient.

A nurse must not share pain with a patient - else the nurse's health will suffer constantly. Affection - not empathy - is needed by the patient.

Your feelings can warn you of impending attack, but if you do not recognize those feelings for what they are & acknowledge them, then you are headed for trouble. See p. 7 of T. S. D.

Paul Bunker

NOTE: Lines 8-23

Nurses should be watching a patient for the very first signs of irritation. If not stopped by an affectionate gesture by the nurse the hostility will increase and both will suffer.

J. Wheeler

1 Feedback from this energy pushed forth is
2 keenly picked up by the feel sense, busy
3 sorting and analyzing and sending the
4 results to the pertinent base emotional field.

5 In split seconds the approaching danger is
6 another specie, much like the other but
7 different in tribe, custom and chemical
8 energy functions, and the danger lies in the
9 possible crossing of tribe lines, therefore
10 knowledge: death to any egg knowledge.

11 Survival Emotional Field blasts forth in all
12 out energy drive, while the charged sense
13 nerves and impulse drivers release the
14 higher alertness energy.
15



16
17
18 The tribe, all bound together under the
19 same energy pattern, all under the same
20 egg knowledge, react to a total pattern: the
21 higher energized ones instantly charge the
22 invader.

23 Not to kill, nor injure. . .only to be free of
24 the danger to their being themselves, at
25 whatever in life it takes.
26
27
28

NOTE: Lines 23-26

Survival signals do not compare. They act against whatever threatens the well-being of self and the pure life self contains. The patient in this condition is not attacking the nurse personally - they can and would attack a pole, a falling tree or a threatening rock the same way.

J. Wheeler

1 The example above is what is called
2 bigotry and prejudice by the human today.
3 They do not know they are still trying to
4 protect an egg knowledge that has been
5 busted wide open.

6 Section 3C. Affection Zone

7 This little bugger of an energy pattern is
8 really a honey. It is full of cute, twisting, sly,
9 impish, sudden, impudent and downright
10 tantilizing. acts. It loves to masquerade,
11 mislead, tout, tease and send all kinds and
12 shapes of zinging pinwheels of delicious fire
13 rampaging throughout the body wonderful
14 of itself, and becomes even more zingy
15 when by touch, caress, look, or voice it can
16 activate zinging wonderfulness to another
17 body or bodies.

18
19
20 How does affection activate others?

21 Feel sense does not stop at the skins,
22 scale, hair or feather surface: this energy
23 pattern travels in the same manner of the
24 Seeing force, outward and away from the
25 source.

NOTE: Lines 1-5

Nurses should become very conscious of this reaction. All races fall under their care - not just their own race.

J. Wheeler

NOTE: Lines 8-19

Many a nurse has wondered why a patient becomes "alive" when approached by them, even though the patient is in deep pain. The nurse is in affection - and affection is catching to all around the splendid wave.

J. Wheeler

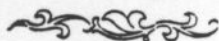
Health & being in "shape" are natural actions of the body. You will usually run into problems only when you let your Affection get out of shape. See p. 3 of T. S. D.

Paul Bunker

All of your senses operate by using Kinetics. Your tendrils do the "feeling", & then relay the information back to you. See Comp. IV for more details.

Paul Bunker

1 There is a subtle difference: Feel
2 sense registers against only living or moving
3 energies, passing right through trees and
4 even mountains. See force bounces back
5 from anything, even the far star effect, but it
6 does not look into anything unless it is
7 commanded to by one of the base emotional
8 fields through the use of the feel sense. The
9 feel sense can penetrate all living matter of
10 animated mineral/chemical compounds
11 when there is a need. In the affection zone it
12 is at its highest alertness. The charge of
13 Vibe that it carries can jolt another body
14 when a mere contact is made, even though
15 the contact is visual or by voice. The feel
16 zone in the other instantly reacts. That is
17 why affection is so catching. It can spread
18 through a group in minutes, if just one of the
19 group lets affection loose.



23 When the affection zone is accepted by
24 another, it can double on the total alertness
25 effect, causing a rising cascade of pure
26 happiness (joy in an animal) to explode
27 throughout the body.
28

Healer

Ethel Lombardi

Dr. Wintermute said, "She came to me in considerable pain. Bone tumors are a pretty miserable thing to endure. They

He confirmed that the tumors were immediately and dramatically reduced and that X-ray examinations later showed they had vanished.

"She's cured," he marveled, adding, "With her history I would say that for her to go three years without recurrence is medically impossible.

"There's no logical medical explanation for it."

added by A. Fry.

(note: L 11-12)

Your animal-body's Feel Field is responsible for most of the so-called ESP abilities. When you are in an Affection Dwell, you can "feel" others with your Feel Field & you will KNOW that person. See p. 7 of T.S.D.

Paul Bunker

Note

Birds can home in and find their nest from thousands of miles away by bouncing back their feel sense an egg shell they left previously. Science has now found this membrane that performs this function and think this membrane uses a 'magnet type' wavelength.

A. Fry

1
2
3 Affection is not a giving sense, but a
4 receiving sense. It touches another and
5 bounces back amplified to the sender. It
6 procreates nothing that is not already there
7 within its own confinement. The affection
8 zone is the same in either sex or opposite
9 egg knowledges. It is the happy zone, the
10 sparkling eye zone, the zany zone. . .it is
11 that all prevading, intense, wonderful warm
12 feeling, alone or with others, that makes life
13 worth living and sharing.

14 It is the gathering together of joy.

15 It is not sex, or a better name - the
16 procreation sense.



21 **Section 4D. Sex Zone: The Giving Sense**

22 Sex in animals lies totally in the Survival
23 Field. It is a total need to give continuity.
24 The survival field can and does call into play
25 all senses,
26
27
28

NOTE: Lines 3-17

Affection is sharing and feelings become mutual. One then can "read" the other's life stream. Extra Sensory Perception on the physical level becomes simple to those few who have stumbled on this secret and applied it consciously by letting themselves "feel" the other person's "feelings." Observe any healer and their words and expressions are very affectionate, their whole being is very soft, very vibrant and shining.

In an affection dwell, vital life energy is complete and all that is in that life energy stream becomes clearly apparent to the person sharing the wave consciously. When persons share affection knowingly, they then "know" each other. There are no secrets between them on the physical level.

One person using this "ESP" and the other person NOT using it consciously lets the one using "ESP" consciously know all about the other person - while the non-ESPer is left in the dark, not knowing the other at all.

J. Wheeler

Affection is a total 'healer' wave. In conception, when both parties are in complete rapture, no 'illness' heredity traits will carry over to the newborn. (this is deep and unknown - use with caution in lecture: pose as a research point.)

J. Wheeler

sustains them on the highest possible alertness energy and manifests the total affectionate zone in the female or breeding carrier of the young, but not in the male or the coupling/impregnator half of the energy pattern.

The coupling of egg to sperm must exist, and exist in balance to all else: food, shelter, and area. Sudden and complete proliferation of specie could and does kill off the specie to within survival limits. This is waste. Imperfection. So two opposites of the same specie exist. One is the carrier of progeny, and the other is activator of the progeny. The activator is called male, and the carrier is called female by humans.

This distinction is permanent in life and continuity. The female has a survival field complex that pulls energy slowly into the egg complex, forming it over a fairly even spread of time. When the energy has formed the egg, it continues to pour around the egg, while the survival field in the

NOTE: Lines 19-26, 1-11

These signals are still there. The action-reaction is in the subconscious and the body acts accordingly, unless controlled by the energies of the Minds. Female human minds are far more developed in their control than the male human today.

The female human can consciously trigger affection much easier by memory recall than the male can. She can also stop affection easier. Her Mind action has become her protector of her affection.

J. Wheeler

An animal-man could NOT rape an animal-woman, because he was not programmed that way. To the female BODY, there IS no such thing as rape. Only to the female MIND is there a such a thing as rape. See p. 12 T.S.D.

Paul Bunker

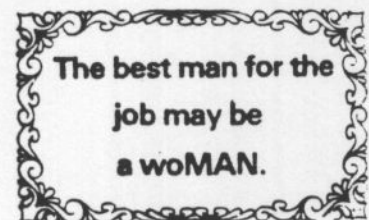


Illustration added by A. Fry.



Illustration added by A. Fry.

1 female now shoots high alertness keening to
 2 all the sense zones but the affection zone:
 3 the affection zone is bottled up, suppressed,
 4 condensed, until it is fairly bursting with its
 5 containment. The pulsing female is now at
 6 the height of its alertness, with bottled up
 7 affection waiting to explode in one wild,
 8 cannonball charge to all parts of the
 9 expectant body. This will happen while the
 10 activator is in position of impregnation, or
 11 when the egg is passed from the body: in
 12 every situation, the affection release
 13 impulse buttons are located in the female
 14 where the egg - either hatched or unhatched
 15 - must come out into the air, water or what
 16 have you.

17 The survival field in the male is less
 18 complex. It builds energy constantly,
 19 creating a constant feeling of fondness (the
 20 male's word for affection) for the females
 21 around him. Since egg knowledge has
 22 placed the female in a fixed cycle, and since
 23 only the female can bring forth young,
 24

NOTE: Lines 19-21

These affectionate signals of the male human remain mostly subconscious to him even today. He becomes sour and hostile when his woman will not let him "look out after her." He does not know that two-fifths of his affection energy - called sex today - is being bottled up by his woman's denial of his protection.

He then seeks another outlet for his pent-up emotions. This can be another woman, sport or his job.

J. Wheeler



Illustration added by A. Fry.

1 males must be ready to impregnate many
2 females should the need in survival arise.
3 With a need to keep awake the affectionate
4 zone in the male while he must wait for the
5 female, the survival field injected overly
6 strong the alertness defense energy into the
7 affectionate zone; by exercising his right of
8 defense of the female, the male has the
9 Pleasure or Feeling Sense continuously
10 titillated, while the affection zone is kept at
11 a high level of containment. When the male
12 is within contact range of the female and the
13 female is ready, survival field pours energy
14 into the fondness or affectionate zone of the
15 male. The male now becomes excited
16 because of the sudden complete rush of the
17 energy and proceeds with the "touch"
18 method of feeling sensory self release.

19 When two energy patterns under high
20 alertness - the highest alertness of any egg
21 knowledge - touch and rebound under total
22 release, there is a major explosion of
23



Illustration added by A. Fry.

NOTE: Lines 22-26, 1-11

In the act of procreation, total affection brings forth total health in the newborn. The affection wave is there whether either or neither person participating knows it or not. The signals remain. Affection energy combines the necessary elements of the physical dimension into newborn beings, thereby being all of health in the first instance of procreation: to hold affection is to hold health. . .to regain affection is to regain health in the physical. . . When the emotional field is gone, life in the physical is gone.

J. Wheeler

1 fuzzy-wuzzies scampering through the
2 bodies, plus the joy of bringing forth life into
3 the material.

4 Survival Field has proceeded in conti-
5 nuity.

6 Mating pleasure (orgasm) is the result of
7 the quick release of the pent-up affection
8 zone.

9 When sperm combines with egg, the
10 resulting instantaneous energy pattern is
11 joy.

12 This is the way it is for all life around you
13 that is not humanoid. A complete egg
14 knowledge still in perfection. An egg
15 knowledge has no comparison, no actual
16 comprehension of anything else but itself.

17 While humans seek perfection, they
18 forget perfection is all around them. The
19 animal knows no difference between now
20 and 13,000 years ago, or 13,000,000 years
21 ago. It lives to the limit of its abilities at all
22 times.

23 Not so the human. A human today is a
24 horror to behold in comparison to an egg
25
26
27
28



A. Fry

1 knowledge. A human believes you can get
2 more out of a computer than is put into it.
3 Not only believes it, but constantly tries to
4 do it without knowing how.

5 Chaos.

6
7 What the human does not know is that
8 they have more than one computer and have
9 had for a long, long time. When the human
10 uses the right computer for the right
11 intelligence there will be no problem.

12
13 Right now the human is punching buttons
14 on all the computers wildly and at random.
15 They get sex mixed up with joy, religion
16 mixed up with joy, politics mixed up with joy
17 - and there is no joy in their computer. But
18 they are wrong in the first instance: sex is
19 only the button to push for joy, not joy itself!
20 And that exists only in the egg knowledge
21 around you. Humans have pent-up affection
22 release in many types of situations, which is
23 beautiful, to find joy, another vibratory
24 energy pattern is used.

Note

Drugs can be looked
at as computer
control buttons;
they shut off un-
needed mind actions
and let only one
mind function at a
time.

What is needed
is a drug that will
balance ALL mind
actions at the same
time.

A. Fry

Questions - Comments

1 You may prefer the bound limits of
2 a total egg knowledge. Or you may be
3 seeking something even better- but be-
4 fore you seek any further, know what
5 is around you, and the perfection from
6 which you came.

7
8 The last page of this Comprehension
9 1 Session shows perfection egg knowledge
10 brain system in a simple drawing. Look
11 at it carefully. You are still- in
12 spite of 13,000 years- looking inside
13 your own head.



Illustration added by A. Fry.

Survival is the
strongest feeling that
the human has, and
until we have Guar-
anteed Survival from the
Cradle to the Grave,
we will live in Fear,
Hostility, & Conflict.
See pp. 15-20 T.S.D.

Paul Bunker

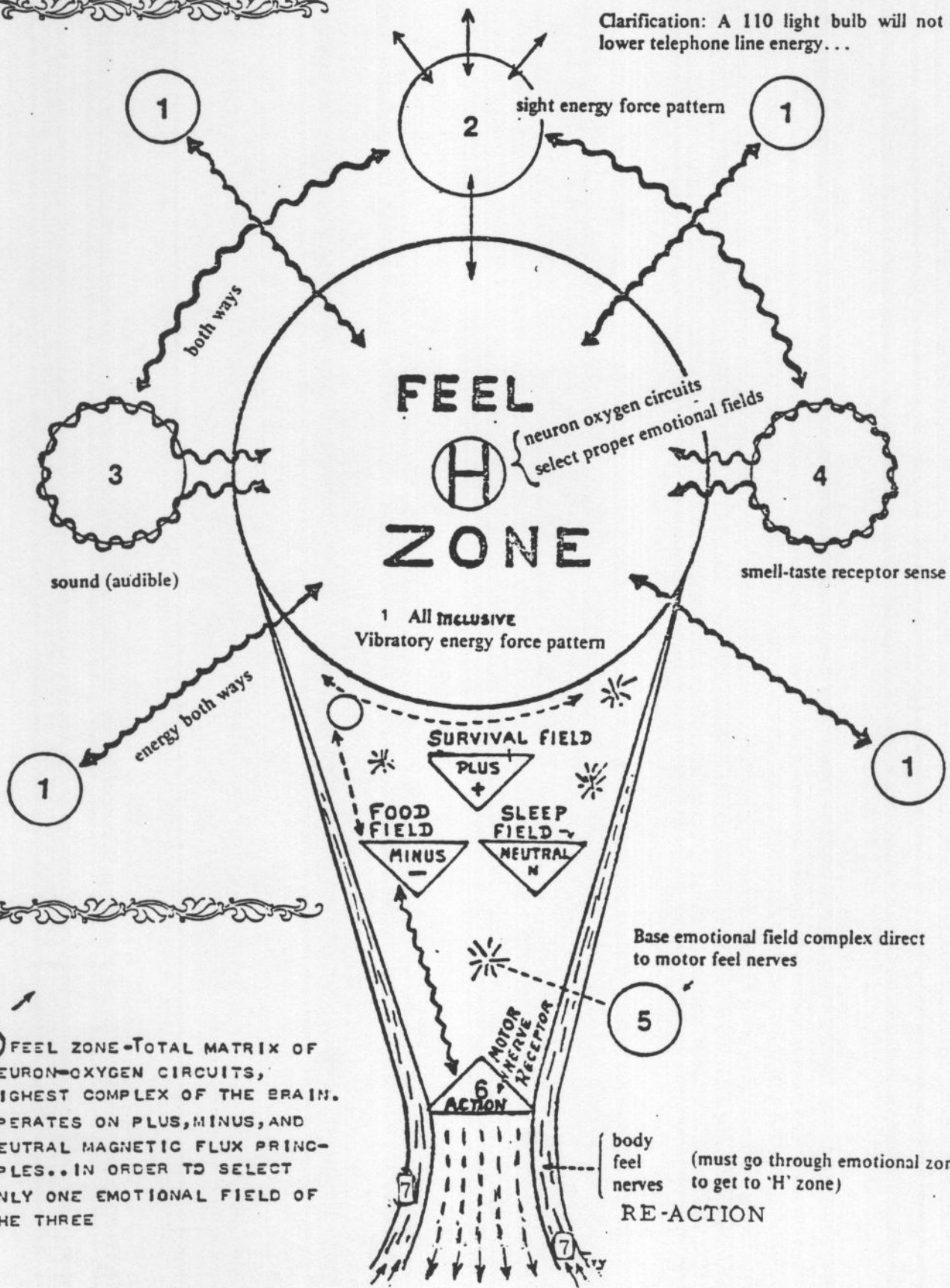


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ANIMAL BRAIN
(Graphic Display)
By: A. B. Glaser

The display is grouped in compartments in order to show type energy flow in each. Components of all fields can be side by side throughout the brain and even throughout the body. Each has its own type wavelength to actuate its own component. None other. All separate functions are distinct . . .

Clarification: A 110 light bulb will not burn on a lower telephone line energy . . .



H FEEL ZONE-TOTAL MATRIX OF NEURON-OXYGEN CIRCUITS, HIGHEST COMPLEX OF THE BRAIN. OPERATES ON PLUS, MINUS, AND NEUTRAL MAGNETIC FLUX PRINCIPLES.. IN ORDER TO SELECT ONLY ONE EMOTIONAL FIELD OF THE THREE

ANIMAL BRAIN CODE

- ① All inclusive vibration energy force pattern
- ② Sight energy force pattern
- ③ Sound (audible vibrations)
- ④ Smell taste receptor sense
- Ⓜ Feel Zone- Total matrix of neuron-oxygen circuits, highest complex of the brain. Operates on plus, minus and neutral magnetic flux principle- in order to select only one emotional field of the three.
- ⑤ Base emotional field complex direct to motor and body feel nerves.
 - Food Field (minus)
 - + Survival Field (plus)
 - n Sleep Field (neutral)
- ⑥ Motor Nerve Receptor
7. Body Feel Nerves - Must go through emotional fields to to get to (H) Zone. RE ACTION

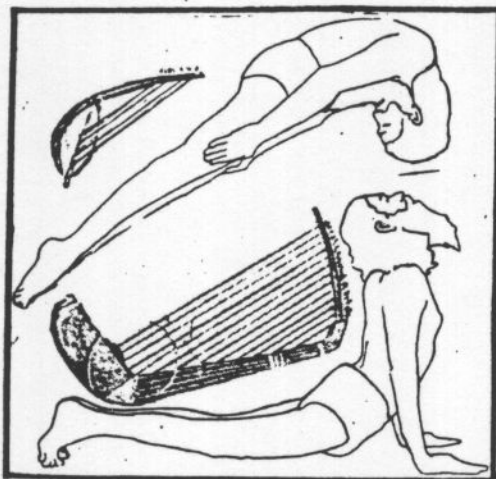
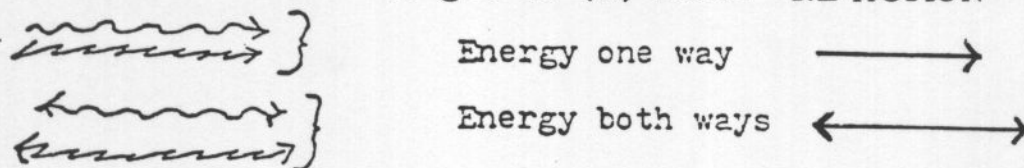


Illustration added by A. Fry.

Fourth Hour Prompter Check

Mentor: _____ Date: _____ Mentee: _____

1. In animals touch sense is only a tiny part of the
Feel Sense? YES() NO()
2. Feeling in an animal is always positive? YES() NO()
3. In an animal it contains the pleasure or affec-
tion sense? YES() NO()
4. How strong in an animal is the affection energy
force pattern:
 - A. Can it penetrate vast distances in order to
find its tribe or adopted tribe? YES() NO()
 - B. Feel force can trigger 'miracles' in an-
imals? YES() NO()
 - C. Affection zone can attach an animal
to another until death? YES() NO()
5. Pleasure is the primary motive of all animals? YES() NC()
6. Mating pleasure is the release of bottled up
affection? YES() NO()
7. Sperm penetrating egg gives life, therefore
joy, to animals? YES() NO()
8. Affection is a 'receiving' sense? YES() NO()
9. Life is the only 'giving' emotion in an-
imals? YES() NO()

FOUNDERS BASE KNOWLEDGE OF ANIMAL MAN:

[these are the factors put forward in Session #1 in simple statement]

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August, 1976

Alfred B. Glaser
Modern Humans
P. O. Box 3232
Riverside, CA 92509

1. In an animal:

- A. Needs create desires.
- B. Senses act to satisfy the created desires.
- C. No two emotional fields can be in action at once.
- D. Alertness is the only visible effects of emotion.
- E. There is no pain.
- F. Pleasure is the constant state of being.
- G. Affection is the base of Pleasure.
- H. Mating orgasm is the explosion of buildup affection.
- I. Mating affection is cyclic in the female.
- J. Mating affection is constant in the male.
- K. Mating affection in the male is also had by protecting the female in her off-cycle.
- L. Joy is the energy released in the seconds of actual conception.
- M. Their knowledge is complete.
- N. They can not compare.
- O. There is nothing more than they are.
- P. They are a programmed act of being in perfection.

NOTE: You are a Human to be reading this. Do not let your mind become angry. The wonders of your mind can reach far beyond the farthest star when it learns to be still, and fair, and spreads happiness as sparkling dust throughout the farthest star-flung universe, thereby coming back into the Joy it has lost.

Because some persons comprehend better from oral transmissions,
the Comps can be furnished to Comp students on cassette tapes (two tapes
each) for \$10. from: FRY'S 22511 Markham Perris, CA 92370

1. Abide
In thought and expression
In a total feeling
Of affection
Serenity
And pleasure.
Place nothing
Before or after
Affection,
Which I am.
2. Stand fast
In life,
Knowing
Affection
Is the expression
Of life.
Be one
Among The All That Is
Of affection,
Which is All of Life,
Seen and unseen.
3. Stand fast
In affection
Before all confrontations,
Defending
Your own affection
And those
Of like affection.
4. Offer affection
To all that lives,
breathes and breathes not,
And withdraw none of it;
Else,
You withdraw
From Me
And Mine.
5. Accept
All affection
Offered
And return affection
In fair measure;
Else,
You deny Me,
Mine,
And your being.
6. Batho
In affection and life.
Pour affection
On those
Of the past,
Present,
And future.
Thus,
Anointing them
And yourself
Of Me.
7. Give support
To those of affection
Or
When sought of
In affection.
You call forth
The All That Is
When you call
In affection,
For yourself or others
And while dwelling
And being
In affection
No thing or power
In existence or non-existence
Can overcome you
Or those
Of and/or in affection
Whom
Your giving support.
8. Express affection
In peace
In pleasure
As a serenity
Eternally;
Else,
What you find
In it's stead
Is a horror
Dread
And displeasure
Beyond recognition.
9. Accept and respond
To All That I Am
In life eternal,
Seen and unseen,
Heard and unheard,
Breathing and not breathing.
Each segment and expression
A part of Me
And yourself;
Thus affection
Responds and answers
To it's own call
And That of Me
And Mine.
10. You
That live and dwell
In and of affection
Shall never die
And live
Within Me and Mine
In the fullness
And totality
Of Your Being.

APPLICATION OF COMP. # 1 TO NURSING
-By Janet R. Wheeler, BSN.

1. Talk to your animal:

Most people at times talk to themselves or think to themselves. Instead of doing this at random and idly, address yourself to the animal in you. It is as simple as saying to yourself as "Hey, lil' animal, how am I doing? You need anything? Let me hear from you- what have you to say about how I am using the effort you are giving me....." You will be surprised at the answers you get after awhile

2. Try to function on the animal level for one (1) month:

Be happy. Remind yourself to eat, drink and be merry. Listen to the urges of your body. Feel the warmth, the blood pulsing, all the slight aches and pains, the tiny urges and promptings, the coziness of resting, the drowsy fuzziness of going to sleep, the alertness of waking. Tune into your own bodily needs and desires. When you consciously do this it becomes fun. Pass the idea on to your patients and friends.

3. Be proud of your animal:

The body you have is the highest known marvel of your universe. It can do things automatically that no human can even begin to imitate, mechanically or electronically. It is far superior to anything else that is known to exist anywhere in the physical domain. When you 'put down' your body needs and desires, you are 'putting down' your own life expectancies.

4. Start using the terms Feel Field, Pleasure Dwell, etc:

Once you start using the terms with patients and friends, the terms become a constant reminder to yourself and you will flip into the mood of which you speak.

5. Why the word AFFECTION is used instead of LOVE:

Love in reality is the highest expression of the closest intimacy

between two or more persons. It is an ultimate expression. To bring it down to the ordinary use of today is a Feel Field crime. It is the total height of the friendly, warm feelings of the Affection Dwell, reserved for the intense, total sharing of alike affections on high frequency drive. To 'love' all your patients, friends and the strangers of the world would drain your total Feel Field in minutes, but you can be friendly and affectionate twenty-four hours a day.

6. Healing brought about by affection:

Affection is a 'feeling good' expression. Needless to say, a person feeling good around a person feeling bad invariably- with time- prompts a grudging smile from the one feeling bad. Try it. Affection is an all pervasive wavelength that tickles the others feelings into answering. One cannot feel good and bad at the same time and place. The feelings may be only seconds apart- but they are apart. When a nurse's patient starts feeling good the chart is invariably marked 'doing well'.

7. Maintaining Affection in nursing care:

Any nurse performs many EVALUATIONS on each patient every day. Not JUDGEMENTS. A person can only JUDGE when they bring their own feelings into the act on a comparison level with the patient. When this happens, religion, tribe, experience, economy, dress- all the differences start the signals called PREJUDICE to flaring..... under these signals alertness comes in and friendliness disappears. Affectionate alertness turns to DANGER animal alertness in the act of JUDGING.

Much of what you have studied in this Course will take time for you to put into practice and observation. One observation you can easily make right away is the difference

in the re-action of your patients to hostility versus affection. Be mean to them and then suddenly be friendly.....need more be said?

Much of what I have put into writing in this application to nursing has already been said to nurses. I know I have heard it too often. But I never had the 'why' of it spelled out to me until these courses appeared, but putting this information into practice was another story and the notes in the QUESTION-COMMENTS page sections have been put there so that you may have an easier time of applying the objectives in your work and play.

Included in this course is a page from Comprehension # 3 that is named "The Affectionates", and a statement from Comprehension # 2 that tells of Perfection Man as in the beginning of life. These are the last two pages before the page of Objectives, your Course Questionnaire and one hundred words or more write-up paper. I urge you to study the last three pages very carefully. There is a saying as old as the written word: you can only get ALL of the book at the END.

Comprehension # 2 takes you into the Minds you have and what they have done to this beautiful animal of yours- and what those Minds are still doing today. What your Minds are doing about what you have just studied you need not tell me- I know what my Minds did for weeks afterwards.....

As a nurse, you deal with patients pain constantly. Here are three steps that will help in turning a patients act-react conditioning in regards to pain:

Step 1.

Explain to the patient that pain is an over-react intensified SIGNAL that calls forth the bodies natural healing elements to that part of the body.

Step 2. Explain that this signal will keep repeating itself until mis-treatment of that location stops, then will pulse a duller feeling or signal to that location until healing starts taking place and while taking place. Then a 'tickling sensation' signal will start that will only stop after the location has been healed.

Step 3. Explain that once the Mind accepts the 'pain' only as SIGNALS and responds by consciously easing that part of the body, the sharpness of the signals will recede, that there are persons that can stop 'pain' by power of Mind once they recognized that 'pain' is a cry for body healing by the body itself.

Mental contact via communication is in everyday use. People close to one another in emotions, living, or just plain intelligence contest, use it frequently..without knowing that they have established a level of communication that goes far beyond mere words. You yourself need but to think over your immediate past, and you will remember times when you "just understood" another person, when that person said no more than a few words, yet the complete knowledge "communicated" would cover hours of reading. You have had the feelings of someone "thinking" about you, later on, found out that they were thinking of you at that time. These "vagularities" are a complete & constant reminder of the existence of telepathy, but are not strong enough to bring you into a common recognition and use of these abilities.

Many persons of advanced learning will retort that this comprehension level is an act of syllogical thinking, or the brain action in "linking together" fields of learning or experience into parallel memory recalls, triggered by the word inflection when spoken. While on the surface this may appear to be correct, it does not explain the 'ability to parallel' or, in short the "gift" of having this ability. This ability to parallel cannot be taught, therefore it is not a science, nor is it a system, so falls in the same category as ESP or Spiritualism. When the "ability to parallel" bridges distances, syllogical thought processes fail to explain, even when accepted. Many stop right here, or else must go into Einsteins Relativity Theory, if they recognize the "power fields" of it.

But it is not necessary to understand the "power fields" to use telepathy, just as it is unnecessary to understand vibratory reflex actuators via channeled transmission lines to your telephone. But in order to use your telephone, there must be two telephones, and the system must be used with the instruments. In short, if your friend has no phone, you cannot call that friend up, but must go through another party. In the same way, IT TAKES TWO PERSONS TO MAKE A TELEPATH.

In order to bring forth your mental knowledge in this field, it is both wise & necessary to observe a procedure...unless you wish to go into the mentalities without control. You may do this, and it is done many times without the person being aware that they have left the physical and entered the mental. However, sometimes when this happens the person suffers shock unrealities and withdraws completely due to uncontrollable fear.

The following Practices #1 & #2 are therefore put forth in the field of TELEPATHY, as this is one power that can be used without being subject to the laws of 'Karma or a "punishment re-visit" due to ignorance or misuse applications. If you wish to do harm with it, this must be done intentionally, in full knowledge of what you are doing, & as this calls for a highly developed telepath, it is unlikely that they would care to read this 'basic' material. I am not going to make this practise difficult, nor am I going to give you a lesson or study course in transmission energies- the telephone companies do not, so why should I?- in power fields. Nor am I going to ask you to believe anything. If this practice works for you fine, even if you have to add or subtract a little here or there, or get a little different "picture" in transmission. If it does not work for you, fine, as you are not ready, nor do you want to be ready..due to either Good or Evil: Sin fear, or Unit Value of Domination: Man-fear. Whatever, you will lose nothing by trying and you very well may gain a unique advance before the mass of Earths people. Because this knowledge will be used again on this planet, and it will be used by all.

TELEPATHY PRACTISE #1.

Step I.

Form your message in your brain with WORDS as spoken. Repeat these words taking out all that are not necessary to the thought message. Visualize them, if you can, as though you were reading them written on a sheet of heavy paper in big bold letters. Bring your message into clear, sharp completeness, let it hang suspended in your brain.

Step II. Dismiss the Message Image & seek to bring in the person to be contacted. Scan the likely places for the person to be presently in, and when the person is located, ascertain this by fitting their image into their surroundings. In this part you may have some difficulty at first. If you cannot locate their image you may not telecast to them. At this point it is possible that you have not recieved exact data and will send a message to the wrong person or place. Another person might, for instance, get the message & wonder why he suddenly thought of "that" The image you get of the person may not "look" like the person, but resemble a set of vibratory lines in rough likeness of the person...but you will be able to recognize the vibrations as the person. Sometimes when you concentrate to heavily upon the person, you will get a memory picture of the person, or pull from this persons memory- & you will not locate them, but the place where they were. Needless to say, transmission will be very weak in this instance, if it succeeds at all. If you cannot locate the person, cease your efforts for about 30 minutes- or until you suddenly "re-think" of them unexpectedly...try again. just the same as you would do if you were trying to telephone and got no answers. When you do locate them, fit them tightly into your consciousness, & hold them there.

Step III. Without hesitation, pull the memory message from your brain, & then bring the message & the person together in a "head-on" collision action within your brain.

Step IV. At the same instant look at the timepiece. The exact time is necessary for your own confirmation. You will not have to flash this time to the person. If you got through strong, They will probably look at the time in the same instant...and you will "see" them do this.

Step V. At this point, you will know, by perceptable flex or jerk of their image, that they have received something...but you will not know what, unless your message demands an answer. If the person is not a telepath student, ask in very sharp concentration: "answere please" -while holding tight to their image. Mark down any reply you get, no matter how far off the reply may be...or at least seem.

Step VI. Say goodbye to the person, the same as you would in person. You do this if you have contacted the person or not. If you fail to do this the cycle may continue and either one of you may be bothered and nervous for no apparent reason. Terminate the communication with a mental acknowledgement of this termination. You may need to get in touch with the person again to finish what you started. Don't leave them holding on to an unfinished communication. This would be shirking responsibility.

Step VII. Practice and don't be intimidated by self doubts & fears. You hold the keys to abilitys which can greatly enrich your whole life.

These steps are simple. Why then is telepathy so little used? The answer is simple: All people have the same doubt in their mind as you probably now have...few will just keep trying untill they master this system. You must keep trying. Do not expect instant success? Instant success is completely illogical. How long did it take you to learn to drive a car? To use a telephone correctly...many of course still do not. A typewriter, or even to get a clear picture on a television set? These are typical things you have learned about. I may not have mastered the same 'learning'. Apply some effort toward this 'learning' & you will be pleasantly surprized.

TELEPATHY PRACTISE #2

You have noticed by now that it takes two to make a telepath. This is an obstacle that has been recognized, or should we say 'unrecognized' as yet. This has caused most of the confusion in the field of telepathy. It is the same sort of frustration one gets when they telephone a friend and the telephone is out of order...or the friend is flippant and fails to let you know who they are-"Hello" "yes" "it's me"...even after you ask them who they are. "Who do you think it is" may be the beginning of some sort of game but it won't answer for communication.

Here are the steps necessary to receive in the field of telepathy.

Step #1. When you feel you have something on your mind, or you suddenly, for no apparent reason, think of another person, take a mental "hold" on the disturbance & concentrate upon it. Bring each person whom you know to be interested in telepathy swiftly before your 'mind's eye' in succession holding their image long enough for it to become stable, then try to get to the next person. Keep sweeping the circle until one image keeps re-occurring as you try to keep the pattern moving. It is not necessary to locate the sender in their surroundings. This will be automatic- if necessary - when you receive from the person.

Step #2. Now you have a fix on a certain person. Bring this person in sharp & clear. Do Not try to read their mind. Look at them as though you are expectantly waiting for them to speak...without a thought in your own brain. Hold this image.

Step #3. At this point you will either start to communicate, or get absolutely nothing. If communication starts remember the "sender" technique as you reply. If the communication seems vague or indefinite, "pull" with all of your will-power, exactly as you would mentally, to move around a difficult to move object. If you feel like laughing at yourself self-consciously while this is taking place, fine. This will help to relieve some of the built up tensions...the same as crying can relieve the feelings....

Step #4. If nothing happens dismiss the incident with a "so-long" & go back to what you were doing. If the feeling persists, it may be some person who not in telepathic control...just thinking of you. Again...make your thoughts blank, & see what you can pick up just for the fun of it. Our lives are filled with messages we too often just ignore.

Warning...When you try these steps you are going into the field of the MENTALITIES. Do it seriously, & your life may never be the same again. While there is absolutely nothing in this field that will hurt you, your own fear of it is a danger. You have for instance, been taught what what to consider ugly & what to consider beautiful. This concept does not hold true in the Mentalities. Pandora's box, can be a very real thing then.

This field of telepathy is not one where immediate gains can be expected. nor is "time" a factor. It will aid you to commit the procedures to memory, so that you can just "dial up the person" without distractions. This whole field of telepathy has been lost to man-kind now for over 13, thousand years. When you enter into this field take it easy & don't crowd yourself...just enter unafraid & serene. This ability was yours before, and it will be your ability again. It is your knowledge to use if you will but recognise & use it in control. Remember, that to force your thoughts on another, is just as great an assault upon them as a physical action. Try to restrain yourself in becoming overenthusiastic...& overdoing your welcome. Stop if you meet clear resistance...after all, your spouse or lover could become irritated at a continual invasion of their privacy. Because mental communication can be blocked it's use doesn't abridge the "freedom of choice" laws upon this planet. This then, can be the beginning of a whole new life for you in the realm of the Mentalities.

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