

Things You Might Need In A Crisis and Things That Will Disappear In A Panic

This list has been compiled from several lists and boards (some of the date from the Y2K Panic) and I've sorted it by what I think are the priorities. You may disagree which is why I presented this list in an editable format. As with all things, use common sense and adapt this list to you and your family's needs. Also, you may need to adjust the list for local and seasonal conditions. The Bug Out Kit and Long Term Columns are a way to group these items so you know whether you can store them away or put them where you can grab

them readily. The key is:

Y - Yes

N - No

F - Food - Store it where it's safe and you can use it as you cycle out your food stores - you will want to take as much food as you can in a bug out situation

M - Maybe - it depends upon you where you live, what your specific plans are like whether you're bugging out to go to somewhere else permanently or you're leaving for a few days

as with a storm evacuation, flood, etc.....

Priority	Item	Notes	Long Term	Part Of Bug Out Kit
A	All types of fuel; Coleman, propane, gasoline, kerosene, diesel.	If you think you'll be without power, this is a must.	Y	Y
A	Baby wipes, diapers, formula, ointments, aspirin, etc, hand sanitizer	If you have a wee one this is as critical as your medicines.	Y	Y
A	Backpacks & duffle bags	In case of bug out	Y	Y
A	Batteries (all sizes, buy furthest-out for expiration dates)	Buy what you may need for a few days, but plan on the possibility of being without power for an extended period. Hand crank radios and lights are preferable in the end.	Y	Y
A	Bleach (plain, NOT scented: 4 to 6% sodium hypochlorite)	For cleaning and decontamination in event of a biological threat	Y	Y
A	Candles	Care should be taken when selecting candles. Scented candles may irritate eyes and sinuses of those with allergies. The goal is to maximize light output.	Y	M
A	Canned Fruits, Veggies, Soups, stews, etc.		F	
A	Charcoal & lighter fluid		M	M
A	Coleman's Pump Repair Kit: 1(800) 835-3278		Y	M
A	Cook stoves (Propane, Coleman & Kerosene)	Think about how and where you'll cook if you lose natural gas and electricity.	Y	M
A	Duct Tape	Spend the extra money to get good duct tape both in the higher temp and regular types	Y	Y
A	Energy Bars	Easy calories for times when it won't be possible to cook.	F	
A	Fasteners: * Glue * Nails * Nuts * Bolts * Screws * Staples (for your staple gun) * Staples (the kind hit with a hammer) * Stakes		Y	M
A	Fire Extinguishers (or a large box of Baking Soda in every room)		Y	N
A	First aid kits		Y	Y
A	Fishing supplies/tools	The key is to think simply. Trout lines for catfish, crickets or worms, hooks and corks for panfish.	Y	Y
A	Flashlights/LIGHTSTICKS & torches, "No. 76 Dietz" Lanterns		Y	Y
A	Flour, yeast & salt	Salt may become a form of currency, so it will pay to have a lot	F	
A	Garbage Bags (Impossible To Have Too Many).		Y	Y

A	Garbage cans Plastic (great for storage, water, transporting - if with wheels)		Y	N
A	Garden Seeds (Non-Hybrid)	A word of caution - hybrid seeds do not produce seeds that be planted in the future where as heirloom seeds typically yield seeds that will grow if planted. However, heirloom seeds may not be as insect or blight resistant as a hybrid variety. You may want have both types of seeds available.	Y	M
A	Garden tools & supplies: * Hoes * Rakes * Shovels * Lumber for building beds * Wire for tomato and bean cages * Fertilizer		M	M
A	Garlic, spices & vinegar, baking supplies	Beans and Rice will get very boring after a while. Spices will be essential to your own mental wellbeing and they'll also make excellent barter goods.	F	
A	Gasoline containers (plastic or metal)		Y	M
A	Glasses (reading, prescription, safety glasses/goggles, sunglasses)	If things are falling apart, you will find yourself unable to get your prescription glasses. Also, consider that you will be doing things that you have not done before or don't normally do (chopping and splitting wood, sharpening tools by hand, etc) and you do not want to endanger your eyes, so consider keeping safety glasses and goggles on hand.		
A	Gloves, work, warming, gardening and etc.		Y	Y
A	Hats & cotton neckerchiefs		Y	Y
A	Kitchen Tools: * Hand-can openers * Hand egg beaters * Whisks		Y	Y
A	Knives & sharpening tools: files, stones, steel, oil, foot operated grind stone for larger blades		Y	Y
A	Lamp Oil, Wicks, Lamps (First Choice: Buy CLEAR oil. If scarce, stockpile ANY!)		Y	Y
A	Lantern Hangers		Y	Y
A	Lanterns, Coleman, kerosene	If you think you'll be without power, this is a must.	Y	Y
A	Laundry detergent (Liquid)		Y	Y
A	Livestock * Goats * Chickens * Ducks * Rabbits * Cattle (milk and meat)		Y	M ²
A	Lubricants: * WD40 or other canned lubricant * Oil and filter for your vehicles and equipment (don't forget the generator) * 2 stroke oil * Chainsaw chain oil * Honing oil for sharpening tools		Y	M
A	Mantles: Aladdin, Coleman, etc. (Without this item, longer-term lighting is difficult.)		Y	Y
A	Men's Hygiene Supplies: * Shaving supplies (razors & creams, talc, after shave) * Shampoo * Toothbrush/paste * Mouthwash/floss, nail clippers, etc		Y	Y
A	Milk - Powdered & Condensed (Shake Liquid every 3 to 4 months)		Y	M

A	Pest extermination supplies: * Rat poison * Roach Killer * Mousetraps * Ant traps * Cockroach hotels/magnets * Cats		Y	M
A	Propane Cylinder Handle-Holder (Urgent: Small canister use is dangerous without this item)		Y	M
A	Propane Cylinders (Urgent: Definite shortages will occur by September, 1999.)		Y	M
A	Rain gear, rubberized boots, etc.		Y	Y
A	Rice - Beans - Wheat	And any other dried food you can find that will add variety	F	
A	Scissors, fabrics & sewing supplies		Y	Y
A	Screen Patches	This item was on some of the Y2K lists and is probably intended to patch mosquito netting OR mend animal cages and pens.	Y	M
A	Seasoned Firewood. Wood takes about 6 - 12 months to become dried, for home uses.		Y	N
A	Self Defense and Hunting: * Guns * Ammunition * Pepper Spray * Knives * Clubs * Bats * Slingshots * Bows/Arrows		Y	M
A	Sleeping bags & blankets, pillows, mats		Y	Y
A	Small propane cylinders and the adapter to refill them from the larger size		Y	Y
A	Socks, underwear, t-shirts, etc. (extras)		Y	Y
A	Solar Calculators	It might be wise to acquire and learn how to use a slide rule.		
A	String, Twine, Rope, etc...		Y	Y

A	Survival, Self Reliance and Homesteading Books Suggestions: Available Online: FM3-05.70 - US Army Survival Manual LDS Preparedness Manual FM 21-76-1 - SURVIVAL, EVASION, AND RECOVERY (1999) FM44-80 - Aircraft Identification At your local library or Amazon.com Boy Scout Handbook Survival Wisdom and Know-How - Stackpole Books The Forgotten Arts and Crafts - John Seymour The Self Sufficient Gardner - John Seymour The Self Sufficient Life - John Seymour Storey's Basic Country Skills Country Wisdom and Know How - Stackpole Books The Firefox Books A Repair Manual for your bug out vehicle FICTION: (These books present stories of people struggling to survive in a world where the manure has hit the fan. Many of the references and tactics I have found to help cope with tough times came to me through these books. Read them and get yourself in the right frame of mind.) Alas Babylon - Pat Frank - an excellent story in a post nuclear war world of the 1960's Dies The Fire - S. M. Stirling - imagine the world if electricity and gunpowder quit working tomorrow. This book deals with the technology challenge Island in the Sea of Time - S. M. Stirling - Nantucket Island is cut off from t	Hopefully these books will help you focus your priorities.	Y	Y
A	"Survival-in-a-Can"	This could be referencing the attached document or a product that is survival gear in a small watertight tin. Both would be handy to have for your family in event of a "bug out"	M	Y
A	Sweeteners: * Honey * Syrups * White sugar * Brown sugars		Y	M
A	Tarps/stakes/twine/nails/rope/spikes		Y	Y
A	Thermal underwear, tops and bottoms		Y	Y
A	Toilet paper, Kleenex, paper towels		Y	Y
A	Tuna fish (in oil is preferable over water)	The oil has more calories and in a food shortage every calorie counts.		
A	Vegetable oil (for cooking) (Without it food burns/must be boiled, etc.)		Y	M
A	Vitamins and Supplements	Critical, due to forced daily canned food diets. Check potency and watch for expiration dates.	y	Y
A	Wagons & carts (for transport to & from open flea markets)		Y	N
A	Washboards, mop Bucket w/wringer (for laundry)		Y	M
A	Water Containers (Urgent Item to obtain.) Any size. NOTE: food grade if for drinking.		Y	Y
A	Water Filters/Purifiers		Y	Y
A	Wire of all types, bailing, fencing, (barbed and smooth), electrical		Y	M
A	Woolen clothing, scarves earmuffs, mittens		Y	M
A	Work boots, belts, Levis & durable shirts		Y	Y
A++	All kinds of pharmaceutical supplies	Your prescriptions will be the first thing you miss in an emergency situation. If you can get 90 day supplies, you should and rotate through them with other refills so they don't degrade.	Y	Y
A++	Feminine Hygiene/Hair care/Skin products.		Y	Y

A++	Important Papers * Deeds * Birth Certificates * Passports * Vehicle Titles * Insurance Information * Laptop/Backup Discs, etc. * Bank Statements * Retirement Information * Scrapbooks	If it really is TEOTAWAKI, those papers may not matter. If it's not, you'll be glad you have them.	M	Y
A++	Matches "Strike Anywhere" preferred. Boxed, wooden matches will go first.		Y	Y
B	Iodine Tablets	Not sure how effective these will really be in effect of a nuclear situation, but better safety than sorry.	Y	Y
B	Water purification tablets		Y	Y
B	Aluminum Foil Reg. & Heavy Duty	Great for cooking and as a barter item	Y	Y
B	Bicycles, tires, tubes, pumps, chains, etc.		Y	Y
B	BIG dogs (and plenty of dog food)	Big dogs can introduce a host of problems and depending upon your circumstances may not be the best thing. For instance, even small dogs can kill chickens and bigger ones have killed livestock.	N/A	N/A
B	Canning supplies (Jars/lids/rings/wax)		Y	M
B	Carbon Monoxide Alarm (battery powered)		Y	Y
B	Cast iron cookware (sturdy, efficient)		Y	M
B	Clothes pins, line, hangers		Y	M
B	Coffee	Even if you don't drink it, it will an excellent barter item	Y	Y
B	Cots & inflatable mattresses (for extra guests)		Y	M
B	Food Storage Supplies * Buckets for storing dry goods * Mylar Bags * Oxygen eliminators	MUST BE FDA CERTIFIED FOR FOOD USE	Y	N
B	Generators (Good ones cost dearly. Gas storage, risky. Noisy...target of thieves; maintenance etc.)	Generators are rated as a B priority because: A - if the situation is truly dire, power outages are likely to be permanent. Eventually, you will run out of gas and a generator doesn't even make a good boat anchor. B - the noise advertises where you are C - I would rather save my petrol for bugging out	Y	N
B	Graham crackers, saltines, pretzels, trail mix, jerky		F	
B	Grain grinder (non-electric)		Y	N
B	Hand pumps & siphons (for water and for fuels)		Y	N
B	Insulated ice chests (good for keeping items from freezing in wintertime)		Y	M
B	Lumber (all types)		Y	M
B	Mini Heater head (Propane) (Without this item, propane won't heat a room.)		Y	M
B	Mosquito coils, repellent sprays/creams		Y	M
B	Paper plates/cups/utensils (stock up, folks...)		Y	M
B	Paraffin wax		Y	M
B	Popcorn, peanut butter, nuts		F	
B	Portable Toilets		Y	Y
B	Roll-on Window Insulation Kit (MANCO)		M	N
B	Sandwich Bags		Y	Y
B	Soy sauce, vinegar, bouillons, gravy, soup base		F	
B	Teas		F	
B	Wine, liquors	Excellent barter goods	Y	M

B	Wood Cutting Tools * Bow saws * Axes * Hatchets * Wedges * Hand Saws	When the chainsaw runs out of gas, you'll need these.	Y	M
C	Atomizers (for cooling/bathing)		Y	Y
C	Board Games, Cards, Dice	Boredom stinks	Y	M
C	Chewing gum/candies		F	
C	Chocolate, Cocoa, Tang, Punch (water enhancers)		F	
C	Cigarettes	Excellent barter goods	Y	M
C	Writing paper, pads, pens, pencils Journals, Diaries & Scrapbooks		M	M
	Livestock and pet supplies * Feed * Veterinary Supplies * Salt		Y	N